

Global and regional per capita food consumption analysis

This table shows the per capita food consumption in different regions from 1964 to 1999, and predicts data for 2015 and 2030. The consumption in Sub-Saharan Africa and South Asia is gradually increasing, and it is expected to reach 2540 kcal and 2900 kcal respectively by 2030. Developing countries and the global average have also significantly increased, reaching 2980 kcal and 3050 kcal respectively by 2030.

The consumption in Latin America and the Caribbean, as well as in transition countries, remains at a relatively high level, expected to be 3140 kcal and 3180 kcal, respectively. The consumption in East Asia has significantly increased and is expected to reach 3190 kcal by 2030. The Near East and North Africa have maintained a relatively high level, with an estimated 3170 kcal. The consumption in Industrialized countries is the highest, reaching 3440 kilocalories by 2030. The data shows that global food consumption has gradually improved over time.

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