

— **POSITIVE** — **AFFIRMATIONS**



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JUNE 2020 VERSION



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR CREATIVITY

I am so happy & grateful now that...

- I release all resistance to expressing my creativity fully.
- I am always in touch with my creative source.
- I am a clear thinker and I express myself with ease.
- I am learning to be more creative everyday.
- I am discovering talents I know I didn't have.
- My talents are in demand and my unique gifts are appreciated by those around me.
- I am a joyous, creative being. Ideas come to me frequently & easily.
- I feel good and awesome in expressing myself by all sorts of creative way.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR FORGIVENESS

I am so happy & grateful now that...

- The door to my heart opens inwards.
- I move from forgiveness to love.
- As I change my thoughts the world around me changes.
- The past is over so it has no power now.
- The thoughts of this moment create my future.
- It is no fun being a victim.
- I refuse to be helpless anymore.
- I claim my own power.
- I gift myself the freedom of my past and move into the joy of now.
- There is no problem too big or too small that it can't be solved with love.



POSITIVE AFFIRMATIONS

- I am willing to forgive. All is well.
- I know that all the negative patterns no longer limits me.
- I let them go with ease.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR HEALTH

I am so happy & grateful now that...

- I enjoy the foods that are best for my body.
- I love every cell of my body.
- I have respect for my cells.
- I look forward for a healthy old-age because I take loving care of my body now.
- I am constantly discovering new ways to improve my health.
- I return my body to optimum health by giving it all what it needs at every level.
- Healing happens. I have a special guardian angel.
- I am divinely protected by the angel at all times.



POSITIVE AFFIRMATIONS

- Perfect health is my divine right & I claim it now. I am grateful for my healthy body & I love life.
- I am the only person who has control over my eating habits.
- I can always resist something if I choose to.
- Water is my favorite beverage. I drink lots of water.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR RELATIONSHIP

I am so happy & grateful now that...

- I love what I see.
- I draw love & romance into my life & I accept it now.
- Love is around every corner & joy fills my entire life.
- I rejoice the love I encounter everyday.
- I am comfortable looking in the mirror saying I love U.
- I now deserve love, romance & joy & all the good that life has to offer me.
- I am surrounded by love all the time.
- All is well. I am in a joyous, intimate relationship with the person who truly loves me.



POSITIVE AFFIRMATIONS

- I am beautiful & everybody loves me.
- I am greeted by love wherever I go.
- I attract only healthy relationships.
- I am always treated well.
- I am very thankful for all the love in my life. I find it everywhere.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR WORK SUCCESS

I am so happy & grateful now that...

- My workplace & work is a peaceful heaven.
- I bless my work with love.
- I put love in every corner & my job lovingly responds with warmth & comfort.
- I am at peace. I only give out to that which I wish to receive.
- The joy which I find in my career is reflected in my over all happiness.
- No matter where I go, there is infinite good, infinite wisdom, infinite harmony & love.
- The perfect job is looking for me and we are being brought together now.
- I truly believe that we are here to prosper each other.



POSITIVE AFFIRMATIONS

- I reflect this belief in my daily interaction.
- Opportunities are everywhere.
- I have unlimited choices.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR WEALTH

I am so happy & grateful now that...

- Money comes to me in increasing quantities through multiple sources on a continuous basis.
- I prosper wherever I turn.
- I am open and receptive to all the good & abundance in the universe & thank you life.
- I am magnet for money.
- Prosperity of every kind is drawn to me.
- Wherever I work, I am deeply appreciated.
- I live and work in a loving, abundant universe & I am grateful all the time.
- I am now open to the unlimited prosperity that exists everywhere.
- Life supplies all my needs in great abundance.



POSITIVE AFFIRMATIONS

- I trust life. The law of attraction brings only good into my life.
- I move from poverty thinking towards prosperity thinking.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR STRESS

I am so happy & grateful now that...

- I let go all fear and doubt and everything is easy and simple for me. I create a stress free world for myself.
- I relax all my neck muscles and release all tensions on my shoulders.
- I slowly breathe in and out.
- I find relaxing myself more and more with each breath.
- I am a capable person and I handle everything that comes in my way to success.
- I am centred and focused.
- I feel more secured each and every day.
- I am safe when I express my feelings.
- I can be serene in any situation.



POSITIVE AFFIRMATIONS

- I am comfortable with my finances.
- I am always able to pay my bills on time.
- I realise that stress is the only fear & I now release all fears.



POSITIVE AFFIRMATIONS

AFFIRMATIONS FOR SELF ESTEEM

I am so happy & grateful now that...

- I am totally adequate for all my situations.
- I choose to feel good about myself.
- I am worthy of my own love.
- I stand on my own 2 feet.
- I accept & use my own power.
- I am loved and accepted exactly what I am here and right now.
- My self esteem is high because I honor who I am.
- My life gets more fabulous everyday.
- I look forward to what each new hour brings.
- I am neither too little nor too much and I don't need to prove myself to anyone.



POSITIVE AFFIRMATIONS

- My consciousness is filled with healthy positive thoughts.
- The greatest gift I can give to myself is the unconditional love.
- I love myself for what I am.



POSITIVE AFFIRMATIONS

THANK YOU

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