

Client: Shawaiz Sarfraz
DOB: 02/03/2011
Provider: Alam Naqvi
Provider License: LMFT #1234, LMFT #123213

ARM-5

ARM-5 completed by Alam Naqvi on behalf of Shawaiz Sarfraz

Score	Bond	Scoring interpretation
2.8 (Overall alliance)	1/7	There are not any thresholds for interpretation, instead, the focus is on tracking changes over time. Higher scores can indicate a stronger, more positive alliance.
	Partnership	
	4/7	
	Confidence	
	2.5/7	

Question	Response	Score	Since last	Since baseline
Thinking about today's or the most recent meeting , please indicate how strongly you agree or disagree with each statement.				
1. My therapist is supportive.	Strongly Disagree	1/7	--	--
2. My therapist and I agree about how to work together.	Disagree	2/7	--	--
3. My therapist and I have difficulty working jointly as a partnership.	Disagree	6/7	--	--
4. I have confidence in my therapist and their techniques.	Slightly Disagree	3/7	--	--
5. My therapist is confident in him/herself and his/her techniques.	Disagree	2/7	--	--

Agnew-Davies, R., Stiles, W. B., Hardy, G. E., Barkham, M., & Shapiro, D. A. (1998). Alliance structure assessed by the Agnew Relationship Measure (ARM). *British Journal of Clinical Psychology*, 37(2), 155–172. <https://doi.org/10.1111/j.2044-8260.1998.tb01291.x>