











## I WOULD LOVE YOU TO JOIN OUR TEAM!

Here at Sheffield Teaching Hospitals we are PROUD to make a difference and our nurses, midwives and operating department practitioners are the 'face' of our Trust.

You make the difference between a patient and their relatives having average care, or a great outcome and experience. What you do every day has an important impact upon the lives of the people you care for at a time when they are often at their most vulnerable. So the quality of our nurses and midwives really matters and we want the best in our teams.

Inside this booklet you'll find out more about many of our amazing teams and the great work they do. By joining us you'll not only make a difference to your community and the wider public, you'll also be supported and developed as an individual to reach your potential.



A testament to this personal development is that eleven out of twelve of our most senior nurses, including me, started their career in Sheffield and over 70% of our Band 7 Nurse positions are filled by internal candidates.

We have great opportunities for nurses in each of the care groups highlighted in this booklet. There are also opportunities for Midwives at the highly regarded Jessop Wing maternity hospital and Operating Department Practitioners in our Operating Services, Critical Care and Anaesthesia, Surgical Services and South Yorkshire Regional Services care groups.

All of our care groups have excellent training and development programmes tailored to the speciality and your career aspirations. We understand how important flexible shift patterns and working hours are which is why we try our hardest to meet your requirements so that you can have a positive family and work life balance.

We consider your health to be as important as our patients and so we have a number of benefits including a staff fast track musculoskeletal service, mindfulness sessions, mental health support service, health and wellness activities and onsite childcare facilities available.

If you would like to find out more information about the opportunities available why not visit one of our open days or call (0114) 3052476 where a member of our team will be delighted to tell you more.

I do hope you will choose us to begin an exciting new career or further develop your potential and skills.

**Hilary Chapman** Chief Nurse

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## WHO WE ARE

We are one of the UK's biggest and most successful providers of hospital and community based healthcare.

We provide comprehensive NHS services ranging from maternity services to care of the elderly. We provide services to Sheffield, South Yorkshire, Mid Yorkshire and North Derbyshire but also specialist services to all parts of the UK.

Thanks to the expertise of everyone who works at Sheffield Teaching Hospitals we have been named Trust of the Year in the Good Hospital Guide three times. We are proud to be in the top 20% of NHS Trusts for patient and staff satisfaction.

We are here for people at every stage of their life. We are passionate about looking after people and enabling them to be as healthy and independent as possible.

We have a history of providing safe, high quality care and we are a UK leader in clinical education and research.





ONE OF THREE
major trauma centres in
Yorkshire and the Humber



€16,000 MEMBERS 1



\$150,000 ACCIDENT & EMERGENCY ATTENDANCES

£1BILLION NATIONAL CENTRES BUDGET OF EXCELLENCE

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#### **Sheffield**

Population 560,000 All clinical services

#### South Yorkshire (pop 2.2m)

- Cardiothoracic
- Vascular
- Bone
- Cancer

#### **National** including:

- Pulmonary Vascular Disease
- Ocular oncology
- Orthopaedics
- Gestational Trophoblastic Disease
- Spinal Injuries
- Infectious diseases

## HOW WE MAKE A DIFFERENCE

#### **VISION**

To be recognised as the best provider of health, clinical research and education in the UK and a strong contributor to the aspiration of Sheffield to be a vibrant and healthy city region.

#### **MISSION**

We are here to improve health and well-being, to support people to keep mentally and physically well, to get better when they are ill and when they cannot fully recover, to stay as well as they can to the end of their lives. We aim to work at the limits of science - bringing the highest levels of human knowledge and skill to save lives and improve health. We touch lives at times of basic human need, when our care and compassion are what matter most.

#### **VALUES**

Patient-first - Ensure that the people we serve are at the heart of all that we do

Respectful - Be kind, respectful, fair and value diversity

Ownership - Celebrate our successes, learn continuously and ensure we improve

Unity - Work in partnership with others

Deliver - Be efficient, effective and accountable for our actions

#### **AIMS AND OBJECTIVES**



### Deliver the best clinical outcomes

Treat and care for people in a high quality, safe environment and protect them from avoidable harm.

Help people to recover from episodes of ill health or following injury.

Maximise the health of those who use our services.

Enhance the quality of life for people with long-term conditions.

Ensure clinical practice is evidence-based.

Contribute to the development of locally tailored public health prevention strategies.

Ensure person centred and coordinated care for our patients near the end of life.



### Provide patient-centred services

Treat patients and their families with respect, dignity and care.

Provide the right care in the right place, first time, working in partnership.

Maximise the quality of the patient experience.

Provide patients with choice, giving them greater involvement and control over their

Move care closer to home where appropriate and evidence-based.

Communicate effectively and develop a vibrant system of engagement within the local community.

Learn from complaints, compliments and other feedback.



### Employ caring and cared for staff

Treat staff with dignity and respect, encouraging them to take responsibility for their own actions.

Ensure staff seek feedback from patients, visitors and colleagues.

Develop a culture that promotes and demonstrates PROUD values

Employ engaged and motivated staff.

Engage, support and empower all staff to continually improve the services they deliver.

Promote health and well-being for all our staff, their families and the communities they live in.

Provide an environment where staff can achieve their potential and develop their leadership skills.



## Spend public money wisely

Ensure financial strength and stability.

Reduce inefficiencies and continually identify more efficient ways of working.

Ensure our services cost less to deliver than we receive in income.

Ensure value for money is central to all decision-making processes.

Learn from other health care providers both in the UK and abroad.



## Deliver excellent research, education and innovation

Become one of the top R&D performers in England.

Become a leading centre for innovation, spread and adoption, working with industry to create jobs and wealth.

Lead the development of top quality education and training for all staff.

Develop research in all disease areas.

Participate in NIHR, other UK and EU grant funding programmes.

To maximise the benefits from the use of technology

## A LEADER IN HEALTHCARE

#### **The Northern General Hospital**

The Northern General Hospital is home to Sheffield's Accident and Emergency department which is also one of the three Major Trauma Centres in the Yorkshire and Humber region. A number of specialist medical and surgical services are located at the Northern General, including cardiac, orthopaedics, burns, plastic surgery, spinal injuries, gastroenterology and renal. A state of the art laboratory complex providing leading edge diagnostic services is based here at the Northern General, with the hospital also providing a wide range of specialist surgery including spinal cord, hand and kidney transplantation. The Northern General Hospital is home to one of three national centres of excellence for spinal injuries.

#### **Royal Hallamshire Hospital**

The Royal Hallamshire Hospital has a dedicated neurosciences department including an intensive care unit for patients with head injuries, neurological conditions such as stroke and for patients undergoing neurosurgery. The Sheffield Stereotactic Centre is recognised nationally for its expertise in neurosurgery. We also have a large tropical medicine and infectious diseases unit, ophthalmology centre, gynaecology and a specialist haematology centre, alongside other leading medical and surgical services.

#### **Jessop Wing**

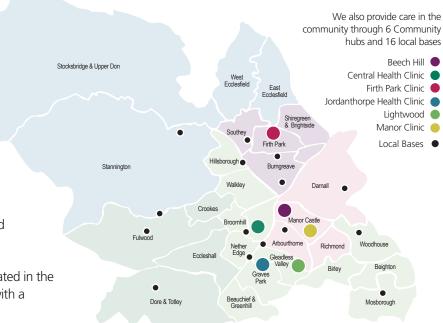
The Jessop Wing is a purpose built maternity unit where approximately 7500 babies are born each year. In addition to a labour ward, there are postnatal wards and one antenatal ward, an admission triage and a high dependency unit. The Jessop Wing also provides neonatal intensive and special care for sick and premature babies born in Sheffield and those transferred from other units in the region. It is also home to the Jessop Assisted Conception Unit.

#### **Weston Park Hospital**

Weston Park Hospital is one of only four dedicated cancer hospitals in the country. Its reputation as a centre of excellence for both cancer treatment and research is recognised, not only here in the UK, but also internationally. Our purpose built Cancer Research Centre, partly funded through charitable gifts and donations, is fully integrated within Weston Park Hospital and is credited as a pioneer of numerous modern advances within the field of cancer research. As home to one of the best radiotherapy departments in the UK (and the only one in the vicinity of South Yorkshire, North Nottinghamshire and North Derbyshire), Weston Park is ideally equipped to handle the 6,000 new cases of cancer diagnosed annually in this region alone. On average, nearly 60,000 patient visits are received every year by the department

#### Charles Clifford Dental Hospital

The Charles Clifford Dental Hospital provides specialist dental services for Sheffield and the surrounding areas. Located adjacent to the Royal Hallamshire Hospital it is a large dental teaching hospital linked to the University of Sheffield School of Clinical Dentistry. The School enjoys a national and international reputation for the quality of its teaching and research. Ninety two percent of research undertaken is graded as 'world leading' or 'internationally excellent'. The School was rated in the top ten in the Guardian University Guide, with a student satisfaction score of 97%.



OF THE YEAR 3 5 YEARS

AMONGST 20% OF HOSPITAL THE TOP 20% TRUSTS FOR PATIENT SATISFACTION

SINFECTION CONTROL & MORTALITY RATES ARE VERY GOOD ONE OF 20%
THE TOP 20%
TRUSTS FOR
STAFF
ENGAGEMENT

## PRECEPTORSHIP

#### What will happen within the preceptorship period?

The Trust is committed to providing an environment which minimises risks and promotes the health, safety and wellbeing of all who enter the premises as staff, patients or visitors. Your induction is part of this commitment.

### What will happen within your preceptorship period?

During the preceptorship period, you will be supported to:

- Identify personal and professional issues relevant to your own development
- Consolidate and apply knowledge gained during your pre-registration education
- Identify how national and local policy and strategy initiatives impact upon care provision
- Understand the implications of your professional accountability and responsibility
- Become confident in your own clinical practice by achieving essential skills proficiencies whilst obtaining iob satisfaction
- Demonstrate sensitivity to the needs of patients / clients
- Become an effective integrated team member
- Remain up to date with current knowledge and practice and demonstrate reflective techniques which will assist with your revalidation process in 3 years' time
- Demonstrate PROUD Values held by the trust

#### Whilst on this programme you will:-

- Learn about the Trust, its structure and care groups
- Attend introductory training sessions on a number of generic mandatory subjects
- Receive general information considered helpful to new staff e.g. working patterns
- Undertake introductory sessions applicable to your clinical practice e.g. specific skills for that clinical area
- Achieve the competencies required for fulfilment of the preceptorship programme

#### Local support for preceptorship

Your clinical area will provide local induction and role orientation. They will also identify a preceptor who will support you for the six-month period of preceptorship and monitor your progress during this time. The specific support provided and the nature of the relationship between you and your preceptor will be agreed in accordance with individual and service needs. Each care group has a link member of staff from Learning and Development allocated to offer support and guidance as often as required.

#### **Methods of Training**

The central preceptorship programme is delivered by the Learning and Development Department. During this time we will offer blended learning opportunities to deliver information in the following ways:

- Written information
- Lecture/talks/Interactive Workshops by specialist staff
- Support from Learning and Development Department staff and discussions with other course attendees
- Friends and family feedback. Service users and staff surveys.
- E-Learning

#### **Preceptorship**

Throughout central and local induction some topics will relate directly to your clinical practice and there is space provided to make notes for future reference. As you apply your learning to practice and demonstrate competence in the core and specific clinical skills within the log book you will be expected to complete the preceptorship section of the Induction and Preceptorship Log Book.

#### **E** Learning

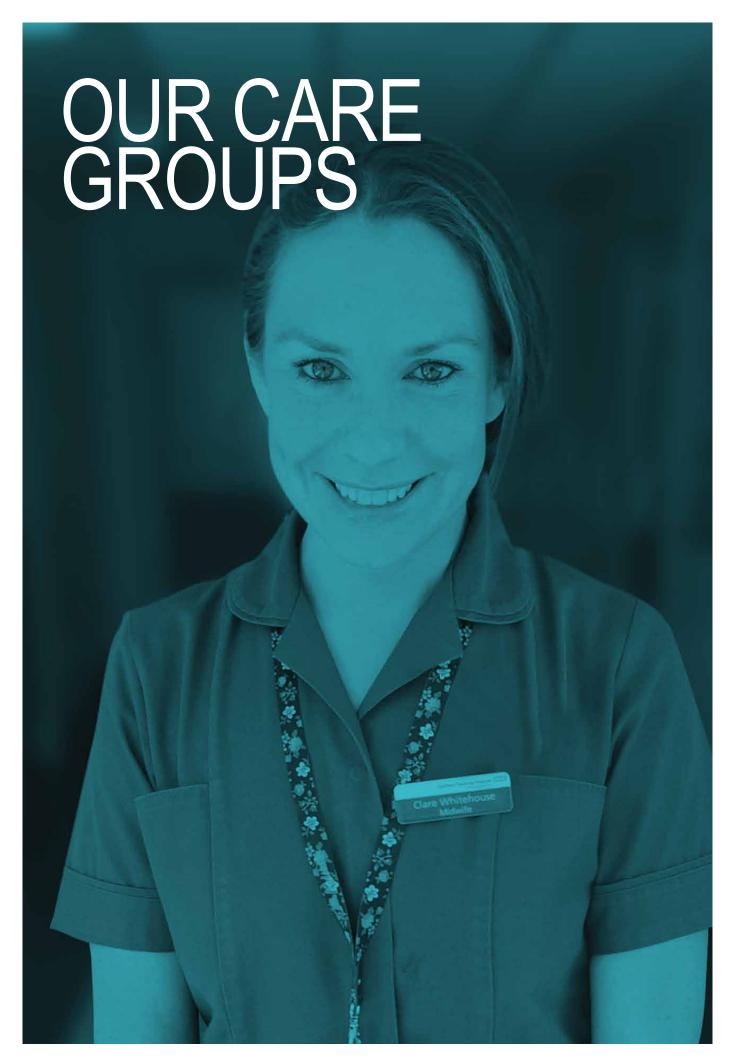
- Medicines Management In Patient Area Drug Card -
- Medicines Management Safer use of Insulin (hospital based staff) - e-learning
- Blood Transfusion Registered Practitioners
- Infection Control Clinical
- Information Governance
- Equality and Diversity Awareness
- Dysphagia: Nutrition and Hydration
- Falls Prevention

Within the preceptorship programme a blended approach is taken incorporating theory and practice examples of subjects covered are:

- Communication
- Personal Development
- Professional Behaviour
- Delivery Individualised Care
- Management of Care
- Winter pressures
- Health Promotion
- Administration of Medicines
- Aseptic Technique
- Equipment use

- Pain Management
- Service improvement/Complaints
- Specimen Management
- SHEVVs
- Venous Thromboembolism
- Nutrition, Fluid & Dysphagia Management
- -Pressure Ulcer Prevention, Management and Equipment Selection

We really value constructive feedback from sessions attended or changes/ideas the groups/individuals have to help future newly qualified Staff Nurses. There are opportunities for further development and this can be identified at your appraisal and development reviews.



## **ACUTE & EMERGENCY MEDICINE**

#### Emergency Department, Acute Medical Unit, Medical Assessment Centre

#### **About Acute and Emergency Medicine**

Our Acute and Emergency Care Group is made up of the Emergency Department, Medical Assessment Centre and Acute Medical Unit

#### **Emergency Department**

Our Emergency Medicine team are based at the Northern General Hospital, which provides unscheduled care for an average of 300 patients per day and has over 118,000 attendances per year. The department also provides Emergency Nurse Practitioners to run the Minor Injuries Unit at the Royal Hallamshire Hospital. We are an adult-only department, with emergency care for under 16 year-olds provided by the emergency department at Sheffield Children's Hospital.

The management structure of the ED has recently changed and we have multiple service improvement projects in progress to improve patient care and experience. We are striving to have as many of our team involved in service improvement as possible.

The team seek to provide a high level of patient care, ensuring that our patients are assessed, treated and admitted and discharged within four hours where ever possible. The department manages everything from minor injuries, life threatening medical emergencies such as strokes and heart attacks, severe life or limb threatening injuries such as those from car accidents, and other less

severe medical conditions such as abdominal pain.

We are a Major Trauma Centre which serves South Yorkshire, Bassetlaw and Derbyshire County and is one of only 26 Centres nationally. We see significant amounts of major trauma and our outcomes compare favourably with national results. We have specialist trauma nurse coordinators who ensure excellent continuing care for these patients.

There has also recently been a £2m investment in a new helipad to further cement our position as a leading centre for emergency treatment and care.

#### Deep vein thrombosis (DVT) Service

We have a team of Specialist Nurses in the Emergency Department at the Northern General Hospital who investigate, diagnose and treat Deep vein thrombosis (DVT). Patients from primary care and self-referring patients who have suspected DVT are assessed in the Emergency Department of the Northern General Hospital. Patients with a DVT diagnosis are usually treated as an outpatient with anticoagulation and follow up in the anticoagulation clinic under the haematology department.

#### **Clinical Decision Unit (CDU)**

We have a "Clinical Decision Unit" where ambulatory care patients (DVT, PE, low risk chest pain) wait for decisions regarding their care. We also have Front Door Response Team (FDRT) to assess patients following falls etc, aiming to discharge patients home rather than requiring an admission.

They have access to intermediate care and community social care and consist of physio, occupational therapy and social work support. Our mental health liaison team is also based there to provide timely mental health assessment to patients who attend with mental health problems or following self-harm

#### **Medical Assessment Centre**

Our Medical Assessment Centre (MAC) provides early, specialist, assessment for patients referred to hospital by their GP. Patients are rapidly seen and assessed by a variety of health care professionals including our Advanced Nurse

Practitioners.

Since the introduction of this service we have seen a significant reduction in the time patients wait for assessment and investigations to be performed resulting in earlier diagnosis and treatment. As a result, we have seen an increase in the number of patients who are discharged home without the need for admission to hospital.

The benefits of providing this service have been widely recognised and it is our intention to increase the size and scope of the centre to serve a greater number of patients as well as developing the skills of our nursing team to include a number of extended skills

"It is a fantastic place to work! You are really supported, in terms of personal and professional development, and you have such a great choice in terms of specialisms and career progression"

Jane Scothern

#### **Acute Medical Unit**

Our Acute Medical Unit (AMU) is a 56 bedded area providing high quality treatment and care to patients with a variety of medical conditions referred from the Emergency Department and Medical Assessment Centre. Patients remain on the unit for up to 48hrs prior to discharge or referral to a specialist medical ward.

The AMU team take a multi professional approach to assessment involving doctors, nurses, physiotherapists, occupational therapists, pharmacists and a variety of other additional clinical staff. This holistic approach to patient care has resulted in a significant increase in the number of patients being discharged back to their own home directly from the unit without the need for a lengthy hospital stay.

Both the MAC and AMU teams are highly motivated and dedicated to providing excellent patient care in a dynamic environment committed to the development of our staff through education and clinical experience.

If you are interested or have any further questions please contact:

Susan Briffa, Nurse Director susan.briffa@sth.nhs.uk 0114 2261236

# CARDIOTHORACIC, RENAL, VASCULAR SERVICES

South Yorkshire Regional Services

#### **About Cardiac & Thoracic, Renal, Vascular Services**

The "South Yorkshire Regional Services Care Group" comprises our Cardiothoracic, Renal and Vascular Services and provides local, regional and national services to a wide population which includes Sheffield, Rotherham, Chesterfield, Barnsley and Doncaster and beyond. Services include:

#### **Cardiothoracic Services**

The Cardiothoracic Centre is based at the Northern General Hospital, providing services in Cardiac Surgery, Thoracic Surgery and Cardiology.

Our services are contained within the purpose-built Chesterman Wing with Firth 7 and the Coronary Care Unit (CCU) in the Firth wing, all of which provide top quality, modern facilities for the management of heart and lung disease.

We provide a comprehensive range of services for the management of all aspects of adult Coronary Heart Disease, adult congenital heart disease as well as the surgical treatment of lung disease including lung cancer, chronic obstructive pulmonary disease and chest wall conditions.

Services are all contained within our modern purpose built centre which provides top quality, cutting-edge facilities for the management of heart and lung disease, enabling our multidisciplinary teams to work together to provide holistic, integrated treatment for patients.

Facilities include cardiac theatres and recovery, cardiac catheter suite, cardiac intensive care, a "Progressive Care Unit" for high dependency patients and thoracic and cardiac surgery wards.

#### **Renal Services**

The Sheffield Kidney Institute is the Regional Renal Unit for North Trent covering a population of 2.2 million. Services provided include acute and chronic Nephrology as well as the provision of End Stage Renal Failure therapy including haemodialysis, peritoneal dialysis and renal transplantation.

There are approximately 50 new transplants performed each year including a living donor transplant program which offers laparoscopic donor kidney retrieval.

Facilities include two inpatient wards at the Northern General Hospital, along with 31 and 26 station haemodialysis units, 12 station units at Chesterfield and Barnsley as well as an 18 station satellite dialysis unit in South Sheffield and purpose built outpatient clinic facilities.

Clinics are held daily including renal transplant, general nephrology and dialysis. In addition there are a number of specialist clinics including Renal Genetics Clinic, Renal-Rheumatology SLE Clinic, Renal-Obstetric Clinic and a Transition Clinic for adolescents with kidney disease.

Satellite Dialysis Units are located at District General Hospital sites in Rotherham, Chesterfield and Barnsley. A dedicated multidisciplinary team of doctors, specialist nurses, dieticians, renal psychologists and social workers provide high quality, compassionate care for patients with kidney disease.

"I am proud that my team and I are able to put a smile on patient's faces and make a difference at a very vulnerable time in their lives.

I work with some truly inspirational nurses and support workers who are totally focussed on providing first-class care"

Ian Kennen

#### **Vascular Services**

The Sheffield Vascular Institute (SVI) is a specialist collaborative unit providing diagnosis and treatment of disorders involving blood vessels. Surgeons and Interventional Radiologists work hand in hand with Specialist Vascular Nurses to ensure that patients receive the best possible care. Sometimes this involves traditional open surgical techniques and sometimes endovascular or "keyhole" techniques.

Our Firth 2 ward, based at the Northern General Hospital, is a dedicated ward for vascular surgery patients, including those who have had major lower limb amputation, and there is a dedicated angiography suite with a Day Ward. There are also 6 plastic surgery elective and trauma beds and 6 diabetes and endocrine beds on this ward, applicants will therefore gain a wealth of experience.

The SVI has a national reputation and is one of the biggest Vascular Units in the UK and is known as being at the cutting edge of vascular interventional radiology.

Rotation within SYRS services is actively encouraged where desired, to support nurses in their ongoing educational and career development.

If you are interested or have any further questions please contact:

Jackie Paramore, Deputy Nurse Director jackie.paramore@sth.nhs.uk 0114 2714848

## COMBINED COMMUNITY AND ACUTE CARE

Integrated Geriatric and Stroke Medicine, Primary Care and Interface Services, Integrated Community Care and Therapeutics and Palliative Care

#### **About Combined Community and Acute Care**

This Care Group comprises:

- Integrated Geriatric and Stroke Medicine, which includes inpatient areas at the Royal Hallamshire Hospital, the Northern General Hospital and Beech Hill Intermediate Care Unit
- Primary Care and Interface Services, which includes a Transfer of Care team and our award winning Active Recovery service
- Integrated Community Care, which includes Sheffield's community nursing service
- Therapeutics and Palliative Care, which includes the Macmillan Palliative Care Unit

The diversity of this care group offers great opportunities for all nurses, we have the ability to offer moves within the group that enables nurses to develop a rounded experience through the whole care pathway.

#### **Integrated Geriatric and Stroke Medicine**

#### Geriatric Medicine

We also have a nationally recognised Geriatric Medicine Unit at the Northern General hospital with wards dedicated to the care of elderly patients. The development of the Frailty Unit and Discharge to Assess (a new way of working which sees patients being assessed in their own homes rather than waiting in hospital) is at the forefront of national changes to community care

The senior multidisciplinary team is dynamic, working continuously to make changes to improve patient pathways and care. There are excellent opportunities for both newly qualified nurses and experienced nurses to enhance their careers.

#### Stroke

Sheffield is at the forefront of specialist stroke care including thrombolysis, research and education. The Acute Stroke Unit at the Royal Hallamshire Hospital cares for patients within the stroke pathway which starts on the Hyper acute stroke unit within the Head and Neck Care Group (ward L2) and continues on the Acute Stroke Unit (Q1 & Q2) through to the community.

This is an exciting time for the stroke pathway as the acute stroke unit and the community stroke teams are now part of the same care group and as such are working closer than ever before, providing opportunities for joint working and rotation between the different teams.

#### Beech Hill Intermediate Care Unit

This is a 31 bedded unit providing rehabilitation for stroke and ortho-medical patients as part of the Intermediate Care Service in Sheffield. The aim of the service is to facilitate early discharge from hospital by providing rehabilitation to enable people to fully recover from an acute episode or following hospital treatment, so they can try to regain a level of independence, to enable them to return home.

#### **Integrated Community Care**

Sheffield has 23 community nursing teams covering the whole city. We currently have various full and part time posts available within those teams. The Community Nursing Service provides nursing care to patients in their own home.

#### **Palliative Care**

At the Northern General Hospital there is the Macmillan Palliative Care Unit. The overarching aim of this inpatient unit is to provide active holistic care for patients with advanced progressive illness in order to achieve the best quality of life for them and their families.

If you are interested or have any further questions please contact:

## Gill Smith, Deputy Nurse Director Gillian.Smith@sth.nhs.uk 0114 3052336



## HEAD AND NECK CARE GROUP

#### Neurosciences, Ear, Nose and Throat, Oral & Dental, Ophthalmology

#### **About Head and Neck**

The care group currently comprises our Neurosciences (Neurology, Neuro Day Care, Neuro outpatients, Critical Care, Neuro Rehabilitation & Neuro Surgery) Ear, Nose and Throat, Oral & Dental and Ophthalmology services.

#### **Head and Neck Centre**

The Head and Neck Centre provides a regional service taking referrals for specialist treatment for Oral Maxillofacial, Ophthalmic and Ear, Nose and Throat conditions. We take emergency admissions for the three specialities 24/7. We care for patients with head and neck cancer who require major surgery as well as patients who undergo more minor surgery.

The Head and Neck centre is comprised of a multidisciplinary team of doctors, nurses, physiotherapists, speech therapists and pharmacy staff. As a nurse on the ward you will be part of the team to provide our patients with a comfortable and dignified stay in hospital whilst delivering care that will provide the best possible outcomes.

#### **Ear, Nose and Throat Outpatients**

The Ear, Nose and Throat Department is a busy department that is under continuing expansion. It serves patients both locally and regionally for general ENT conditions and more complex high impact problems. This includes being the regional centre for Bone Anchored Hearing Aid surgery and ENT oncology. The department also provides a multidisciplinary team approach to pre and post-operative care support.

All of the staff within the clinic setting continually strive to provide a patient centred service with positive outcomes for both patients and their families.

The nursing team within the department manage their own nurse led clinics, including aural microsuction and tracheostomy tube change/care clinics.

We also work very closely with Primary Care Partners by running "Ear care clinics" at a local GP practice.

#### **Ophthalmology Department**

The Ophthalmology Department is a busy outpatient department which provides local, regional and national specialist ophthalmology services. These include: medical retina, vitreo retina, corneal, ocular oncology, ocular plastics, glaucoma, motility and emergency eye care.

As part of the ophthalmic nursing team you will gain experience in all of these sub-specialities and have the opportunity to develop your skills in ophthalmology. Within the department we have developed various nurse led services which you will have the opportunity to undertake training for.

#### **Neuro Day Care**

The Neuro Day Care Unit provides day care mainly for patients with neurological problems such as multiple sclerosis, where disease modifying therapies are delivered usually intravenously.

The unit also sees patients who are undergoing stereotactic radiosurgery as day cases and neurosurgical patients who have complications and need to return to see a doctor.

#### Neuromedicine

Neuromedicine cares for patients with conditions such as epilepsy, multiple sclerosis, Parkinson's disease and Motor Neurone Disease.

Additionally the speciality also has an 8 bedded Neuro assessment Unit, taking emergency and acute conditions but mainly assessing patients who are suspected of having a stroke. These patients come from 999 ambulance calls, A&E and from their GPs.

Patients are assessed by specialist stroke nurse practitioners and the nurses working in the unit that day admit these patients, look after the relatives and, with further training, take blood samples and undertake dysphagia screens.

To support the stroke pathway there is also a 8 bedded Hyper Acute Stroke Unit taking acute stroke patients for thrombolysis treatment and acute care prior to going for rehabilitation. Neuromedicine also provides 4 telemetry beds where patients have a continuous EEG for several days in order to diagnose epilepsy.

#### **Neuro Intensive Care Unit**

Sheffield provides a regional neuroscience service for a population of 2.2 million people covering South Yorkshire, North Derbyshire, and North Lincolnshire. Approximately 1500 adult neurosurgical procedures are performed annually. The unit provides a regional referral service for critically ill neuroscience patients, those with head injury, brain haemorrhage and neuromedical conditions.

#### **Neurosurgery**

The ward has patients at various stages of their neurosurgical pathways, both pre and post-operatively, and patients undergoing investigations. Patients with a variety of conditions are nursed on the ward; these conditions include spinal problems, neuro oncology and hydrocephalus. The ward also sees patients who are undergoing stereotactic radiosurgery and specialist implant surgeries for neuromedical conditions such as epilepsy, dystonias and Parkinson's disease. Within Neurosurgery there are opportunities to rotate to the Neuro Intensive Care Unit and experience the whole patient journey.

#### **Neuro Rehabilitation**

Neuro rehabilitation is the area of rehabilitation medicine that treats conditions that affect the nervous system: for example, multiple sclerosis, stroke and certain infections or brain tumours. The most common condition is traumatic brain injury. Input from a rehabilitation team can help with recovery and has been shown to affect the long term outcome for family as well as for individuals suffering injury. The ward has patients at various stages of their rehabilitation pathways.

#### **Dental Services**

The Charles Clifford Dental Hospital is next to the Royal Hallamshire Hospital as well as being within the University campus. It incorporates the Schools of Dental Hygiene, Dental Therapy and Dental Technology, and provides training for Dental Nurses.

Many of our services at the Charles Clifford Dental Hospital have been recognised as outstanding by the CQC.

If you are interested or have any further questions please contact:

Sue Cockbill-Black, Deputy Nurse Director sue.cockbill-black@sth.nhs.uk

## MEDICINE AND PHARMACY SERVICES

Diabetes & Endocrinology, Respiratory, Gastroenterology and Pharmacy

#### **About Medicine and Pharmacy Services**

Our Medicine and Pharmacy Services care group includes our award-winning Diabetes and Endocrine, Respiratory, Gastroenterology and Pharmacy services.

#### **Respiratory Medicine**

Respiratory Medicine provides both inpatient and outpatient, elective and non-elective care for a wide range of respiratory related illnesses.

The in-patient areas include general wards as well as a specialist Respiratory Support Unit with six high-dependency beds, a dedicated specialist Cystic Fibrosis Unit and Ward and internationally renowned Pulmonary Vascular Disease Unit. We have and are currently developing more nurse-led services that not only promote health, but aim to provide a 'virtual ward' environment where patients receive complex and sometimes extensive treatments without the need of inpatient hospital admission. Our specialist respiratory nursing teams work across the inpatient, outpatient and community services providing an extensive specialist nursing network to patients with a wide range of complex respiratory conditions.

#### **Diabetes & Endocrinology**

We have a team of specialist nurses, dietitians and podiatrists who provide inpatient and outpatient specialist services to young people and adults with diabetes and endocrine related conditions, as well as structured education and training for all our health professionals.

Our award-winning teams also have an international reputation for clinical research and innovation in diabetes and endocrinology, which has led to a recent £3 million grant to investigate diabetes-related pain. We have also recently developed a Diabetes Outpatients Centre which provides a range of services.

The in-patient areas include general wards and we are proud to have an Endocrine Investigation Unit, a regional Centre of Excellence, providing diagnostic and treatment plans to our patients.

#### **Gastroenterology & Hepatology**

Our well established and progressive service now offers one of the most comprehensive and specialised services in the UK. The Gastroenterology Units across our hospitals treat a wide range of gastrointestinal conditions. All standard gastrointestinal investigations are available within the hospital, and in addition, many new techniques and treatments have been pioneered and established in the department.

A major part of our service's work is the provision of endoscopic services, including upper gastrointestinal endoscopy, sigmoidoscopy, colonoscopy and therapeutic procedures such as treatment of bleeding sources and oesophageal dilatation. We also provide a service for endoscopic ultrasound and hepatobiliary endoscopic ultrasound.

#### **Career Development**

Within the Medicine and Pharmacy Care Group, career and personal development is central to our staff experience.

We provide supported career pathways, practicing in one of our many specialities. We also have scope for staff to transfer specialties and enhance their medical practice and career development.

#### "The support system, especially as a newly-qualified nurse, makes you feel really well looked after and cared for as an individual and as part of a wider team"

Muna Ali

Staff are able to pursue routes of advanced practice, education and leadership roles. We also offer comprehensive, tailored local induction package, including time with a range of Clinical Nurse Specialist (CNS) and support staff in specialist roles

Our dedicated Clinical Educator team supports new staff into the care group and clinical settings, as well as a providing a robust mentorship and preceptorship programme. With many nurse-led clinics and a range of specialist services, the Medicine and Pharmacy Care Group can provide you with a vibrant and exciting nursing career.

The Education team is based in both clinical and educational areas and facilitates staff development through the following initiatives:

- Tailored local induction programme
- Competency framework for all staff which form part of your continuing professional development and your professional portfolio.
- Extensive competency packages which include
- IVs, Central Venous Access Devices,
- Male Catheterisation
- Dysphagia Foundation Practitioner
- Staff Nurse Competencies which encompass area specific development, skill and knowledge to be gained.
- NMC recognised Mentor Preparation programme support
- Continuing development courses
- Link Nurses Courses Resuscitation, Infection Control, Moving & Handling Key Trainer
- CPD portfolio development
- Clinical Support
- Band 5 and 6 development/leadership courses
- Rotation to AMU and ED
- Transfer to areas within MAPs

## If you are interested or have any further questions please contact:

## Respiratory Medicine, including the Respiratory Support Unit

Ruth Marrison, Matron 0114 2715188 Laura Harrison, Matron 0114 2266219

#### **Diabetes & Endocrinology**

Denise Pugh, Matron 0114 2714302 Sue Beveridge, Diabetes Nurse Specialist Manager, 0114 2714672

#### **Gastroenterology Service**

Denise Pugh, Matron 0114 2714302 Janice Dalgarno, Matron 0114 2714473

## MATERNITY, GYNAECOLOGY, NEONATOLOGY AND RADIOLOGY

#### About Maternity, Gynaecology, Neonatology and Radiology

Our Maternity, Gynaecology, Neonatology and radiology services are part of our LEGION care group which contains our award winning maternity teams and innovative scientific and technical services.

#### **Maternity Gynaecology and Neonatology**

Maternity Gynaecology and Neonatology provides women's services in a purpose built maternity unit where approximately 7250 babies are born every year.

The Jessop Wing offers a range of out-patient facilities. These include the midwifery-led clinic, Consultant obstetric clinic, ultrasonography, feto-maternal unit Assisted Conception and Gynaecology outpatient clinic.

The feto-maternal unit provides highly specialist care to women from the region with complicated pregnancies. It offers prenatal diagnosis for fetal abnormalities and screening for high risk pregnancies. We also care for women who have serious medical conditions affecting their pregnancy and offer support and choice around birth options for women who have had previous complex births or who have additional needs.

Our assisted conception Unit is a tertiary referral centre providing consultation, diagnostic and specific fertility procedures for women and their partners such as ovulation induction, donor eggs/sperm, in vito fertilisation (ivf).

The Gynaecology outpatients department is a very busy department providing a range of consultations, diagnostic and ambulatory treatment procedures for women within the specialist areas such as hysteroscopy, colposcopy, urogynaecology oncology menopause and infertility many of which are Nurse led. Early pregnancy care assesses and supports women with conditions such as pain and bleeding as well as miscarriages and terminations, it also takes emergency admissions and provides family planning services to postnatal women.

There are 22 rooms on our labour ward, all with en-suite facilities. There is a labour ward assessment unit and a Midwifery Led Unit, which has a home from home environment, a birthing pool and many facilities to support a natural birth. . The consultant-led labour ward also has an advanced obstetric care unit for women who require close observation and treatment and two obstetric theatres.

We have 2 post-natal wards and an antenatal ward where women receive care from a midwife, supported by teams of skilled professionals and support workers.

As the regional Neonatal Intensive Care Unit for the North Trent Neonatal Network we provide care for Sheffield babies as well as babies from other units. The neonatal unit comprises of 16 intensive care cots, 8 high dependency cots, 18 special care cots and 6 transitional care cots It providing specialist care for babies born prematurely or who become unwell. We provide care for babies requiring specialist forms of intensive care which include Nitric oxide, oscillation or therapeutic cooling. Our team supports the families and careers as their babies move through high dependency to special or transitional care and then into our supportive community team.

"Working for Sheffield
Teaching Hospitals provides an
opportunity to work alongside
people with an enormous range of
skills and experiences. No two days
are ever the same and the
opportunity for learning is vast. The
teamwork between my colleagues
and the support from them is
amazing and well appreciated!"

Amanda Muller

#### Radiology

Our radiology service plays a vital role in the day to day running of the Trust and management of patients attending for imaging procedures. Radiology staff nurses work as part of a multi-disciplinary team delivering a high standard of patient care across our Northern General Hospital and Central campus.

Throughout the Care Group we aim to provide client centred care acknowledging that this may be the first time that they have been inside a hospital or maternity unit. Women and their families have a range of needs unique to their social, medical and personal circumstances.

#### **Career development**

A career in LEGION provides a wealth of opportunities and experiences. For example, there are specialist teams for the provision of stop smoking service, infant feeding support, and women with vulnerabilities. We listen to what women want and endeavour to support them towards a positive experience, supporting home birth, pool birth as well as providing skilled advanced obstetric neonatal and gynaecological care.

We are an academic research directorate and actively facilitate staff to engage with the quest for knowledge.

Our innovative approach led to our maternity and gynaecology services being rated as "Outstanding" in our last CQC inspection.

As a new member of staff to our care group you will receive the relevant training to assist you with your practice. This will be from a team of dedicated clinical midwifery and Nursing educators, in the form of a bespoke induction course, study days and teaching sessions both online and in house. You will also be assigned a designated preceptor, and a preceptor package to work through with your first year with us.

Join us you won't look back.

If you are interested or have any further questions please contact:

Marie Reid, Deputy Nurse Director and Deputy Head of Midwifery Marie.Reid@sth.nhs.uk

## MUSCULOSKELETAL CARE GROUP

#### About the Musculoskeletal (MSK) Care Group

With over 200 different conditions our Musculoskeletal Services care for a broad range of adult patients including acute orthopaedic trauma, chronic long term conditions, chronic pain, and therapy. Our Musculoskeletal care group offers unique opportunities for health professionals to work collaboratively together with an efficient and effective network of Doctors, Nurses and Allied Healthcare Professionals aligned to clinical patient pathways. The care group consists of:

- Orthopaedics in-patient, out-patients and fracture clinic
- Hand Centre
- Metabolic Bone Centre
- Rheumatology
- Chronic Pain Services
- Podiatric Surgery
- Therapy Services

#### **Orthopaedics**

The department is a key part of the Major Trauma Centre and offers lots of scope for development of nursing skills within a busy and varied speciality with optional rotation between areas.

The teams provide high quality patient care for patients requiring orthopaedic elective, trauma, head injury and elderly fractured neck of femur pathways.

Orthopaedics offers the opportunity to develop and equip nurses with an abundance of skills in essential nursing care and specialist skills.

#### **Sheffield Hand Centre**

The Sheffield Hand Centre is a purpose designed unit dedicated to providing excellence in health care for patients with hand trauma/ hand conditions. We combine orthopaedic and plastic surgical expertise, bringing together the necessary skills to manage all aspects of hand disorders and injuries.

We provide care for all aspects of hand surgery from the initial consultation to completed rehabilitation and return to work. That care is delivered at the Northern General Hospital (NGH), mostly in the Sheffield Hand Centre

The Sheffield Hand Centre fits the ideal model of a fully integrated orthopaedic surgery/plastic surgery hand unit, of which there are only 5 or so such units in the UK.

#### **Metabolic Bone**

Based in the Sorby Wing at the Northern General Hospital, the Metabolic Bone Centre is the largest of its kind in the UK and provides care to patients across South Yorkshire and beyond.

We also have nurse-led day care facilities allowing administration of intravenous treatment and a telephone helpline for the support of our patients and their carer's. These components allow our dedicated clinical team to provide an optimal service for the diagnosis and management of osteoporosis, and a variety of other metabolic bone diseases.

The service offers a comprehensive fracture risk assessment service (FRAS) which is supported by consultant-led clinics and nurse-led investigation and monitoring clinics.

#### Rheumatology

The Department of Rheumatology is based on 'B' Floor at the Royal Hallamshire Hospital and within the Metabolic Bone Centre. We provide multidisciplinary care for patients with a wide variety of rheumatic diseases. In addition we have specialist orthopaedic, osteoporosis and sport medicine clinics, a number of Consultant Rheumatologists and CNS, a dedicated 24-bed rheumatology

ward (ward O2) with its own physiotherapy and occupational therapy departments and a separate outpatient department staffed by experienced nursing, clerical and secretarial staff.

We have close links with the University of Sheffield and are actively involved in a continuing programme of research. We are also committed to continuing education and run a weekly postgraduate education programme.

#### **Chronic Pain**

The pain clinic will see around 2000 new patients each year and approximately 14,000 follow-up patients.

Pain services for inpatients are provided at both hospital sites and some patients who require their treatment at a day case unit may still be treated at either the Royal Hallamshire or Northern General Hospital.

#### **Podiatric Surgery**

Sheffield Podiatry Services team includes podiatrists, nurses, healthcare assistants and administrators. They provide a comprehensive range of services from screening and treating patients with diabetes who may develop foot complications as a result of the disease to nail surgery, podiatric surgery and a range of other treatments for foot conditions.

#### **Therapy Services**

Physiotherapy and Occupational Therapy at the STHFT hospital sites work closely together in combined teams and are managed under one organisational structure called Therapy Services. The two professions are each headed by Professional Leads: A Professional Lead for Physiotherapy and a Professional Lead for Occupational Therapy.

They provide a number of specialised inpatient and outpatient services to all patients at Sheffield Teaching Hospitals. They work closely with the Multidisciplinary teams within MSK and the care pathways to which they are linked.

#### **Career development**

Within the Musculoskeletal Care Group, career and personal development is a core element of our staff experience.

We provide supported career pathways (specialising in orthopaedics and subsequently advanced practice, education and leadership). We also offer comprehensive, tailored local induction package, including time with a range of Clinical Nurse Specialist (CNS) and support staff in specialist roles

We also have a Clinical Educator team which supports new staff transitioning into the care group and clinical settings, as well as a robust mentorship and preceptorship programme. With many nurse-led clinics and a range of specialist services, the Musculoskeletal Care Group can provide you with a vibrant and exciting nursing career.

If you are interested or have any further questions please contact:

Catherine Bailey, Nurse Director Catherine.Bailey@sth.nhs.uk Lorraine Beacham, Deputy Nurse Director Lorraine.Beacham@sth.nhs.uk

## OPERATING SERVICES, CRITICAL CARE & ANAESTHESIA

#### **About Operating Services, Critical Care and Anaesthesia**

The Operating Services, Critical Care and Anaesthesia care group treats some of the most seriously ill patients from across all specialties. The group is made up of:

#### **Operating Services**

As one of the largest NHS Trusts in the UK, we perform around 34,000 planned operations every year across the Northern General Hospital campus and Royal Hallamshire Hospital campus. Our Operating Theatre complex consists of:

- Theatre admissions unit based at the Royal Hallamshire Hospital
- 42 theatres, including Spinal Injuries, Day Surgery and facilities at Weston Park Cancer Hospital
- Post Anaesthetic Care Unit and Recovery areas

The Theatre complex provides a 24/7 service for patients requiring elective, trauma or emergency surgery.

The acute pain service is a predominantly nurse led service providing specialist advice regarding pain management.

Duty times vary across each speciality to reflect the service and cover the workload as per theatre schedule. A usual shift pattern can be worked between the hours of 8am-7pm over 4 or 5 days. Once staff are trained to the appropriate standard and competence is achieved then out of hours shifts will be allocated to meet service requirements.

#### **Critical Care**

Critical care provides treatment for severely ill patients in state-of-the-art wards.

Patients have a wide range of specialist conditions or may be recovering from an accident or surgery.

Due to the nature of work within Critical Care and the differing specialities you will work alongside a large multidisciplinary team including Consultant Anaesthetists, Specialist nursing staff, Pharmacists, Dieticians, Physiotherapists and Visiting Teams.

The Critical Care department comprises of three high-tech units:

- General Intensive Care Unit at the Northern General Hospital
- High Dependency Unit and Postoperative Surgical Unit at the Northern General Hospital in a purpose-built building
- Critical Care Department at the Royal Hallamshire Hospital

Our Intensive Care Unit and High Dependency Unit at the Northern General Hospital are placed in a purpose-built building and have a total capacity of 36 beds with 18 beds on each floor.

Within Critical Care we currently offer a mixture of Long Shifts (12.5 hours), with standard shifts (7.5 hours) used to make up the difference in contracted hours. Internal rotation onto Night Duty is also in place and duty rosters are produced using an e-Rostering system.

"Within Operating Services, Critical Care and Anaesthesia you get the chance to work and learn from various surgical specialities. The ability to develop my skills is definitely my favourite thing about working here!"

Mia Armitage

#### Pre-operative assessment unit

We have a Pre-operative assessment unit at both the Northern General and Royal Hallamshire Hospitals which provides a comprehensive service to ensure optimisation of patient fitness prior to elective procedure.

The service is nurse led supported by anaesthetic colleagues and the teams assess, examine and manage patients with a wide range of clinical issues, which can be complex and challenging. The teams are trained to provide a range of in-house investigations from basic observations, blood tests, ECG's, to complex cardiopulmonary exercise tests.

The teams assess, examine and manage patients with a wide range of clinical issues, which can be complex and challenging. The teams are trained to provide a range of in-house investigations from basic observations, blood tests, ECG's, to complex cardiopulmonary exercise tests.

#### **Career Development**

We are committed to equal access to lifelong learning and the professional development of all staff.

We have an extensive competency framework in place, which encompasses your career. The framework is supported by both clinical staff and an education team providing core clinical skills packages and mentoring initiatives.

We also offer a rotational post for newly-qualified staff nurses. With the first 12 months working on a surgical ward, completing your preceptorship after which you would become a permanent member of the critical care team and rotate around all of the critical care areas.

The Education team is based in both clinical and educational areas and facilitates staff development through the following initiatives:

- Tailored local induction programme
- Competency framework for all staff which form part of your continuing professional development and your professional portfolio.
- Extensive competency packages which include
- IVs, Central Venous Access Devices,
- Arterial Line management
- Male Catheterisation
- Staff Nurse Competencies which encompass area specific development, skill and knowledge to be gained.
- Post course extended practice competency package
- Advanced Practice programmes i.e. Surgical First Assistant, Advanced Nurse Practitioners
- Progress to the post basic Critical Care course
- NMC recognised Mentor Preparation programme support
- Continuing development reviews
- CPD portfolio development
- Clinical Support
- Rotation to all specialities
- Transfer to areas within OSCCA

If you are interested or have any further questions please contact: Emma Joel, Deputy Nurse Director emma.joel@sth.nhs.uk 0114 2266031

# SPECIALISED CANCER, MEDICINE & REHABILITATION

#### **About Specialised Cancer, Medicine & Rehabilitation**

Our Specialised Cancer, Medicine & Rehabilitation care group provides a wide variety of internationally renowned specialist services. These include:

#### **Specialised Cancer (Oncology)**

Weston Park Hospital is one of the most forward-looking dedicated cancer hospitals in the country. It has a world-leading reputation as a centre of excellence in the fight against cancer. Clinical care and research are integrated into patient care, and the hospital is credited as a pioneer of numerous modern advances within the field of cancer.

A purpose-built Teenage Cancer Unit, with its comfortable 'home-from-home' atmosphere, caters for the needs and emotional support of young cancer sufferers (between the ages of 16 and 25), for whom the treatment experience may be particularly daunting. For patients undergoing a more intensive regimen of chemotherapy Weston Park possesses 79 inpatient beds spread over three separate wards.

Weston Park's inpatient beds are currently spread over two separate wards and an acute assessment unit where patients who are receiving treatment but experiencing side effects can be seen for advice and treatment.

Our nurses tell us that Weston Park Hospital is an extremely rewarding place to work knowing that you are providing the best possible care to patients and their relatives, some of whom are in the final stages of their lives.

#### **Communicable Diseases & Specialised Medicine**

Our Communicable Diseases & Specialised Medicine service provides haematology, anti-coagulation and haemophilia services. Haematology includes the diagnosis, treatment, prognosis and prevention of blood diseases. Patients may have conditions such as haemophilia, lymphoma and leukaemia.

Our Haematology services are provided at the Royal Hallamshire Hospital. Sheffield is the regional centre for Haematological diseases warranting chemotherapy treatment at levels II, III and IV. The service includes in-patient and day case services for patients with a wide range of haematological conditions.

The regional Clinical Haematology unit provides Bone Marrow and Peripheral Blood stem cell transplantation, following the patient pathway from the point of referral to discharge post-transplant. We provide care across the pathway from curative and palliative cancer treatments to symptom management, rehabilitation and end of life care.

We are a dynamic service that is continually evolving and developing to ensure that we provide up to date, high quality, evidence based care that focuses on improving the patient experience. Multi-disciplinary team working is a core part of our approach and the nursing contribution to our services are highly valued. We actively support nurses to develop the wide range of skills, knowledge and expertise required to deliver excellent patient care and provide a significant range of opportunities for personal and professional development. We offer a competency based training framework and the opportunity to achieve post basic education in appropriate academic modules.

"I love my job! I have spent the last ten years on the spinal injuries unit and couldn't recommend it higher. I don't think I would have found this experience, in such a specialised area, anywhere else"

Gail Mason

#### **Dermatology**

Our Dermatology services diagnose and treat people with skin disorders such as psoriasis, eczema and skin cancer. A number of specialist nurse-led clinics support patients with long term conditions, identify allergies using patch testing and support people with latex allergy and perform minor operations to identify underlying skin conditions.

#### **Department of Infection and Tropical Medicine**

Our Department of Infection and Tropical Medicine is dedicated to the treatment and prevention of infections and tropical diseases. We offer a wide range of specialised outpatient and inpatient services providing clinical care and advice to patients throughout the South Yorkshire, North Derbyshire and Lincolnshire regions.

We are a regional centre providing care for patients with infectious diseases including HIV, hepatitis and tuberculosis. There are 33 inpatient beds including 17 single cubicles to isolate patients for infection control purposes. The wards take admissions 365 days a year and admit patients from a range of sources with a wide variety of conditions.

#### **Sexual Health Sheffield**

Sheffield Health Sheffield provides a free, easily accessible and confidential service at the Royal Hallamshire Hospital. The service offers testing and treatment for all sexually transmitted infections (STI's) as well as offering advice and access to a wide range of contraception.

#### **Clinical Immunology and Allergy Unit**

The Clinical Immunology and Allergy service is at the Northern General Hospital, close to the Immunology laboratory to which it is closely linked. We offer a regional immunology and allergy services for adults. We also provide individualised care plans and training for the optimal use of antihistamines, nasal sprays, adrenaline sprays and adrenaline autoinjectors.

The unit is a Centre of Excellence in investigating and managing hay fever, insect sting allergies, food allergies and drug allergies.

#### **Specialised Rehabilitation (Spinal Injuries Unit)**

The Princess Royal Spinal Cord İnjuries Čentre (PRSCIC) in Sheffield is the second largest spinal cord injury centre in the UK. This 60 bedded purpose built centre is located at the Northern General Hospital site. The Centre has been recently refurbished and is largely self- contained for the care required by our patients including the facilities of a Physiotherapy Gym, Occupational Health Department including a workshop and assessment flat, Hydrotherapy Pool, Sports Hall, X-ray Department and Theatre suite along with spacious outside areas and indoor recreational areas for socialisation and activities.

The Centre provides comprehensive care for Acute Spinal Cord Injured, Rehabilitation Outpatient and Continuing Care (readmission) patients. The Spinal Cord Injury Patients are nursed throughout their first inpatient stay on the Acute and Rehabilitation wards (Osborn 1 and 3), coming from a wide geographical area, are 16 years and above and also include those requiring advanced respiratory support such as invasive and non-invasive ventilation. Our patients then receive life-long follow up and if they require readmission are predominantly nursed on Osborn 2 (surgical readmissions ward). This ward provides surgical interventions including insertion of baclofen pumps, urological procedures, tendon releases and management of complex pressure ulcers.

The emphasis of the service is on the provision of acute and rehabilitative nursing and therapy support in life planning for people faced with a sudden decrease in functional and sensory level following injury, accident or neurological condition. The unit has a strong Multi-Disciplinary approach to the care of our patients and the MDT meets each week in a collaborative meeting to assess patients' progress to optimise each patient's rehabilitation potential.

We also provide specialist Outpatient and Day-case services for The Princess Royal Spinal Cord Injuries Centre and the Specialised Rehabilitation and Mobility Centre (providing, prosthetic, orthotics and wheelchairs). This complex group of patients receive lifelong follow up and as such the nurses provide specialised treatments, investigations and procedures including Baclofen pump refills, specialist catheter changes, nurse led clinics, primary limb fitting clinics and flexible cystoscopy within very busy Departments.

The outpatient department is based within the Spinal Injuries Unit and provides life-long follow up for spinally injured patients. The department also includes a full urology service.

#### **Mobility and Specialised Rehabilitation Centre**

The Mobility and Specialised Rehabilitation Centre, based at the Northern General Hospital, provides a variety of services for patients with limited mobility to enable them to achieve maximum independence. The department is responsible for the provision of amputee rehabilitation and prosthetic services, wheelchair and special seating services and the orthotics department which all have regular clinics, as well as the regional Functional Electrical Stimulation (FES) service and clinical gait analysis service. The department also runs young adult physical disability clinics.

## If you are interested or have any further questions please contact:

#### **Specialised Cancer (Oncology)**

Jane Beveridge, Deputy Nurse Director jane.beveridge@sth.nhs.uk 0114 2261360

## Communicable Diseases & Specialised Medicine

Jane Beveridge, Deputy Nurse Director jane.beveridge@sth.nhs.uk 0114 2261360

#### **Specialised Rehabilitation**

Lisa Locker, Deputy Nurse Director lisa.locker@sth.nhs.uk 0114 2711875



## SURGICAL SERVICES

#### General Surgery, Plastic & Breast Surgery, Urology

#### **About Surgical Services**

This Care Group currently comprises General Surgery, Burns & Plastics and Urology and provides local, regional and national services to a wide population which includes Sheffield, Rotherham, Chesterfield, Barnsley and Doncaster. The Care Group has a reputation for high standards of clinical care and a strong focus on staff engagement and involvement.

We employ Clinical Nurse Specialists in each cancer group and offer staff opportunity to shadow and learn from their extensive knowledge and skill.

#### Urology

It is an exciting time in urology at Sheffield Teaching Hospitals with recent refurbishment and development of the urology outpatient facilities and daycase unit and future plans for further improving patient care in the Urology Assessment Unit.

This busy regional unit that can offer nursing staff a wide range of experience and development of skills. We also offer a structured 2 year Band 5 Career Development Pathway and option rotation between wards and within the Surgical Services care group.

#### **General Surgery**

#### **Outpatients**

General Surgery outpatient services are provided on both the Central and Northern Campus and cover the sub-specialties within the group. Again, both departments have an excellent reputation for delivering a high standard of care and development of patient centred care pathways, supported by an internal service improvement team.

#### Inpatients

Each ward sub-specialises in care of patients with complex diagnosis including Colorectal, Upper Gastro-intestinal and Hepato-Pancreato-Biliary disease, and can offer vast opportunities for learning and development.

#### Surgical Assessment Centre

This is a dedicated Assessment Ward for acute surgical admissions from Accident & Emergency, and GP referral.

Various pathways are in place for the efficient and effective treatment of urgent cases.

Surgical Assessment Centre offers high quality care to a diverse population and provides the opportunity for nurses to learn about the surgical care of patients across the different specialties.

"Within surgical services you get to work with a great team of nurses and have the ability to improve and develop services for patients."

#### **Theatre Admissions Unit**

Offers experience in pre-operative preparation for patients undergoing all types of specialist surgery and recovery of patients undergoing day case procedures.

#### **Plastic & Breast Surgery**

This directorate includes a highly specialised 6 bedded Burns Unit, a dedicated dressings clinic and a general ward at RHH for patients requiring breast surgery.

This area offers experience in the physical, and psychological care of patients with breast cancer and breast reconstruction.

#### **Career development within Surgical Services**

All of these busy regional units make up the Surgical Services Care Group and offer qualified nursing staff a wide range of experience and development of skills:

- Supported specialist career development (Urology, hepatobiliary, upper GI, colorectal, burns or breast surgery and subsequently education or leadership).
- Extensive clinical skills packages dependant on clinical need (IVs, Central Venous Access Devices, Male Catheterisation, Entonox, Dysphagia Foundation Practitioner)
- Comprehensive, tailored, local induction package, including time with relevant specialists
- 18 hours of protected update and development time per year.

Our focus on learning and development is driven by a team of clinical educators who are dedicated to keeping training relevant and up to date using new technology driven techniques.

If you are interested or have any further questions please contact:

#### **Urology**

Nikki Gaubert, Matron 0114 2266272

**General surgery, Plastic & Breast Surgery** Maggie Coates, Matron 0114 2714600

Plastic & Breast Surgery Ian Kennan, Matron 0114 2712566

Burns Unit Surgical Assessment Centre Theatre Assessment Centre Karen Stone, Matron 0114 2714486

## RESEARCH

As one of the largest and busiest teaching hospitals in the country, we are committed to improving patient care through research and innovation.

Our nurses, midwives and operating department practitioners have been at the helm of a number of advances in clinical research over the years, pioneering treatments and improvements in patient experience that are now routinely used in hospitals throughout the UK.

We also have many dedicated research positions across the organisation helping to provide the local and wider community with innovative care. Recently one of our Nurse specialists was awarded a prize by the Association of Stoma Care Nurses UK (ASCN) for her research into removing ureteric stents from patients following a urostomy.

Examples of our cutting-edge research and innovations include:

- First hospital in the country to use 'pill cameras' to take pictures of the small intestine to diagnose gut disorders in clinical practice
- Building a virtual heart prototype which could offer doctors a simpler and more reliable way to detect how severely arteries are blocked in heart disease patients giving hope to thousands
- Establishing Europe's only dedicated research centre for patients with motor neurone disease

If you are interested or have any further questions please contact:

Beverley Kilner, Senior Research Sister Beverley.Kilner@sth.nhs.uk

"As an emergency nurse I have always loved the constant variety of a shift in the emergency department and found myself increasingly interested in how I could help to improve the patient experience.

Becoming involved in research has allowed me to have an active involvement in improving and shaping the future for patient care and their experiences."

Zoe Dutton



## Sheffield Teaching Hospitals NHS Foundation Trust











