REMEDIAL
MEDICAL SERVICES Inc.

Muhammad Zain -- PAT-143
Date of Birth: **6-11-2024**
Date of Service: **7-1-2024**

Office Address Line 1, Comes Here...
Tel: 132 124 1222

REFERRAL FORM

JesusArenasMD@cad.com	**MD ID: Comes here...**

Name of Agency : **Tree of Life HH Care**

Home Health Service

- [x] For Skill Nursing Services
- [ ] For Physical Therapy Treatment
- [ ] For Occupational Therapy

Treatment

- [x] Pain Management
- [ ] Psychiatry
- [ ] Neurology
- [ ] Wound Care Specialist

Lab(s) _____

- [ ] Lipid Panel
- [ ] Renal Profile
- [ ] Urine Culture And Sensitivity
- [x] ANS/ QSART Test (Evaluation For Autonomic Nervous System)
- [ ] EKG
- [ ] TSH, T3, T4
- [ ] CBC
- [ ] BMP
- [ ] Cardiac Enzymes
- [ ] CT
- [ ] Liver Profile
- [x] Echocardiogram
- [ ] CMP
- [ ] Respiratory Swab
- [ ] A1C
- [ ] B 12
- [ ] Ultrasound Bilateral Lower Extremities For DVT
- [ ] Urinalysis With PCR If (+)
- [ ] PSA
- [ ] Vitamin D
- [ ] Chest X-Ray
- [ ] Pneumonia Sputum

Provider Name: LeronicaBedfordFNP@cad.com

Signature: PROVIDER

Date: 2024-07-02

Medical Provider Name: JesusArenasMD@cad.com

Signature: MD

Date:

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ADMISSION ORDERS

NEW MEDICATIONS ☐ Spanish Translation

#	Date	Medication Name	Dose	Route	Frequency	Purpose
1	2024-07-17	Calpol Syrup	1tsp Daily 3 times a day	INH	Topical	TID

Treatment Orders

☐ Discontinue

☑ Refill Medications

DIET	☑ Dash ☐ Renal ☐ Diabetic ☐ Mechanical Soft ☐ Pureed ☑ Thickened Liquid
DME	☑ Cane ☐ WheelChair ☐ Ankle Support ☐ ShowerChair ☐ Walker ☐ Compression Stockings ☐ BP Machine ☐ Commode ☑ Back Support ☐ Knee Support
SUPPLIES	☑ Pull Ups Small ☐ Under Pads ☐ Bed Pan ☐ Pull Ups Medium ☐ Pull Ups Large ☐ Glucose Test Strips

Refer To:

☑ Home Health Due To	Name of Health Agency: **Tree of Life HH Care** Name of Hospice Agency: **Hospice Agency Name Here**		
☑ Cardiology	Name **cardio name**	Tel: **45184912165**	Location: **cardio loc**
☐ WoundCare	Name	Tel:	Location:
☑ Surgery Procedure: surg procedure	Name **surg name**	Tel: **485681895**	Location: **surg loc**
☐ Pain Specialist	Name	Tel:	Location:
☐ Orthopaedic	Name	Tel:	Location:

Laboratory and Diagnostics

☑ Ans/QSART Test Evalution For Automatic Nervous System	☐ Ultrasound Bilateral Lower Extremities Arteries And Veins	☐ Echocardiogram
☐ AIC	☐ Pneumonia Sputum	☐ B12
☐ Chest X-Ray, VI	☐ Lithium Level	☐ Renal Profile
☐ VitaminD	☑ EKG	☐ BMP
☐ Liver Profile	☐ CBC	☐ CT
☐ Urine Culture & Sensitivity	☐ TSH, T3, T4	☐ CMP
☐ PSA	☐ Cardiac Enzymes	☐ LIPID Panel

Provider Name: LeronicaBedfordFNP@cad.com

Signature: PROVIDER

Date: 2024-07-02

Physician Name: JesusArenasMD@cad.com

Signature: MD

Date:

IMPRESSION PLAN

Decreased Rom	Patient may have limited mandibular range of motion
Hernia	Patient may have a protrusion of abdominal structures through the retaining abdominal wall. It involves two parts: an opening in the abdominal wall, and a hernia sac consisting of peritoneum and abdominal contents. Abdominal hernias include groin hernia (hernia, femoral; hernia, inguinal) and ventral hernia.
Night Sweats	Patient may have an excessive sweating. In the localized type, the most frequent sites are the palms, soles, axillae, inguinal folds, and the perineal area. Its chief cause is thought to be emotional. Generalized hyperhidrosis may be induced by a hot, humid environment, by fever, or by vigorous exercise.

Advanced Care Planning: Advanced care planning with patient, time spent **15** minutes. Reviewed care plan options such as code status, intubation and hospitalization. Reviewed risks of cardiac resuscitation including rib fracture. Reviewed prolong life expectancy and benefit to aggressive care and treatment.

Orders: AS ATTACHED

Discussion Notes:

Current condition, medication regimen, plan of care as above discussed. Continue current medications and plan of care. Frail elderly, on medications requiring regular monitoring. Follow labs closely. Medications prescribed using electronic prescribing system. I verify that a total of **20 Minutes** was spent on this encounter by the Nurse Practitioner directly. Follow-up visit mentioned in plan.

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INITIAL ASSESMENT

☑ Initial Visit	☐ Follow Up Visit / ☐ Recert Visit	Sex : ☑ M / ☐ F	Location patient is accessed: ☐ Home Visit ☐ Boarding Care

Chief Complaint

ALLERGIES

Drug / Food	Reaction	Reaction Description
...Name of the drug...	...Type of Reaction...	...Describe the nature of the reaction xyz...

☐ Penicillin ☐ Sulfa ☐ NO KNOWN ALLERGIES

Functional Limitations			Activities Permited		
☐ Weakness	☑ Ambulation	☐ Amputation	☐ Up As Tolerated	☐ Dependent At Home	☐ Independent At Home
☐ Bowel/Bladder	☐ Confused	☐ Contacture	☐ Bed-Bound	☐ Cane	☐ Chair Bound
☐ Hearing	☐ Legally Blind	☐ Paralysis	☐ Complete Bedrest	☐ Crutches	☐ Exercise Provided
☐ SOB Minimum Exertion	☐ Speech	☐ Vision Deficit	☐ Partial Weight	☐ Walker	☐ Wheelchair

PAST MEDICAL HISTORY

☐ Chronic Back Pain	☑ Neuropathy	☐ GERD	☐ Rheumatoid Arthritis	☐ Over Active Bladder	☐ Gout
☐ Depression	☐ Sciatica	☐ Osteoporosis	☐ Insomnia	☐ Venous Insufficiency	☐ PVD
☐ Glaucoma	☐ Bipolar	☐ Schizophrenia	☐ Headache's	☐ Bronchitis	☐ Mild Memory Loss
☐ CAD	☐ Cobalamin Deficient	☐ Dementia	☐ BPH	☐ Parkinson's	☑ Cancer
☐ MI	☐ Cardiac Arrhythmia	☐ Asthenia	☐ Weakness	☐ Iron Anemia	☐ Hypothyroidism
☐ Anxiety	☑ COPD	☐ Muscle Weakness	☐ UTI	☐ Tobacco Use	☐ Chronic Falls
☐ CHF	☐ A.FIB	☐ Protein Deficiency	☐ Herniated Disc	☐ Angina Pectoris	☐ Stroke
☐ Diabetes Type 1 2	☐ Diarrhea	☐ Hypertension	☐ Tachycardia	☐ Asthma	☐ CKD
☐ Alzheimer's	☐ Arthritis	☐ Chronic Migraine	☐ DVT	☐ Hypertriglyceridemia	☐ Shingles
☐ HLD	☐ Constipation	☐ HIV	☐ Seizure	☐ Vertigo	☐ Vit. D Deficient
☐ Unsteady Gait					

PAST SURGICAL HISTORY

☐ CABG	☐ Hernia	☑ Knee Replacement (R)	☐ Knee Replacement (L)	☐ Hip Replacement (R)	☑ Hip Replacement (L)
☐ Appendectomy	☐ Cholecystectomy	☐ Cardiac Stents	☐ Hysterectomy	☐ Pacemaker	☐ Cataracts

Social History

Tobacco / THC	☑ Yes	☐ No	☐ Daily	☐ Socially	☑ Occasionally
ETOH/Alcohol	☑ Yes	☐ No	☑ Daily	☐ Socially	☐ Occasionally
Drugs	☐ Ecstasy	☑ Methamphetamines	☐ Cocaine	☐ Heroin	

REVIEW OF SYSTEM / PHYSICAL EXAMINATION

VITALS

HT	WT	TEMP	BP	HR	RR	02 SAT
ht	wt	temp	bp	hr	rr	sat

System	WNL	FINDINGS			
General		☐ Loss Weight ☐ Alert ☐ Obese ☑ Fever	☐ Anorexia ☐ Awake ☐ Chills ☑ Ataxia	☐ Immobile ☐ Inattentive ☐ Fatigue ☐ Limited Ambulation	☐ Cachectic ☐ Recentlyfell ☑ Gain Weight ☐ Night Sweats
Head		☐ Vertigo ☐ Syncope ☐ Trauma	☐ Masses ☑ Headache	☐ Contusion ☐ Abrasion	☐ Seizures ☐ Dizziness
Neck, Axilla, Breasts		☐ Rash ☑ Tenderness ☐ Erythema	☐ Lymphadenopathy ☐ Dowager Hump ☐ Tracheamidline	☐ Bleeding ☐ Pain Masses ☐ Breasts Asymmetric	☐ Discharge ☐ Numbness And Tingling In Neck ☐ Neck Pain
Eyes		☐ Blurring ☑ Erythema ☐ Conjunctiva Discharge: Color ☐ Blind: R	☐ Diplopia ☐ ArcusSenilis ☑ Conjunctiva Discharge: Color: R ☐ Blind: L	☐ Involuntary Blinking ☐ Decreased Vision ☐ Conjunctiva Discharge: Color: L ☐ Dry Eyes	☐ Glasses ☐ PERRLA ☐ Blind: ☐ Strabismus
Ears		☐ Good Light Reflex ☐ Bulging ☐ Discharge	☐ Erythematous ☐ External Hearing Aid	☐ Pain ☐ Tinnitus	☑ Deafness ☐ Decreased Hearing
Nose		☐ Congestion	☐ Redness	☐ Rhinorrhea	☑ Epistaxis
Mouth		☐ Dysphagia ☐ Discharge: Color ☐ Dysphasia	☐ Redness ☐ Sores ☐ Sore Throat	☐ Missing Teeth ☐ Lip Smacking ☑ Mucosa: Dry	☑ Sticking Out Tongue ☐ Dentures ☐ Gingival Bleeding
Cardiovascular		☐ At Rest ☐ Palpitations ☐ Tachycardia ☐ JVD ☐ Extremities Pulses: +2	☐ Bradycardia ☐ Shortness Of Breath: ☑ Known Murmur ☐ Pacemaker ☐ Sinus Rhythm	☐ Pale ☐ Minimum ☐ Chest Pain ☐ Edema ☐ Fatigue	☑ Orthopnea ☐ Arrhythmia ☐ Regular Irregular Rhythm ☐ Moderate Exertion
Pulmonary		☐ Dyspnea ☐ Sputum ☑ Rhonchi ☐ Crackles Loc: RLL	☐ At Rest ☐ Hemoptysis ☑ Rales ☐ Crackles Loc: LUL	☐ Exertion ☐ Diminished Air Movement ☐ Crackles Loc: ☐ Crackles Loc: LLL	☑ Orthopnea ☐ Wheezes ☐ Crackles Loc: RUL ☐ Tachypnea

System	WNL	FINDINGS			
		☐ Cough: ☐ Sleep Apnea	☐ Cough: Non-Productive	☐ Cough: Productive	☐ Phlegm: Color
Abdomen		☐ Pain ☐ Tenderness:Loc: ☐ LUQ ☐ Non-Tender Masses: Loc. ☐ Hypoactive	☐ Heartburn ☐ RLQ ☐ Soft ☐ Distended ☐ Diarrhea	☑ Nausea ☐ RUQ ☐ Hard ☐ BS Present: ☐ Hernia	☐ Vomiting ☐ LLQ ☑ Constipation ☐ Hyper
Genitourinary		☐ Dysuria ☐ Incontinence	☐ Hematuria ☐ Cloudy Urine	☑ Increased Frequency ☐ Catheter	☑ Foul Odor
Rectal		☐ Bleeding ☑ Wearing Diaper	☐ Rash ☐ Redness	☐ Hemorrhoids	☐ Discharge
Upper extremities		☐ Limited Movements ☐ Swelling Loc: ☐ AV Shunt :L ☑ Numbness And Tingling Loc: L ☐ Radial Pulse: Weak ☐ Itchiness ☐ Non-Pitting: Loc:	☐ Weakness: Loc: ☐ Swelling Loc : R ☐ AV Shunt :R ☐ Cold ☑ Radial Pulse: Absent ☐ Redness ☐ Non-Pitting: Loc: R	☐ Weakness Loc: R ☐ Swelling Loc : L ☐ Numbness And Tingling Loc ☐ Warm ☑ Radial Pulse: R ☐ Shaking ☐ Non-Pitting: Loc: L	☐ Weakness Loc: L ☐ AV Shunt : ☐ Numbness And Tingling Loc: R ☐ Radial Pulse: ☐ Radial Pulse: L ☐ Edema Pitting ☐ Heberden's Node
Lower extremities		☐ Limited Movements ☐ Itchiness ☐ Weakness: Loc: R ☐ Numbness And Tingling Loc: ☐ Warm ☐ Pedal Pulse: R	☐ Weakness Loc ☐ Redness ☑ Weakness: Loc: L ☑ Numbness And Tingling Loc: R ☐ Pedal Pulse: ☐ Pedal Pulse: L	☐ Swelling Loc ☐ Shaking ☐ Swelling Loc: R ☐ Numbness And Tingling Loc: L ☐ Pedal Pulse: Weak	☐ Hallux Valgus ☐ Edema Pitting ☐ Swelling Loc: L ☐ Cold ☐ Pedal Pulse: Absent
Skin		☐ Cellulitis ☐ Jaundice ☐ Pruritus	☐ Decreased Turgor ☐ Laceration ☑ Rash	☑ Ecchymosis ☐ Macules: Loc ☐ Ulcers	☐ Erythematous ☐ Papules
Nutrition					
MUSCLE SKELETAL		☐ Stiffness Arm: L ☐ Weakness Arm: L ☑ Kyphosis ☐ Joint Pain: Shoulder / Elbow: R	☐ Stiffness Arm: R ☐ Weakness Arm:R ☐ Decreased ROM	☐ Stiffness Leg: L ☐ Weakness Leg: L ☐ Lumbar Pain	☐ Stiffness Leg: R ☐ Weakness Leg: R ☐ Joint Pain: Shoulder / Elbow: L
Endocrine		☐ ☑	☐ ☐	☐	☑
Pelvic		☐ Stiffness ☐ Pain	☐ Hernia ☐ Trauma	☐ Erythema ☐ Decreased Range Of Motion	☑ Rash
Neurological		☐ Facial Weakness ☐ Seizure ☐ Handgrip Weak: ☐ Paralysis: L ☐ Half Body Weakness: L ☐ Facial Drooping: R	☐ Impaired Balance ☐ Tremors ☑ Handgrip Weak: L ☐ Paralysis: R ☐ Half Body Weakness: R ☐ Stuttering	☐ Numbness ☐ Slurred Speech ☐ Handgrip Weak: R ☐ Mild Cognitive Delay/Learning Difficulties ☐ Facial Drooping: ☐ Non Verbal	☐ Dizziness ☐ Grimacing ☐ Paralysis: ☐ Half Body Weakness: ☐ Facial Drooping: L ☐ Unsteady Gait
Mental		☐ Lability Of Mood ☐ Somnolence ☐ Lethargic ☐ Oriented:	☐ Hallucinations ☐ Insomnia ☐ Forgetful ☐ Person	☑ Delusions ☐ Anxious ☐ Confused ☐ Time	☐ Depression ☐ Disoriented ☐ Hearing Voices ☐ Place

ASSESSMENT/DIAGNOSIS

HTN, Limited Ambulation, Tobacco Use, Vitamin D deficiency, Ble Weakness/Ble Edema, Iron deficiency anemia,

PLAN

☑ Continue Current Medications/Treatment	☐ Follow Up In Weeks With PCP	☐ Labs/Diagnostics: See AdmissionOrders
☐ New Med/Tx/Sup/DME: See Orders	☐ PT/OT/HH For Disease Or Pain Management	☐ Referrals: See Admission Orders
☐ Refill Medications	☐ Send To ED Now	☐ Wellness/Preventive Intervention:

Provider Name: LeronicaBedfordFNP@cad.com
Date: 2024-07-02

Signature: PROVIDER

Physician Name: JesusArenasMD@cad.com
Date:

Signature: MD

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FACE TO FACE ENCOUNTER

Home Health: **Central Coast HH** **Date of Service** **Date here...**

I certify that this patient is under my care and that I, or an allowed Nurse practitioner or Physician's assistant working in collaboration with me, had a face-to-face encounter that meets physician face-to-face-encounter requirements with this patient on:

Month **Month here...** **Day** **Day here...** **Year** **Year here...**

Reason for Homebound: **Mention reasoning here...**

Clinical Summary of Findings from Face-to-Face Encounter in Support of Home Health Need:
(Require up to 90 days prior to initial SOC, is relevant to the reason for the patient's need for home health services, or within 30 days after the start of care if the 90-day prior encounterdid not take place.)

Medical Condition Related to Home Health Services:
The encounter with the patient was in whole, or in part, for the following medical condition, which is the primary reason for home health care because

☑ HTN	☐ HLD	☐ DIABETES Type 1 2	☐ GERD / Gout
☐ COPD / Asthma / Dyspnea	☑ Limited Ambulation	☐ OA	☐ Depression
☐ Anxiety	☐ Insomnia	☐ Constipation	☐ Hyperthyroidism
☐ BPH/ Overactive Bladder	☐ Memory Loss	☐ Dizziness	☑ Tobacco Use
☑ Vitamin D Deficiency	☐ Neuropathy / Sciatica	☐ Muscle Cramp	☐ Ble Weakness/Ble Edema
☐ PVD / DVT / CAD	☐ Schizophrenia	☐ Arthritis / Osteoarthritis	☐ Iron Deficiency Anemia
☐ Stroke	☐ Mild Mental Retardation	☐ Herniated Disc	☐ Angina Pectoris
☐ Venous Insufficiency	☐ Hypertensive Heart Disease Without Heart Failure	☐ LBP, Knee / Shoulder Pain	☐ Hypothyroidism
☐ Myocardial Infarction	☐ ATRIAL Fibrillation	☐ Dementia / Alzheimer's	☐ Cancer
☐ Seizure	☐ Hypertensive Heart Disease With Heart Failure	☐ Nausea/Vomit/Diarrhea	☐ Congestive Heart Failure
☐ Hyperlipidemia	☐ Chronic Migraines	☐ Parkinson's	☐ History Of Falls
☐ Chronic Kidney Stage 1 / 2 / 3	☐ SOB With Exertion	☐ Bipolar / Psychosis	☐ Arrhythmia
☐ Asthenia / Unsteady Gait			

I further certify that, based on my findings, this patient is homebound (i.e. absences from home require considerable and taxing effort, and for medical reasons or religious services, or infrequently, or of short duration when for other reasons) due to the following services that are medical necessary from home health (Check allthat apply):

☐ Skilled Nursing	☐ Ostomy Care	☐ Speech Pathology	☐ Cardiac/CHF Care
☐ Home Health Aide	☐ Occupational Therapy	☐ Physical Therapy	☐ Medical Management
☐ Diabetic Care	☑ Neurological Care	☐ Foley Catheter Care	☐ Stroke Care
☐ G.T. Care	☐ Wound Care	☐ Strengthening/Balance	☐ Social Worker
☐ Dialysis Care / AV Fistula	☐ Psychiatry	☐ Orthopedic Care	☐ COPD Care

Certificate of Homebound Status:
My clinical findings from this encounter support the patient is homebound due to:

☐ Requires The Assistance Of 1-2 People To Ambulate	☐ Poor Ambulation – Prone To Falls	☐ Medical Restrictions: Open Draining Wound, Legs Elevated All Times	☐ Impaired Ability To Unsafe To Drive
☐ Confusion/Disorientation	☑ Unable To Leave Home Without Maximum Assistance And/Or Effort	☐ Debilitating Dizziness	☐ Compromised Mental Status
☐ Difficult And Taxing Effort To Leave Home	☐ Unable To Ambulate	☐ Requires An Assistive Device To Ambulate	☐ Post-Op Weakness
☐ Unsteady Gait With Assistive Device	☐ Debilitating Dyspnea On Exertion	☐ Unable To Negotiate Stairs	

Provider Name: LeronicaBedfordFNP@cad.com

Signature: PROVIDER

Date: 2024-07-02

Physician Name: JesusArenasMD@cad.com

Signature: MD

Date:

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TELE MEDICINES

Home Health: **Central Coast HH** **Date of Service** **Date here...**

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Month **Month here...** **Day** **Day here...** **Year** **Year here...**

Reason for Homebound: **Mention reasoning here...**

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☐ Confusion/Disorientation	☑ Unable To Leave Home Without Maximum Assistance And/Or Effort	☐ Debilitating Dizziness	☐ Compromised Mental Status
☐ Difficult And Taxing Effort To Leave Home	☐ Unable To Ambulate	☐ Requires An Assistive Device To Ambulate	☐ Post-Op Weakness
☐ Unsteady Gait With Assistive Device	☐ Debilitating Dyspnea On Exertion	☐ Unable To Negotiate Stairs	

Provider Name: LeronicaBedfordFNP@cad.com

Signature: 

Date: 2024-07-02

Physician Name: JesusArenasMD@cad.com

Signature: 

Date:

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MEDICATION RECONCILIATION

Phone: **Phone number Med rec**		HICN: **15948195**	
DIAGNOSIS: **diagnosis**	ALLERGIES: **aleergy med rec**	HEIGHT: **5.5**	WEIGHT: **60**
REVIEWED FOR CONTRAINDICATIONS: ☑ Yes ☐ No		REVIEWED FOR INTERACTIONS: ☐ Yes ☑ No	
PHARMACY NAME:	**pharm name med rec**		
ADDRESS:	**pharm address**		
PHONE:	**456189159181**		

Prescribed Medications	DOSE	ROUTE	FREQUENCY	PURPOSE	REFILLS
syrup	5	R	Topical	BID	3

See Attachment

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Tel: 132 124 1222

INTAKE FORM
(GENERAL CONSENT FOR TREATMENT)

Referral form: **...referral form...**	Date: **.. / .. / ....**
Telephone No: **Not here**	Home Health/Hospice: **...home health/hospice...**
PATIENT INFORMATION	
Name: **Muhammad Zain**	Date of Birth: **1996-07-30**
Address: **Islamabad Islamabad**	Patient's Phone No: **030057523654**

I, Muhammad Zain here by give permission to JesusArenasMD@cad.com (Authorized Medical Provider of) to perform all necessary assessment and treatment. I understand that I may refuse or terminate services at any time. If needed or requested, any concerns regarding that medical condition and treatment will be referred to other care provider. I understand that I can discuss any religious or spiritual, cultural and other preferences that are important to my treatment plan. I acknowledge that **RECEIPT** of **Notice of Privacy (HIPAA Form)** and was given opportunity to ask the questions and voice concerns. I give permission to to use and disclose Protective Health Information about me to carry out treatment, payment, health care operations.

ACKNOWLEDGEMENT OF PRIVACY PRACTICES

I acknowledge the **Receipt of Privacy Practices** and was given opportunity to review notices, ask the questions and voice concerns, set limitations / restrictions on the use of my health information. I give permission to to use and disclose Protective Health Information about me to carry out treatment, payment, health care operations, receive and release information pertinent to my care.

I authorize to photograph or videotape appropriate body parts for necessary documentations only.
Photo/Video consent: **Yes** **No**

REASON REFERRAL					
Discharge from Hospital: **Discharge reason**			Date of Discharge: **2024-07-16**		
Patient is using:	☑ Cane	☐ WheelChair	☐ Ankle Support	☐ ShowerChair	☐ Walker
	☐ Compression Stockings	☐ BP Machine	☐ Commode	☑ Back Support	☐ Knee Support

PATIENT'S SIGNATURE: *Not signed by patient*

DATE: .

Relationship to patient: **cousin**
Witness: *Not signed by witness*

Date:

HIPAA PERMITS DISCLOSURE OF POLST TO OTHER HEALTHCARE PROVIDERS AS NECESSARY

EMSA #111B
(Effective 10/1/2014)

Physician Orders for Life-Sustaining Treatment (POLST)

First follow these orders, then contact physician. A copy of the signed POLST form is a legally valid physician order. Any section not completed implies full treatment for that section. POLST complements an Advance Directive and is not intended to replace that document.

Patient Last Name: Zain	Date Form Prepared: 2024-06-11
Patient First Name: Muhammad	Patient Date of Birth: 1996-07-30
Patient Middle Name:	Medical Record# 548879545

A Check One — CARDIOPULMONARY RESUSCITATION (CPR): If patient has no pulse and is not breathing. If patient is NOT in cardiopulmonary arrest, follow orders in Sections B and C.

- [x] Attempt Resuscitation/CPR (Selecting CPR in Section A requires selecting Full Treatment in Section B)
- [ ] Do Not Attempt Resuscitation/DNR (Allow Natural Death)

B Check One — MEDICAL INTERVENTIONS: If patient is found with a pulse and/or is breathing.

- [x] Full Treatment **– primary goal of prolonging life by all medically effective means.**
  In addition to treatment described in Selective Treatment and Comfort-Focused Treatment use intubation, advanced airway interventions, mechanical ventilation, and cardioversion as indicated.
  - [x] Trial Period Of Full Treatment
- [x] Selective Treatment **– goal of treating medical conditions while avoiding burdensome measures.**
  In addition to treatment described in Comfort-Focused Treatment, use medical treatment, IV antibiotics, and IV fluids as indicated. Do not intubate. May use non-invasive positive airway pressure. Generally, avoid intensive care.
  - [x] Request Transfer To Hospital **only if comfort needs cannot be met in current location.**
- [x] Comfort-Focused Treatment **– primary goal of maximizing comfort.**
  Relieve pain and suffering with medication by any route as needed; use oxygen, suctioning, and manual treatment of airway obstruction. Do not use treatments listed in Full and Selective Treatment unless consistent with comfort goal. **Request Transfer To Hospital only if comfort needs cannot be met in current location.**

Additional Orders: ...first additional orders come here...

C Check One — ARTIFICIALLY ADMINISTERED NUTRITION: Offer food by mouth if feasible and desired.

- [ ] Long-Term Artificial Nutrition, including feeding tubes
- [ ] Trial Period Of Artificial Nutrition
- [ ] No Artificial Means Of Nutrition

Additional Orders: ...second additional orders come here...

D Check One — INFORMATION AND SIGNATURES:

Discussed with:
- [x] Patient (Patient Has Capacity)
- [x] Legally Recognized Decisionmaker

- [x] Advance Directive Dated Date comes here ,available and reviewed ->
- [ ] Advance Directive Not Available
- [ ] No Advance Directive

Healthcare Agent if named in Advance Directive:
Name: health care agent name
Phone: +15566555655

Signature Provider:
My signature below indicates to the best of my knowledge that these orders are consistent with the patient's medical condition and preferences.

Print Provider Name: LeronicaBedfordFNP@cad.com	Phone: .. not present in data ..	License #: .. Not present in data ..
Provider Signature: PROVIDER		Date: 2024-07-02

Signature of Patient or Legally Recognized Decisionmaker:
I am aware that this form is voluntary. By signing this form, the legally recognized decisionmaker acknowledges that this request regarding resuscitative measures is consistent with the known desires of, and with the best interest of, the patient who is the subject of the form.

Print Name: Muhammad Zain	Relationship (write self if patient): Relationship
Signature: *Not signed by patient*	Date:
Mailing Address (street/city/state/zip): Islamabad Islamabad	Phone: 030057523654 / Office Use Only: Office Use Only

ANNUAL WELLNESS

Current list of patient's providers and suppliers	Name	Speciality	Reason	
	sample name to be removed	sample Speciality	sample reason	
Special Diet ☑ Yes ☐ No	Description:	☐ Diabetic	☐ Dash	
Cognitive Impairment	☐ None	☑ Dimentia	☐ Mild Memory Loss	
List of medication, supplement and vitamins	Please see attach			
Depression screening	Felt depressed/hopeless over the last 2 weeks	☑ Yes ☐ No	Evaluation/Referrals: Schedule Appointments:	Notes:
	Little or no pleasure in doing thing over the last 2 weeks	☑ Yes ☐ No	Evaluation/Referrals: **notes 4** Schedule Appointments: **notes 5**	Notes: **notes 6**
Hearing loss screening	Trouble hearing television or radio when others do not	☑ Yes ☐ No	Evaluation/Referrals: **notes 7** Schedule Appointments: **notes 8**	Notes: **notes 9**
	Strain or struggle to hear/understand conversations	☑ Yes ☐ No	Evaluation/Referrals: **notes 10** Schedule Appointments: **notes 11**	Notes: **notes 12**
Home safety screening	Throw rugs, poor lighting or slippery bathtub/shower at home	☑ Yes ☐ No	Evaluation/Referrals: **notes 13** Schedule Appointments: **notes 14**	Notes: **notes 15**
	Lack of grab bars, bathrooms, handrails on stairs and steps at home	☑ Yes ☐ No	Evaluation/Referrals: **notes 16** Schedule Appointments: **notes 17**	Notes: **notes 18**
Fall risk screening	Unsteady or take longer han 30 seconds to get up and go	☑ Yes ☐ No	Evaluation/Referrals: **notes 19** Schedule Appointments: **notes 20**	Notes: **notes 21**
Advance care planning	Patient consent: I consent to discuss end-of- life issues with my healthcare provider	PATIENT SIGNATURE *Not signed by patient*		
	Patient has already executed an advance directive	☑ Yes ☐ No		
	If no, patient was given an opportunity to execute an Advance Directive	☐ Yes ☑ No		
	Physician statement: "Patient has the ability to prepare an Advance Directive."	YES NO		
	Physician has completed a Order of Life-Sustaining Treatment, or similardocument of another name, reflecting the patient's wishes	☐ Yes ☑ No		
	Provider SIGNATURE	PROVIDER		DATE: 2024-07-02

Preventive screening (frequency) Screened Schedule (5-10 Years)	Coverage	Previously Screening If YES (When)			
Bone mass measurements (every 24 months)	Medicare patients at risk for developing osteoporosis	Previously Screened:	☐ Yes ☑ No	Previously Screened On:	☐ NEEDS

Cardiovascular screening blood tests (every 5 years) <Lipid panels> <Cholesterol> <Lipoprotein> <Triglycerides>	All asymptomatic Medicare patients (12-hour fast is required)	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Colorectal cancer screening, flexible sigmoidoscopy (4 years, or once every 10 years after screening colonoscopy) **Screening Colonoscopy** (every 24 months at high risk; every 10 years not at high risk) **Fecal occult blood test** (annually) **Barium enema** (every 24 months at high risk, every 4 years not at high risk)	Medicare patients age 50 and up; for screening colonoscopy, those at high risk, no minimum age; no minimum age for having a barium enema as an alternative to a high risk screening colonoscopy if the patient is at high risk	Previously Screened: ☑ Yes ☐ No	Previously Screened On: 2024-07-25	☐ NEEDS
Diabetes screening tests (2 screening tests per year for patient diagnosed with pre-diabetes; 1 screening per year if previously tested, but not diagnosed with pre-diabetes or if never tested)	Medicare patients with certain risk factors for diabetes or those diagnosed with pre-diabetes (patients previously diagnosed with diabetes aren't eligible)	Previously Screened: ☑ Yes ☐ No	Previously Screened On: 2024-07-19	☐ NEEDS
Diabetes Self-Management Training (DSMT) and Medical Nutrition Therapy (Up to 10 hours of initial training within a continuous12-month period; subsequent years up to 2 hours of follow-up training each year after initial year)	Medicare patients at risk for complications from diabetes, recently diagnosed with diabetes or previously diagnosed with diabetes (must certify DSMT need)	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☑ NEEDS
Glaucoma screening (annually for patient in one or more high risk groups)	Patients with diabetes mellitus, family historyor glaucoma, African-Americans age 50 andup, or Hispanic-Americans age 65 and up	Previously Screened: ☑ Yes ☐ No	Previously Screened On: 2024-07-18	☐ NEEDS
Prostate cancer screening (annually) Digital rectal exam Prostate-specific antigen test	Male Medicare patients 50 and up	Previously Screened: ☑ Yes ☐ No	Previously Screened On: 2024-07-12	☐ NEEDS
Screening PAP tests and pelvic examination (Annually if high-risk, or child bearing age with abnormal PAP test within past 3 years; every 24 months for all other women)	Female Medicare patients	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Screening mammography (annually)	All female patients 40 or older	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS
Vaccines <Pneumococcal> (Once in a lifetime) <Seasonal influenza> (once per flu season in the fall or winter) <Hepatitis B> (scheduled dosages required)	All Medicare patients; may provide additional pneumococcal vaccinations based on risk and if at least 5 years have passed since previous dose; for hepatitis B, if patient is medium/high risk	Previously Screened: ☐ Yes ☑ No	Previously Screened On:	☐ NEEDS

ASSIGNMENT INSURANCE

Medicare Certification: I certify that the information provided by me in applying for payment under TITLE XVII of the Social Security Act is correct and request on my behalf all authorized benefits. I hereby authorize and instruct my insurance carrier to make payment directly to for benefits (payments) otherwise payable to me. I agree to personally pay for any charge that are not covered by or collected from any insurance program including any deductibles and coinsurance amounts.

I certify that all information given are correct and consent to the release of all records for payment of authorized benefits from Medical, Medicaid, or any other responsible payer be made in my behalf to **.**

I understand that the Federal Patient Self -Determination Act of 1990 requires that I be made aware of my right to make healthcare decision for myself. I understand that I may guess express my wishes in a document called an Advance Directives so that my wishes may be known when I am unable to speak for myself.

1. I have a Living Will declarations ☑ Yes ☐ No
   (If yes, please provide a copy of your will.)
2. I have a Durable Power of Attorney for Health Care ☐ Yes ☑ No

Name of Patient: **Muhammad Zain**	Date of Birth: **1996-07-30**
Address: **Islamabad Islamabad**	
Signature of Patient: *Not signed by patient*	Date:

LEGAL REPRESENTATIVE (IF PATIENT IS UNABLE TO SIGN)

Consent of Legal Guardian, Patient Advocate or Nearest Relative if patient is unable to sign
Consent of Caregiver if patient is unable to sign (Must have Power of Attorney)

Name of Legal Representative: **name of representative**				
Relationship: **cousin**		Telephone: **Not present in data**		
Address: **adress 1 address 2**				
Unit: **Not present in data**	Street: **Not present in data**	City: **isb**	State: **pa**	Zip: **514615**
Signature of Legal Rep:		Date:		
Name of Witness: **witness here**		Signature: *Not signed by witness*		Date:
Reason patient is unable to sign: Not present in data				

RECORDS RELEASE/AUTHORIZATION

... Company name ...
..... Company Address ....
TEL# ... telephone number ... FAX# ... fax number ...

RECORDS REQUESTED

- **The patient's significant medical history**
- **Current medical findings**
- **Diagnosis (es)**
- **Rehabilitation goals, if determined**

Name of Patient: **Muhammad Zain.**		Medicare No: **....., ..., ...**
Social Security No: **.**		Date of Birth: **1996-07-30**
Address: **Islamabad Islamabad**		
City: **Islamabad**	State: **pa**	Zip: **..zip..**

AUTHORIZATION SIGNATURE: *Not signed by authorization* **DATE:**

NAME OF SIGNATORY:		
(IF DIFFERENT FROM THE PATIENT)		
Relationship to patient:		
Witness: *Not signed by witness*	Date:	

REMEDIAL
MEDICAL SERVICES Inc.

Muhammad Zain -- PAT-143
Date of Birth: **6-11-2024**
Date of Service: **7-1-2024**

Office Address Line 1, Comes Here...
Tel: 132 124 1222

ENCOUNTER CHECKLIST FOR TOBACCO

PLEASE ADVISE the patient/smoker to stop:
As your healthcare provider, I strongly advise you to quit smoking. It's the single most important thing you can do to protect your health, and I can help.

ASSESS readiness to quit:

Patient is ready to quit: ☐ Yes ☐ No Target quit date:
Patient is thinking about quitting: ☐ Yes
☐ No
Brief counseling using 5 R's: ☐ Yes ☐ No

Name:	Muhammad Zain
DOB:	1996-07-30
Encounter Dates:	.
Visit #	☐ 1 ☐ 2 ☐ 3 ☐ 4

Relevant Reasons:
Risks:
Rewards:
Quit smoking < years ago
Smoked for years.
Patient is not ready to quit ☐ Yes ☐ No Repetition relapse ☐ Yes ☐ No

ASSIST smoker to quit:

Smoking history:	# of Cigarettes/Day	# of Packs/Day	# of Years	# of Quit Attempts
Household members:	# of Smokers	# of Non-smokers	# of Children	

SYMPTOMS:

☑ Abnormal Sputum ☐ Dyspnea ☐ Cough ☐ Diminished Air Movement ☐ Hemoptysis ☐ Wheeze ☐ Asthma

MEDICATIONS:

Nicotine replacement therapy: ☐ Nasal Spray ☑ Lozenge ☐ Inhaler ☐ Patch ☐ Gum
Bupropion SR: Tablets (Start 7 to 10 days before the target quit date.) ☐ Yes ☐ No

ARRANGE Follow-up:

"I'll check back with you by." (Set within the first week after the target quitdate) ☐ Yes ☐ No
"I'd like to give you some materials." ☐ Yes ☐ No

Printed Name ...name... **Signature** ...signature... **Date** ../../....

REMEDIAL MEDICAL SERVICES Inc.

Muhammad Zain -- PAT-143
Date of Birth: **6-11-2024**
Date of Service: **7-1-2024**

Office Address Line 1, Comes Here...
Tel: 132 124 1222

FALL RISK CHECK-LIST

		Circle "Yes" or "No" for each statement below	Why it matters
☐ Yes	☑ No	I often feel sad or depressed.	Symptoms of depression, such as not feeling well or feeling slowed down, are linked to falls.
☐ Yes	☑ No	I take medicine to help me sleep or improve my mood.	These medicines can sometimes increase your chance of falling.
☐ Yes	☑ No	Sometimes I feel unsteady when I am walking	Unsteadiness or needing support while walking are signs or poor balance.
☐ Yes	☑ No	I need to push with my hands to stand up from a chair	This is a sign or weak leg muscles, a major reason for falling
☐ Yes	☑ No	I steady myself by holding onto furniture when walking at home.	This is also a sign of poor balance.
☑ Yes	☐ No	I am worried about falling.	People who are worried about falling are more likely to fall.
☐ Yes	☑ No	I take medicine that sometimes makes me feel light-headed or more tired than usual.	Side effects from medicines can sometimes increase your chance of falling.
☐ Yes	☑ No	I use or have been advised to use a cane or walker to get around safely.	People who have been advised to use a cane or walker may already be more likely to fall.
☐ Yes	☑ No	I have fallen in the past year.	People who have fallen once are likely to fall again.
☐ Yes	☑ No	I sometimes have troubles stepping up onto a curb.	This is also a sign or weak leg muscles.
☐ Yes	☑ No	I have lost some feeling in my feet.	Numbness in your feet can cause stumbles and lead to falls.
☐ Yes	☑ No	I often have to rush to the toilet.	Rushing to the bathroom, especially at night, increase your chance of falling

Total 1 Add up the number of points for each "yes" answer. If you scored 4 points or more, you may be at risk for falling.
Discuss this check list with your doctor.

This checklist was developed by the Greater Los Angeles VA Geriatric Research Education Clinical Center and affiliates and is a validated fall risk self-assessment too (Rubenstein at al. J Safety Res; 2011:42(6)493-499). Adapted with permission of the authors.

Signature PROVIDER
Name of Provider LeronicaBedfordFNP@cad.com
Date: 2024-07-02