

User: user1 - Mood Progress Report

| Date & Time | Mood |
|-------------|------|
|-------------|------|

|                          |            |
|--------------------------|------------|
| Sun Feb 23 20:44:46 2025 | meditation |
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|                          |            |
|--------------------------|------------|
| Sun Feb 23 20:47:47 2025 | meditation |
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|                          |            |
|--------------------------|------------|
| Sun Feb 23 20:48:03 2025 | meditation |
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|                     |       |
|---------------------|-------|
| 2025-02-23 21:23:20 | happy |
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|                     |       |
|---------------------|-------|
| 2025-02-23 21:23:32 | angry |
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|                     |            |
|---------------------|------------|
| 2025-02-23 21:23:34 | meditation |
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|                     |          |
|---------------------|----------|
| 2025-02-23 21:23:36 | progress |
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|                     |             |
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| 2025-02-23 21:27:14 | overwhelmed |
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|                     |       |
|---------------------|-------|
| 2025-02-23 21:27:16 | angry |
|---------------------|-------|

|                     |          |
|---------------------|----------|
| 2025-02-23 21:27:19 | progress |
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