

Dr. Carolina Aguirre de Martínez

Medical Congress Biography

Dr. Carolina Aguirre de Martínez is a dentist and specialist in modern oral rehabilitation with more than 30 years of clinical experience in aesthetic dentistry and advanced smile design. Trained in Colombia and currently based in Puerto Cancún, Mexico, her work focuses on conservative, high-precision restorative and cosmetic procedures that preserve dental structures while optimising long-term oral health and function.

She obtained her dental degree from Fundación Universitaria San Martín in Colombia and subsequently completed her specialisation in Modern Oral Rehabilitation at Pontificia Universidad Javeriana. Throughout her career, she has developed extensive expertise in complex restorative cases, full-mouth rehabilitations and high-demand aesthetic smile transformations.

From her clinic in Puerto Cancún, Dr. Aguirre has introduced a minimally invasive veneer protocol that allows for comprehensive smile changes with minimal or no tooth reduction whenever clinically appropriate. This protocol, combined with meticulous diagnostic planning and strict adherence to evidence-based practice, has positioned her as a reference in contemporary aesthetic dentistry in Latin America.

Her patient base includes individuals from Mexico, the United States, Canada, Europe and the Middle East, many of whom are entrepreneurs, public officials and international professionals seeking advanced aesthetic dentistry with high clinical standards, clear communication and personalised case management.

Alongside her clinical practice, Dr. Aguirre has been actively involved in training colleagues across Mexico and Latin America through specialised courses and lectures in aesthetic dentistry and modern oral rehabilitation. Her educational approach emphasises minimally invasive concepts, functional occlusal planning and long-term stability in aesthetic cases.

Her professional mission is to integrate aesthetic excellence, minimally invasive techniques and modern oral rehabilitation in a predictable and safe manner, while contributing to the continuous training of dentists under international quality standards.

Dr. Carolina Aguirre de Martínez

Selected Curriculum – Congress Overview

Academic Background

- Dentist (Dental Surgeon), Fundación Universitaria San Martín, Colombia.
- Specialist in Modern Oral Rehabilitation, Pontificia Universidad Javeriana, Colombia.

Current Position

- Founder and Clinical Director, Dental Solutions, Puerto Cancún, Quintana Roo, Mexico.

Clinical Focus and Areas of Expertise

- Aesthetic dentistry and comprehensive smile design.
- Modern oral rehabilitation in complex and multidisciplinary cases.
- Minimally invasive veneer protocols (no- or low-prep concepts when clinically indicated).
- Integrated management of aesthetics, occlusion and function in full-mouth cases.
- Long-term treatment planning for stability and predictability in aesthetic rehabilitations.

Professional Experience

- Over three decades of continuous clinical practice in aesthetic dentistry and oral rehabilitation.
- Extensive experience in full-smile transformations for national and international patients.
- Development and implementation of minimally invasive veneer protocols in a high-volume clinical setting.
- Leadership of a multidisciplinary clinical team focused on complex restorative and aesthetic cases.

Teaching and Lecturing

- Lecturer and instructor in aesthetic dentistry and modern oral rehabilitation courses in Latin America.
- Focus on minimally invasive rehabilitation, occlusal stability and long-term follow-up in aesthetic cases.
- Ongoing contribution to training programmes for dentists seeking advanced skills in smile design.

International Patient Base

- Treats patients from Mexico, the United States, Canada, Europe and the Middle East.
- Experience working with entrepreneurs, public officials and international professionals requiring personalised care, strict confidentiality and coordinated treatment planning.

Professional Mission

To integrate aesthetic excellence, minimally invasive techniques and modern oral rehabilitation in a predictable and safe manner, while contributing to the ongoing education of dentists under the highest international quality standards.