

Published in final edited form as:

*Stat Sci.* 2010 February 1; 25(1): 1–21. doi:10.1214/09-STS313.

## Matching methods for causal inference: A review and a look forward

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### Abstract

When estimating causal effects using observational data, it is desirable to replicate a randomized experiment as closely as possible by obtaining treated and control groups with similar covariate distributions. This goal can often be achieved by choosing well-matched samples of the original treated and control groups, thereby reducing bias due to the covariates. Since the 1970's, work on matching methods has examined how to best choose treated and control subjects for comparison. Matching methods are gaining popularity in fields such as economics, epidemiology, medicine, and political science. However, until now the literature and related advice has been scattered across disciplines. Researchers who are interested in using matching methods—or developing methods related to matching—do not have a single place to turn to learn about past and current research. This paper provides a structure for thinking about matching methods and guidance on their use, coalescing the existing research (both old and new) and providing a summary of where the literature on matching methods is now and where it should be headed.

### Keywords

observational study; propensity scores; subclassification; weighting

## 1 Introduction

One of the key benefits of randomized experiments for estimating causal effects is that the treated and control groups are guaranteed to be only randomly different from one another on all background covariates, both observed and unobserved. Work on matching methods has examined how to replicate this as much as possible for observed covariates with observational (non-randomized) data. Since early work in matching, which began in the 1940's, the methods have increased in both complexity and use. However, while the field is expanding, there has been no single source of information for researchers interested in an overview of the methods and techniques available, nor a summary of advice for applied researchers interested in implementing these methods. In contrast, the research and resources have been scattered across disciplines such as statistics (Rosenbaum, 2002; Rubin, 2006), epidemiology (Brookhart *et al.*, 2006), sociology (Morgan and Harding, 2006), economics (Imbens, 2004), and political science (Ho *et al.*, 2007). This paper coalesces the diverse literature on matching methods, bringing together the original work on matching methods—of which many current researchers are not aware—and tying together ideas across disciplines. In addition to providing guidance on the use of matching methods, the paper provides a view of where research on matching methods should be headed.

We define “matching” broadly to be any method that aims to equate (or “balance”) the distribution of covariates in the treated and control groups. This may involve 1:1 matching, weighting, or subclassification. The use of matching methods is in the broader context of the careful design of non-experimental studies (Rosenbaum, 1999, 2002; Rubin, 2007). While extensive time and effort is put into the careful design of randomized experiments, relatively little effort is put into the corresponding “design” of non-experimental studies. In fact, precisely because non-experimental studies do not have the benefit of randomization, they require even more careful design. In this spirit of design, we can think of any study aiming to estimate the effect of some intervention as having two key stages: (1) design, and (2) outcome analysis. Stage (1) uses only background information on the individuals in the study, designing the non-experimental study as would be a randomized experiment, without access to the outcome values. Matching methods are a key tool for Stage (1). Only after Stage (1) is finished does Stage (2) begin, comparing the outcomes of the treated and control individuals. While matching is generally used to estimate causal effects, it is also sometimes used for non-causal questions, for example to investigate racial disparities (Schneider *et al.*, 2004).

Alternatives to matching methods include adjusting for background variables in a regression model, instrumental variables, structural equation modeling, or selection models. Matching methods have a few key advantages over those other approaches. First, matching methods should not be seen in conflict with regression adjustment and in fact the two methods are complementary and best used in combination. Second, matching methods highlight areas of the covariate distribution where there is not sufficient overlap between the treatment and control groups, such that the resulting treatment effect estimates would rely heavily on extrapolation. Selection models and regression models have been shown to perform poorly in situations where there is insufficient overlap, but their standard diagnostics do not involve checking this overlap (Dehejia and Wahba, 1999, 2002; Glazer *et al.*, 2003). Matching methods in part serve to make researchers aware of the quality of resulting inferences. Third, matching methods have straightforward diagnostics by which their performance can be assessed.

The paper proceeds as follows. The remainder of Section 1 provides an introduction to matching methods and the scenarios considered, including some of the history and theory underlying matching methods. Sections 2–5 provide details on each of the steps involved in implementing matching: defining a distance measure, doing the matching, diagnosing the matching, and then estimating the treatment effect after matching. The paper concludes with suggestions for future research and practical guidance in Section 6.

## 1.1 Two Settings

Matching methods are commonly used in two types of settings. The first is one in which the outcome values are not yet available and matching is used to select subjects for follow-up (e.g., Reinisch *et al.*, 1995; Stuart and Ialongo, 2009). It is particularly relevant for studies with cost considerations that prohibit the collection of outcome data for the full control group. This was the setting for most of the original work in matching methods, particularly the theoretical developments, which compared the benefits of selecting matched versus random samples of the control group (Althausen and Rubin, 1970; Rubin, 1973a,b). The second setting is one in which all of the outcome data is already available, and the goal of the matching is to reduce bias in the estimation of the treatment effect.

A common feature of matching methods, which is automatic in the first setting but not the second, is that the outcome values are not used in the matching process. Even if the outcome values are available at the time of the matching, the outcome values should not be used in the matching process, to preclude the selection of a matched sample that leads to a desired result—or even the appearance of doing so (Rubin, 2007). The matching can thus be done multiple

times and the matched samples with the best balance—the most similar treated and control groups—chosen as the final matched samples; this is similar to the design of a randomized experiment where a particular randomization may be rejected if it yields poor covariate balance (Greevy *et al.*, 2004; Hill *et al.*, 1999).

This paper focuses on settings with a treatment defined at some particular point in time, covariates measured at (or relevant to) some period of time before the treatment, and outcomes measured after the treatment. It does not consider more complex longitudinal settings where individuals may go in and out of the treatment group, or where the treatment assignment date is undefined for the control group. Methods such as marginal structural models (Robins *et al.*, 2000) or balanced risk set matching (Li *et al.*, 2001) are useful in those settings.

## 1.2 Notation and Background: Estimating Causal Effects

As first formalized in Rubin (1974), the estimation of causal effects, whether from a randomized experiment or a non-experimental study, is inherently a comparison of potential outcomes. In particular, the causal effect for individual  $i$  is the comparison of individual  $i$ 's outcome if individual  $i$  receives the treatment (the potential outcome under treatment),  $Y_i(1)$ , and individual  $i$ 's outcome if individual  $i$  receives the control (the potential outcome under control),  $Y_i(0)$ . For simplicity, we use the term “individual” to refer to the units that receive the treatment of interest, but the formulation would stay the same if the units were schools or communities. The “fundamental problem of causal inference” (Holland, 1986) is that, for each individual, we can observe only one of these potential outcomes, because each unit (each individual at a particular point in time) will receive either treatment or control, not both. The estimation of causal effects can thus be thought of as a missing data problem (Rubin, 1976a), where we are interested in predicting the unobserved potential outcomes.

For efficient causal inference and good estimation of the unobserved potential outcomes, we would like to compare treated and control groups that are as similar as possible. If the groups are very different, the prediction of  $Y(1)$  for the control group will be made using information from individuals who look very different from themselves, and likewise for the prediction of  $Y(0)$  for the treated group. A number of authors, including Cochran and Rubin (1973); Rubin (1973a,b, 1979); Heckman *et al.* (1998b); Rubin and Thomas (2000), and Rubin (2001), have shown that methods such as linear regression adjustment can actually increase bias in the estimated treatment effect when the true relationship between the covariate and outcome is even moderately non-linear, especially when there are large differences in the means and variances of the covariates in the treated and control groups.

Randomized experiments use a known randomized assignment mechanism to ensure “balance” of the covariates between the treated and control groups: The groups will be only randomly different from one another on all covariates, observed and unobserved. In non-experimental studies, we must posit an assignment mechanism, which determines which individuals receive treatment and which receive control. A key assumption in non-experimental studies is that of strongly ignorable treatment assignment (Rosenbaum and Rubin, 1983b) which implies that (1) treatment assignment ( $T$ ) is independent of the potential outcomes ( $Y(0)$ ,  $Y(1)$ ) given the covariates ( $X$ ):  $T \perp Y(0), Y(1) | X$ , and (2) there is a positive probability of receiving each treatment for all values of  $X$ :  $0 < P(T=1|X) < 1$  for all  $X$ . The first component of the definition of strong ignorability is sometimes termed “ignorable,” “no hidden bias,” or “unconfounded.” Weaker versions of the ignorability assumption are sufficient for some quantities of interest, discussed further in Imbens (2004). This assumption is often more reasonable than it may sound at first since matching on or controlling for the observed covariates also matches on or controls for the unobserved covariates, in so much as they are correlated with those that are observed. Thus, the only unobserved covariates of concern are those unrelated to the observed covariates. Analyses can be done to assess sensitivity of the results to the existence of an unobserved

confounder related to both treatment assignment and the outcome (see Section 6.1.2). Heller *et al.* (2009) also discuss how matching can make effect estimates less sensitive to an unobserved confounder, using a concept called “design sensitivity.” An additional assumption is the Stable Unit Treatment Value Assumption (SUTVA; Rubin, 1980), which states that the outcomes of one individual are not affected by the treatment assignment of any other individuals. While not always plausible—for example in school settings where treatment and control children may interact, leading to “spillover” effects—the plausibility of SUTVA can often be improved by design, such as by reducing interactions between the treated and control groups. Recent work has also begun thinking about how to relax this assumption in analyses (Hong and Raudenbush, 2006; Sobel, 2006; Hudgens and Halloran, 2008).

To formalize, using notation similar to that in Rubin (1976b), we consider two populations,  $P_t$  and  $P_c$ , where the subscript  $t$  refers to a group exposed to the treatment and  $c$  refers to a group exposed to the control. Covariate data on  $p$  pre-treatment covariates is available on random samples of sizes  $N_t$  and  $N_c$  from  $P_t$  and  $P_c$ . The means and variance covariance matrix of the  $p$  covariates in group  $i$  are given by  $\mu_i$  and  $\Sigma_i$ , respectively ( $i = t, c$ ). For individual  $j$ , the  $p$  covariates are denoted by  $X_j$ , treatment assignment by  $T_j$  ( $T_j = 0$  or  $1$ ), and the observed outcome by  $Y_j$ . Without loss of generality we assume  $N_t < N_c$ .

To define the treatment effect, let  $E(Y(1)/X) = R_1(X)$  and  $E(Y(0)/X) = R_0(X)$ . In the matching context effects are usually defined as the difference in potential outcomes,  $\tau(x) = R_1(x) - R_0(x)$ , although other quantities, such as odds ratios, are also sometimes of interest. It is often assumed that the response surfaces,  $R_0(x)$  and  $R_1(x)$ , are parallel, so that  $\tau(x) = \tau$  for all  $x$ . If the response surfaces are not parallel (i.e., the effect varies), an average effect over some population is generally estimated. Variation in effects is particularly relevant when the estimands of interest are not difference in means, but rather odds ratios or relative risks, for which the conditional and marginal effects are not necessarily equal (Austin, 2007; Lunt *et al.*, 2009). The most common estimands in non-experimental studies are the “average effect of the treatment on the treated” (ATT), which is the effect for those in the treatment group, and the “average treatment effect” (ATE), which is the effect on all individuals (treatment and control). See Imbens (2004); Kurth *et al.* (2006) and Imai *et al.* (2008) for further discussion of these distinctions. The choice between these estimands will likely involve both substantive reasons and data availability, as further discussed in Section 6.2.

### 1.3 History and theoretical development of matching methods

Matching methods have been in use since the first half of the 20th Century (e.g., Greenwood, 1945; Chapin, 1947), however a theoretical basis for these methods was not developed until the 1970's. This development began with papers by Cochran and Rubin (1973) and Rubin (1973a,b) for situations with one covariate and an implicit focus on estimating the ATT. Althausen and Rubin (1970) provides an early and excellent discussion of some practical issues associated with matching: how large the control “reservoir” should be to get good matches, how to define the quality of matches, how to define a “close-enough” match. Many of the issues identified in that work are topics of continuing debate and discussion. The early papers showed that when estimating the ATT, better matching scenarios include situations with many more control than treated individuals, small initial bias between the groups, and smaller variance in the treatment group than control group.

Dealing with multiple covariates was a challenge due to both computational and data problems. With more than just a few covariates it becomes very difficult to find matches with close or exact values of all covariates. For example, Chapin (1947) finds that with initial pools of 671 treated and 523 controls there are only 23 pairs that match exactly on six categorical covariates. An important advance was made in 1983 with the introduction of the propensity score, defined as the probability of receiving the treatment given the observed covariates (Rosenbaum and

Rubin, 1983b). The propensity score facilitates the construction of matched sets with similar distributions of the covariates, without requiring close or exact matches on all of the individual variables.

In a series of papers in the 1990's, Rubin and Thomas (1992a,b, 1996) provided a theoretical basis for multivariate settings with affinely invariant matching methods and ellipsoidally symmetric covariate distributions (such as the normal or t-distribution), again focusing on estimating the ATT. Affinely invariant matching methods, such as propensity score or Mahalanobis metric matching, are those that yield the same matches following an affine (linear) transformation of the data. Matching in this general setting is shown to be Equal Percent Bias Reducing (EPBR; Rubin, 1976b). Rubin and Stuart (2006) later showed that the EPBR feature also holds under much more general settings, in which the covariate distributions are discriminant mixtures of ellipsoidally symmetric distributions. EPBR methods reduce bias in all covariate directions (i.e., makes the covariate means closer) by the same amount, ensuring that if close matches are obtained in some direction (such as the propensity score), then the matching is also reducing bias in all other directions. The matching thus cannot be increasing bias in an outcome that is a linear combination of the covariates. In addition, matching yields the same percent bias reduction in bias for any linear function of  $X$  if and only if the matching is EPBR.

Rubin and Thomas (1992b) and Rubin and Thomas (1996) obtain analytic approximations for the reduction in bias on an arbitrary linear combination of the covariates (e.g., the outcome) that can be obtained when matching on the true or estimated discriminant (or propensity score) with normally distributed covariates. In fact the approximations hold remarkably well even when the distributional assumptions are not satisfied (Rubin and Thomas, 1996). The approximations in Rubin and Thomas (1996) can be used to determine in advance the bias reduction that will be possible from matching, based on the covariate distributions in the treated and control groups, the size of the initial difference in the covariates between the groups, the original sample sizes, the number of matches desired, and the correlation between the covariates and the outcome. Unfortunately these approximations are rarely used in practice, despite their ability to help researchers quickly assess whether their data will be useful for estimating the causal effect of interest.

#### 1.4 Steps in implementing matching methods

Matching methods have four key steps, with the first three representing the “design” and the fourth the “analysis:”

1. Defining “closeness”: the distance measure used to determine whether an individual is a good match for another,
2. Implementing a matching method, given that measure of closeness,
3. Assessing the quality of the resulting matched samples, and perhaps iterating with Steps (1) and (2) until well-matched samples result, and
4. Analysis of the outcome and estimation of the treatment effect, given the matching done in Step (3).

The next four sections go through these steps one at a time, providing an overview of approaches and advice on the most appropriate methods.



## 2 Defining closeness

There are two main aspects to determining the measure of distance (or “closeness”) to use in matching. The first involves which covariates to include, and the second involves combining those covariates into one distance measure.

### 2.1 Variables to Include

The key concept in determining which covariates to include in the matching process is that of strong ignorability. As discussed above, matching methods, and in fact most non-experimental study methods, rely on ignorability, which assumes that there are no unobserved differences between the treatment and control groups, conditional on the observed covariates. To satisfy the assumption of ignorable treatment assignment, it is important to include in the matching procedure all variables known to be related to both treatment assignment and the outcome (Rubin and Thomas, 1996; Heckman *et al.*, 1998b; Glazer *et al.*, 2003; Hill *et al.*, 2004). Generally poor performance is found of methods that use a relatively small set of “predictors of convenience,” such as demographics only (Shadish *et al.*, 2008). When matching using propensity scores, detailed below, there is little cost to including variables that are actually unassociated with treatment assignment, as they will be of little influence in the propensity score model. Including variables that are actually unassociated with the outcome can yield slight increases in variance. However, excluding a potentially important confounder can be very costly in terms of increased bias. Researchers should thus be liberal in terms of including variables that may be associated with treatment assignment and/or the outcomes. Some examples of matching have 50 or even 100 covariates included in the procedure (e.g., Rubin, 2001). However, in small samples it may not be possible to include a very large set of variables. In that case priority should be given to variables believed to be related to the outcome, as there is a higher cost in terms of increased variance of including variables unrelated to the outcome but highly related to treatment assignment (Brookhart *et al.*, 2006). Another effective strategy is to include a small set of covariates known to be related to the outcomes of interest, do the matching, and then check the balance on all of the available covariates, including any additional variables that remain particularly unbalanced after the matching. To avoid allegations of variable selection based on estimated effects, it is best if the variable selection process is done without using the observed outcomes, and instead is based on previous research and scientific understanding (Rubin, 2001).

One type of variable that should not be included in the matching process are those that may have been affected by the treatment of interest (Rosenbaum, 1984; Frangakis and Rubin, 2002; Greenland, 2003). This is especially important when the covariates, treatment indicator, and outcomes are all collected at the same point in time. If it is deemed to be critical to control for a variable potentially affected by treatment assignment, it is better to exclude that variable in the matching procedure and include it in the analysis model for the outcome (as in Reinisch *et al.*, 1995).<sup>1</sup>

Another challenge that potentially arises are variables that are fully (or nearly fully) predictive of treatment assignment. Excluding such a variable should be done only with great care, with belief that the problematic variable is completely unassociated with the outcomes of interest and that the ignorability assumption will still hold. More commonly, such a variable indicates a fundamental problem in estimating the effect of interest, whereby it may not be possible to separate out the effect of the treatment of interest from this problematic variable using the data

<sup>1</sup>The method is mis-stated in the footnote in Table 1 of that paper. In fact, the potential confounding variables were not used in the matching procedure, but were utilized in the outcome analysis (D.B. Rubin, personal communication).

at hand. For example, if all adolescent heavy drug users are also heavy drinkers, it will be impossible to separate out the effect of heavy drug use from the effect of heavy drinking.

## 2.2 Distance Measures

The next step is to define the “distance:” a measure of the similarity between two individuals. There are four primary ways to define the distance  $D_{ij}$  between individuals  $i$  and  $j$  for matching, all of which are affinely invariant:

1. Exact:

$$D_{ij} = \begin{cases} 0 & \text{if } X_i = X_j \\ \infty & \text{if } X_i \neq X_j, \end{cases}$$

2. Mahalanobis:

$$D_{ij} = (X_i - X_j)' \Sigma^{-1} (X_i - X_j).$$

If interest is in the ATT,  $\Sigma$  is the variance covariance matrix of  $X$  in the full control group; if interest is in the ATE then  $\Sigma$  is the variance covariance matrix of  $X$  in the pooled treatment and full control groups. If  $X$  contains categorical variables they should be converted to a series of binary indicators, although the distance works best with continuous variables.

3. Propensity score:

$$D_{ij} = |e_i - e_j|,$$

where  $e_k$  is the propensity score for individual  $k$ , defined in detail below.

4. Linear propensity score:

$$D_{ij} = |\text{logit}(e_i) - \text{logit}(e_j)|.$$

Rosenbaum and Rubin (1985b); Rubin and Thomas (1996) and Rubin (2001) have found that matching on the linear propensity score can be particularly effective in terms of reducing bias.

Below we use “propensity score” to refer to either the propensity score itself or the linear version.

Although exact matching is in many ways the ideal (Imai *et al.*, 2008), the primary difficulty with the exact and Mahalanobis distance measures is that neither works very well when  $X$  is high dimensional. Requiring exact matches often leads to many individuals not being matched, which can result in larger bias than if the matches are inexact but more individuals remain in the analysis (Rosenbaum and Rubin, 1985b). A recent advance, coarsened exact matching (CEM), can be used to do exact matching on broader ranges of the variables; for example, using income categories rather than a continuous measure (Iacus *et al.*, 2009). The Mahalanobis distance can work quite well when there are relatively few covariates (fewer than 8; Rubin, 1979; Zhao, 2004), but it does not perform as well when the covariates are not normally distributed or there are many covariates (Gu and Rosenbaum, 1993). This is likely because Mahalanobis metric matching essentially regards all interactions among the elements of  $X$  as

equally important; with more covariates Mahalanobis matching thus tries to match more and more of these multiway interactions.

A major advance was made in 1983 with the introduction of propensity scores (Rosenbaum and Rubin, 1983b). Propensity scores summarize all of the covariates into one scalar: the probability of being treated. The propensity score for individual  $i$  is defined as the probability of receiving the treatment given the observed covariates:  $e_i(X_i) = P(T_i = 1/X_i)$ . There are two key properties of propensity scores. The first is that propensity scores are balancing scores: At each value of the propensity score, the distribution of the covariates  $X$  defining the propensity score is the same in the treated and control groups. Thus, grouping individuals with similar propensity scores replicates a mini-randomized experiment, at least with respect to the observed covariates. Second, if treatment assignment is ignorable given the covariates, then treatment assignment is also ignorable given the propensity score. This justifies matching based on the propensity score rather than on the full multivariate set of covariates. Thus, when treatment assignment is ignorable, the difference in means in the outcome between treated and control individuals with a particular propensity score value is an unbiased estimate of the treatment effect at that propensity score value. While most of the propensity score results are in the context of finite samples and the settings considered by Rubin and Thomas (1992a, 1996), Abadie and Imbens (2009a) discuss the asymptotic properties of propensity score matching.

The distance measures described above can also be combined, for example doing exact matching on key covariates such as race or gender followed by propensity score matching within those groups. When exact matching on even a few variables is not possible because of sample size limitations, methods that yield “fine balance” (e.g., the same proportion of African American males in the matched treated and control groups) may be a good alternative (Rosenbaum *et al.*, 2007). If the key covariates of interest are continuous, Mahalanobis matching within propensity score calipers (Rubin and Thomas, 2000), defines the distance between individuals  $i$  and  $j$  as:

$$D_{ij} = \begin{cases} (Z_i - Z_j)' \Sigma^{-1} (Z_i - Z_j) & \text{if } |\text{logit}(e_i) - \text{logit}(e_j)| \leq c \\ \infty & \text{if } |\text{logit}(e_i) - \text{logit}(e_j)| > c \end{cases}$$

where  $c$  is the caliper,  $Z$  is the set of “key covariates”, and  $\Sigma$  is the variance covariance matrix of  $Z$ . This will yield matches that are relatively well matched on the propensity score and particularly well matched on  $Z$ .  $Z$  often consists of pre-treatment measures of the outcome, such as baseline test scores in educational evaluations. Rosenbaum and Rubin (1985b) discuss the choice of caliper size, generalizing results from Table 2.3.1 of Cochran and Rubin (1973). When the variance of the linear propensity score in the treatment group is twice as large as that in the control group, a caliper of 0.2 standard deviations removes 98% of the bias in a normally distributed covariate. If the variance in the treatment group is much larger than that in the control group, smaller calipers are necessary. Rosenbaum and Rubin (1985b) generally suggest a caliper of 0.25 standard deviations of the linear propensity score.

A more recently developed distance measure is the “prognosis score” (Hansen, 2008). Prognosis scores are essentially the predicted outcome each individual would have under the control condition. The benefit of prognosis scores is that they take into account the relationship between the covariates and the outcome; the drawback is that it requires a model for that relationship. Since it thus does not have the clear separation of the design and analysis stages that we advocate here, we focus instead on other approaches, but it is a potentially important advance in the matching literature.



**2.2.1 Propensity score estimation and model specification**—In practice, the true propensity scores are rarely known outside of randomized experiments and thus must be estimated. Any model relating a binary variable to a set of predictors can be used. The most common for propensity score estimation is **logistic regression**, although non-parametric methods such as boosted CART and generalized boosted models (gbm) often show very good performance (McCaffrey *et al.*, 2004; Setoguchi *et al.*, 2008; Lee *et al.*, 2009).

The model diagnostics when estimating propensity scores are not the standard model diagnostics for logistic regression or CART. With propensity score estimation, concern is not with the parameter estimates of the model, **but rather with the resulting balance of the covariates** (Augurzy and Schmidt, 2001). Because of this, **standard concerns about collinearity do not apply**. Similarly, since they do not use covariate balance as a criterion, model fit statistics identifying classification ability (such as the c-statistic) or stepwise selection models are not helpful for variable selection (Rubin, 2004; Brookhart *et al.*, 2006; Setoguchi *et al.*, 2008). **One strategy that is helpful is to examine the balance of covariates** (including those not originally included in the propensity score model), their squares, and interactions in the matched samples. If **imbalance** is found on particular variables or functions of variables, **those terms** can be included in a **re-estimated propensity score model**, which should improve their balance in the **subsequent matched samples** (Rosenbaum and Rubin, 1984; Dehejia and Wahba, 2002).

Research indicates that **mis-estimation of the propensity score** (e.g., excluding a squared term that is in the true model) is **not a large problem**, and that **treatment effect estimates are more biased when the outcome model is mis-specified than when the propensity score model is mis-specified** (Drake, 1993; Dehejia and Wahba, 1999, 2002; Zhao, 2004). This may in part be because the propensity score is used only as a tool to get covariate balance—the accuracy of the model is less important as long as balance is obtained. Thus, the exclusion of a squared term, for example, may have less severe consequences for a propensity score model than it does for the outcome model, where interest is in interpreting a particular regression coefficient (that on the treatment indicator). However, these evaluations are fairly limited; for example, Drake (1993) considers only two covariates. Future research should involve more systematic evaluations of propensity score estimation, perhaps through more sophisticated simulations as well as analytic work, and consideration should include **how the propensity scores will be used**, for example in **weighting versus subclassification**.

### 3 Matching Methods

Once a distance measure has been selected, the next step is to use that **distance** in doing the matching. In this section we provide an overview of the spectrum of matching methods available. The methods primarily vary in terms of the number of individuals that remain after matching and in the relative weights that different individuals receive. One way in which propensity scores are commonly used is as a predictor in the outcome model, **where the set of individual covariates is replaced by the propensity score and the outcome models run in the full treated and control groups** (Weitzen *et al.*, 2004). **Unfortunately the simple use of this method is not an optimal use of propensity scores as it does not take advantage of the balancing property of propensity scores**. If there is imbalance on the original covariates there will also be imbalance on the propensity score, resulting in the same degree of model extrapolation as with the full set of covariates. However, if the model regressing the outcome on the treatment indicator and the propensity score is correctly specified or if it includes non-linear functions of the propensity score (such as quantiles or splines) and their interaction with the treatment indicator, then this can be an effective approach, with links to subclassification (Schafer and Kang, 2008). Since this method does not have the clear “design” aspect of matching, we do not discuss it further.

### 3.1 Nearest neighbor matching

One of the most common, and easiest to implement and understand, methods is  $k:1$  nearest neighbor matching (Rubin, 1973a). This is generally the most effective method for settings where the goal is to select individuals for follow-up. Nearest neighbor matching nearly always estimates the ATT, as it matches control individuals to the treated group and discards controls who are not selected as matches.

In its simplest form,  $1:1$  nearest neighbor matching selects for each treated individual  $i$  the control individual with the smallest distance from individual  $i$ . A common complaint regarding  $1:1$  matching is that it can discard a large number of observations and thus would apparently lead to reduced power. However, the reduction in power is often minimal, for two main reasons. First, in a two-sample comparison of means, the precision is largely driven by the smaller group size (Cohen, 1988). So if the treatment group stays the same size, and only the control group decreases in size, the overall power may not actually be reduced very much (Ho *et al.*, 2007). Second, the power increases when the groups are more similar because of the reduced extrapolation and higher precision that is obtained when comparing groups that are similar versus groups that are quite different (Snedecor and Cochran, 1980). This is also what yields the increased power of using matched pairs in randomized experiments (Wacholder and Weinberg, 1982). Smith (1997) provides an illustration where estimates from  $1:1$  matching have lower standard deviations than estimates from a linear regression, even though thousands of observations were discarded in the matching. An additional concern is that, without any restrictions,  $k:1$  matching can lead to some poor matches, if for example, there are no control individuals with propensity scores similar to a given treated individual. One strategy to avoid poor matches is to impose a caliper and only select a match if it is within the caliper. This can lead to difficulties in interpreting effects if many treated individuals do not receive a match, but can help avoid poor matches. Rosenbaum and Rubin (1985a) discuss those trade-offs.

**3.1.1 Optimal Matching**—One complication of simple (“greedy”) nearest neighbor matching is that the order in which the treated subjects are matched may change the quality of the matches. Optimal matching avoids this issue by taking into account the overall set of matches when choosing individual matches, minimizing a global distance measure (Rosenbaum, 2002). Generally, greedy matching performs poorly when there is intense competition for controls, and performs well when there is little competition (Gu and Rosenbaum, 1993). Gu and Rosenbaum (1993) find that optimal matching does not in general perform any better than greedy matching in terms of creating groups with good balance, but does do better at reducing the distance within pairs (p. 413): “...optimal matching picks about the same controls [as greedy matching] but does a better job of assigning them to treated units.” Thus, if the goal is simply to find well-matched groups, greedy matching may be sufficient. However, if the goal is well-matched pairs, then optimal matching may be preferable.

**3.1.2 Selecting the number of matches: Ratio Matching**—When there are large numbers of control individuals, it is sometimes possible to get multiple good matches for each treated individual, called ratio matching (Smith, 1997; Rubin and Thomas, 2000). Selecting the number of matches involves a bias:variance trade-off. Selecting multiple controls for each treated individual will generally increase bias since the 2nd, 3rd, and 4th closest matches are, by definition, further away from the treated individual than is the 1st closest match. On the other hand, utilizing multiple matches can decrease variance due to the larger matched sample size. Approximations in Rubin and Thomas (1996) can help determine the best ratio. In settings where the outcome data has yet to be collected and there are cost constraints, researchers must also balance cost considerations. More methodological work needs to be done to more formally quantify the trade-offs involved. In addition,  $k:1$  matching is not optimal since it does not account for the fact that some treated individuals may have many close matches while others

have very few. A more advanced form of ratio matching, **variable ratio matching**, allows the ratio to vary, with different treated individuals receiving differing numbers of matches (Ming and Rosenbaum, 2001). Variable ratio matching is related to full matching, described below.

**3.1.3 With or without replacement**—Another key issue is whether controls can be used as matches for more than one treated individual; **whether the matching should be done “with replacement” or “without replacement.”** Matching with replacement can often decrease bias because controls that look similar to many treated individuals can be used multiple times. This is particularly helpful in settings where there are few control individuals comparable to the treated individuals (e.g., Dehejia and Wahba, 1999). Additionally, **when matching with replacement the order in which the treated individuals are matched does not matter.** However, **inference becomes more complex** when matching with replacement, because the **matched controls are no longer independent**—some are in the matched sample more than once and this needs to be accounted for in the outcome analysis, for example by using **frequency weights.** When matching with replacement it is also possible that the treatment effect estimate will be based on just a small number of controls; **the number of times each control is matched should be monitored.**

## 3.2 Subclassification, Full Matching, and Weighting

For settings where the outcome data is already available, one apparent drawback of k:1 nearest neighbor matching is that it does not necessarily use all the data, in that some control individuals, even some of those with propensity scores in the range of the treatment groups' scores, **are discarded and not used in the analysis.** **Weighting, full matching, and subclassification methods** instead use all individuals. These methods can be thought of as **giving all individuals (either implicit or explicit) weights** between 0 and 1, in contrast with nearest neighbor matching, in which individuals essentially receive a weight of either 0 or 1 (depending on whether or not they are selected as a match). The three methods discussed here represent a **continuum** in terms of the number of groupings formed, with **weighting as the limit of subclassification as the number of observations and subclasses go to infinity** (Rubin, 2001) and full matching in between.

**3.2.1 Subclassification**—Subclassification forms groups of individuals who are similar, for example as defined by quintiles of the propensity score distribution. It can estimate either the ATE or the ATT, as discussed further in Section 5. One of the first uses of **subclassification** was Cochran (1968), which examined subclassification on a single covariate (age) in investigating the link between lung cancer and smoking. Cochran (1968) provides analytic expressions for the bias reduction possible using subclassification on a univariate continuous covariate; using just five subclasses removes at least 90% of the initial bias due to that covariate. Rosenbaum and Rubin (1985b) extended that to show that **creating five propensity score subclasses** removes at least 90% of the bias in the estimated treatment effect due to all of the covariates that went into the propensity score. Based on those results, **the current convention is to use 5–10 subclasses.** However, **with larger sample sizes more subclasses (e.g., 10–20) may be feasible and appropriate** (Lunceford and Davidian, 2004). More work needs to be done to help determine the optimal number of subclasses: enough to get adequate bias reduction but not too many that the **within-subclass effect** estimates become **unstable.**

**3.2.2 Full Matching**—A more sophisticated form of **subclassification, full matching,** selects the number of subclasses automatically (Rosenbaum, 1991; Hansen, 2004; Stuart and Green, 2008). Full matching creates a series of matched sets, where **each matched set contains at least one treated individual and at least one control individual** (and each matched set may have many from either group). Like subclassification, full matching can estimate either the ATE or the ATT. Full matching is optimal in terms of minimizing the average of the distances between

each treated individual and each control individual within each matched set. Hansen (2004) demonstrates the method in the context of estimating the effect of SAT coaching. In that example the original treated and control groups had propensity score differences of 1.1 standard deviations, but the matched sets from full matching differed by only 0.01 to 0.02 standard deviations. Full matching may thus have appeal for researchers who are reluctant to discard some of the control individuals but who want to obtain optimal balance on the propensity score. To achieve efficiency gains, Hansen (2004) also introduces restricted ratios of the number of treated individuals to the number of control individuals in each matched set.

**3.2.3 Weighting adjustments**—Propensity scores can also be used directly as inverse weights in estimates of the ATE, known as **inverse probability of treatment weighting (IPTW)**; Czajka *et al.*, 1992; Robins *et al.*, 2000; Lunceford and Davidian, 2004). Formally, the weight  $w_i = \frac{T_i}{\hat{e}_i} + \frac{1-T_i}{1-\hat{e}_i}$ , where  $\hat{e}_k$  is the **estimated propensity score** for individual  $k$ . This weighting serves to weight both the treated and control groups up to the full sample, in the same way that survey sampling weights weight a sample up to a population (Horvitz and Thompson, 1952).

An **alternative** weighting technique, **weighting by the odds**, can be used to estimate the **ATT** (Hirano *et al.*, 2003). Formally,  $w_i = T_i + (1 - T_i) \frac{\hat{e}_i}{1-\hat{e}_i}$ . With this weight, treated individuals receive a weight of 1. Control individuals are weighted up to the full sample using the  $\frac{1}{1-\hat{e}_i}$  term, and then weighted to the treated group using the  $\hat{e}_i$  term. In this way both groups are weighted to represent the treatment group.

A **third weighting technique**, used primarily in economics, is **kernel weighting**, which averages over multiple individuals in the control group for each treated individual, with weights defined by their distance (Imbens, 2000). Heckman *et al.* (1997, 1998a,b) describe a local linear matching estimator that requires specifying a bandwidth parameter. Generally, larger bandwidths increase bias but reduce variance by putting weight on individuals that are further away from the treated individual of interest. A complication with these methods is this need to define a bandwidth or smoothing parameter, which does not generally have an intuitive meaning; Imbens (2004) provides some guidance on that choice.

A **potential drawback** of the **weighting** approaches is that, as with Horvitz-Thompson estimation, the **variance** can be very large if the **weights are extreme** (i.e., if the estimated propensity scores are close to 0 or 1). If the model is correctly specified and thus the weights are correct, then the large variance is appropriate. However, a worry is that some of the extreme weights may be related more to the estimation procedure than to the true underlying probabilities. **Weight trimming**, which sets weights above **some maximum to that maximum**, has been proposed as one solution to this problem (Potter, 1993; Scharfstein *et al.*, 1999). However, there is relatively little guidance regarding the trimming level. Because of this sensitivity to the size of the weights and potential model misspecification, more attention should be paid to the accuracy of propensity score estimates when the propensity scores will be used for weighting vs. matching (Kang and Schafer, 2007). **Another effective strategy** is doubly-robust methods (Bang and Robins, 2005), which yield accurate effect estimates if either the propensity score model or the outcome model are correctly specified, as discussed further in Section 5.

### 3.3 Assessing Common Support

One issue that comes up for all matching methods is that of **“common support.”** To this point, we have assumed that there is substantial overlap of the propensity score distributions in the two groups, but potentially density differences. However, **in some situations there may not be complete overlap in the distributions**. For example, many of the control individuals may be very different from all of the treatment group members, making them inappropriate as points

of comparison when estimating the ATT (Austin and Mamdani, 2006). Nearest neighbor matching with calipers automatically only uses individuals in (or close to) the area of common support. In contrast, the subclassification and weighting methods generally use all individuals, regardless of the overlap of the distributions. When using those methods it may be beneficial to explicitly restrict the analysis to those individuals in the region of common support (as in Heckman *et al.*, 1997; Dehejia and Wahba, 1999).

Most analyses define common support using the propensity score, discarding individuals with propensity score values outside the range of the other group. A second method involves examining the “convex hull” of the covariates, identifying the multi-dimensional space that allows interpolation rather than extrapolation (King and Zeng, 2006). While these procedures can help identify who needs to be discarded, when many subjects are discarded it can help the interpretation of results if it is possible to define the discard rule using one or two covariates rather than the propensity score itself.

It is also important to consider the implications of common support for the estimand of interest. Examining the common support may indicate that it is not possible to reliably estimate the ATE. This could happen, for example, if there are controls outside the range of the treated individuals and thus no way to estimate  $Y(1)$  for the controls without extensive extrapolation. When estimating the ATT it may be fine (and in fact beneficial) to discard controls outside the range of the treated individuals, but discarding treated individuals may change the group for which the results apply (Crump *et al.*, 2009).

## 4 Diagnosing matches

Perhaps the most important step in using matching methods is to diagnose the quality of the resulting matched samples. All matching should be followed by an assessment of the covariate balance in the matched groups, where balance is defined as the similarity of the empirical distributions of the full set of covariates in the matched treated and control groups. In other words, we would like the treatment to be unrelated to the covariates, such that  $\tilde{p}(X/T = 1) = \tilde{p}(X/T = 0)$ , where  $\tilde{p}$  denotes the empirical distribution. A matching method that results in highly imbalanced samples should be rejected, and alternative methods should be attempted until a well-balanced sample is attained. In some situations the diagnostics may indicate that the treated and control groups are too far apart to provide reliable estimates without heroic modeling assumptions (e.g., Rubin, 2001; Agodini and Dynarski, 2004). In contrast to traditional regression models, which do not examine the joint distribution of the predictors (and in particular of treatment assignment and the covariates), matching methods will make it clear when it is not possible to separate the effect of the treatment from other differences between the groups. A well-specified regression model of the outcome with many interactions would show this imbalance and may be an effective method for estimating treatment effects (Schafer and Kang, 2008), but complex models like that are only rarely used.

When assessing balance we would ideally compare the multidimensional histograms of the covariates in the matched treated and control groups. However, multidimensional histograms are very coarse and/or will have many zero cells. We thus are left examining the balance of lower-dimensional summaries of that joint distribution, such as the marginal distributions of each covariate. Since we are attempting to examine different features of the multidimensional distribution, though, it is helpful to do a number of different types of balance checks, to obtain a more complete picture.

All balance metrics should be calculated in ways similar to how the outcome analyses will be run, discussed further in Section 5. For example, if subclassification was done, the balance measures should be calculated within each subclass and then aggregated. If weights will be



used in analyses (either as IPTW or because of variable ratio or full matching), they should also be used in calculating the balance measures (Joffe *et al.*, 2004).

#### 4.1 Numerical diagnostics

One of the most common numerical balance diagnostics is the difference in means of each covariate, divided by the standard deviation in the full treated group:  $\frac{\bar{X}_T - \bar{X}_C}{\sigma_T}$ . This measure, sometimes referred to as the “standardized bias” or “standardized difference in means,” is similar to an effect size and is compared before and after matching (Rosenbaum and Rubin, 1985b). The same standard deviation should be used in the standardization before and after matching. The standardized difference of means should be computed for each covariate, as well as two-way interactions and squares. For binary covariates, either this same formula can be used (treating them as if they were continuous), or a simple difference in proportions can be calculated (Austin, 2009).

Rubin (2001) presents three balance measures based on the theory in Rubin and Thomas (1996) that provide a comprehensive view of covariate balance:

1. The standardized difference of means of the propensity score
2. The ratio of the variances of the propensity score in the treated and control groups
3. For each covariate, the ratio of the variance of the residuals orthogonal to the propensity score in the treated and control groups.

Rubin (2001) illustrates these diagnostics in an example with 146 covariates. For regression adjustment to be trustworthy, the absolute standardized differences of means should be less than 0.25 and the variance ratios should be between 0.5 and 2 (Rubin, 2001). These guidelines are based both on the assumptions underlying regression adjustment as well as on results in Rubin (1973b) and Cochran and Rubin (1973), which used simulations to estimate the bias resulting from a number of treatment effect estimation procedures when the true relationship between the covariates and outcome is even moderately non-linear.

Although common, hypothesis tests and p-values that incorporate information on the sample size (e.g., t-tests) should not be used as measures of balance, for two main reasons (Austin, 2007; Imai *et al.*, 2008). First, balance is inherently an in-sample property, without reference to any broader population or super-population. Second, hypothesis tests can be misleading as measures of balance, because they often conflate changes in balance with changes in statistical power. Imai *et al.* (2008) show an example where randomly discarding control individuals seemingly leads to increased balance, simply because of the reduced power. In particular, hypothesis tests should not be used as part of a stopping rule to select a matched sample when those samples have varying sizes (or effective sample sizes). Some researchers argue that hypothesis tests are okay for testing balance since the outcome analysis will also have reduced power for estimating the treatment effect (Hansen, 2008), but that argument requires trading off Type I and Type II errors. The cost of those two types of errors may differ for balance checking and treatment effect estimation.

#### 4.2 Graphical diagnostics

With many covariates it can be difficult to carefully examine numeric diagnostics for each; graphical diagnostics can be helpful for getting a quick assessment of the covariate balance. A first step is to examine the distribution of the propensity scores in the original and matched groups; this is also useful for assessing common support. Figure 1 shows an example with adequate overlap of the propensity scores, with a good control match for each treated individual. For weighting or subclassification, plots such as this can show the dots with their size proportional to their weight.



For continuous covariates, we can also examine quantile-quantile (QQ) plots, which compare the empirical distributions of each variable in the treated and control groups (this could also be done for the variables squared or two-way interactions, getting at second moments). QQ plots compare the quantiles of a variable in the treatment group against the corresponding quantiles in the control group. If the two groups have identical empirical distributions, all points would lie on the 45 degree line. For weighting methods, weighted boxplots can provide similar information (Joffe *et al.*, 2004).

Finally, a plot of the standardized differences of means, as in Figure 2, gives us a quick overview of whether balance has improved for individual covariates (Ridgeway *et al.*, 2006). In this example the standardized difference of means of each covariate has decreased after matching. In some situations researchers may find that the standardized difference of means of a few covariates will increase. This may be particularly true of covariates with small differences before matching, since they will not factor heavily into the propensity score model (since they are not predictive of treatment assignment). In these cases researchers should consider whether the increase in bias on those covariates is problematic, which it may be if those covariates are strongly related to the outcome, and modify the matching accordingly (Ho *et al.*, 2007). One solution for that may be to do Mahalanobis matching on those covariates within propensity score calipers.

## 5 Analysis of the outcome

Matching methods are not themselves methods for estimating causal effects. After the matching has created treated and control groups with adequate balance (and the observational study thus “designed”), researchers can move to the outcome analysis stage. This stage will generally involve regression adjustments using the matched samples, with the details of the analysis depending on the structure of the matching. A key point is that matching methods are not designed to “compete” with modeling adjustments such as linear regression, and in fact the two methods have been shown to work best in combination (Rubin, 1973b; Carpenter, 1977; Rubin, 1979; Robins and Rotnitzky, 1995; Heckman *et al.*, 1997; Rubin and Thomas, 2000; Glazerman *et al.*, 2003; Abadie and Imbens, 2006). This is similar to the idea of “double robustness,” and the intuition is the same as that behind regression adjustment in randomized experiments, where the regression adjustment is used to “clean up” small residual covariate imbalance between the groups. Matching methods should also make the treatment effect estimates less sensitive to particular outcome model specifications (Ho *et al.*, 2007).

The following sections describe how outcome analyses should proceed after each of the major types of matching methods described above. When weighting methods are used, the weights are used directly in regression models, for example using weighted least squares. We focus on parametric modeling approaches since those are the most commonly used, however non-parametric permutation-based tests, such as Fisher’s exact test, are also appropriate, as detailed in Rosenbaum (2002). The best results are found when estimating marginal treatment effects, such as differences in means or differences in proportions. Greenland *et al.* (1999) and Austin (2007) discuss some of the challenges in estimating non-collapsible conditional treatment effects and which matching methods perform best for those situations.

### 5.1 After k:1 matching

When each treated individual has received  $k$  matches, the outcome analysis proceeds using the matched samples, as if those samples had been generated through randomization. There is debate about whether the analysis needs to account for the matched pair nature of the data (Austin, 2007). However, there are at least two reasons why it is not necessary to account for the matched pairs (Stuart, 2008; Schafer and Kang, 2008). First, conditioning on the variables that were used in the matching process (such as through a regression model) is sufficient.

Second, propensity score matching in fact does not guarantee that the individual pairs will be well-matched on the full set of covariates, only that groups of individuals with similar propensity scores will have similar covariate distributions. Thus, it is more common to simply pool all the matches into matched treated and control groups and run analyses using the groups as a whole, rather than using the individual matched pairs. In essence, researchers can do the exact same analysis they would have done using the original data, but using the matched data instead (Ho *et al.*, 2007).

Weights need to be incorporated into the analysis for matching with replacement or variable ratio matching (Dehejia and Wahba, 1999; Hill *et al.*, 2004). When matching with replacement, control group individuals receive a frequency weight that reflects the number of times they were selected as a match. When using variable ratio matching, control group members receive a weight that is proportional to the number of controls matched to “their” treated individual. For example, if 1 treated individual was matched to 3 controls, each of those controls receives a weight of 1/3. If another treated individual was matched to just 1 control, that control receives a weight of 1.

## 5.2 After subclassification or full matching

With standard subclassification (e.g., the formation of 5 subclasses), effects are generally estimated within each subclass and then aggregated across subclasses (Rosenbaum and Rubin, 1984). Weighting the subclass estimates by the number of treated individuals in each subclass estimates the ATT; weighting by the overall number of individuals in each subclass estimates the ATE. There may be fairly substantial imbalance remaining in each subclass and thus it is important to do regression adjustment within each subclass, with the treatment indicator and covariates as predictors (Lunceford and Davidian, 2004). When the number of subclasses is too large—and the number of individuals within each subclass too small—to estimate separate regression models within each subclass, a joint model can be fit, with subclass and subclass by treatment indicators (fixed effects). This is especially useful for full matching. This estimates a separate effect for each subclass, but assumes that the relationship between the covariates  $X$  and the outcome is constant across subclasses. Specifically, models such as  $Y_{ij} = \beta_{0j} + \beta_{1j}T_{ij} + \gamma X_{ij} + e_{ij}$  are fit, where  $i$  indexes individuals and  $j$  indexes subclasses. In this model,  $\beta_{1j}$  is the treatment effect for subclass  $j$ , and these effects are aggregated across

subclasses to obtain an overall treatment effect:  $\beta = \frac{\sum_{j=1}^J N_j \beta_{1j}}{N}$ , where  $J$  is the number of subclasses,  $N_j$  is the number of individuals in subclass  $j$ , and  $N$  is the total number of individuals. (This formula weights subclasses by their total size, so estimates the ATE, but could be modified to estimate the ATT). This procedure is somewhat more complicated for non-continuous outcomes when the estimand of interest, e.g., an odds ratio, is non-collapsible. In that case the outcome proportions in each treatment group should be aggregated and then combined.

## 5.3 Variance estimation

One of the most debated topics in the literature on matching is variance estimation. Researchers disagree on whether uncertainty in the propensity score estimation or the matching procedure needs to be taken into account, and if so, how. Some researchers (e.g., Ho *et al.*, 2007) adopt an approach similar to randomized experiments, where the models are run conditional on the covariates, which are treated as fixed and exogenous. Uncertainty regarding the matching process is not taken into account. Other researchers argue that uncertainty in the propensity score model needs to be accounted for in any analysis. However, in fact under fairly general conditions (Rubin and Thomas, 1996; Rubin and Stuart, 2006), using estimated rather than true propensity scores leads to an overestimate of variance, implying that not accounting for the uncertainty in using estimated rather than true values will be conservative in the sense of

yielding confidence intervals that are wider than necessary. Robins *et al.* (1992) also show the benefit of using estimated rather than true propensity scores. Analytic expressions for the bias and variance reduction possible for these situations are given in Rubin and Thomas (1992b). Specifically, Rubin and Thomas (1992b) states that "...with large pools of controls, matching using estimated linear propensity scores results in approximately half the variance for the difference in the matched sample means as in corresponding random samples for all covariates uncorrelated with the population discriminant." This finding has been confirmed in simulations (Rubin and Thomas, 1996) and an empirical example (Hill *et al.*, 1999). Thus, when it is possible to obtain 100% or nearly 100% bias reduction by matching on true or estimated propensity scores, using the estimated propensity scores will result in more precise estimates of the average treatment effect. The intuition is that the estimated propensity score accounts for chance imbalances between the groups, in addition to the systematic differences—a situation where overfitting is good. When researchers want to account for the uncertainty in the matching, a bootstrap procedure has been found to outperform other methods (Lechner, 2002; Hill and Reiter, 2006). There are also some empirical formulas for variance estimation for particular matching scenarios (e.g., Abadie and Imbens, 2006, 2009b; Schafer and Kang, 2008), but this is an area for future research.

## 6 Discussion

### 6.1 Additional issues

This section raises additional issues that arise when using any matching method, and also provides suggestions for future research.

**6.1.1 Missing covariate values**—Most of the literature on matching and propensity scores assumes fully observed covariates, but of course most studies have at least some missing data. One possibility is to use generalized boosted models to estimate propensity scores, as they do not require fully observed covariates. Another recommended approach is to do a simple single imputation of the missing covariates and include missing data indicators in the propensity score model. This essentially matches based both on the observed values and on the missing data patterns. Although this is generally not an appropriate strategy for dealing with missing data (Greenland and Finkle, 1995), it is an effective approach in the propensity score context. Although it cannot balance the missing values themselves, this method will yield balance on the observed covariates and the missing data patterns (Rosenbaum and Rubin, 1984). A more flexible method is to use multiple imputation to impute the missing covariates, run the matching and effect estimation separately within each "complete" data set, and then use the multiple imputation combining rules to obtain final effect estimates (Rubin, 1987; Song *et al.*, 2001). Qu and Lipkovich (2009) illustrate this method and show good results for an adaptation that also includes indicators of missing data patterns in the propensity score model.

In addition to development and investigation of matching methods that account for missing data, one particular area needing development is balance diagnostics for settings with missing covariate values, including diagnostics that allow for nonignorable missing data mechanisms. D'Agostino, Jr. and Rubin (2000) suggests a few simple diagnostics such as assessing available-case means and standard deviations of the continuous variables, and comparing available-case cell proportions for the categorical variables and missing-data indicators, but diagnostics should be developed that explicitly consider the interactions between the missing data and treatment assignment mechanisms.

**6.1.2 Violation of ignorable treatment assignment**—A critique of any non-experimental study is that there may be unobserved variables related to both treatment assignment and the outcome, violating the assumption of ignorable treatment assignment and

biasing the treatment effect estimates. Since ignorability can never be directly tested, researchers have instead developed sensitivity analyses to assess its plausibility, and how violations of ignorability may affect study conclusions. One type of plausibility test estimates an effect on a variable that is known to be unrelated to the treatment, such as a pre-treatment measure of the outcome variable (as in Imbens, 2004), or the difference in outcomes between multiple control groups (as in Rosenbaum, 1987b). If the test indicates that the effect is not equal to zero, then the assumption of ignorable treatment assignment is deemed to be less plausible.

A second approach is to perform analyses of sensitivity to an unobserved variable. Rosenbaum and Rubin (1983a) extends the ideas of Cornfield (1959), examining how strong the correlations would have to be between a hypothetical unobserved covariate and both treatment assignment and the outcome to make the observed treatment effect go away. Similarly, bounds can be created for the treatment effect, given a range of potential correlations of the unobserved covariate with treatment assignment and the outcome (Rosenbaum, 2002). Although sensitivity analysis methods are becoming more and more developed, they are still used relatively infrequently. Newly available software (McCaffrey *et al.*, 2004; Keele, 2009) will hopefully help facilitate their adoption by more researchers.

**6.1.3 Choosing between methods**—There are a wide variety of matching methods available, and little guidance to help applied researchers select between them (Section 6.2 makes an attempt). The primary advice to this point has been to select the method that yields the best balance (e.g., Harder *et al.*, 2007; Ho *et al.*, 2007; Rubin, 2007). But defining the best balance is complex, as it involves trading off balance on multiple covariates. Possible ways to choose a method include 1) the method that yields the smallest standardized difference of means across the largest number of covariates, 2) the method that minimizes the standardized difference of means of a few particularly prognostic covariates, and 3) the method that results in the fewest number of “large” standardized differences of means (greater than 0.25). Another promising direction is work by Diamond and Sekhon (2006), which automates the matching procedure, finding the best matches according to a set of balance measures. Further research needs to compare the performance of treatment effect estimates from methods using criteria such as those in Diamond and Sekhon (2006) and Harder *et al.* (2007), to determine what the proper criteria should be and examine issues such as potential over-fitting to particular measures.

**6.1.4 Multiple treatment doses**—Throughout this discussion of matching, it has been assumed that there are just two groups: treated and control. However, in many studies there are actually multiple levels of the treatment (e.g., doses of a drug). Rosenbaum (2002) summarizes two methods for dealing with doses of treatment. In the first method, the propensity score is still a scalar function of the covariates (e.g., Joffe and Rosenbaum, 1999; Lu *et al.*, 2001). In the second method, each of the levels of treatment has its own propensity score (e.g., Rosenbaum, 1987a; Imbens, 2000) and each propensity score is used one at a time to estimate the distribution of responses that would have been observed if all individuals had received that dose.

Encompassing these two approaches, Imai and van Dyk (2004) generalizes the propensity score to arbitrary treatment regimes (including ordinal, categorical, and multi-dimensional). They provide theorems for the properties of this generalized propensity score (the propensity function), showing that it has properties similar to that of the propensity score in that adjusting for the low-dimensional (not always scalar, but always low-dimensional) propensity function balances the covariates. They advocate subclassification rather than matching, and provide two examples as well as simulations showing the performance of adjustment based on the propensity function. Diagnostics are also complicated in this setting, as it becomes more

difficult to assess the balance of the resulting samples when there are multiple treatment levels. Future work is needed to examine these issues.

## 6.2 Guidance for practice

So what are the take-away points and advice regarding when to use each of the many methods discussed? While more work is needed to definitively answer that question, this section attempts to pull together the current literature to provide advice for researchers interested in estimating causal effects using matching methods. The lessons can be summarized as follows:

1. Think carefully about the set of covariates to include in the matching procedure, and err on the side of including more rather than fewer. Is the ignorability assumption reasonable given that set of covariates? If not, consider in advance whether there are other datasets that may be more appropriate, or if there are sensitivity analyses that can be done to strengthen the inferences.
2. Estimate the distance measure that will be used in the matching. Linear propensity scores estimated using logistic regression, or propensity scores estimated using generalized boosted models or boosted CART are good choices. If there are a few covariates on which particularly close balance is desired (e.g., pre-treatment measures of the outcome), consider using Mahalanobis distance within propensity score calipers.
3. Examine the common support and implications for the estimand. If the ATE is of substantive interest, is there enough overlap of the treated and control groups' propensity scores to estimate the ATE? If not, could the ATT be estimated more reliably? If the ATT is of interest, are there controls across the full range of the treated group, or will it be difficult to estimate the effect for some treated individuals?
4. Implement a matching method.
  - If estimating the ATE, good choices are generally IPTW or full matching.
  - If estimating the ATT and there are many more control than treated individuals (e.g., more than 3 times as many), k:1 nearest neighbor matching without replacement is a good choice for its simplicity and good performance.
  - If estimating the ATT and there are not (or not many) more control than treated individuals, appropriate choices are generally subclassification, full matching, and weighting by the odds.
5. Examine the balance on covariates resulting from that matching method.
  - If adequate, move forward with treatment effect estimation, using regression adjustment on the matched samples.
  - If imbalance on just a few covariates, consider incorporating exact or Mahalanobis matching on those variables.
  - If imbalance on quite a few covariates, try another matching method (e.g., move to k:1 matching with replacement) or consider changing the estimand or the data.

Even if for some reason effect estimates will not be obtained using matching methods, it is worthwhile to go through the steps outlined here to assess the adequacy of the data for answering the question of interest. Standard regression diagnostics will not warn researchers when there is insufficient overlap to reliably estimate causal effects; going through the process



of estimating propensity scores and assessing balance before and after matching can be invaluable in terms of helping researchers more forward with causal inference with confidence.

Matching methods are important tools for applied researchers and also have many open research questions for statistical development. This paper has provided an overview of the current literature on matching methods, guidance for practice, and a road map for future research. Much research has been done in the past 30 years on this topic, however there are still a number of open areas and questions to be answered. We hope that this paper, combining results from a variety of disciplines, will promote awareness of and interest in matching methods as an important and interesting area for future research.

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## 7 Software Appendix

In previous years software limitations made it difficult to implement many of the more advanced matching methods. However, recent advances have made these methods more and more accessible. This section lists some of the major matching procedures available. A continuously updated version is also available at <http://www.biostat.jhsph.edu/~estuart/propensityscoresoftware.html>.

- Matching software for R
  - **cem**, <http://gking.harvard.edu/cem/>  
 Iacus, S.M., King, G., and Porro, G. (2009). cem: Coarsened exact matching software. Can also be implemented through MatchIt.
  - **Matching**, <http://sekhon.berkeley.edu/matching>  
 Sekhon, J. S. (in press). Matching: Multivariate and propensity score matching with balance optimization. Forthcoming, *Journal of Statistical Software*. Uses automated procedure to select matches, based on univariate and multivariate balance diagnostics. Primarily k:1 matching, allows matching with or without replacement, caliper, exact. Includes built-in effect and variance estimation procedures
  - **Matchit**, <http://gking.harvard.edu/matchit>  
 Ho, D.E., Imai, K., King, G., and Stuart, E.A. (in press). MatchIt: Nonparametric preprocessing for parameteric causal inference. Forthcoming, *Journal of Statistical Software*. Two-step process: does matching, then user does outcome analysis. Wide array of estimation procedures and matching methods available: nearest neighbor, Mahalanobis, caliper, exact, full, optimal, subclassification. Built-in numeric and graphical diagnostics.
  - **optmatch**, <http://cran.r-project.org/web/packages/optmatch/index.html>  
 Hansen, B.B., and Fredrickson, M. (2009). optmatch: Functions for optimal matching. Variable ratio, optimal, and full matching. Can also be implemented through MatchIt.
  - **PSAgraphics**,  
<http://cran.r-project.org/web/packages/PSAgraphics/index.html>  
 Helmreich, J.E., and Pruzek, R.M. (2009). PSAgraphics: Propensity score analysis graphics. *Journal of Statistical Software* 29(6). Package to do graphical diagnostics of propensity score methods.
  - **rbounds**, <http://cran.r-project.org/web/packages/rbounds/index.html>  
 Keele, L.J. (2009). Rbounds: An R Package For Sensitivity Analysis with Matched Data. Does analysis of sensitivity to assumption of ignorable treatment assignment.

– **twang**, <http://cran.r-project.org/doc/packages/twang.pdf>

Ridgeway, G., McCaffrey, D., and Morral, A. (2006). *twang*: Toolkit for weighting and analysis of nonequivalent groups. Functions for propensity score estimating and weighting, nonresponse weighting, and diagnosis of the weights. Primarily uses generalized boosted regression to estimate the propensity scores.

- Matching software for Stata

– **cem**, <http://gking.harvard.edu/cem/>

Iacus, S.M., King, G., and Porro, G. (2009). *cem*: Coarsened exact matching software.

– **match**, [http://www.economics.harvard.edu/faculty/imbens/software\\_imbens](http://www.economics.harvard.edu/faculty/imbens/software_imbens)

Abadie, A., Drukker, D., Herr, J. L., and Imbens, G. W. (2004). Implementing matching estimators for average treatment effects in Stata. *The Stata Journal* 4, 3, 290–311. Primarily k:1 matching (with replacement). Allows estimation of ATT or ATE, including robust variance estimators.

– **pscore**, <http://www.lrz-muenchen.de/~sobecker/pscore.html>

Becker, S. and Ichino, A. (2002). Estimation of average treatment effects based on propensity scores. *The Stata Journal* 2(4): 358–377. Does k:1 nearest neighbor matching, radius (caliper) matching, and subclassification.

– **psmatch2**, <http://econpapers.repec.org/software/bocbocode/S432001.html>

<http://www1.fee.uva.nl/scholar/mdw/leuven/stata>

Leuven, E. and Sianesi, B. (2003). *psmatch2*. Stata module to perform full Mahalanobis and propensity score matching, common support graphing, and covariate imbalance testing. Allows k:1 matching, kernel weighting, Mahalanobis matching. Includes built-in diagnostics and procedures for estimating ATT or ATE.

– Note: 3 procedures for analysis of sensitivity to the ignorability assumption are also available: *rbounds* (for continuous outcomes), *mhbounds* (for categorical outcomes), and *sensatt* (to be used after the *pscore* procedures).

**rbounds**: <http://econpapers.repec.org/software/bocbocode/s438301.htm>

**mhbounds**: <http://ideas.repec.org/p/diw/diwwpp/dp659.html>

**sensatt**: <http://ideas.repec.org/c/boc/bocode/s456747.html>

- Matching software for SAS

– SAS usage note: <http://support.sas.com/kb/30/971.html>

– Greedy 1:1 matching,  
<http://www2.sas.com/proceedings/sugi26/p214-226.pdf>

Parsons, L.S. (2005). Using SAS software to perform a case-control match on propensity score in an observational study. In SAS SUGI 30, Paper 225–25.

– Gmatch macro,  
<http://mayoresearch.mayo.edu/mayo/research/biostat/upload/gmatch.sas>

Kosanke, J., and Bergstralh, E. (2004). *gmatch*: Match 1 or more controls to cases using the GREEDY algorithm.

– Proc assign, <http://pubs.amstat.org/doi/abs/10.1198/106186001317114938>



Can be used to perform optimal matching.

- 1:1 Mahalanobis matching within propensity score calipers,  
[www.lexjansen.com/pharmasug/2006/publichealthresearch/pr05.pdf](http://www.lexjansen.com/pharmasug/2006/publichealthresearch/pr05.pdf)

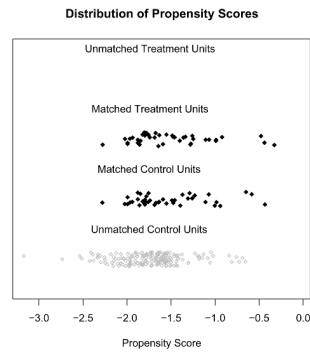
Feng, W.W., Jun, Y., and Xu, R. (2005). A method/macro based on propensity score and Mahalanobis distance to reduce bias in treatment comparison in observational study.

- Vmatch macro,  
<http://mayoresearch.mayo.edu/mayo/research/biostat/upload/vmatch.sas>

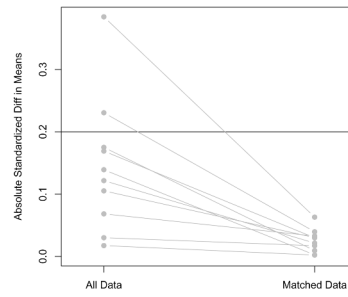
Kosanke, J., and Bergstralh, E. (2004). Match cases to controls using variable optimal matching. Variable ratio matching (optimal algorithm).

- Weighting, <http://www.lexjansen.com/wuss/2006/Analytics/ANL-Leslie.pdf>

Leslie, S. and Thiebaud, P. (2006). Using propensity scores to adjust for treatment selection bias.



**Figure 1.** Matches chosen using 1:1 nearest neighbor matching on propensity score. Black dots indicate matched individuals; grey unmatched individuals. Data from Stuart and Green (2008).



**Figure 2.** Plot of standardized difference of means of 10 covariates before and after matching. Data from Stuart and Green (2008).