REFERAL FORM

JesusArenasMD@cad.com	MD ID: Comes here...

Name of Agency : NIRVANA HH

Home Health Service

- [x] ForSkillNursingServices
- [x] ForPhysicalTherapyTreatment
- [x] ForOccupationalTherapy

Treatment

- [x] PainManagement
- [x] Psychiatry
- [x] Neurology
- [ ] WoundCareSpecialist

Lab(s) _____

- [ ] Lipid Panel
- [x] Renal Profile
- [ ] Urine Culture And Sensitivity
- [x] ANS/ QSART Test (Evaluation For Autonomic Nervous System)
- [ ] EKG
- [ ] TSH, T3, T4
- [x] CBC
- [ ] BMP
- [x] Cardiac Enzymes
- [ ] CT
- [ ] Liver Profile
- [ ] Echocardiogram
- [ ] CMP
- [x] Respiratory Swab
- [ ] A1C
- [ ] B 12
- [ ] Ultrasound Bilateral Lower Extremities For DVT
- [ ] Urinalysis With PCR If (+)
- [ ] PSA
- [x] Vitamin D
- [ ] Chest X-Ray
- [x] Pneumonia Sputum

Provider Name: Name Signature: _____
Date: Date here

Medical Provider Name: Name Signature: _____
Date: Date here

ADMISSION ORDERS

NEW MEDICATIONS ☐ Spanish Translation

#	Date	Medication Name	Dose	Route	Frequency	Purpose
1	2024-06-29	Cynide	2	INH	Topical	QD
2	2024-06-22	Panadol	3	Po	Topical	BID

Treatment Orders

☑ Discontinue

☐ Refill Medications

DIET	☑ Dash ☐ Renal ☐ Diabetic ☑ Mechanical Soft ☐ Pureed ☐ Thickened Liquid
DME	☐ Cane ☐ WheelChair ☑ Ankle Support ☑ ShowerChair ☑ Walker ☐ Compression Stockings ☐ BP Machine ☐ Commode ☐ Back Support ☐ Knee Support
SUPPLIES	☐ Pull Ups Small ☐ Under Pads ☑ Bed Pan ☑ Pull Ups Medium ☐ Pull Ups Large ☐ Glucose Test Strips

Refer To:

☑ Home Health Due To	Name of Health Agency: NIRVANA HH Name of Hospice Agency: Name I cant write here...		
☑ Cardiology	Name Custom Cardiology Name	Tel: 03179666609	Location: Somewhere
☑ WoundCare	Name Some Hospital	Tel: 03179666609	Location: 03179666609
☑ Surgery Procedure: 03179666609	Name 03179666609	Tel: 03179666609	Location: 03179666609
☑ Pain Specialist	Name Arslan	Tel: 03179666609	Location: Emaar
☑ Orthopaedic	Name Arslan	Tel: 03179666609	Location: Emaar

Laboratory and Diagnostics

☑ Ans/QSART Test Evalution For Automatic Nervous System	☑ Ultrasound Bilateral Lower Extremities Arteries And Veins	☐ Echocardiogram
☐ AIC	☐ Pneumonia Sputum	☐ B12
☑ Chest X-Ray, VI	☑ Lithium Level	☑ Renal Profile
☐ VitaminD	☐ EKG	☑ BMP
☐ Liver Profile	☐ CBC	☐ CT
☐ Urine Culture & Sensitivity	☑ TSH, T3, T4	☐ CMP
☐ PSA	☐ Cardiac Enzymes	☑ LIPID Panel

Provider Name: Name Signature: _____
Date: Date here

Physician Name: Name Signature: _____
Date: Date here

IMPRESSION PLAN

☐ Transitional Care

Stroke	Patient may have the formation of an area of necrosis in the cerebrum caused by an insufficiency of arterial or venous blood flow. Infarcts of the cerebrum are generally classified by hemisphere (i.e., left vs. Right), lobe (e.g., frontal lobe infarction), arterial distribution (e.g., infarction, anterior cerebral artery), and etiology (e.g., embolic infarction).
Mucosa: Dry	Patient may have dry mouth, a symptom that leads to a lack of saliva. Individuals with dry mouth do not have enough saliva to keep the mouth wet.
Pvd	PVD. risk factors are CAD, diabetes, high cholesterol, HTN, overweight, physical inactivity, smoking. Most commonly caused by atherosclerosis of the artery wall. Some symptoms are changes in the skin including decrease skin temperature Or shiny skin on the legs and feet, weak pulse is in legs and feet, hair loss on legs, wounds that won't heal, numbness or weakness or heaviness and muscles, numbness or coldness, or burning or aching at rest, paleness when legs are elevated And turn dusky red in dependency, Claudication (which means pain usually in the calf that occurs with exercise or walking and dissipates with rest). pain with rest in the legs occurs when the artery occlusion is so critical that there's not enough blood and oxygen supply to legs even at rest. diagnostic tests are angiogram, Doppler ultrasound, ABI. goals are to control the symptoms and hold the progression of the disease to lower the risk for heart attack, stroke, and other complications. Lifestyle changes including regular walking exercises up until claudication develops and repeating to increase walking time, proper nutrition, quitting smoking. Some medicines to improve blood ?ow are aspirin, clopidogrel, pentoxifylline, cilostazol which dilates arteries to help increase oxygenated blood ?ow thereby helping to increase physical activity w/o the pain of claudication, statins, BP meds. Don't use cilostazol in heart failure patients. Patients may require angioplasty, bypass surgery or endardectomy to get rid of the blockage.

Advanced Care Planning: Advanced care planning with patient, time spent **15** minutes. Reviewed care plan options such as code status, intubation and hospitalization. Reviewed risks of cardiac resuscitation including rib fracture. Reviewed prolong life expectancy and benefit to aggressive care and treatment.

Orders: AS ATTACHED

Discussion Notes:

Lorem ipsum dolor sit amet consectetur adipisicing elit. Accusamus fugiat dolores numquam possimus quod corrupti omnis laborum ab dolorem! Velit possimus, atque amet quaerat soluta dignissimos earum similique voluptatem a.

INITIAL ASSESMENT

☐ Initial Visit	☐ Follow Up Visit / ☐ Recert Visit	Sex : ☑ M / ☐ F	Location patient is accessed: ☑ Home Visit ☑ Boarding Care

Chief Complaint

ALLERGIES

Drug / Food	Reaction
Name of the drug	Reaction Description

☐ Penicillin ☐ Sulfa ☐ NO KNOWN ALLERGIES

Functional Limitations		Activities Permited	
☑ Weakness	☐ Ambulation	☐ Up As Tolerated	☐ Dependent At Home
☐ Amputation	☑ Bowel/Bladder	☑ Independent At Home	☑ Bed-Bound
☐ Confused	☐ Contacture	☐ Cane	☐ Chair Bound
☐ Hearing	☐ Legally Blind	☐ Complete Bedrest	☐ Crutches
☐ Paralysis	☐ SOB Minimum Exertion	☑ Exercise Provided	☑ Partial Weight
☐ Speech	☐ Vision Deficit	☐ Walker	☐ Wheelchair

PAST MEDICAL HISTORY

☐ Chronic Back Pain	☐ Neuropathy	☐ GERD	☑ Rheumatoid Arthritis	☑ Over Active Bladder	☐ Gout	☐ Depression	☐ Sciatica
☐ Osteoporosis	☑ Insomnia	☐ Venous Insufficiency	☐ PVD	☐ Glaucoma	☐ Bipolar	☐ Schizophrenia	☐ Headache's
☐ Bronchitis	☑ Mild Memory Loss	☑ CAD	☑ Cobalamin Deficient	☐ Dementia	☐ BPH	☐ Parkinson's	☐ Cancer
☐ MI	☐ Cardiac Arrhythmia	☐ Asthenia	☐ Weakness	☐ Iron Anemia	☐ Hypothyroidism	☐ Anxiety	☐ COPD
☐ Muscle Weakness	☐ UTI	☐ Tobacco Use	☑ Chronic Falls	☑ CHF	☐ A.FIB	☐ Protein Deficiency	☐ Herniated Disc
☑ Angina Pectoris	☐ Stroke	☑ Diabetes Type 1 2	☑ Diarrhea	☐ Hypertension	☐ Tachycardia	☐ Asthma	☐ CKD
☑ Alzheimer's	☐ Arthritis	☐ Chronic Migraine	☐ DVT	☐ Hypertriglyceridemia	☐ Shingles	☐ HLD	☐ Constipation
☐ HIV	☑ Seizure	☑ Vertigo	☑ Vit. D Deficient	☐ Unsteady Gait			

PAST SURGICAL HISTORY

☐ CABG	☐ Hernia
☐ Knee Replacement (R)	☑ Knee Replacement (L)
☐ Hip Replacement (R)	☐ Hip Replacement (L)
☐ Appendectomy	☑ Cholecystectomy
☑ Cardiac Stents	☐ Hysterectomy
☐ Pacemaker	☐ Cataracts

Social History

Tobacco / THC	☑ Yes	☐ No	☐ Daily	☑ Socially	☐ Occasionally
ETOH/Alcohol	☑ Yes	☐ No	☐ Daily	☑ Socially	☐ Occasionally
Drugs	☐ Methamphetamines	☐ Cocaine	☐ Heroin	☐ Ecstasy	

REVIEW OF SYSTEM / PHYSICAL EXAMINATION

VITALS

HT	WT	TEMP	BP	HR	RR	02 SAT
Date	Meds	Dos	Rout	Freq	Purpose	Purpose

System	WNL	FINDINGS
General		☐ Loss Weight ☐ Anorexia ☑ Immobile ☐ Cachectic ☐ Alert ☐ Awake ☐ Inattentive ☐ Recentlyfell ☐ Obese ☐ Chills ☐ Fatigue ☐ Gain Weight ☐ Fever ☐ Ataxia ☐ Limited Ambulation ☐ Night Sweats
Head		☐ Vertigo ☐ Masses ☐ Contusion ☑ Seizures ☐ Syncope ☐ Headache ☐ Abrasion ☐ Dizziness ☐ Trauma
Neck, Axilla, Breasts		☐ Rash ☐ Lymphadenopath ☑ Bleeding ☐ Discharge ☐ Tenderness ☐ Dowager Hump ☐ Pain Masses ☐ Numbness And Tingling In Neck ☐ Erythema ☐ Tracheamidline ☐ Breasts Asymmetric ☐ Neck Pain

System	WNL	FINDINGS
Eyes		☐ Decreased Vision ☐ Diplopia ☑ PERRLA ☐ ArcusSenilis ☐ Involuntary Blinking ☐ Strabismus ☐ Blurring ☐ Dry Eyes ☐ Glasses ☐ Erythema
Ears		☐ Good Light Reflex ☑ Erythematous ☐ Pain ☐ Deafness ☐ Bulging ☐ External Hearing Aid ☐ Tinnitus ☐ Decreased Hearing ☐ Discharge
Nose		☐ Congestion ☐ Redness ☑ Rhinorrhea ☐ Epistaxis
Mouth		☐ Dysphagia ☐ Redness ☐ Missing Teeth ☑ Sticking Out Tongue ☐ Discharge: Color ☐ Sores ☐ Lip Smacking ☐ Dentures ☑ Dysphasia ☐ Sore Throat ☑ Mucosa: Dry ☐ Gingival Bleeding
Cardiovascular		☐ At Rest ☐ Bradycardia ☑ Pale ☐ Orthopnea ☑ Palpitations ☐ Shortness Of Breath: ☐ Minimum ☐ Arrhythmia ☐ Tachycardia ☐ Known Murmur ☐ Chest Pain ☐ Regular Irregular Rhythm ☐ JVD ☐ Pacemaker ☐ Edema ☐ Moderate Exertion ☑ Extremities Pulses: +2 ☑ Sinus Rhythm ☐ Fatigue
Pulmonary		
Abdomen		☐ RUQ ☐ LUQ ☐ Hernia ☐ Hard ☐ Distended ☐ Heartburn ☑ Pain ☐ Diarrhea ☐ Vomiting ☐ RLQ ☐ Nausea ☐ Constipation ☑ Non-Tender Masses: Loc. ☐ Soft ☐ Hypoactive ☐ Tenderness:Loc: ☐ BS Present: ☐ Hyper ☑ LLQ
Genitourinary		☐ Dysuria ☐ Hematuria ☑ Increased Frequency ☐ Foul Odor ☑ Incontinence ☐ Cloudy Urine ☐ Catheter
Rectal		☐ Bleeding ☐ Rash ☐ Hemorrhoids ☑ Discharge ☑ Wearing Diaper ☐ Redness
Upper extremities		☐ Radial Pulse: R ☑ Radial Pulse: Absent ☑ Numbness And Tingling Loc: L ☐ Weakness Loc: L ☐ Heberden's Node ☐ AV Shunt : ☐ Radial Pulse: L ☑ Numbness And Tingling Loc: R ☐ Radial Pulse: Weak ☐ Limited Movements ☐ Itchiness ☐ Edema Pitting ☑ AV Shunt :R ☐ Swelling Loc : L ☐ Weakness Loc: R ☐ Shaking ☐ Redness ☐ Non-Pitting: Loc: R ☐ AV Shunt :L ☐ Non-Pitting: Loc: L ☐ Warm ☐ Swelling Loc : R ☐ Cold
Lower extremities		☐ Limited Movements ☐ Weakness Loc ☑ Swelling Loc ☐ Hallux Valgus ☐ Itchiness ☐ Redness ☐ Shaking ☐ Edema Pitting ☐ Weakness: Loc: R ☑ Weakness: Loc: L ☐ Swelling Loc: R ☐ Swelling Loc: L ☐ Numbness And Tingling Loc: ☐ Numbness And Tingling Loc: R ☐ Numbness And Tingling Loc: L ☐ Cold ☐ Warm ☑ Pedal Pulse: ☐ Pedal Pulse: Weak ☐ Pedal Pulse: Absent ☐ Pedal Pulse: R ☐ Pedal Pulse: L
Skin		
Nutrition		
MUSCLE SKELETAL	WNL...	☐ Stiffness Arm: L ☑ Stiffness Arm: R ☐ Stiffness Leg: L ☐ Stiffness Leg: R ☐ Weakness Arm: L ☐ Weakness Arm:R ☐ Weakness Leg: L ☐ Weakness Leg: R ☐ Kyphosis ☐ Decreased ROM ☑ Lumbar Pain
Endocrine		
Pelvic		☐ Stiffness ☐ Hernia ☐ Erythema ☐ Rash ☑ Pain ☐ Trauma ☐ Decreased Range Of Motion
Neurological		☐ Facial Weakness ☐ Impaired Balance ☑ Numbness ☐ Dizziness ☐ Seizure ☐ Tremors ☐ Slurred Speech ☐ Grimacing ☐ Handgrip Weak: ☐ Handgrip Weak: L ☐ Handgrip Weak: R ☐ Paralysis:

System	WNL	FINDINGS
		☐ Paralysis: L ☐ Paralysis: R ☐ Mild Cognitive Delay/Learning Difficulties ☐ Half Body Weakness: ☐ Half Body Weakness: L ☐ Half Body Weakness: R ☐ Facial Drooping: ☐ Facial Drooping: L ☑ Facial Drooping: R ☐ Stuttering ☐ Non Verbal ☐ Unsteady Gait
Mental		☐ Lability Of Mood ☐ Hallucinations ☐ Delusions ☐ Depression ☑ Somnolence ☐ Insomnia ☐ Anxious ☐ Disoriented ☐ Lethargic ☑ Forgetful ☐ Confused ☐ Hearing Voices ☐ Oriented: ☐ Person ☐ Time ☐ Place

ASSESSMENT/DIAGNOSIS

Diagnosis comes here...

PLAN

☐ Send To ED Now	☐ Follow Up In 1 Week With ECP	☐ Continue Current Medications/ Treatment
☐ New Med/Tx/Sup/DME: See Orders	☐ Labs/Diagnostics: See AdmissionOrders	☐ Referrals: See Admission Orders
☐ Wellness/Preventive Intervention	☐ PT/OT/HH For Disease Or Pain Management	☐ Refill Medications

Provider Name: Name Signature: _____
Date: Date here

Physician Name: Name Signature: _____
Date: Date here

FACE TO FACE ENCOUNTER

Home Health: Home health name... **Date of Service** Date here...

I certify that this patient is under my care and that I, or an allowed Nurse practitioner or Physician's assistant working in collaboration with me, had a face-to-face encounter that meets physician face-to-face-encounter requirements with this patient on:

Month Month here... **Day** Day here... **Year** Year here...

Clinical Summary of Findings from Face-to-Face Encounter in Support of Home Health Need:
(Require up to 90 days prior to initial SOC, is relevant to the reason for the patient's need for home health services, or within 30 days after the start of care if the 90-day prior encounterdid not take place.)

Medical Condition Related to Home Health Services:
The encounter with the patient was in whole, or in part, for the following medical condition, which is the primary reason for home health care because

☐ HTN	☐ HLD	☑ DIABETES Type 1 2	☐ GERD / Gout
☐ COPD / Asthma / Dyspnea	☐ Limited Ambulation	☐ OA	☑ Depression
☐ Anxiety	☐ Insomnia	☐ Constipation	☐ Hyperthyroidism
☑ BPH/ Overactive Bladder	☐ Memory Loss	☑ Dizziness	☐ Tobacco Use
☑ Vitamin D Deficiency	☐ Neuropathy / Sciatica	☑ Muscle Cramp	☐ Ble Weakness/Ble Edema
☑ PVD / DVT / CAD	☐ Schizophrenia	☐ Arthritis / Osteoarthritis	☐ Iron Deficiency Anemia
☑ Stroke	☐ Mild Mental Retardation	☐ Herniated Disc	☐ Angina Pectoris
☐ Venous Insufficiency	☐ Hypertensive Heart Disease Without Heart Failure	☐ LBP, Knee / Shoulder Pain	☐ Hypothyroidism
☐ Myocardial Infarction	☐ ATRIAL Fibrillation	☑ Dementia / Alzheimer's	☐ Cancer
☐ Seizure	☐ Hypertensive Heart Disease With Heart Failure	☐ Nausea/Vomit/Diarrhea	☑ Congestive Heart Failure
☐ Hyperlipidemia	☐ Chronic Migraines	☐ Parkinson's	☐ History Of Falls
☑ Chronic Kidney Stage 1 / 2 / 3	☐ SOB With Exertion	☐ Bipolar / Psychosis	☐ Arrhythmia
☐ Asthenia / Unsteady Gait			

I further certify that, based on my findings, this patient is homebound (i.e. absences from home require considerable and taxing effort, and for medical reasons or religious services, or infrequently, or of short duration when for other reasons) due to the following services that are medical necessary from home health (Check allthat apply):

☐ Skilled Nursing	☑ Ostomy Care	☑ Speech Pathology	☐ Cardiac/CHF Care
☐ Home Health Aide	☐ Occupational Therapy	☐ Physical Therapy	☐ Medical Management
☑ Diabetic Care	☐ Neurological Care	☐ Foley Catheter Care	☐ Stroke Care
☐ G.T. Care	☑ Wound Care	☐ Strengthening/Balance	☐ Social Worker
☑ Dialysis Care / AV Fistula	☐ Psychiatry	☐ Orthopedic Care	☐ COPD Care

Certificate of Homebound Status:
My clinical findings from this encounter support the patient is homebound due to:

☑ Requires The Assistance Of 1-2 People To Ambulate	☐ Poor Ambulation – Prone To Falls	☑ Medical Restrictions: Open Draining Wound, Legs Elevated All Times	☐ Impaired Ability To Unsafe To Drive
☑ Confusion/Disorientation	☑ Unable To Leave Home Without Maximum Assistance And/Or Effort	☐ Debilitating Dizziness	☐ Compromised Mental Status
☑ Difficult And Taxing Effort To Leave Home	☐ Unable To Ambulate	☑ Requires An Assistive Device To Ambulate	☐ Post-Op Weakness
☐ Unsteady Gait With Assistive Device	☑ Debilitating Dyspnea On Exertion	☐ Unable To Negotiate Stairs	

Provider Name: Name Signature: _____
Date: Date here

Physician Name: Name Signature: _____
Date: Date here

TELE MEDICINES

Home Health: Home health name... **Date of Service** Date here...

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☐ Seizure	☐ Hypertensive Heart Disease With Heart Failure	☐ Nausea/Vomit/Diarrhea	☐ Congestive Heart Failure
☐ Hyperlipidemia	☐ Chronic Migraines	☐ Parkinson's	☐ History Of Falls
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☐ Confusion/Disorientation	☐ Unable To Leave Home Without Maximum Assistance And/Or Effort	☐ Debilitating Dizziness	☐ Compromised Mental Status
☐ Difficult And Taxing Effort To Leave Home	☐ Unable To Ambulate	☐ Requires An Assistive Device To Ambulate	☐ Post-Op Weakness
☐ Unsteady Gait With Assistive Device	☐ Debilitating Dyspnea On Exertion	☐ Unable To Negotiate Stairs	

Provider Name: Name Signature: _____
Date: Date here

Physician Name: Name Signature: _____
Date: Date here

HIPAA PERMITS DISCLOSURE OF POLST TO OTHER HEALTHCARE PROVIDERS AS NECESSARY

EMSA #111B
(Effective 10/1/2014)

Physician Orders for Life-Sustaining Treatment (POLST)

First follow these orders, then contact physician. A copy of the signed POLST form is a legally valid physician order. Any section not completed implies full treatment for that section. POLST complements an Advance Directive and is not intended to replace that document.

Patient Last Name: Yousuf	Date Form Prepared:
Patient First Name: Saim	Patient Date of Birth:
Patient Middle Name:	Medical Record#

A — Check One

CARDIOPULMONARY RESUSCITATION (CPR): If patient has no pulse and is not breathing. If patient is NOT in cardiopulmonary arrest, follow orders in Sections B and C.

- ☐ Attempt Resuscitation/CPR (Selecting CPR in Section A requires selecting Full Treatment in Section B)
- ☐ Do Not Attempt Resuscitation/DNR (Allow Natural Death)

B — Check One

MEDICAL INTERVENTIONS: If patient is found with a pulse and/or is breathing.

- ☐ Full Treatment **– primary goal of prolonging life by all medically effective means.**
  In addition to treatment described in Selective Treatment and Comfort-Focused Treatment use intubation, advanced airway interventions, mechanical ventilation, and cardioversion as indicated.
  - ☐ Trial Period Of Full Treatment
- ☐ Selective Treatment **– goal of treating medical conditions while avoiding burdensome measures.**
  In addition to treatment described in Comfort-Focused Treatment, use medical treatment, IV antibiotics, and IV fluids as indicated. Do not intubate. May use non-invasive positive airway pressure. Generally, avoid intensive care.
  - ☐ Request Transfer To Hospital **only if comfort needs cannot be met in current location.**
- ☐ Comfort-Focused Treatment **– primary goal of maximizing comfort.**
  Relieve pain and suffering with medication by any route as needed; use oxygen, suctioning, and manual treatment of airway obstruction. Do not use treatments listed in Full and Selective Treatment unless consistent with comfort goal. **Request Transfer To Hospital only if comfort needs cannot be met in current location.**

Additional Orders: _____

C — Check One

ARTIFICIALLY ADMINISTERED NUTRITION: Offer food by mouth if feasible and desired.

- ☐ Long-Term Artificial Nutrition, including feeding tubes
- ☐ Trial Period Of Artificial Nutrition
- ☐ No Artificial Means Of Nutrition

Additional Orders: _____

D — Check One

INFORMATION AND SIGNATURES:

Discussed with:	☐ Patient (Patient Has Capacity)	☐ Legally Recognized Decisionmaker
☐ Advance Directive Dated Date comes here ,available and reviewed -> ☐ Advance Directive Not Available ☐ No Advance Directive	**Healthcare Agent if named in Advance Directive:** Name: Name Phone: Phone	

Signature Physician:
My signature below indicates to the best of my knowledge that these orders are consistent with the patient's medical condition and preferences.

Print Physician Name:	Phone:	License #:
Physician Signature:		Date:

Signature of Patient or Legally Recognized Decisionmaker:
I am aware that this form is voluntary. By signing this form, the legally recognized decisionmaker acknowledges that this request regarding resuscitative measures is consistent with the known desires of, and with the best interest of, the patient who is the subject of the form.

Print Name: Name		Relationship (write self if patient): Relationship
Signature: 		Date: Date
Mailing Address (street/city/state/zip): Address	Phone: Phone	Office Use Only: Office Use Only

MEDICATION RECONCILIATION

Phone: 03179666609
DIAGNOSIS: something wrong ALLERGIES: alot of
REVIEWED FOR CONTRAINDICATIONS: ☑ Yes ☐ No

HICN: 9hhu8778
HEIGHT: 174 WEIGHT:
REVIEWED FOR INTERACTIONS: ☑ Yes ☐ No

PHARMACY NAME:Aster
ADDRESS:Pharma Address here....
PHONE:0097156667888

Prescribed Medications	DOSE	ROUTE	FREQUENCY	PURPOSE	REFILLS
Medicine 1	500mg	Po	Topical	TID	1

See Attachment

ASSIGNMENT INSURANCE

Medicare Certification: I certify that the information provided by me in applying for payment under TITLE XVII of the Social Security Act is correct and request on my behalf all authorized benefits. I hereby authorize and instruct my insurance carrier to make payment directly to Remedial Patients Care, Inc. for benefits (payments) otherwise payable to me. I agree to personally pay for any charge that are not covered by or collected from any insurance program including any deductibles and coinsurance amounts.

I certify that all information given are correct and consent to the release of all records for payment of authorized benefits from Medical, Medicaid, or any other responsible payer be made in my behalf to Remedial Patients Care, Inc.

I understand that the Federal Patient Self -Determination Act of 1990 requires that I be made aware of my right to make healthcare decision for myself. I understand that I may guess express my wishes in a document called an Advance Directives so that my wishes may be known when I am unable to speak for myself.

1. I have a Living Will declarations ☐ Yes ☐ No
   (If yes, please provide a copy of your will.)
2. I have a Durable Power of Attorney for Health Care ☐ Yes ☐ No

Name of Patient	
Name of Patient	Date of Birth
Address	
Signature of Patient: 	Date:

LEGAL REPRESENTATIVE (IF PATIENT IS UNABLE TO SIGN)

Consent of Legal Guardian, Patient Advocate or Nearest Relative if patient is unable to sign
Consent of Caregiver if patient is unable to sign (Must have Power of Attorney)

Name of Legal Representative:				
Relationship:		Telephone:		
Address:				
Unit:	Street:	City:	State:	Zip:
Signature of Legal Rep:		Date:		
Name of Witness:		Sitnature:		Date:
Reason patient is unable to sign:				

ANNUAL WELLNESS

Current list of patient's providers and suppliers	Name	Speciality	Reason	
	sample name	sample Speciality	sample reason	
Special Diet ☑ Yes ☐ No	Description:	☐ Diabetic	☐ Dash	
Cognitive Impairment	☑ None	☐ Dimentia	☐ Mild Memory Loss	
List of medication, supplement and vitamins	Please see attach			
Depression screening	Felt depressed/hopeless over the last 2 weeks	☑ Yes ☐ No	Evaluation/Referrals: Schedule Appointments:	Notes:
	Little or no pleasure in doing thing over the last 2 weeks	☐ Yes ☑ No	Evaluation/Referrals: Schedule Appointments:	Notes:
Hearing loss screening	Trouble hearing television or radio when others do not	☐ Yes ☑ No	Evaluation/Referrals: Schedule Appointments:	Notes:
	Strain or struggle to hear/understand conversations	☐ Yes ☑ No	Evaluation/Referrals: Schedule Appointments:	Notes:
Home safety screening	Throw rugs, poor lighting or slippery bathtub/shower at home	☐ Yes ☑ No	Evaluation/Referrals: Schedule Appointments:	Notes:
	Lack of grab bars, bathrooms, handrails on stairs and steps at home	☐ Yes ☑ No	Evaluation/Referrals: Schedule Appointments:	Notes:
Fall risk screening	Unsteady or take longer han 30 seconds to get up and go	☐ Yes ☑ No	Evaluation/Referrals: Schedule Appointments:	Notes:
Advance care planning	Patient consent: I consent to discuss end-of- life issues with my healthcare provider	PATIENT SIGNATURE 		
	Patient has already executed an advance directive	☐ Yes ☑ No		
	If no, patient was given an opportunity to execute an Advance Directive	☐ Yes ☑ No		
	Physician statement: "Patient has the ability to prepare an Advance Directive."	YES NO		
	Physician has completed a Order of Life-Sustaining Treatment, or similardocument of another name, reflecting the patient's wishes	☐ Yes ☑ No		
	Physician SIGNATURE			DATE

Preventive screening (frequency) Screened Schedule (5-10 Years)	Coverage	Previously Screening If YES (When)			
Bone mass measurements (every 24 months)	Medicare patients at risk for developing osteoporosis	Previously Screened:	☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Cardiovascular screening blood tests (every 5 years) <Lipid panels> <Cholesterol> <Lipoprotein> <Triglycerides>	All asymptomatic Medicare patients (12-hour fast is required)	Previously Screened:	☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Colorectal cancer screening, flexible sigmoidoscopy (4 years, or once every 10 years after screening colonoscopy) **Screening Colonoscopy** (every 24 months at high risk; every 10 years not at high risk) **Fecal occult blood test** (annually) **Barium enema** (every 24 months at high risk,	Medicare patients age 50 and up; for screening colonoscopy, those at high risk, no minimum age; no minimum age for having a barium enema as an alternative to a high risk screening colonoscopy if the patient is at high risk	Previously Screened:	☐ Yes ☑ No	Previously Screened On:	☐ NEEDS

every 4 years not at high risk)				
Diabetes screening tests (2 screening tests per year for patient diagnosed with pre-diabetes; 1 screening per year if previously tested, but not diagnosed with pre-diabetes or if never tested)	Medicare patients with certain risk factors for diabetes or those diagnosed with pre-diabetes (patients previously diagnosed with diabetes aren't eligible)	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Diabetes Self-Management Training (DSMT) and Medical Nutrition Therapy (Up to 10 hours of initial training within a continuous12-month period; subsequent years up to 2 hours of follow-up training each year after initial year)	Medicare patients at risk for complications from diabetes, recently diagnosed with diabetes or previously diagnosed with diabetes (must certify DSMT need)	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Glaucoma screening (annually for patient in one or more high risk groups)	Patients with diabetes mellitus, family historyor glaucoma, African-Americans age 50 andup, or Hispanic-Americans age 65 and up	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Prostate cancer screening (annually) Digital rectal exam Prostate-specific antigen test	Male Medicare patients 50 and up	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Screening PAP tests and pelvic examination (Annually if high-risk, or child bearing age with abnormal PAP test within past 3 years; every 24 months for all other women)	Female Medicare patients	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Screening mammography (annually)	All female patients 40 or older	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☑ NEEDS
Vaccines <Pneumococcal> (Once in a lifetime) <Seasonal influenza> (once per flu season in the fall or winter) <Hepatitis B> (scheduled dosages required)	All Medicare patients; may provide additional pneumococcal vaccinations based on risk and if at least 5 years have passed since previous dose; for hepatitis B, if patient is medium/high risk	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☑ NEEDS

FALL RISK CHECK-LIST

		Circle “Yes” or “No” for each statement below	Why it matters
Yes	No	I have fallen in the past year.	People who have fallen once are likely to fall again
Yes	No	I use or have been advised to use a cane or walker to get around safely.	People who have been advised to use a cane or walker may already be more likely to fall.
Yes	No	Sometimes I feel unsteady when I am walking.	Unsteadiness or needing support while walkingare signs or poor balance.
Yes	No	I steady myself by holding onto furniture when walking at home.	This is also a sign of poor balance.
Yes	No	I am worried about falling.	People who are worried about falling are more likely to fall.
Yes	No	I often have to rush to the toilet.	Rushing to the bathroom, especially at night, increase your chance of falling.
Yes	No	I have lost some feeling in my feet.	Numbness in your feet can cause stumbles and lead to falls.
Yes	No	I need to push with my hands to stand up from a chair.	This is a sign or weak leg muscles, a major reason for falling.
Yes	No	I take medicine that sometimes makes me feel light-headed or more tired than usual.	Side effects from medicines can sometimes increase your chance of falling.
Yes	No	I take medicine to help me sleep or improve my mood.	These medicines can sometimes increase your chance of falling.
Yes	No	I often feel sad or depressed.	Symptoms of depression, such as not feeling well or feeling slowed down, are linked to falls.
Yes	No	I sometimes have troubles stepping up onto a curb.	This is also a sign or weak leg muscles.

Total .. Add up the number of points for each “yes” answer. If you scored 4 points or more, you may be at risk for falling.
Discuss this check list with your doctor.

This checklist was developed by the Greater Los Angeles VA Geriatric Research Education Clinical Center and affiliates and is a validated fall risk self-assessment too (Rubenstein at al. J Safety Res; 2011:42(6)493-499). Adapted with permission of the authors.

Signature .....signature.....
Name of Provider .. name of provider ..
Date: ../../....

RECORDS RELEASE/AUTHORIZATION

RECORDS REQUESTED

- **The patient's significant medical history**
- **Current medical findings**
- **Diagnosis (es)**
- **Rehabilitation goals, if determined**

Name of Patient: .....name.....
Medicare No: ..1231233..
Social Security No: ..12123131313..
Date of Birth: ../../....
Address: ....., ..., ...
City: ...city... **State:** ...state... **Zip:** ..zip..

AUTHORIZATION SIGNATURE **.....signature.....** DATE: ../../....

NAME OF SIGNATORY: ...name..of..person..
(IF DIFFERENT FROM PATIENT)
Relationship to patient: .....relationship.....
Witness ....witness.... Date ../../....

THIS RELEASE IS VALID FOR 6 MONTHS FROM THE DATE OF SIGNATURE.