

資料變項譯碼簿 Coding Book

欄位說明 description	欄位名稱 name	類型 types	寬度 width	代碼 code
個案編號 Sample ID	ID	Number value	5	照錄
年齡 Age	age	Number value	4	照錄
性別 gender	sex	Number value	2	0=女 Female 1=男 Male
您目前是否有喝酒？ Do you currently drink?	drink	Number value	1	0=沒有(滴酒不沾) Never 1=有(偶爾或應酬時才喝也算「有」) Yes (include sometimes)
您是否曾經吸過菸 Have you ever smoked?	smoke	Number value	1	0=沒有吸過 Never 1=僅嘗試吸過幾次而已 Yes, only tried to smoke several times 2=有吸過，從以前到現在沒有吸超過 5 包 (100 支) 菸 Yes, not smoked more than 5 packs (100 cigarettes) 3=有吸過，從以前到現在有吸超過 5 包 (100 支) 菸 Yes, smoked more than 5 packs (100 cigarettes)
過去半年，您是否曾經有每星期至少運動 3 次，每次至少 30 分鐘的運動習慣？ Over the past six months, have you ever exercised more than 3 times a week; at least 30 minutes	exercise	Number value	1	0=否 No 1=是 Yes 8 =不知道 Not as far as I know

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each time?				
您是不是曾經患有高血壓呢？ Have you ever diagnosed with hypertension by clinical doctors?	htn	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
您是否曾經患有糖尿病呢？ Have you ever diagnosed with diabetes mellitus by clinical doctors?	dm	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
您是不是曾經有過血液脂肪過高的問題呢？ Have you ever diagnosed with hyperlipidemia by clinical doctors?	hl	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
您是否曾經患有高尿酸血症？ Have you ever diagnosed with hyperuricemia by clinical doctors?	hu	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
您是不是曾經有發生過中風的情形？ Have you ever experienced stroke?	stroke	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
您是不是曾經患有心臟病？ Have you ever diagnosed with heart diseases by clinical doctors?	cvd	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
您是不是曾經患有腎臟病呢？ Have you ever diagnosed with kidney diseases by clinical doctors?	ckd	Number value	1	0=沒有 No 1=有 Yes 8 =不知道 Not as far as I know
身高 height	height	Number value	5	照錄 (unit : cm)

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體重 weight	weight	Number value	5	照錄 (unit : kg)
腰圍 waist circumference	waist	Number value	5	照錄 (unit : cm)
臀圍 Hips	hip	Number value	5	照錄 (unit : cm)
血糖 Glucose	glu	Number value	3	照錄 (unit : mg/dL)
尿酸 Uric acid	ua	Number value	5	照錄 (unit : mg/dL)
肌氨酸 Creatinine	creat	Number value	4	照錄 (unit : mg/dL)
總膽固醇 Cholesterol	chol	Number value	3	照錄 (unit : mg/dL)
三酸甘油脂 Triglyceride	tri	Number value	5	照錄 (unit : mg/dL)
高密度脂蛋白膽固醇 Highdensity lipoprotein cholesterol	hdl	Number value	5	照錄 (unit : mg/dL)
低密度脂蛋白膽固醇 Lowdensity lipoprotein cholesterol	ldl	Number value	3	照錄 (unit : mg/dL)
收縮壓 Systolic blood pressure	sbp	Number value	5	照錄 (unit : mmHg)
舒張壓 Diastolic blood pressure	dbp	Number value	5	照錄 (unit : mmHg)