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7) Let  $f \in L^p(\mathbb{R}^N)$  with  $1 \leq p < \infty$ . For every  $r > 0$ , set

$$f_r(x) := \frac{1}{|B(x,r)|} \int_{B(x,r)} f(y) dy$$

a) Prove that  $f_r \in L^p(\mathbb{R}^N) \cap C(\mathbb{R}^N)$  and that  $f_r(x) \rightarrow 0$  as  $|x| \rightarrow \infty$  (with  $r$  being fixed)

b) Prove that  $f_r \rightarrow f$  in  $L^p(\mathbb{R}^N)$  as  $r \rightarrow 0$ .

Hint: Write  $f_r = (\varphi_r * f)$  for some appropriate  $\varphi$ .

a) • Claim:  $f_r(x) \rightarrow 0$  as  $|x| \rightarrow \infty$  (with  $r$  fixed).  
 $C_c(\mathbb{R}^N)$  is dense in  $L^p(\mathbb{R}^N)$  and  $f_r \in L^p(\mathbb{R}^N)$  (first half of the question)  $\Rightarrow \exists$  a sequence of  $\{f_n\} \subseteq C_c(\mathbb{R}^N)$  st.  $\|f_n - f\|_p \rightarrow 0$ . However, convergence in  $L^p \Rightarrow$  convergence in  $L^1$ , and so  $\|f_n - f\|_1 \rightarrow 0$ . Hence,

$$\begin{aligned} |f_r(x)| &= |f_r(x) + f_n(x) - f_n(x)| \\ &= |(f_r(x) - f_n(x)) + f_n(x)| \\ &\leq |f_r(x) - f_n(x)| + |f_n(x)| \end{aligned}$$

Since  $f_n \rightarrow f_r$ ,  $\exists N_1 \in \mathbb{N}$  st.  $\forall n \geq N_1$ ,  $|f_r(x) - f_n(x)| < \varepsilon/2$ .  
 $< \varepsilon/2 + |f_n(x)|$ .

Since  $\lim_{|x| \rightarrow \infty} |f_n(x)| = 0$ , choose  $x$  sufficiently large st.  $|f_n(x)| < \varepsilon/2$ ,

$$\begin{aligned} \Rightarrow \lim_{|x| \rightarrow \infty} |f_r(x)| &\leq \lim_{|x| \rightarrow \infty} [\varepsilon/2 + |f_n(x)|] \\ &\leq \varepsilon/2 + \varepsilon/2 = \varepsilon \end{aligned}$$

$$\Rightarrow \boxed{\lim_{|x| \rightarrow \infty} |f_r(x)| = 0}$$

• Claim:  $f \in L^p(\mathbb{R}^N) \cap C(\mathbb{R}^N)$

•  $f_r \in L^p(\mathbb{R}^N)$ : follows from Young's Inequality; write  $f_r$  as the following convolution.

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$$f_r = \frac{1}{|B(x,r)|} \int_{B(x,r)} f(y) dy = \frac{1}{|B(x,r)|} \int_{\mathbb{R}^N} \chi_{B(x,r)}(y) f(y) dy$$

Shift the ball so that it's centered at zero:

$$= \int_{\mathbb{R}^N} \frac{\chi_{B(0,r)}}{|B(x,r)|} (x-y) f(y) dy$$

$$= \underbrace{\frac{1}{|B(x,r)|}}_{\text{constant}} (\chi_{B(0,r)} * f)(x)$$

Young's inequality says:  $f \in L^1, g \in L^p \Rightarrow \|f * g\|_p \leq \|f\|_1 \|g\|_p$

- $\chi_{B(0,r)}$  clearly belongs to  $L^1$ :  $\int_{\mathbb{R}^N} \chi_{B(0,r)} = m(B(0,r)) < \infty$
- $f \in L^p$  by assumption

$$\Rightarrow (\chi_{B(0,r)} * f) \leq \|\chi_{B(0,r)}\|_1 \|f\|_p < \infty$$

$$\Rightarrow (\chi_{B(0,r)} * f) \in L^p$$

$$\Rightarrow \frac{1}{|B(x,r)|} (\chi_{B(0,r)} * f) \in L^p \Rightarrow f_r \in L^p$$

- $f_r \in C(\mathbb{R}^N)$ : Let  $\{x_n\}$  be a convergent sequence <sup>in  $\mathbb{R}^N$</sup> . Applying the DCT, we obtain:

$$\lim_{n \rightarrow \infty} f_r(x_n) = \lim_{n \rightarrow \infty} \frac{1}{|B(x,r)|} \int_{\mathbb{R}^N} \chi_{B(x,r)} f(y) dy$$

$$= \frac{1}{|B(x,r)|} \int_{\mathbb{R}^N} \lim_{n \rightarrow \infty} \chi_{B(x_n,r)} f(y) dy$$

$\forall n \in \mathbb{N},$

$$\chi_{B(x_n,r)} f(y) \leq |f(y)| \in L^p(\mathbb{R}^N) = f_r(x)$$

By the sequential definition of continuity, this proves that  $f_r$  is cts



b) By the density of  $C_c(\mathbb{R}^n)$  in  $L^p(\mathbb{R}^n)$ , we can approach  $\chi_{B(0,r)}$  by a sequence of test functions, call them  $\phi_r(x)$ . But, first we have that  $|B(0,r)| \sim r^n$ , and so  $\frac{1}{|B(0,r)|} \sim \frac{1}{r^n}$ . After doing a change of variables,  
 $\int$

b)  $f \in L^p(\mathbb{R}^n) \Rightarrow$  we can approximate it by a sequence  $\{g_n\} \subseteq C_c^\infty(\mathbb{R}^n)$ . We'll prove the result for  $g \in C_c^\infty(\mathbb{R}^n)$  and then generalize it to  $f$  by taking the limit WLOG, ~~since~~ that we'll prove it in the case of  $x=0$ .

claim, for  $g$ cts,

$$g_r := \frac{1}{|B(0,r)|} \int_{B(0,r)} g(y) dy \rightarrow g(0) \text{ pointwise.}$$

Since pointwise convergence  $\Rightarrow$  LP convergence, this will prove the claim. Since  $g$  is continuous at 0,  $\forall \epsilon > 0, \exists \delta > 0$  s.t. if  $x \in B(0,\delta)$ , then  $|g(x) - g(0)| < \epsilon$ . Then,

$$\begin{aligned} \left| \frac{1}{|B(x,r)|} \int_{B(0,r)} g dx - g(0) \right| &= \left| \frac{1}{|B(x,r)|} \int_{B(0,r)} [g(x) - g(0)] dx \right| \\ &\leq \frac{1}{|B(x,r)|} \int_{B(0,r)} |g(x) - g(0)| dx \end{aligned}$$

In the limit as  $r \rightarrow 0$ , since  $\delta > 0$ , at one point  $r < \delta$ . Hence, for  $r$  sufficiently small,

$$\begin{aligned} &\leq \frac{1}{|B(x,r)|} \int_{B(0,r)} \epsilon dx \\ &= \epsilon \frac{|B(x,r)|}{|B(x,r)|} \\ &= \epsilon \end{aligned}$$

$\Rightarrow g_r(x) \rightarrow g(x)$  pw  $\Rightarrow g_r(x) \rightarrow g(x)$  uniformly.

Now for the general case.  $C_c^0(\mathbb{R}^N)$  is dense in  $L^p(\mathbb{R}^N)$ , so approximate  $f$  by a sequence of functions  $g_n$ . Then,

$$\begin{aligned}\|f_n - f\|_p &= \|f_n + g_n - g_n + g_n - f\|_p \\ &= \|(f_n - g_n) + (g_n - g_n) + (g_n - f)\|_p\end{aligned}$$

$$\leq \|f_n - g_n\|_p + \|g_n - g_n\|_p + \|g_n - f\|_p$$

↑  
We can make this small by the Dominated convergence theorem

↑  
Just proven

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can be made small for sufficiently large  $n$

$$\leq \varepsilon/3 + \varepsilon/3 + \varepsilon/3$$

$$= \varepsilon$$

$$\Rightarrow \boxed{f_n \rightarrow f \text{ in } L^p}$$