**Retrospective Formats**

**🟢 Start-Stop-Continue**

- Start: [What should we start doing?]

- Stop: [What should we stop doing?]

- Continue: [What should we continue doing?]

**🔵 4Ls Retrospective**

- Liked: [Things we liked]

- Learned: [New learnings]

- Lacked: [What was missing]

- Longed For: [What we wished for]

**⛵ Sailboat Retrospective**

- Wind: [What's pushing us forward?]

- Anchor: [What's holding us back?]

- Rocks: [What risks do we face?]

- Island: [Our goals or destination]