CYBER SECURITY
IN DAILY LIFE

UNDERSTANDING CYBERSECURITY

Cybersecurity involves safeguarding computer systems, networks, and data from digital attacks aimed at accessing, changing, or destroying sensitive information.

COMMON CYBER THREATS

Malware, phishing, MitM attacks, and DoS attacks are prevalent threats that can disrupt operations and compromise sensitive data.

IMPORTANCE OF STRONG PASSWORDS

Strong passwords, combining letters, numbers, and special characters, are essential for protecting personal and organizational data from unauthorized access.

IMPLEMENTING TWO-FACTOR AUTHENTICATION

2FA adds an extra security layer by requiring a second verification factor, significantly reducing the risk of unauthorized access.

REGULAR SOFTWARE UPDATES

Regular updates ensure that software includes the latest security patches, reducing vulnerabilities to cyber attacks and enhancing overall security.

DATA ENCRYPTION

Encrypting data ensures that it remains unreadable to unauthorized users, protecting sensitive information during transmission and storage.