Note: These solutions were originally done using a different way to express the conservation of energy as an equation. The markups change the solutions to the notation we are using.

Standard Problems 8. Conservation of Mechanical Energy

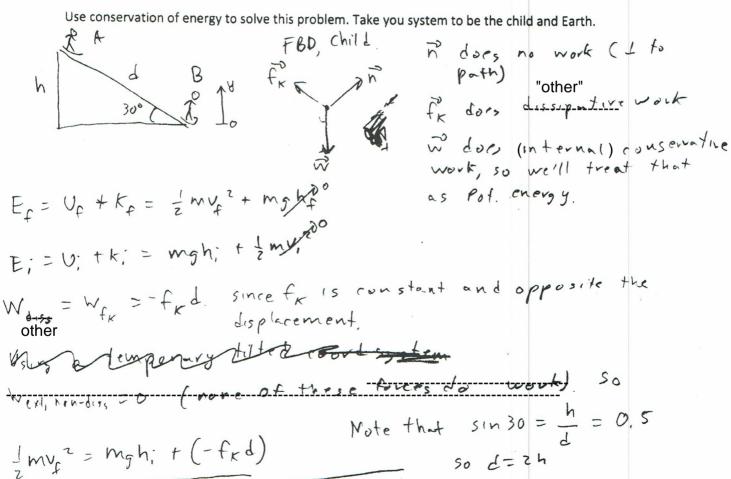
1)Introductory-problem.

$$E_f = E_i + W_{diss} + W_{ext,non-diss}$$

$$W = \int \overrightarrow{F_{net}} \cdot \overrightarrow{ds} = \int_{q_A}^{q_B} \overrightarrow{F_{net}} \cdot (x'(q)\hat{\imath} + y'(q)\hat{\jmath})dq$$

$$K = \frac{1}{2}mv^2 \qquad U_g = 0 \qquad \qquad W_s = \frac{k}{2}x^2$$

A 30 kg child sits on a sled of negligible mass at the top of a straight snowy slope 10 m in elevation. The slope has a steepness of 30 degrees above the horizontal, so the length of the slope itself is 20 m. The child slides down the slope on the sled, and as she does so, a constant 50 N kinetic frictional force is exerted on her. What is her speed when she reaches the bottom of the slope?



$$\frac{1}{2}M_{f} = \sqrt{\frac{2m_{g}h_{i} - 2f_{K}L}{m}} = \sqrt{\frac{2gh_{i} - 4f_{K}h}{m}} = 11.4 \text{ m/s}$$

this is 220 mpt, so hopefully the kids weaving a helmet!

