In [1]:
```
import cv2

# Load the cascade
face_cascade = cv2.CascadeClassifier(cv2.data.haarcascades + 'haarcascade_frontalfa

# To use a video file as input
# cap = cv2.VideoCapture('filename.mp4')

# To use the webcam on your computer
cap = cv2.VideoCapture(0)

while True:
    # Read the frame
    _, img = cap.read()

    # Convert to grayscale
    gray = cv2.cvtColor(img, cv2.COLOR_BGR2GRAY)

    # Detect the faces
    faces = face_cascade.detectMultiScale(gray, 1.1, 4)

    # Draw the rectangle around each face
    for (x, y, w, h) in faces:
        cv2.rectangle(img, (x, y), (x+w, y+h), (255, 0, 0), 2)

    # Display
    cv2.imshow('img', img)

    # Stop if escape key is pressed
    k = cv2.waitKey(30) & 0xff
    if k==27:
        break

# Release the VideoCapture object
cap.release()
```

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