

### IIIT Mess Menu

|               | <i>Monday</i>                              | <i>Tuesday</i>                 | <i>Wednesday</i>                       | <i>Thursday</i>                   | <i>Friday</i>                     | <i>Saturday</i>                | <i>Sunday</i>                  |
|---------------|--|--------------------------------|--|-----------------------------------|-----------------------------------|--------------------------------|--------------------------------|
| Break<br>fast | UPPMA &<br>SHEERA /<br>VERMICILLI<br>UPPMA | POHA                           | METHI<br>PARATHA /<br>PALAK<br>PARATHA | IDLI WADA                         | POORI                             | MASALA DOSA /<br>UTTAPAM       | ALOO GOBI<br>PARATHA           |
|               | GREEN<br>CHUTNEY                           | SEV.NAMKIN<br>TARI             | VEG KORMA                              | SAMBHAR /<br>CHUTNEY              | ALOO SABJI                        | SAMBHAR /<br>CHUTNEY           | CURD /<br>PICKLE               |
|               | BOILED<br>PEANUTS                          | BOILED SWEET<br>CORN           | MATKI<br>SPROUTS                       | BLACK<br>CHANA<br>SPROUTS         | GREEN<br>MOONG<br>SPROUTS         | MATKI SPROUTS                  | GREEN<br>MOONG<br>SPROUTS      |
|               | BOILED EGG                                 | EGG BHURJI                     | BOILED EGG                             | EGG BHURJI                        | ****                              | BOILED EGG                     | ****                           |
|               | BANANA /<br>CORN<br>FLAKES                 | BANANA /<br>CORN FLAKES        | BANANA /<br>CORN<br>FLAKES             | BANANA /<br>CORN<br>FLAKES        | BANANA /<br>CORN FLAKES           | BANANA /<br>CORN<br>FLAKES     | BANANA /<br>CORN<br>FLAKES     |
|               | B B J                                      | B B J                          | B B J                                  | B B J                             | B B J                             | B B J                          | B B J                          |
|               | COFFEE /<br>TEA<br>/<br>BOURNVITA          | COFFEE /<br>TEA /<br>BOURNVITA | COFFEE /<br>TEA<br>/<br>BOURNVITA      | COFFEE /<br>TEA<br>/<br>BOURNVITA | COFFEE /<br>TEA<br>/<br>BOURNVITA | COFFEE /<br>TEA /<br>BOURNVITA | COFFEE /<br>TEA /<br>BOURNVITA |
|               |  |                                |  |                                   |                                   |                                |                                |

|       |                                      |                                   |                                      |                                      |                                      |                                |                                      |
|-------|--------------------------------------|-----------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------|--------------------------------------|
|       | ONION RICE                           | FRID RICE/<br>BAGARA RICE         | CURD RICE                            | PULIYOGRE                            | VEG BRIYANI                          | CURD RICE                      | ****                                 |
|       | PLAIN RICE                           | PLAIN RICE                        | PLAIN RICE                           | PLAIN RICE                           | EGG BRIYANI                          | PLAIN RICE                     | PLAIN RICE                           |
|       | DAL TADKA                            | DAL FRY                           | DAL METHI                            | DAL FRY                              | MIX VEG<br>RAITHA                    | DALPALAK                       | DAL PALAK                            |
|       | RASAM                                | SAMBHAR                           | RASAM                                | SAMBHAR                              | ****                                 | ****                           | ****                                 |
| Lunch | JEERA ALOO                           | TONDLI<br>CHANA DRY               | ***                                  | ALOO<br>BRINJAL<br>TOMATO            | BLACK<br>CHANNA<br>MASALA            | MIX VEG DRY                    | PANEER<br>BUTTER<br>MASALA           |
|       | DAL<br>MAKHNI                        | MANCHURIYAN<br>GRAVY              | PANEER<br>KHOLOPURI                  | SOYABEAN<br>SABJI                    | ****                                 | CHOLE MASALA                   | EGG CURRY                            |
|       | CHAPATHI /<br>FULKA                  | CHAPATHI /<br>FULKA               | CHAPATHI /<br>FULKA                  | CHAPATHI /<br>FULKA                  | CHAPATHI /<br>FULKA                  | BHATURA                        | CHAPATHI /<br>FULKA                  |
|       | JALJEERA                             | RASNA                             | BUTTER<br>MILK                       | LASSI                                | LEMON JUICE                          | HOT BADAM<br>MILK              | KOKAM<br>SARABAT                     |
|       | CURD                                 | CURD                              |                                      |                                      | CURD                                 |                                |                                      |
|       | MIX SALAD                            | MIX SALAD                         | MIX SALAD                            | MIX SALAD                            | MIX SALAD                            | MIX SALAD                      | MIX SALAD                            |
|       | PAPAD                                | PAPAD                             | PAPAD                                | PAPAD                                | PAPAD                                | PAPAD                          | PAPAD                                |
|       | GREEN<br>CHILLY /<br>LEMON<br>SLICES | GREEN CHILLY<br>/ LEMON<br>SLICES | GREEN<br>CHILLY /<br>LEMON<br>SLICES | GREEN<br>CHILLY /<br>LEMON<br>SLICES | GREEN<br>CHILLY /<br>LEMON<br>SLICES | GREEN CHILLY /<br>LEMON SLICES | GREEN<br>CHILLY /<br>LEMON<br>SLICES |
|       |                                      |                                   |                                      |                                      |                                      |                                |                                      |
|       | Snacks                               | SAMOSA                            | BREAD PAKODA<br>/ VEG<br>SANDWICH    | VEG HAKKA<br>NOODLS /<br>MAGGI       | VADA PAV<br>/<br>ALOO<br>PAKODA      | PAV BHAJI                      | MASALA BHEL                          |

|                                      |                             |                                |                                |                                |  | ALOO<br>PAKODA                       |
|--------------------------------------|-----------------------------|--------------------------------|--------------------------------|--------------------------------|--|--------------------------------------|
| RED<br>CHUTNEY &<br>GREEN<br>CHUTNEY | GREEN & RED<br>CHUTNEY      | TOMATO<br>SOUCE                | GREEN<br>CHUTNEY               | CHOPED<br>ONION&<br>LEMON      | RED CHUTNEY/<br>GREEN<br>CHUTNEY/ONION<br>CHILLY | TOMATO<br>SOUCE/<br>GREEN<br>CHUTNEY |
| MILK/<br>FRUITS                      | MILK/<br>FRUITS             | MILK/FRUITS                    | MILK/<br>FRUITS                | MILK/FRUITS                    | MILK/FRUITS                                      | MILK/<br>FRUITS                      |
| BBJ. GINGER<br>TEA /<br>COFFEE       | BBJ. GINGER<br>TEA / COFFEE | BBJ. GINGER<br>TEA /<br>COFFEE | BBJ. GINGER<br>TEA /<br>COFFEE | BBJ. GINGER<br>TEA /<br>COFFEE | BBJ. GINGER TEA<br>/ COFFEE                      | BBJ. GINGER<br>TEA /<br>COFFEE       |

| PICKLE  | PICKLE                      | PICKLE                      | PICKLE                      | PICKLE                      | PICKLE                      | PICKLE                        |
|---|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-------------------------------|
| GREEN CHILLY / LEMON SLICES                               | GREEN CHILLY / LEMON SLICES | GREEN CHILLY / LEMON SLICES | GREEN CHILLY / LEMON SLICES | GREEN CHILLY / LEMON SLICES | GREEN CHILLY / LEMON SLICES | GREEN CHILLY / LEMO N SLICES  |
|   |                             |                             | CURD                        |                             |                             |                               |
| SHEVAI KHEER  | ICE CREAM / KULFI           | PINEAPPPE SHEERA / BADUSHA  | MOTICHOOR LADOO             | GULABJAMUN                  | ICE CREAM / KULFI           | MOONG DAL HALVA / BADAM POORI |
| <b>Limit Only on Banana, Sweet, Pav &amp; Fruits Item</b> |                             |                             |                             |                             |                             |                               |
| <b>Banana Max .02</b>                                     |                             |                             |                             |                             |                             |                               |
| <b>Sweet As Indicated In Menu</b>                         |                             |                             |                             |                             |                             |                               |

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