

# Jatin kumar

## BA in Psychology Honours

As a dedicated psychology student with a strong passion for research and cognitive science, I am eager to leverage my academic background and creativity in a content creation role focused on psychology and therapy. With a solid understanding of psychological principles and human behavior, I excel at creating engaging, informative, and relatable content that resonates with diverse audiences. My experience in studying the intricacies of the mind, combined with a flair for innovative communication, positions me to contribute effectively to any team seeking to educate and support clients through thoughtfully crafted content. I am particularly excited about the opportunity to blend my knowledge of psychology with creative storytelling to make complex concepts accessible and impactful.

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## EDUCATION

Indira Gandhi National Open University Maidan Garhi Delhi  
(Anticipated to be Graduate by August 2024)

## TECHNICAL SKILLS

- - In Process of Learning Programming Languages: Python
- - Helpful in Developing scripts to analyze psychological data and automate data processing tasks.
- - Learning MS Word and MS Excel:
- - Helpful in creating detailed reports, managing data, and performing complex calculations.
- - SPSS:
- - Conducted various statistical analyses including regression analysis, ANOVA, and hypothesis testing.
- - Statistics:
- - Strong understanding of statistical principles and their application in psychological research.

## ORGANIZATIONAL SKILLS

Cognitive Behavioral Therapy (CBT): Exploring and understanding the principles and applications of CBT in both personal development and client interactions.

- Human Motivation: Studying the psychological factors that drive human behavior and how these can be leveraged in sales and education.
- Educational Psychology: Investigating how psychological principles can be applied to enhance learning and educational outcomes.
- Personal Development: Engaging in activities and reading materials that promote self-improvement and growth, both for myself and to better assist clients.

## Achievements

- Test Score - CUET PG Psychology:
  - - Achieved a score of 233/300, demonstrating strong knowledge in Undergraduate-level psychology.
- - Completed Coursework: MIT 9.13 The Human Brain:
- - Gained in-depth understanding of brain functions and neurological processes.
- - Completed Coursework: Computational Neuroscience (University of Washington - Coursera):
- - Acquired knowledge of computational models and techniques used to study neural systems.

## INTERESTS

- - Human Behavior:
  - Enthusiastic about understanding and analyzing human behavior in various contexts.
- - Employee Mental Well-being:
  - Dedicated to promoting and maintaining mental health and well-being in the workplace.
- - Organizational Behavior:
  - Keen to learn and apply concepts of organizational behavior to enhance workplace dynamics.
- - Debate:
  - Participated in debates, enhancing critical thinking and public speaking skills.
- - Sports:
  - Active in sports, promoting teamwork, discipline, and a healthy lifestyle.

