

You may approach this exercise from one of two profiles: yourself, someone else (like if you are caring for someone), or your family. Once you have selected a profile, please answer the following questions with that profile in mind.

1. Which profile did you choose? Yourself, Someone else, or Family

Family

2. With your answer to 1 in mind, what items would you plan to secure in the event of a natural disaster. No more than 10, though understandably this list could be significantly longer.

Item	Action taken to secure
First aid Kit	Find one or buy beforehand
Flash Light	TO signal if anyone sees it shelter purpose
Food	Hunger buy lots of food and find along the way
Batteries	For radio easy to find in malls or shopping malls
Map	Navigation, head to a store and buy
Rabbit Hay	I have a rabbit so she needs food mostly at PETCO/SMART
Communication device	Incase we need to talk to refugees like sat phone, or radio phone at Stores
Clothes	in caseif they get worn out mostly anywhere to buy
Weapons	If someone gets threatening enough just get a bat at Store

3. With regard to #2, is there any additional planning needed for you to be able to act on that item in the case of an emergency? Which ones and why?

Mostly on Rabbit hay/food , and they're easy to find and batteries because they are lucrative and rare in times of crisis, mostly devices use AA/AAA so its best to carry a lot of batteries.

4. Now shift your perspective to a digital disaster in the form of a ransomware attack, identity theft, or major loss of digital resources, complete a similar table as in #2

Item	Action Taken to Secure	Plan required (elaborate)
USCIS	Multi-Factor Authentication	Enable 2FA so I get a code everytime I log in. So that no one can steal any information regarding my identity.
BOFA	FingerPrint Login	Enable biometrics everytime to log-in so only I can log-in to my bank
Credit/Debit Card	Lock it before anyone uses	Login to website/app and lock it or order a new one
Statements	Delete and secure my mails	Delete my statements, secure them, and safeguard my SSN
Online Accounts i.e Gmail, Facebook	Multi-factor Auth, Recovery Email	Enable 2FA, and add a recovery name/num so I can get back to my accounts.

5. Over the break, talk to a family member or friend about some of your thoughts in the above and share anything you learned?

I talked to a friend, and I was told to make a password manager or use the password creator that google gives to manage your passwords, and I was also told to not to share my SSN with anyone, and use Password Authentication apps to authenticate whenever I log in to apps. Thought its best to use biometrics to login rather than using passwords.