通过饮食了解文化

1. eating full is important food is more than eating full

民以食为天

食物与人际关系和人情联系在一起

意味深长，“玄”

1. eating and cooking is as important as state administration
2. Food is also medicine
3. Coordinating or integrating to reach harm

体味调和是什么

读文章，理解身份认同