Midterm:

$$\begin{split} \langle S_z \rangle &= \langle \psi | \hat{J}_z | \psi \rangle \\ \hat{S}_+ | + \mathbf{z} \rangle &= 0, \quad \hat{S}_+ | - \mathbf{z} \rangle = \hbar \, | + \mathbf{z} \rangle \\ \hat{S}_- | + \mathbf{z} \rangle &= \hbar \, | - \mathbf{z} \rangle \,, \quad \hat{S}_- | - \mathbf{z} \rangle = 0 \\ \hat{J}_z | \pm \mathbf{z} \rangle &= \pm \frac{\hbar}{2} \, | \pm \mathbf{z} \rangle \\ [\hat{J}_x, \hat{J}_y] &= i\hbar \hat{J}_z, \quad [\hat{J}_y, \hat{J}_z] = i\hbar \hat{J}_x, \quad [\hat{J}_z, \hat{J}_x] = i\hbar \hat{J}_y \\ [\hat{J}_i, \hat{J}_j] &= i\hbar \epsilon_{ijk} \hat{J}_k \\ \epsilon_{ijk} &= \begin{cases} 1 & \text{if } ijk \text{ is any even permutation of } 123 \\ 0 & \text{if } i = j, \ i = k, \text{ or } j = k \\ -1 & \text{if } ijk \text{ is any odd permutation of } 123 \end{cases} \end{split}$$

Final:  $[\hat{A}, \hat{B}\hat{C}] = \hat{B}[\hat{A}, \hat{C}] + [\hat{A}, \hat{B}]\hat{C}$  $\hat{\mathbf{J}} = \hat{J}_x \mathbf{i} + \hat{J}_y \mathbf{j} + \hat{J}_z \mathbf{k}, \quad \hat{\mathbf{J}}^2 = \hat{J}_x^2 + \hat{J}_y^2 + \hat{J}_z^2$  $\hat{\mathbf{J}}^2 |\lambda, m\rangle = \lambda \hbar^2 |\lambda, m\rangle, \quad \hat{J}_z |\lambda, m\rangle = m\hbar |\lambda, m\rangle$  $\hat{J}_{\pm} = \hat{J}_{r} \pm i\hat{J}_{u}$  $\hat{J}_x = \frac{\hat{J}_+ + \hat{J}_-}{2}, \quad \hat{J}_y = \frac{\hat{J}_+ - \hat{J}_-}{2}$  $\hat{J}_{+}^{\dagger} = \hat{J}_{\pm}, \quad [\hat{J}_{z}, \hat{J}_{+}] = \pm \hbar \hat{J}_{+},$  $[\hat{J}_{+}, \hat{J}_{-}] = i\hbar \hat{J}_{z}$  $\hat{J}_z \hat{J}_+ |\lambda, m\rangle = (m \pm 1)\hbar \hat{J}_+ |\lambda, m\rangle$  $\hat{\mathbf{J}}^2 \hat{J}_+ |\lambda, m\rangle = \lambda \hbar^2 \hat{J}_+ |\lambda, m\rangle, \quad m^2 < \lambda$  $\hat{\mathbf{J}}^2 | j, m \rangle = j(j+1)\hbar^2 | j, m \rangle, \quad \hat{J}_z | j, m \rangle = m\hbar | j, m \rangle$  $j=0,\frac{1}{2},1,\frac{3}{2},2,\dots$  $m = i, i - 1, i - 2, \dots, -i + 1, -i$ Magnitude of angular momentum:  $\sqrt{j(j+1)}\hbar$ Projection onto z-axis:  $j\hbar$  $\langle j, m' | \hat{J}_{\pm} | j, m \rangle = \sqrt{j(j+1) - m(m \pm 1)} \hbar \delta_{m', m \pm 1}$ where  $\delta_{m',m\pm 1} = \langle j, m' | j, m \pm 1 \rangle$  $\langle \alpha | \alpha \rangle \langle \beta | \beta \rangle \ge |\langle \alpha | \beta \rangle|^2$  $[\hat{A}, \hat{B}] = i\hat{C} \rightarrow \Delta A \Delta B \ge \frac{|\langle C \rangle|}{2}$  $\Delta J_x \Delta J_y \geq \frac{\hbar}{2} |\langle J_z \rangle|$  $|\hat{\mathbf{S}}^2|s,m\rangle = s(s+1)\hbar^2|s,m\rangle, \quad \hat{S}_z|s,m\rangle = m\hbar|s,m\rangle$  $s = \frac{1}{2}, \quad m = \pm \frac{1}{2}, \quad |\frac{1}{2}, \frac{1}{2}\rangle = |+\mathbf{z}\rangle, \quad |\frac{1}{2}, -\frac{1}{2}\rangle = |-\mathbf{z}\rangle$  $\hat{\mathbf{S}} \rightarrow \frac{\hbar}{2} \boldsymbol{\sigma}, \quad \boldsymbol{\sigma} = \sigma_x \mathbf{i} + \sigma_y \mathbf{j} + \sigma_z \mathbf{k},$  $\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \sigma_y = \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \quad \sigma_z = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$  $\hat{S}_n = \hat{\mathbf{S}} \cdot \mathbf{n} \rightarrow \hat{S}_n |\mu\rangle = \mu \frac{\hbar}{2} |\mu\rangle$ 

$$\begin{split} \hat{U}(t)|\psi(0)\rangle &= |\psi(t)\rangle \;, \; \hat{U}^{\dagger}(t)\hat{U}(t) = 1 \\ \hat{U}(dt) &= 1 - \frac{i}{\hbar}\hat{H}dt \\ |\psi(t)\rangle &= e^{-i\hat{H}t/\hbar}|\psi(0)\rangle \\ \hat{H} &= -\hat{\mu} \cdot \mathbf{B} = \omega_0 \hat{S}_n \; \text{ where } \; \mathbf{B} = B_0 \mathbf{k}, \; \omega_0 = geB_0/2mc \\ \hat{U}(t) &= e^{-i\hat{H}t/\hbar} = e^{-i\hat{S}_x\phi/\hbar} = \hat{R}(\phi\mathbf{k}) \; \text{ where } \phi = \omega_0 t \\ \frac{\partial}{\partial t} \langle A \rangle &= \frac{i}{\hbar} \langle \psi(t)|[\hat{H},\hat{A}]|\psi(t)\rangle + \langle \psi(t)|\frac{\partial \hat{A}}{\partial t}|\psi(t)\rangle \\ \text{MRI:} \; \hat{H} &= \omega_0 \hat{S}_x + \omega_1(\cos\omega t) \hat{S}_x \\ \mathbf{B} &= B_1 \cos\omega t \mathbf{i} + B_0 \mathbf{k}, \; \omega_0 = egB_0/2mc, \; \omega_1 = egB_1/2mc \\ \text{Energy eigenvalue problem:} \; \hat{H} |\psi\rangle &= E |\psi\rangle \\ \text{Stationary state:} \; e^{-i\hat{H}t/\hbar} |E\rangle &= e^{-iEt/\hbar} |E\rangle \\ \hat{H} &\to \left( \langle 1|\hat{H}|2\rangle \; \langle 1|\hat{H}|2\rangle \right) = \left( E_0 \quad -A \right) \\ |I\rangle &= \frac{1}{\sqrt{2}} |1\rangle + \frac{1}{\sqrt{2}}, \; |II\rangle = \frac{1}{\sqrt{2}} |1\rangle - \frac{1}{\sqrt{2}} |2\rangle \\ \hat{x} |x\rangle &= x |x\rangle \\ \langle x|x'\rangle &= \delta(x-x') \\ \int_{-\infty}^{\infty} dx \delta(x-x') &= 1, \; \int_{-\infty}^{\infty} dx \delta(x-x') f(x) = f(x') \\ |\psi\rangle &= \int_{-\infty}^{\infty} |x\rangle \langle x|\psi\rangle dx, \; \langle \psi| = \int_{-\infty}^{\infty} \langle x'| \langle \psi|x'\rangle dx' \\ \mathbb{I} &= \int_{-\infty}^{\infty} |x\rangle \langle x|dx, \; \mathbb{I} = \int_{-\infty}^{\infty} |p\rangle \langle p|dp \\ \psi(x) &= \langle x|\psi\rangle, \; \langle \psi|\psi\rangle = \int_{-\infty}^{\infty} |\langle x|\psi\rangle|^2 dx = 1 \\ \hat{T}(dx) &= 1 - \frac{i}{\hbar} \hat{p}_x dx, \; \hat{T}(dx) |x\rangle = |x+dx\rangle \\ \hat{T}(a) &= e^{-i\hat{p}_x a/\hbar}, \; \hat{T}(a) |x\rangle = |x+a\rangle, \; \hat{T}^{\dagger}\hat{T} = 1 \\ \hat{x}, \hat{p}_x| &= i\hbar \to \Delta x \Delta p_x \geq \frac{\hbar}{2} \\ \hat{p}_x &= -i\hbar \frac{\partial}{\partial x} \\ \hat{H} &= \frac{\hat{p}_x}{2m} + V(\hat{x}) \\ \frac{d\langle p_x\rangle}{dt} &= \frac{i}{\hbar} \langle \psi|[\hat{H},\hat{p}_x]|\psi\rangle = \left\langle -\frac{dV}{dx} \right\rangle \\ \langle x|p\rangle &= \frac{1}{\sqrt{2\pi\hbar}} e^{ipx/\hbar} \langle p|\psi\rangle \\ \langle x|\psi\rangle &= -i\hbar \frac{\partial}{\partial x} \langle x|\psi\rangle \\ \langle x|\psi\rangle &= -i\hbar \frac{\partial}{\partial x} \langle x|\psi\rangle \\ \langle x|\psi\rangle &= -i\hbar \frac{\partial}{\partial x} \langle x|\psi\rangle \\ \langle x|\psi\rangle &= \int dp \frac{1}{\sqrt{2\pi\hbar}} e^{ipx/\hbar} \langle p|\psi\rangle \\ &= \frac{\hbar}{\lambda} \end{aligned}$$

Harmonic oscillator: 
$$\hat{H} = \frac{\hat{p}_x^2}{2m} + \frac{1}{2}m\omega^2\hat{x}^2$$

$$\hat{a} = \sqrt{\frac{m\omega}{2\hbar}} \left( \hat{x} + \frac{i}{m\omega} \hat{p}_x \right), \quad \hat{a}^\dagger = \sqrt{\frac{m\omega}{2\hbar}} \left( \hat{x} - \frac{i}{m\omega} \hat{p}_x \right)$$

$$[\hat{a}, \hat{a}^\dagger] = 1$$

$$\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a} + \hat{a}^\dagger), \quad \hat{p}_x = -i\sqrt{\frac{m\omega\hbar}{2}} (\hat{a} - \hat{a}^\dagger)$$

$$\hat{H} = \hbar\omega (\hat{a}^\dagger \hat{a} + \frac{1}{2})$$

$$\hat{N} = \hat{a}^\dagger \hat{a}$$

$$[\hat{N}, \hat{a}] = -\hat{a}, \quad [\hat{N}, \hat{a}^\dagger] = \hat{a}^\dagger$$

$$\hat{N} |\eta\rangle = \eta |\eta\rangle, \quad \eta \geq 0$$

$$\hat{N} \hat{a} |\eta\rangle = (\eta - 1)\hat{a} |\eta\rangle \rightarrow \hat{a} |\eta\rangle = c_+ |\eta - 1\rangle$$

$$\hat{N} \hat{a}^\dagger |\eta\rangle = (\eta + 1)\hat{a}^\dagger |\eta\rangle \rightarrow \hat{a}^\dagger |\eta\rangle = c_- |\eta + 1\rangle$$

$$\hat{a} |\eta_{\min}\rangle = 0$$

$$\hat{N} |n\rangle = n |n\rangle, \quad n = 0, 1, 2, \dots$$

$$\hat{a} |n\rangle = \sqrt{n} |n - 1\rangle, \quad \hat{a}^\dagger |n\rangle = \sqrt{n+1} |n + 1\rangle$$

$$\hat{H} |n\rangle = \hbar\omega (\hat{N} + \frac{1}{2}) |n\rangle$$

$$= \hbar\omega (n + \frac{1}{2}) |n\rangle = E_n |n\rangle, \quad n = 0, 1, 2, \dots$$

$$\langle n'|\hat{a}|n\rangle = \sqrt{n}\delta_{n',n-1}, \quad \langle n'|\hat{a}^\dagger |n\rangle = \sqrt{n+1}\delta_{n',n+1}$$

$$|n\rangle = \frac{(\hat{a}^\dagger)^n}{\sqrt{n!}} |0\rangle$$

$$\langle x|\hat{p}_x|0\rangle = -i\hbar\frac{\partial \langle x|0\rangle}{\partial x}$$

$$\langle x|0\rangle = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-m\omega x^2/2\hbar}$$

$$\langle x|n\rangle = \frac{1}{\sqrt{n!}} \langle x|(\hat{a}^\dagger)^n|0\rangle$$

## Identities:

$$\sin^2 \theta + \cos^2 \theta = 1$$

$$\sin (2\theta) = 2 \sin \theta \cos \theta$$

$$\cos (2\theta) = \cos^2 \theta - \sin^2 \theta$$

$$\sin (\theta \pm \phi) = \sin \theta \cos \phi \pm \cos \theta \sin \phi$$

$$\cos (\theta \pm \phi) = \cos \theta \cos \phi \mp \sin \theta \sin \phi$$