Charlotte Young

Age: 34

Work: fashion designer

Status: Single

Location: Los Angeles, CA

Interest: shopping, creating content for social media

Health Goals: maintain current weight,
exercises 3 x a week

# of times eats at a restaurant per week: 4-8

David Smith

Age: 37

Work: sales

Status: Married

Location: Huntington Beach, CA

Interest: NBA, videogames

Health Goals: low carb, maintain weight,
exercises every other day

# of times eats at a restaurant per week: 1-2 a week