Sprint 3 Plan

Product/Team name: Gym Essentials
Sprint Completion Date: 7/23/2023
Revision Number: 0
Revision Date: 7/16/23

Goal:
The end goal of this sprint is to have a calendar that tracks the user's progress with photos and allows them to view prior photos. Additionally, we want to set up a notification system for our app.

User Stories:
- User Story 1: As a user, I want a workout app that sends me a notification that reminds and motivates me to work out.
    - Task 1: Create a notification system for motivational messages
    - Time estimate: 2 hours

    - Task 2: Create a notification system for workout reminders based on how often a user wants to workout
    - Time estimate: 2 hours

    - Total time for user story 2: 4 hours
    - Total story points: 3

- User Story 2: As a beginner in the gym, I want an app that provides predefined workout plans (for all muscle groups) so I don't have to make my own.
    - Task 1: Create workout plans
    - Time estimate: 2 hours
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    - Task 2: Hardcode workout plans so all users have access
    - Time estimate: 2 hours
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    - Total time for user story 2: 4 hours
    - Total story points: 5

Team Roles:
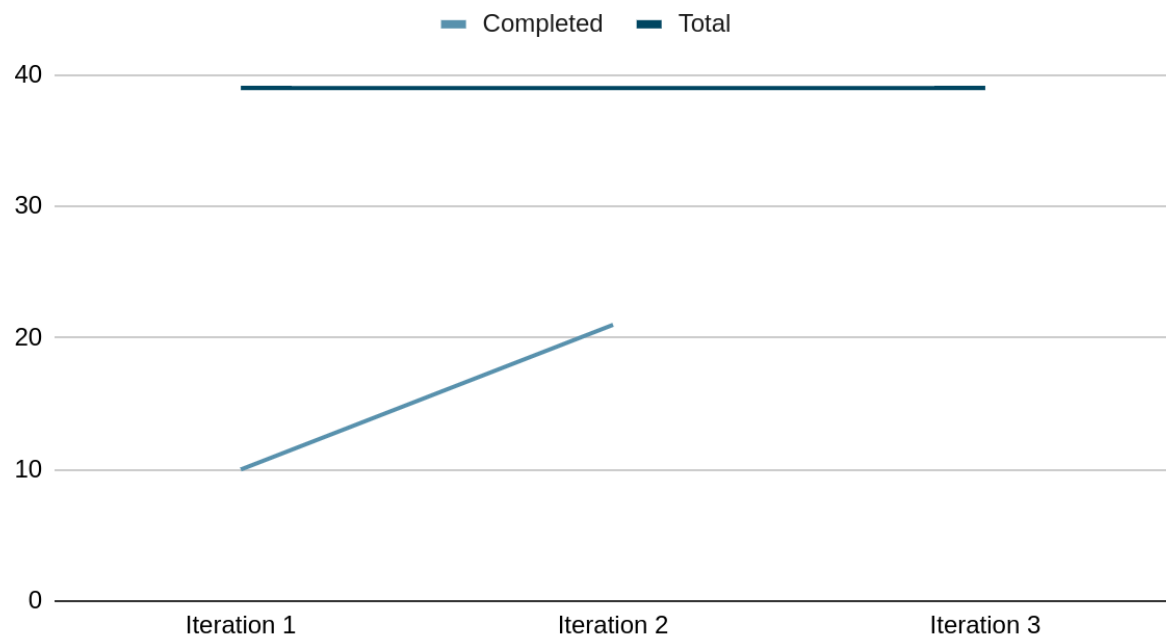Product Owner: Daniel Choy
Scrum Master: Shaunveer Gill
Developers: Courtney Wei, Morgan Lloyd, Mathew Raju, Leon Feng

Initial task assignment:

Daniel Choy: 1.2

Courtney Wei: 1.1

Morgan Lloyd: 2.1

Leon Feng: 2.2

Mathew Raju: 1.1

Shaunveer Gill: 1.2

Initial Burnup Chart:

Burnup Chart

— Completed   — Total

Iteration	

(Chart: Y-axis from 0 to 40. Total line flat at ~39. Completed line rising from ~10 at Iteration 1 to ~21 at Iteration 2. X-axis: Iteration 1, Iteration 2, Iteration 3)

Initial Scrum Board:

User Story	To-Do	In Progress	Done
Story 1	**1.1:** Create a notification **1.2:** Create a notification system for workout reminders based on how often a user wants to workout		

Story 2	2.1: Create workout plans list 2.2 : Hardcode workout plans so all users have access		

Scrum Times:
- Meeting 1: Tuesday 4:30 PM pm in Mchenry
- Meeting 2: Wednesday 2 pm in Mchenry
- Meeting 3: Friday 3:45 PM pm in McHenry