

	Risk Matrices		
		Negligible	Minor
	Very Unlikely	Low	Low
	Unlikely	Low	Low Medium
	Moderate	Low	Low Medium
	Likely	Low	Low medium
	Very Likely	Low medium	Medium
	Risk	Statement	Response
	Strained vision	My eyes may ache.	take regular breaks from looking at the screen.
	illness (possibly covid)	i was ill, (lethargic, and under the whether) during the time of the project.	Take the necessary precautions to avoid catching it.
	Back pain	May result in bad posture or pain.	Stand up and stretch in regal intervals.
	Stiff neck	My neck may ache.	stretch while at my desk.

Major	Hazardous	Catastrophic	
Low medium	Medium	Medium	
Low medium	Medium	Medium High	
Medium	Medium High	Medium High	
Medium	Medium high	High	
Medium high	High	High	
Objective	Likelihood	Impact	Risk Level
To maintain good eye vision.	likely	Medium	
To be in good health.	moderate	High	
Keep my back from hurting or developing further issues in the future.	moderate	low medium	
keep my muscles loose.	low	low	