

IIIT Mess Menu							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Break fast	UPPMA & SHEERA / VERMICHILLI UPPMA	POHA	METHI PARATHA / PALAK PARATHA	IDLI WADA	POORI	MASALA DOSA / UTTAPAM	ALOO GOBI PARATHA
	GREEN CHUTNEY	SEV.NAMKIN TARI	VEG KORMA	SAMBHAR / CHUTNEY	ALOO SABJI	SAMBHAR / CHUTNEY	CURD / PICKLE
	BOILED PEANUTS	BOILED SWEET CORN	MATKI SPROUTS	BLACK CHANA SPROUTS	GREEN MOONG SPROUTS	MATKI SPROUTS	GREEN MOONG SPROUTS
	BOILED EGG	EGG BHURJI	BOILED EGG	EGG BHURJI	****	BOILED EGG	****
	BANANA / CORN FLAKES	BANANA / CORN FLAKES	BANANA / CORN FLAKES	BANANA / CORN FLAKES	BANANA / CORN FLAKES	BANANA / CORN FLAKES	BANANA / CORN FLAKES
	B B J	B B J	B B J	B B J	B B J	B B J	B B J
	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA

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	B B J	B B J	B B J	B B J	B B J	B B J	B B J
	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA	COFFEE / TEA / BOURNVITA

<b>Lunch</b>	<b>ONION RICE</b>	<b>FRID RICE/ BAGARA RICE</b>	<b>CURD RICE</b>	<b>PULIYOGRE</b>	<b>VEG BRIYANI</b>	<b>CURD RICE</b>	<b>****</b>
	<b>PLAIN RICE</b>	<b>PLAIN RICE</b>	<b>PLAIN RICE</b>	<b>PLAIN RICE</b>	<b>EGG BRIYANI</b>	<b>PLAIN RICE</b>	<b>PLAIN RICE</b>
	<b>DAL TADKA</b>	<b>DAL FRY</b>	<b>DAL METHI</b>	<b>DAL FRY</b>	<b>MIX VEG RAITHA</b>	<b>DALPALAK</b>	<b>DAL PALAK</b>
	<b>RASAM</b>	<b>SAMBHAR</b>	<b>RASAM</b>	<b>SAMBHAR</b>	<b>****</b>	<b>****</b>	<b>****</b>
	<b>JEERA ALOO</b>	<b>TONDLI CHANA DRY</b>	<b>***</b>	<b>ALOO BRINJAL TOMATO</b>	<b>BLACK CHANNA MASALA</b>	<b>MIX VEG DRY</b>	<b>PANEER BUTTER MASALA</b>
	<b>DAL MAKHNI</b>	<b>MANCHURIYAN GRAVY</b>	<b>PANEER KHOLAPURI</b>	<b>SOYABEAN SABJI</b>	<b>****</b>	<b>CHOLE MASALA</b>	<b>EGG CURRY</b>
	<b>CHAPATHI / FULKA</b>	<b>CHAPATHI / FULKA</b>	<b>CHAPATHI / FULKA</b>	<b>CHAPATHI / FULKA</b>	<b>CHAPATHI / FULKA</b>	<b>BHATURA</b>	<b>CHAPATHI / FULKA</b>
	<b>JALJEERA</b>	<b>RASNA</b>	<b>BUTTER MILK</b>	<b>LASSI</b>	<b>LEMON JUICE</b>	<b>HOT BADAM MILK</b>	<b>KOKAM SARABAT</b>
	<b>CURD</b>	<b>CURD</b>			<b>CURD</b>		
	<b>MIX SALAD</b>	<b>MIX SALAD</b>	<b>MIX SALAD</b>	<b>MIX SALAD</b>	<b>MIX SALAD</b>	<b>MIX SALAD</b>	<b>MIX SALAD</b>
	<b>PAPAD</b>	<b>PAPAD</b>	<b>PAPAD</b>	<b>PAPAD</b>	<b>PAPAD</b>	<b>PAPAD</b>	<b>PAPAD</b>
	<b>GREEN CHILLY / LEMON SLICES</b>	<b>GREEN CHILLY / LEMON SLICES</b>	<b>GREEN CHILLY / LEMON SLICES</b>	<b>GREEN CHILLY / LEMON SLICES</b>	<b>GREEN CHILLY / LEMON SLICES</b>	<b>GREEN CHILLY / LEMON SLICES</b>	<b>GREEN CHILLY / LEMON SLICES</b>
<b>Snacks</b>	<b>SAMOSA</b>	<b>BREAD PAKODA / VEG SANDWICH</b>	<b>VEG HAKKA NOODLS / MAGGI</b>	<b>VADA PAV / ALOO PAKODA</b>	<b>PAV BHAJI</b>	<b>MASALA BHEL</b>	<b>VEG CUTLATE / ONION PAKODA</b>



	<b>PICKLE</b>	<b>PICKLE</b>	<b>PICKLE</b>	<b>PICKLE</b>	<b>PICKLE</b>	<b>PICKLE</b>	<b>PICKLE</b>
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				<b>CURD</b>			
	<b>SHEVAI KHEER</b>	<b>ICE CREAM / KULFI</b>	<b>PINEAPPLE SHEERA / BADUSHA</b>	<b>MOTICHOOR LADOO</b>	<b>GULABJAMUN</b>	<b>ICE CREAM / KULFI</b>	<b>MOONG DAL HALVA / BADAM POORI</b>
<b>Limit Only on Banana, Sweet, Pav &amp; Fruits Item</b>							
<b>Banana Max .02</b>							
<b>Sweet As Indicated In Menu</b>							

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