```python
from microbit import *
import speech
import time


while True:
    if button_a.is_pressed():
        speech.say("is dit snel?", speed=0, pitch=64, mouth=128, throat=128)
        time.sleep(3)
        speech.say("of heel langzaam?", speed=190, pitch=64, mouth=128, throat=128)
    elif button_b.is_pressed():
        speech.say("heb ik een hoge stem?", pitch=190, speed=72, mouth=128, throat=128)
        time.sleep(3)
        speech.say("of een lage stem?", pitch=0, speed=72, mouth=128, throat=128)
    elif display.read_light_level() < 20:
        time.sleep(1)
        speech.say("het is donker", pitch=64, speed=72, mouth=30, throat=255)
    elif display.read_light_level() > 240:
        time.sleep(1)
        speech.say("mijn ogen doen pijn", pitch=64, speed=72, mouth=230, throat=10)
```