

# 15-17 year old Parental Consent Card

The parental consent card is ideal for young people aged 15-17 who join a Ramblers activity unaccompanied on a regular basis - they can carry their card with them and show it to the walk leader at the beginning of an activity, rather than keep providing a parental letter of consent.

## How to apply for a 15-17 year old parental consent card

### Am I eligible?

- for unaccompanied young people aged 15, 16 or 17 taking part in activities.

### How do I apply?

1. e-mail or send a signed and dated letter of consent from a parent/guardian to:  
**Safeguarding Officer, Ramblers**  
**2<sup>nd</sup> Floor, Camelford House**  
**87-90 Albert Embankment**  
**London SE1 7TW**  
[safeguarding@ramblers.zendesk.com](mailto:safeguarding@ramblers.zendesk.com)
2. include in the letter: parent/guardians name, membership number - if a Ramblers member, emergency contact details, signature, name and age of young person(s) applying.
3. when the Safeguarding Officer is in receipt of written parental permission, a young person's consent card will be sent to the applicant.
4. The young person shows the consent card to the walk leader when joining a Ramblers activity, unaccompanied by an adult.