

1. Name of company:

HIS GRACE INTEGRATIVE HEALTH AND WELLBEING (HGIHW) PTY LTD



2. ADDRESS AND CONTACT

Makonde Village

Stand no 020232

&

116 steyn street

Eduan park

Polokwane

0699

Contact: +27812670621 EMAIL: tgravhura@gmail.com

Send email or WhatsApp to make appointment.

3. Costs and Payments:

- Treatment cost will be determined after comprehensive tests.
- First general consultation including one treatment approach = R800
- General consultation plus addiction care = R1000
- No hard cash EFT only
- Price List for preventative and rejuvenation services.
 - a. **Ozone infrared Steam Sauna = R3000 (30 min)**
 - b. **Cosmetic medical ozone = R500**
 - c. **Therapeutic Massage**
 - Full body = R500**
 - Back and Neck = R350**
 - Back and Neck & head = R400**
 - Kids = R200**
 - Foot Reflexology = 170**

4. QUALIFICATIONS

Dr Grace Tshilidzi Ravhura

PHD (substance addiction)

Masters Health studies (sexual Assault)

Postgraduate Diploma (Addiction care)

International Certified Addiction Professional (ICAP II)

Universal Treatment Curriculum on Addiction Treatment Global Master Trainer

Postgraduate diploma (Public Health)

BA (Forensic nursing and Health Care Management)

Advanced Diploma Health Studies (nursing Education and Management)

Diploma (general nursing, community, Psychiatry and Midwifery)

Herbalism

Specialist essential oils certificate

5. INFORMATION

4.1 CONVENTIONAL MEDICINE

HGIHW offer conventional methods of primary healthcare screening and assessments to promote health, prevent disease, and catching potential health issues at an early stage. Here are some of primary healthcare screening and assessments methods used,

Patient History: comprehensive medical history will be collected where Healthcare providers will inquire about the patient's past medical conditions, family history, lifestyle, and any symptoms or concerns.

Physical Examination: A combination of observation, palpation, percussion, and auscultation to assess the patient's overall health. Checking of vital signs like blood pressure, heart rate, respiratory rate, and temperature.

Rapid tests: These will include tests to assess various aspects of a patient's health. Rapid blood tests will include cholesterol levels, blood glucose (for diabetes screening), HIV, haemoglobin.

Risk Factor Assessments: This will include assessing lifestyle factors like smoking, alcohol consumption, diet, physical activity, and stress levels.

Mental Health Screening: this will include the use standardized questionnaires and interviews to assess a patient's mental health. This will help in identifying conditions like depression, anxiety, or substance abuse.

Preventive Health Counselling: Based on the assessments and screenings, healthcare provider will offer preventive health counselling.

4.2 ALTERNATIVE AND COMPLEMENTARY MEDICINE

Below are approaches used to holistically prevent, treat and rejuvenate as a single therapy or as part of the program

4.2.1 Medical Ozone Therapy: This therapy capitalizes on ozone's unique properties, including its ability to increase oxygen utilization at the cellular level, stimulate immune responses, and aid in detoxification processes.

4.2.2 Ozone infrared Steam Sauna. This unique therapy promotes relaxation, respiratory health, and detoxification. Infrared heat penetrates deeply to ease muscle tension, increase circulation, and promote a sense of calm.

Benefits

- Detoxification
- Improved circulation:.
- Relaxation and stress relief:
- Pain relief:.
- Enhanced skin health
- Immune system support:
- Weight management:.
- Respiratory health:.
- Improved sleep:.
- Enhanced overall well-being:
- Eliminates auto-immune diseases
- Eliminates bacterial and viral infections of all kinds
- Better absorption of minerals
- Oxidises toxins so they can be eliminated through the skin, lungs, kidney and colon
- Far infrared radiation is used to penetrate deep into the joint and surrounding tissues which increases blood flow, reduces inflammation and decrease pain
- Reduce chances of development and spreading of cancer
- Stimulates the immune system
- Purifies the blood and lymph system
- Reduce chances of shock and stroke
- Prevents/reverses degenerative diseases

4.2.3 Molecular Hydrogen: molecular hydrogen therapies support overall wellbeing at a foundational level.

Benefits

Powerful Antioxidant

Anti-Inflammatory:

Enhanced Athletic Performance

Neuroprotective

Skin Health

Cardiovascular Health.

Improved Metabolism:

Gastrointestinal Health.

Enhanced Recovery

Radiation Protection:

Enhanced Cellular Energy:
Reduced Allergy Symptoms:
Detoxification
Alleviation of Pain:
Improved Mood and Mental Clarity:

4.2.4 Bio-resonance therapy and Biofeedback Technology : is a kind of Pathomorphology, Microbiology, Biochemistry, Immunology, Pharmacology, Organ preparation, Nutraceuticals and analysis system of clinical medical database.

SYSTEM WHICH ARE SCREENED

The cardiovascular system
Gastro-intestinal tract
Genital-urinary system
Musculoskeletal system
Bronchi-pulmonary system
The endocrine system
Visual and hearing aids/organs
The nervous system
Biochemical analysis of blood without interference
Infection in the organs and systems - viruses, bacteria, fungi, protozoa, helminths infection, etc. (staphylococci and streptococci, giardiasis, trichomonas, chlamydia, urea plasma, and so on)
Qualitative assessment of hormone levels, adrenal, pituitary, pancreas, thyroid, gonads
Level of immunity
Allergy diagnosis
Medical testing (individual selection of drugs)
Chromosomal diagnosis
Laboratory Analysis (blood counts, biochemical parameters, hormones, trace elements)
Treatment of pathological processes identified by the bio resonance therapy (meta-therapy).
The treatment method LITHOTHERAPY (spectral frequencies individually selected minerals)
Fear, Emotional Matrix, relationship Matrix, etc.... 1. Bio-resonance therapy, Meta-Therapy frequency treatment:

Conditions Treated Bio-resonance therapy, Meta-Therapy frequency treatment:

Allergies
ADHD
Acute Infectious Diseases
Bronchial Asthma
Autoimmune Diseases
Degenerative Organic Diseases
Rheumatic Diseases
Arthropathy
Gynecological Disorders such as:
Painful Menstruation, Hormonal Imbalance, Pre-natal Treatment
Immunodeficiency of varied origin
Post-Vaccine Complications
Intoxication and Toxic Stress
Headache and Migraine

Mycotic and Parasitic Disorders
All Types of Pain
Neurodermatitis and Eczema
Sports Injuries
Metabolic Diseases
Pre and Postoperative Treatment(s)
Secondary Viral Disorders
Urological Disorders
Etc....

4.2.5 Tissue Salts: the use of tissue salts provides essential minerals in a bioavailable form, addressing imbalances and promoting optimal biochemical functioning within the body.

Benefits

Support Cellular Health:
Mineral Supplementation:
Non-Toxic:
Improved Nutrient Absorption
Balanced Electrolytes:
Natural Healing:

4.2.6 Aromatherapy Essential Oils: Essential oils provide unique therapeutic properties that enhance relaxation, mood, and overall emotional wellbeing.

4.2.7 Herbal Medicines: These remedies are tailored to address specific health concerns, providing natural solutions that support holistic healing.

4.2.8 Substance Addiction Care and counselling : Addiction care services guide individuals towards recovery, offering a holistic approach that addresses physical, emotional, and spiritual aspects of healing.

4.2.9 General counselling services including nutrition and Spiritual: for life challenges, major life events.

6. SERVICES AND TREATMENTS.

1. Comprehensive Health Assessment and screening

2. Rapid tests Screening:

Blood pressure, Pulse, respiration, Temperature
Urinalysis
Blood glucose
Haemoglobin level
Cholesterol
Multidrug Tests (if applicable)

3. BIOPHILIA TRACKER:

Complex Analysis of all organs and systems of the human body

4. Medical Ozone Therapy:

Intravenous

Intramuscularly

Inhalation with bubble olive oil

Limb/wound bagging

Organ/skin/Local cupping

Ear, vaginal/rectal/bladder insufflation

5. Ozone infrared Steam Sauna :

6. Molecular Hydrogen: Inhalation, Hydrogenated water, Hydrogen tablets

7. Bio-resonance therapy, Meta-Therapy frequency treatment:

8. Tissue Salts:

9. Aromatherapy Essential Oils

10. Herbal Medicines: Intravenous, Tinctures, tea

11. Substance Addiction Care and counselling : screening, treatment plan, referral

12. General counselling services: nutrition and Spiritual