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Triumph over
prejudice and ignorance
is a triumph for us all.

— Dame Judi Dench, Patron



KARUNA

2022

Welcome to the Karuna 2021-22 Annual Review

We live in discouraging times. People everywhere are facing unprecedented levels of economic uncertainty and hardship. Meanwhile, catastrophes like the war in Ukraine are sad proof of just how fragile our societies really are, as we witness millions of innocent people forced to flee their homeland to stay safe.



Globally — and especially in India, Nepal and Bangladesh where vast numbers of people are already on the edge — climate change is causing deadly annual heatwaves, floods and food insecurity, forcing millions to leave their homes and become migrants. High inflation and the rising costs of basic foodstuffs, clothing and medicines only makes it worse.

Yet, in spite of everything we have collectively and individually experienced in the last few years, you have continued to support Karuna's work with marginalised communities. We are so incredibly grateful.

I would like to fully express my thanks and offer you stories of real people whose lives have changed for the better because of you and the actions you have taken; a hopeful reminder that, even in dark times, we can still make a difference that counts.

247,000

PEOPLE WERE
SUPPORTED
THIS YEAR



Meeting the Times

In those stories, I hope you will also be pleased to hear that, as needs change, so do our responses. For example, we have initiated some exciting new projects — such as working with communities on shifting river islands in Bangladesh — as part of a commitment to directly combat the effects of climate change in our work. These, alongside our work with COVID-19 recovery priorities, represent our strategy to remain adaptive in the face of social and environmental changes.

Policy Changes and Project Completions

We also need to adapt in the face of changing policies. In September 2020, the Indian Government announced massive changes to the regulations affecting NGOs (known as FCRA Regulations). Unfortunately, this has meant that several of our long-standing partners lost their ability to receive grant funding from overseas.

Primarily as a result of these new regulations, we have had to end the funding of some of our longest standing projects — including our educational hostels in Maharashtra. For more than thirty years, these hostels provided residential educational support for children from extremely disadvantaged backgrounds and enabled thousands of them to complete their education. We are currently in the process of refocusing those grants to new types of educational projects, so that we can continue to reach more children who need support.

The Wider Karuna Family

We have been collaborating with Karuna Germany for more than a decade and fund several major projects together in India, Nepal and now Bangladesh. The model is so successful that last year we established and launched Karuna USA.

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We have initiated some exciting new projects — such as working with communities on shifting river islands in Bangladesh — as part of a commitment to directly combat the effects of climate change in our work.

31
PARTNERS

47
PROJECTS

8
STATES IN INDIA

7
DISTRICTS IN NEPAL

2
DISTRICTS IN BANGLADESH

Karuna USA, which formally launched in November 2021, believes that every individual deserves a decent life and the opportunity to achieve their potential, regardless of caste, race or ethnicity. It will identify resources and champions of our work, as well as engage partners to uplift marginalised groups in South Asia and, eventually, in the United States itself.

I sincerely look forward to you reading about these initiatives in the pages that follow. Your support of our work ending poverty, inequality and discrimination in India, Nepal and Bangladesh is truly more important than ever — from all of us here at Karuna, thank you.

A handwritten signature in red ink that reads "Ciaran Maguire".

Ciaran Maguire
CEO

COVID-19 Update from our Head of Programmes

From April to September 2021, we saw the peak of the second wave of COVID-19 infections in India, Nepal and Bangladesh, with recorded cases in India reaching more than 400,000 per day.

The massive impact of the pandemic itself, combined with the associated economic and social impacts of lockdowns, job losses and school closures, were particularly severe for people from the most marginalised communities, who were already living a precarious "hand-to-mouth" existence.

During this period, Karuna made emergency grants to 35 partner organisations, thanks to your incredible response to this crisis. Your generosity meant our partners could respond to the most urgent needs of people from the

most vulnerable communities. We provided emergency food, medical and sanitary supplies directly to around 120,000 people from COVID-19 affected families; including urban slum dwellers and rural Dalit and tribal communities, whom our partners were able to reach due to their well-established community networks.

Many others benefitted more widely from this emergency work. For example, one of our partners, Pragya, supplied PPE equipment to 300 frontline medical workers who in turn provided medical care to an estimated 300,000 people from COVID-19 affected rural communities. Another partner, REED, provided educational broadcasts for 20,000 children affected by school closures in Southern Nepal. Another, Jan Sahas, ran a helpline service to help unemployed manual labourers access desperately needed government welfare schemes, and was able to extend this support to 98,000 migrant labourers, bringing economic benefits to as many as 490,000 family members.



Crucially, Karuna's grant making was guided by feedback from the affected communities themselves. This meant that not only were we able to respond to the most pressing needs, we could also ensure our activities reached groups most likely to be excluded from other emergency responses.

It was our top priority to ensure these organisations could survive the crisis, particularly as the welfare of the communities they worked in was directly under threat. Your extraordinary support during this difficult time meant that our projects were able to continue throughout the crisis and, once the infection rates started to fall, were able to restart their regular project work, addressing long-term community needs around education, dignified livelihoods and gender equality.

As the communities we work with started to rebuild their lives, Karuna's focus shifted from providing emergency grants to supporting our partners through a COVID-19 recovery process.

120,000
PEOPLE BENEFITTED FROM DISTRIBUTIONS OF EMERGENCY FOOD RELIEF

100,000
UNEMPLOYED MIGRANT LABOURERS WERE SUPPORTED TO ACCESS GOVERNMENT WELFARE SCHEMES

23,500
CHILDREN FROM THE MOST MARGINALISED BACKGROUNDS WERE GIVEN ACCESS TO REMOTE AND ONLINE LEARNING DURING LOCKDOWN

61,000
PEOPLE RECEIVED EMERGENCY MEDICAL SUPPLIES, INCLUDING PPE

85,000
PEOPLE WERE INVOLVED IN HEALTH AWARENESS CAMPAIGNS AND TRAINING AROUND COVID-19 PREVENTION

40,000
PEOPLE FROM MARGINALISED COMMUNITIES WERE SUPPORTED TO GET ACCESS TO FACILITIES FOR TREATMENT AND VACCINATIONS



"
Tens of thousands of families were able to survive this crisis only because of your incredible support.

In September 2021, we carried out an evaluation of our emergency work and a survey of all our partners to identify key priorities for our work. Those priorities were:

- Supporting children affected by school closures to restart their education, with a particular emphasis on helping prevent adolescent girls from dropping out of school.
- Working with people to re-establish dignified and secure livelihoods, especially helping unemployed migrant labourers access government welfare schemes.
- Helping people from marginalised communities to build resilience to future COVID-19 waves through improved health awareness and access to health resources, including vaccinations.
- Giving women and girls access to justice and legal protection, countering the "shadow pandemic" of reported increases in violence against women and girls.

While the vulnerable communities that Karuna works with will continue to need support for many years to overcome the impact of the pandemic and rebuild their lives, tens of thousands of families were able to survive this crisis only because of your incredible support. Thank you.

Jonathan Clark
Head of Programmes

In the Shadow of the Pandemic

The consequences of the coronavirus pandemic continue to have a devastating effect on women's safety and rights, with decades of work towards gender equality at risk of being undone. The impact has been so profound that the UN labelled this crisis of women's rights the "Shadow Pandemic."

As a result of this Shadow Pandemic, almost every aspect of progress in our work for gender equality in South Asia has been under threat. Cases of domestic violence more than doubled during the pandemic. Meanwhile, almost half of all women in India lost their job (in rural communities the figure is around 80%), compared to 7% of men.



Young girls are among the worst affected. The school closures at the beginning of the pandemic have left girls at a greater risk than ever before of dropping out of school and into early marriage, child labour and trafficking — in fact, the UN estimates there will be 13 million more child marriages in the next 10 years as a direct consequence of the pandemic.

8,945

GIRLS WERE SUPPORTED
TO STAY IN EDUCATION

Out of the Shadows

To meet this urgent need, we have emboldened our approach to women's safety, and set up new initiatives — such as a recent project in West Bengal preventing violence against women and trafficking of women and girls across the border with Bangladesh.

We asked you for support with these initiatives and to boost our women's projects across India. Your generosity raised close to £100,000 in support of victims of violence everywhere. Thank you.

These donations provided the extra assistance that thousands of women and girls needed to preserve their right to safety, education and justice — and stay out of the shadows.



52,600

WOMEN RECEIVED TRAINING IN
LEADERSHIP SKILLS AND WERE
SUPPORTED TO PARTICIPATE IN
LOCAL DECISION MAKING

7,681

WOMEN WERE TRAINED AND
SUPPORTED TO KNOW THEIR RIGHTS
AND SEEK LEGAL PROTECTION IN
CASES OF VIOLENCE



Shubangi's Story

Shubangi lost her parents and siblings at a young age, forcing her to live with relatives. Her presence was soon seen as an extra mouth to feed in an already struggling household and made her a target for insults, resentment and abuse.

As financial pressures mounted to breaking point during the pandemic, Shubangi's family decided to marry her off, despite her wishes.

"As village girls," Shubangi recalls, "we are supposed to comply with everything that is asked of us."

It didn't take long for her new husband to become abusive. Perceived as having lesser status due to being a woman, even when she tried to speak out, she was ignored.

"In our culture a husband has more value than the wife," Shubangi explained. "For the relatives, it was always his word against mine."

Even once she became pregnant, nothing changed. After months of constant abuse, Shubangi finally decided she had to risk escape. She ran away to a railway station, alone and afraid.

At railway stations throughout South Asia, traffickers make a living from exploiting vulnerable runaways like Shubangi. Luckily, local police were able to find her first, connecting her to a Karuna refuge project in Mumbai called Urja that gave her shelter, food and, most importantly, safety.

With the support of the refuge, Shubangi found the strength to do things she once thought impossible. In addition to being welcomed into a safe home with other women,



Here, I don't feel that the members are *like* my family, they *are* my family.

"Here, I don't feel that the members are *like* my family, they *are* my family."

Thousands of women have found freedom from violence because of your support — in fact, most recently, Urja has been able to acquire a new, larger shelter space in Mumbai, meaning even more women can now receive safety and care because of your donations. Thank you.



A Changing Climate

In our interconnected world, the changes in climate are being felt in tangible and sometimes devastating ways.

Nearly all the locations where we work in are becoming increasingly vulnerable to the long-term effects of climate change. In fact, climate change often affects the poorest communities first — those who are financially obligated to find homes in unsafe areas, such as on flood plains or tornado hotspots, or those forced to do manual labour outdoors in scorching, sometimes deadly, rising temperatures. Our project areas on the east coast of India and Bangladesh are among our most vulnerable, and already experience regular cyclones, flooding, heatwaves and droughts.

Climate Responsiveness

To properly respond to the impact of climate change, we are continually adapting to the changing needs of our project areas and magnifying our support of those most affected.

13 million
PEOPLE WERE AFFECTED
BY CYCLONE AMPHAN

In times of disaster, aid often reaches the poorest and most isolated communities last. Girls and women are among the most at risk, with levels of trafficking and child marriage at their highest levels immediately following natural disasters.

At the beginning of 2020, the world was facing the full force of the coronavirus pandemic. Then, in May, West Bengal was hit by Cyclone Amphan, as well as the following year by Cyclone Yaas — a stark reminder that catastrophes of climate are occurring more frequently.



Rural areas with high levels of poverty were among the worst struck by flooding, building destruction and a lack of power and clean water. Our connections within the affected communities meant that our local support teams were uniquely placed to provide emergency supplies, such as food and hygiene kits.

As result of this recovery effort, we were able to identify those at increased risk of child marriage and dropping out of school, both of which increase following natural disasters. With this information, we expanded our established project work in West Bengal to include these areas and, thanks to your support, ensured that those affected had the best opportunities available as they rebuilt their lives. Already, 31 child marriages have been prevented through the efforts of the women's and girls' groups, while 98% of girls involved in the project have been supported to stay in school.

Shilpa's Story



Shilpa always was the responsible one. She was the eldest, after all.

Life living on the coast of West Bengal wasn't easy for anyone, and Shilpa's family was no different. With little available work, her father worked as a migrant labourer in faraway cities; she would see him maybe once a year when he was able to return home. Her mother spent dawn to dusk as a fisherwoman along the banks of the Ganges, catching and selling whatever she could. It was, then, Shilpa's duty as the eldest to manage the house, get all the chores done, and take care of her siblings. It was a busy life; and one that didn't leave any time for anything else, like play, or friends, or school.

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She spent three days on the roof with her siblings, waiting for the water to recede. When it did, it had taken everything that they owned with it.

But Shilpa still had dreams. She dreamt about visiting Kolkata one day. Of being a policewoman perhaps, putting all that responsibility to good use, standing up for people in need.

But they were just dreams. She would be married soon, anyway. Her mother had found her a husband who might take her, even though she only had one pair of clothes.

In 2020, when Cyclone Amphan hit, it started with rain. Some houses in the next village lost their roofs, then the trees started to fall. It wasn't long before the water began to seep into Shilpa's house, too.

16,730
CHILDREN HAVE BEEN
SUPPORTED TO STAY
IN SCHOOL

She spent three days on the roof with her siblings, waiting for the water to recede. When it did, it had taken everything that they owned with it.

They moved to a rescue centre nearby. A big group of women came through distributing essential food, health kits and clothing. Shilpa asked the women where they were from. The support workers told her about their project, about its work ensuring girls have access to education and stay out of child marriage.

Shilpa couldn't believe what she was hearing. She asked for their help.

A lot's changed since then. The project was able to prevent Shilpa's marriage, and those of other teenage girls like her. Even more than that, they were able to support Shilpa to get an education. Her mother is so proud of her, and excited for her future. Now, when Shilpa dreams of becoming a police officer, her mother dreams along with her.

A New Future

Shilpa was one of hundreds more that we were able to support as a result of our presence in the area following the Cyclone. As we work to improve our emergency response capabilities, our ability to act quickly in identifying and supporting those most in need in times of crisis is only possible because of your support. Thank you.



6,000

PARENTS WERE INVOLVED IN
AWARENESS-RAISING ON THE
IMPORTANCE OF EDUCATION
AND ESPECIALLY EDUCATION
OF GIRLS

Community Fundraising

Everything we do at Karuna begins with our supporters, whether you donate regularly or are getting out in the world to spread the word and fundraising for us in your community. Thank you to everyone who took action this year to become Community Fundraisers, raising thousands of pounds to go directly to our projects.

Thank you to long-time Karuna supporter Rachel, who began sewing and making fabric masks during the rise of COVID-19 infections in India, but is now making and selling pinafores, blankets and fabric collage pictures. She has raised £5,000 so far!

Meanwhile, Stephen didn't let the pandemic stop him. He raised £280 for our projects by running the Leicester half-marathon. "I ran a Half Marathon to raise money for Karuna Trust because its projects are needed more than ever!" We agree Stephen! Thanks for stepping up.



Stephen isn't alone in getting their fundraising off the ground — Jack, who is walking the 100-mile route from Glasgow to Fort William in 5 days, is hoping to raise an incredible £2,000 for Karuna. "I want to push myself," Jack says, "whilst raising money for a charity that I have come to strongly value and a cause which I consider to be of the highest importance." Thanks Jack!

"The work they are doing is quite literally life-changing."

— Ruth

Many of you have taken to social media to let others know about Karuna's work and raise donations for our projects. Thank you to those who selected us for your Facebook birthday fundraiser, like Ruth, who raised £320 in support of our projects, or Katherine, who raised £300. "The work they are doing is quite literally life-changing," says Ruth about our projects. We think so too, and we know that those changes begin with our fundraisers who, by choosing us, share our message and widen our potential impact.

Thank you to everyone who has pushed themselves to raise donations and selflessly trade presents for those in need this year. Everything you raise means so much — especially since 100% of the donations Karuna receives from community fundraising goes straight to the projects.

Thank you!

For more information, or to get involved yourself, please visit: www.karuna.org/fundraise

thank you



A Swim Through A Storm

Community fundraising for Karuna can be an incredible opportunity for people to find out what they are capable of — which, in Hannah May Parker's case, is far beyond average!

In September 2021, Hannah took the seas and swam 48 miles across the English Channel — becoming the 2,631st person in history to do so. This incredible journey raised over £18,000 for her selected charities, which included Karuna.

Hannah battled changing tides and weather conditions to complete the swim, all against the backdrop of the pandemic. "I had been training for nearly two years by the time I did the swim," Hannah said. "The training for this swim was extremely physically demanding: I covered 25-30km a week in training, from the start to my journey up to the swim, which equates to about 41,000 lengths of a 25 metre pool."

As much a mental journey as a physical one, the journey was often lonely, especially "at a time when we had all already been isolated from one another". Pool closures during the pandemic meant she had to make special journeys to the coast to train.

On the day of the swim, she set off at 11.40pm on Monday 6th of September and swam through the night to sunrise. Choppy waters and high winds took her off-course, adding an extra three hours to her swim.

"For about an hour or so (which felt a lot longer!), it seemed like we were going nowhere. I was pushing to break out of the tide so that we could start making our way into land. I was swallowing a lot of water, my palms were brushing against a swarm of jelly fish and my shoulders were exhausted. It became apparent, when everything ahead of me started to become slightly clearer in my vision, that we were moving forward and the end was in sight."

Finally, after 15 hours of swimming, she reached the beach in France, to the applause of some holidaying locals. Fortunately, even in the face of the extreme difficulty and obstacles she faced, Hannah treasured the experience.

"Despite all of the sacrifice, months of training, Covid setbacks and weather hurdles over the past couple of years, I can hands down say — it was worth it."

Thank you so much Hannah for facing down the waves and making such a huge contribution to Karuna.

Menstrual Exile in Nepal

Bimala is 14. Yesterday, she began menstruating for the first time; today, she is alone, unable to join her family in the home.



No one told her how many days she would be exiled in the small shed outside the house. But she knows that no one is coming, at least not until the bleeding stops; they don't want to get polluted or have bad luck.

Bimala has started to cough and her chest hurts. It gets so cold in the Nepalese mountains at night. But that isn't what worries her. She heard strange noises outside in the dark. They're gone now, but will they come back tonight?

She misses her sisters, misses her friends at school. She finds some hay on the floor and makes it into plaits. She pretends it's her sister's hair. The thought of seeing her again will have to get her through the night.

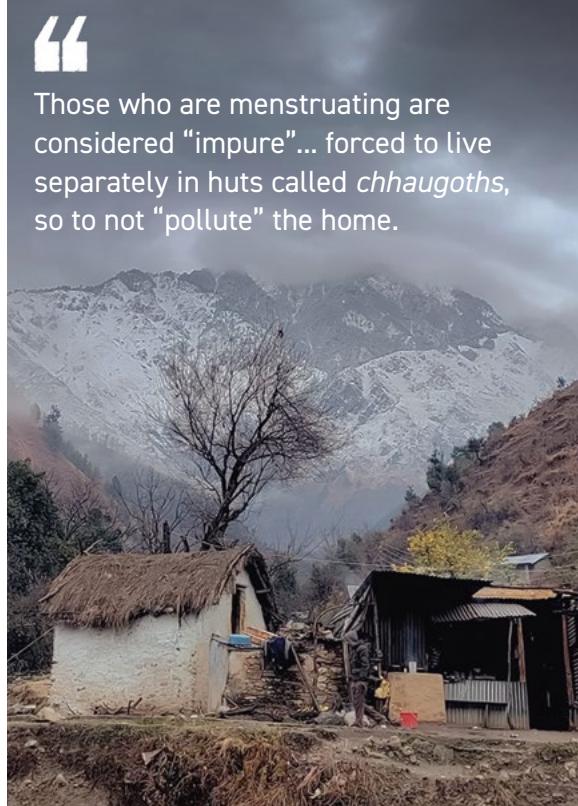
Chhaupadi

The practice of menstrual exile is widespread in Western Nepal. In a practice known as *chhaupadi*, those who are menstruating are considered "impure" for the duration of their period. They are excluded from social life, as well as from school, and forced to live separately, sometimes in unsafe huts called *chhaugoths*, so to not "pollute" the home. In addition to the shame and humiliation these people experience, the isolation and poor conditions mean they are at increased risk of illness, malnutrition, abuse, rape and, in some cases, death.

60%

OF GIRLS IN OUR PROJECT AREA OBSERVE SOME FORM OF CHHAUPADI

Karuna's projects combatting chhaupadi are part of our commitment to tackle period poverty — the lack of access to menstruation products, hygiene facilities and women's and menstrual health information.



Those who are menstruating are considered "impure"... forced to live separately in huts called *chhaugoths*, so to not "pollute" the home.

40%

OF CHILDREN DON'T ATTEND SCHOOL WHILST MENSTRUATING

Poverty and a lack of education are key contributors to the problem; however, in some of the areas that Karuna works, tightly held beliefs and taboos regarding menstruation are hard to shift. Approaching the issue with respect and sensitivity is key in making a difference.

It Takes a Village to Raise a Girl

Honouring this approach, Karuna is working with the understanding that uplifting girls is a community effort. That is why we work directly with traditional healers and village elders to explore how the situation for women, girls and anyone who menstruates can be improved, encouraging dialogue with other villages who do not have these practices, so that village elders can see the difference themselves. Meanwhile, we organise community meetings in order to engage the whole village and work together on improving the situation.

Working with schools, we have developed a curriculum for integrating menstrual health into the classroom. Girls are trained there, as well as in girls' clubs, on hygienic and safe menstruation methods, and provided with free menstrual hygiene kits. Meanwhile, local women's groups work with mothers to recognise medical problems by themselves and get regular check-ups with local health post staff — for whom we also provide training.

We are working in this way directly with 4,000 girls, mothers and local community leaders from 36 villages in Western Nepal — and we have been able to spread information and awareness to thousands more.



Most recently, we have been exploring new methods to engage young women and spread awareness too. By providing smartphones, data and videographer skills training, dozens of young women can collect and share their stories, in their own words — not only granting them a sense of ownership over their own stories, but inspiring countless others that dignity and respect are not a privilege, but a human right.

Current events in the world are appalling proof that rights, once thought secured, are merely a single decision away from being completely eroded. These shocking injustices remind us that the need to keep up pressure in favour of freedom, equality and the right for people to have ownership over their bodies is as vital now as it ever was. Your support, allowing us to work together with communities to ensure safe and dignified menstruation in Nepal, is an utterly crucial part of making the world a safer place for everyone. Thank you.



Rejoicing in the past: the ITBCI School

At the end of 2021, one of our much-loved projects, the Indo-Tibetan Buddhist Cultural Institute (ITBCI) School in India, closed its doors following a decision taken by the school's trustees.

For more than forty years, thousands of children from the poorest backgrounds were able to receive quality education and opportunities at the school, thanks to your amazing support. While we, like you, are sad to see the project come to an end, we are incredibly grateful to be able to celebrate the wonderful benefits it achieved during its lifetime.

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For more than forty years, thousands of children from the poorest backgrounds were able to receive quality education and opportunities at the school.

persecution in Tibet. In honour of its founding, the school always placed a particular emphasis on teaching and preserving the traditional arts and culture of its students.

By the eighties, Karuna had begun raising donations for the school, and had been supporting them ever since, resulting in what soon became one of Karuna's best-loved projects.

Fortunately, the needs in the area have changed over the decades. Karuna has been able to ensure that the children remaining at the school have been enrolled in other educational institutions in the area that have since arisen, so that their education has not been interrupted. Karuna was also able to make a substantial donation to the school of behalf of its supporters, in addition to our regular grants, to ensure that all the teachers (many of whom were ex-students) received a generous redundancy package, reflecting their hard work and dedication over the years.

From February 2022, the school began running a new, Karuna-funded, legacy project, consisting of a library promoting Himalayan arts, culture and Buddhism, as well as a small museum. We are delighted to be able to honour the project's history as well as the contribution of our supporters in this way.

ITBCI was one of Karuna's longest standing and most valued partners. We are so incredibly proud of the school's achievements and their excellent work which enabled thousands of children from very poor backgrounds to fulfil their potential. Thank you to all of you for being such a crucial part of that legacy.



Disability Inclusion

Among those already in poverty, disabilities can amplify the deprivation of rights, opportunities and resources. Dalits in India born with a disability are even more likely to face extreme social stigma and discrimination.

Five years ago, we and our long-standing partner, Nishtha, designed a project specifically to address this need. Bhalobasha, which means "loving home", provides vital support for children with disabilities and their parents. Established in a rural area of West Bengal where there is extremely limited access to alternatives, children attend a welcoming centre where they can learn, play and receive treatment from trained specialists, while their parents and carers can meet other families facing similar challenges and make life-long connections.



Letters from Mothers

The impact of this kind of support for families cannot be understated. It is truly life-changing. Some parents have made a special effort to let you know how much of a difference this project has meant, and wanted to share their stories with you.

In one letter, a mother told us of the difficulty finding specialists in a rural area. "The hardships that I've had to face to provide the best treatment for my son are indescribable," she writes. "We visited a countless number of hospitals, where there weren't any doctors or nurses who could detect his problems. We were even ill-treated by our neighbours and community since our son was incapable of walking and remained bed ridden.

"Fortunately, we came to know about this project from one of my husband's colleagues. Once a bed-ridden boy, my son is now able to walk with a piece of special support equipment and is also able to do some activities like eating food with his own hands and is now also able to speak."

Another boy, Usama, could not move or even sit without hands-on support, spending years immobilised in his own home.

"My son Usama was absolutely bedridden," recalls his mother in a letter she was eager to be shared with Karuna supporters. "After taking various therapies, now he is able to sit independently and can walk with the moderate support of a walker. We all are tremendously grateful to this project for giving our son a new life."

Shibam, who lived with his parents in rural West Bengal, had multiple developmental difficulties that required specialists to diagnose. "I was extremely confused as we belong to an extremely downtrodden financial background and could hardly afford the expense of his treatment," writes Shibam's mother.

"We took him to numerous doctors and hospitals but none could tell us what exactly our child was suffering from and whether he would get cured with time.



“

The hardships that I've had to face to provide the best treatment for my son are indescribable.

Care in the Home

The COVID-19 pandemic resulted in periods of closure for all schools in India, including Bhalobasha. All families were offered ongoing emergency support throughout the crisis to keep them supplied with food and hygiene kits, as well as any medication their child needed. Where attendance in person was not possible due to local lockdowns or reduced public transport, therapists and special educators were able to visit those children and their families at home and provide the care they needed.

Your support of projects like Bhalobasha is utterly life-changing, not only to children like Usama and Shibam, but to their families as well. Thank you.

Our Financial Summary

Our total income for 2021–22 was £2,902,540. This was an increase of £75,570 on the previous year, reflecting sustained commitment and generosity from our supporters during a challenging period.

Individual supporters contributed £1,914,049 from the UK and £72,505 from Germany.

In the face of continuing COVID-19 restrictions, our supporter recruitment team introduced innovative ways to fundraise. This included a 6-week door-to-door fundraising campaign where our volunteer fundraisers received virtual training online. The 6 volunteers then fundraised door-to-door in their immediate localities.

Our regional fundraisers also continued door-to-door fundraising whenever COVID-19 restrictions permitted.

We also ran three virtual telephone appeals, where our volunteer fundraisers called supporters from their own homes. The appeals maintained a focus on our Coronavirus Campaign, as a second wave of COVID-19 hit India and Nepal in April 2021.

We received £89,402 in legacy gifts. We appreciate deeply that Karuna is considered for gifts left in wills, no matter how small; they make a significant impact on our work.

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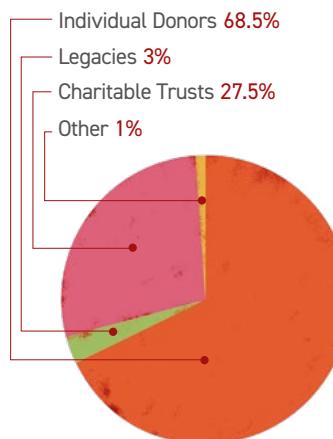
We appreciate deeply that Karuna is considered for gifts left in wills; they make a significant impact on our work.

Thanks to the many Trusts who continue to support our work, including:

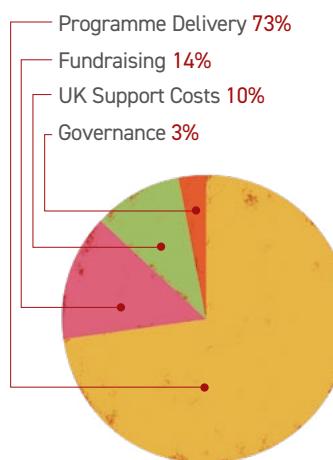
Halcrow Foundation
The Souter Charitable Trust
The Waterloo Foundation
RELX Cares

The Shears Foundation
H.B. Fuller Company Foundation
The Northwick Trust
Tellus Viva Foundation

KARUNA UK & DE INCOME 2021-22



KARUNA UK & DE EXPENDITURE 2021-22



Karuna Income & Expenditure*

For the year ended 31 March 2022	Karuna UK 2021-22	Karuna DE 2021-22	Total 2021-22	Total 2020-21
	£	£	£	£
INCOME				
Individual Donors	1,914,049	72,505	1,986,554	2,014,508
Legacies	89,402	–	89,402	11,732
Trusts/Institutions	262,624	533,550	796,174	777,530
Other	30,410	–	30,410	23,200
	2,296,485	606,055	2,902,540	2,826,970
EXPENDITURE				
Programme Delivery	1,418,079	610,120	2,028,199	1,769,069
Fundraising	386,037	9,380	395,417	380,514
UK Support Costs	268,248	–	268,248	244,928
Governance	85,397	868	86,265	47,349
	2,157,761	620,368	2,778,129	2,441,860
SURPLUS/-DEFICIT				
	138,724	-14,313	124,411	385,110

*These figures are extracted from the Karuna statutory accounts which are available on our website.



KARUNA

The Karuna Trust
72 Holloway Road
London
N7 8JG
UK

T 0207 700 3434
E info@karuna.org
W karuna.org
f facebook.com/karuna.org
t @karuna_trust_uk



CEO

Ciaran Maguire

Patrons

Dame Judi Dench DBE

Prof. Sir David Spiegelhalter OBE

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