

5.1.2 换元积分法与分部积分法

- 一、第一换元积分法(凑微分法)
- 二、第二换元积分法 (变量代换法)
- 三、分部积分法

换元积分法基本思路:

设 $F'(u) = f(u)$, $u = \varphi(x)$ 可导, 则有

$$dF[\varphi(x)] = f[\varphi(x)]\varphi'(x)dx$$

$$\therefore \int f[\varphi(x)]\varphi'(x)dx = F[\varphi(x)] + C = F(u) + C \Big|_{u=\varphi(x)}$$

$$= \int f(u)du \Big|_{u=\varphi(x)}$$

$$\int f[\varphi(x)]\varphi'(x)dx \xrightleftharpoons[\text{第二类换元法}]{\text{第一类换元法}} \int f(u)du$$

一、第一类换元法

定理1 设 $f(u)$ 有原函数, $u = \varphi(x)$ 可导, 则有换元公式

$$\int f[\varphi(x)] \underline{\varphi'(x)} dx = \int f(u) du \Big|_{u = \varphi(x)}$$

即
$$\int f[\varphi(x)] \varphi'(x) dx = \int f(\varphi(x)) d\varphi(x)$$

(也称配元法, 凑微分法)

例1. 求 $\int (ax + b)^m dx$ ($m \neq -1$).

解: 令 $u = ax + b$, 则 $du = a dx$, 故

$$\begin{aligned}\text{原式} &= \int u^m \frac{1}{a} du = \frac{1}{a} \cdot \frac{1}{m+1} u^{m+1} + C \\ &= \frac{1}{a(m+1)} (ax + b)^{m+1} + C\end{aligned}$$

注: 当 $m = -1$ 时

$$\int \frac{dx}{ax + b} = \frac{1}{a} \ln|ax + b| + C$$

例2. 求 $\int \frac{dx}{a^2 + x^2}$.

解: $\int \frac{dx}{a^2 + x^2} = \frac{1}{a^2} \int \frac{dx}{1 + (\frac{x}{a})^2}$

\downarrow 令 $u = \frac{x}{a}$, 则 $du = \frac{1}{a} dx$

$$= \frac{1}{a} \int \frac{du}{1 + u^2} = \frac{1}{a} \arctan u + C$$

$$= \frac{1}{a} \arctan\left(\frac{x}{a}\right) + C$$

利用公式

$$\int \frac{du}{1 + u^2} = \arctan u + C$$

例3. 求 $\int \frac{dx}{\sqrt{a^2 - x^2}} \ (a > 0).$

解:
$$\int \frac{dx}{\sqrt{a^2 - x^2}} = \int \frac{dx}{a\sqrt{1 - (\frac{x}{a})^2}} = \int \frac{d(\frac{x}{a})}{\sqrt{1 - (\frac{x}{a})^2}}$$
$$= \arcsin \frac{x}{a} + C$$

利用公式 $\int \frac{du}{\sqrt{1 - u^2}} = \arcsin u + C$

$$\int f[\varphi(x)]\varphi'(x)dx = \int f(\varphi(x))d\varphi(x) \quad (\text{直接配元})$$

例4. 求 $\int \tan x dx$.

$$\begin{aligned}\text{解: } \int \tan x dx &= \int \frac{\sin x}{\cos x} dx = -\int \frac{d\cos x}{\cos x} \\ &= -\ln|\cos x| + C\end{aligned}$$

类似地

$$\begin{aligned}\int \cot x dx &= \int \frac{\cos x dx}{\sin x} = \int \frac{d\sin x}{\sin x} \\ &= \ln|\sin x| + C\end{aligned}$$

例5. 求 $\int \frac{dx}{x^2 - a^2}$.

解:

$$\because \frac{1}{x^2 - a^2} = \frac{1}{2a} \frac{(x+a) - (x-a)}{(x-a)(x+a)} = \frac{1}{2a} \left(\frac{1}{x-a} - \frac{1}{x+a} \right)$$

$$\therefore \text{原式} = \frac{1}{2a} \left[\int \frac{dx}{x-a} - \int \frac{dx}{x+a} \right]$$

$$= \frac{1}{2a} \left[\int \frac{d(x-a)}{x-a} - \int \frac{d(x+a)}{x+a} \right]$$

$$= \frac{1}{2a} \left[\ln|x-a| - \ln|x+a| \right] + C = \frac{1}{2a} \ln \left| \frac{x-a}{x+a} \right| + C$$

常用的几种配元形式:

$$(1) \int f(ax+b)dx = \frac{1}{a} \int f(ax+b) d(ax+b)$$

$$\left. \begin{aligned} (2) \int f(x^n)x^{n-1} dx &= \frac{1}{n} \int f(x^n) dx^n \\ (3) \int f(x^n)\frac{1}{x} dx &= \frac{1}{n} \int f(x^n) \frac{1}{x^n} dx^n \end{aligned} \right\} \text{凑幂法}$$

$$(4) \int f(\sin x)\cos x dx = \int f(\sin x) d\sin x$$

$$(5) \int f(\cos x)\sin x dx = -\int f(\cos x) d\cos x$$

$$(6) \int f(\tan x) \sec^2 x dx = \int f(\tan x) d \tan x$$

$$(7) \int f(e^x) e^x dx = \int f(e^x) de^x$$

$$(8) \int f(\ln x) \frac{1}{x} dx = \int f(\ln x) d \ln x$$

例6. 求 $\int \frac{dx}{x(1+2\ln x)}$.

解: 原式 $= \int \frac{d \ln x}{1+2\ln x} = \frac{1}{2} \int \frac{d(1+2\ln x)}{1+2\ln x}$

$$= \frac{1}{2} \ln |1+2\ln x| + C$$

例7. 求 $\int \sec^6 x dx$.

解: 原式 $= \int (\tan^2 x + 1)^2 \cdot \sec^2 x dx$

$$= \int (\tan^2 x + 1)^2 d \tan x$$

$$= \int (\tan^4 x + 2 \tan^2 x + 1) d \tan x$$

$$= \frac{1}{5} \tan^5 x + \frac{2}{3} \tan^3 x + \tan x + C$$

例8. 求 $\int \frac{dx}{1+e^x}$.

解法1

$$\begin{aligned}\int \frac{dx}{1+e^x} &= \int \frac{(1+e^x) - e^x}{1+e^x} dx = \int dx - \int \frac{d(1+e^x)}{1+e^x} \\ &= x - \ln(1+e^x) + C\end{aligned}$$

解法2

$$\begin{aligned}\int \frac{dx}{1+e^x} &= \int \frac{e^{-x}}{1+e^{-x}} dx = -\int \frac{d(1+e^{-x})}{1+e^{-x}} \\ &= -\ln(1+e^{-x}) + C\end{aligned}$$

$$-\ln(1+e^{-x}) = -\ln[e^{-x}(e^x+1)] \quad \text{两法结果一样}$$

例9. 求 $\int \sec x dx$.

解法1

$$\begin{aligned}\int \sec x dx &= \int \frac{\cos x}{\cos^2 x} dx = \int \frac{d \sin x}{1 - \sin^2 x} \\&= \frac{1}{2} \int \left[\frac{1}{1 + \sin x} + \frac{1}{1 - \sin x} \right] d \sin x \\&= \frac{1}{2} [\ln |1 + \sin x| - \ln |1 - \sin x|] + C \\&= \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C\end{aligned}$$

解法 2

$$\begin{aligned}
 \int \sec x dx &= \int \frac{\sec x (\sec x + \tan x)}{\sec x + \tan x} dx \\
 &= \int \frac{\sec^2 x + \sec x \tan x}{\sec x + \tan x} dx \\
 &= \int \frac{d(\sec x + \tan x)}{\sec x + \tan x} \\
 &= \ln |\sec x + \tan x| + C
 \end{aligned}$$

同样可证

$$\int \csc x dx = \ln |\csc x - \cot x| + C$$

$$\int \sec x dx = \ln |\sec x + \tan x| + C$$

例10 . 求 $\int \cos^4 x \, dx$.

$$\begin{aligned}\text{解: } \because \cos^4 x &= (\cos^2 x)^2 = \left(\frac{1 + \cos 2x}{2}\right)^2 \\ &= \frac{1}{4}(1 + 2\cos 2x + \cos^2 2x) \\ &= \frac{1}{4}\left(1 + 2\cos 2x + \frac{1 + \cos 4x}{2}\right) \\ &= \frac{1}{4}\left(\frac{3}{2} + 2\cos 2x + \frac{1}{2}\cos 4x\right)\end{aligned}$$

$$\begin{aligned}\therefore \int \cos^4 x \, dx &= \frac{1}{4} \int \left(\frac{3}{2} + 2\cos 2x + \frac{1}{2}\cos 4x\right) dx \\ &= \frac{1}{4} \left[\frac{3}{2} \int dx + \int \cos 2x \, d(2x) + \frac{1}{8} \int \cos 4x \, d(4x) \right] \\ &= \frac{3}{8}x + \frac{1}{4}\sin 2x + \frac{1}{32}\sin 4x + C\end{aligned}$$

例11. 求 $\int \sin^2 x \cos^2 3x dx$.

$$\begin{aligned}\text{解: } \because \sin^2 x \cos^2 3x &= \left[\frac{1}{2}(\sin 4x - \sin 2x)\right]^2 \\ &= \frac{1}{4} \sin^2 4x - \frac{1}{4} \cdot 2 \sin 4x \sin 2x + \frac{1}{4} \sin^2 2x \\ &= \frac{1}{8}(1 - \cos 8x) - \sin^2 2x \cos 2x + \frac{1}{8}(1 - \cos 4x)\end{aligned}$$

$$\begin{aligned}\therefore \text{原式} &= \frac{1}{4} \int dx - \frac{1}{64} \int \cos 8x d(8x) \\ &\quad - \frac{1}{2} \int \sin^2 2x d(\sin 2x) - \frac{1}{32} \int \cos 4x d(4x) \\ &= \frac{1}{4} x - \frac{1}{64} \sin 8x - \frac{1}{6} \sin^3 2x - \frac{1}{32} \sin 4x + C\end{aligned}$$

例12. 求 $\int \frac{x+1}{x(1+xe^x)} dx$.

解: 原式 = $\int \frac{(x+1)e^x}{xe^x(1+xe^x)} dx = \int \left(\frac{1}{xe^x} - \frac{1}{1+xe^x} \right) d(xe^x)$

$$= \ln |xe^x| - \ln |1+xe^x| + C$$
$$= x + \ln |x| - \ln |1+xe^x| + C$$

分析: $\frac{1}{xe^x(1+xe^x)} = \frac{1+xe^x - xe^x}{xe^x(1+xe^x)} = \frac{1}{xe^x} - \frac{1}{1+xe^x}$

$$(x+1)e^x dx = xe^x dx + e^x dx = d(xe^x)$$

例13. 求 $\int \left[\frac{f(x)}{f'(x)} - \frac{f''(x)f^2(x)}{f'^3(x)} \right] dx$.

解: 原式 $= \int \frac{f(x)}{f'(x)} \left[1 - \frac{f''(x)f(x)}{f'^2(x)} \right] dx$

$$= \int \frac{f(x)}{f'(x)} \cdot \frac{f'^2(x) - f''(x)f(x)}{f'^2(x)} dx$$
$$= \int \frac{f(x)}{f'(x)} d\left(\frac{f(x)}{f'(x)}\right)$$
$$= \frac{1}{2} \left[\frac{f(x)}{f'(x)} \right]^2 + C$$

小结 常用简化技巧:

(1) 分项积分: 利用积化和差; 分式分项;

$$1 = \sin^2 x + \cos^2 x \text{ 等}$$

(2) 降低幂次: 利用倍角公式, 如

$$\cos^2 x = \frac{1}{2}(1 + \cos 2x); \quad \sin^2 x = \frac{1}{2}(1 - \cos 2x);$$

$$\text{万能凑幂法} \begin{cases} \int f(x^n) x^{n-1} dx = \frac{1}{n} \int f(x^n) d x^n \\ \int f(x^n) \frac{1}{x} dx = \frac{1}{n} \int f(x^n) \frac{1}{x^n} d x^n \end{cases}$$

(3) 统一函数: 利用三角公式; 配元方法

(4) 巧妙换元或配元

思考与练习

1. 下列各题求积方法有何不同?

$$(1) \int \frac{dx}{4+x} = \int \frac{d(4+x)}{4+x}$$

$$(2) \int \frac{dx}{4+x^2} = \frac{1}{2} \int \frac{d(\frac{x}{2})}{1+(\frac{x}{2})^2}$$

$$(3) \int \frac{x}{4+x^2} dx = \frac{1}{2} \int \frac{d(4+x^2)}{4+x^2}$$

$$(4) \int \frac{x^2}{4+x^2} dx = \int \left[1 - \frac{4}{4+x^2} \right] dx$$

$$(5) \int \frac{dx}{4-x^2} = \frac{1}{4} \int \left[\frac{1}{2-x} + \frac{1}{2+x} \right] dx$$

$$(6) \int \frac{dx}{\sqrt{4x-x^2}} = \int \frac{d(x-2)}{\sqrt{4-(x-2)^2}}$$

2. 求 $\int \frac{dx}{x(x^{10}+1)}$.

提示:

法1
$$\int \frac{dx}{x(x^{10}+1)} = \int \frac{(x^{10}+1) - x^{10}}{x(x^{10}+1)} dx$$

法2
$$\int \frac{dx}{x(x^{10}+1)} = \frac{1}{10} \int \frac{dx^{10}}{x^{10}(x^{10}+1)}$$

法3
$$\int \frac{dx}{x(x^{10}+1)} = \int \frac{dx}{x^{11}(1+x^{-10})} = \frac{-1}{10} \int \frac{dx^{-10}}{1+x^{-10}}$$

二、第二类换元法(变量代换法)

第一类换元法解决的问题

$$\int \underset{\text{难求}}{f[\varphi(x)]\varphi'(x)}dx = \int \underset{\text{易求}}{f(u)}du \Big|_{u=\varphi(x)}$$

若所求积分 $\int f(u)du$ 难求,

$\int f[\varphi(x)]\varphi'(x)dx$ 易求,

则得第二类换元积分法.

定理2. 设 $x = \psi(t)$ 是单调可导函数, 且 $\psi'(t) \neq 0$,
 $f[\psi(t)]\psi'(t)$ 具有原函数, 则有换元公式

$$\int f(x) dx = \int f[\psi(t)]\psi'(t) dt \Big|_{t=\psi^{-1}(x)}$$

其中 $t = \psi^{-1}(x)$ 是 $x = \psi(t)$ 的反函数.

$$\Phi'(t) = f[\psi(t)]\psi'(t)$$

证: 设 $f[\psi(t)]\psi'(t)$ 的原函数为 $\Phi(t)$, 令

$$F(x) = \Phi[\psi^{-1}(x)]$$

则

$$F'(x) = \frac{d\Phi}{dt} \cdot \frac{dt}{dx} = f[\psi(t)]\cancel{\psi'(t)} \cdot \frac{1}{\cancel{\psi'(t)}} = f(x)$$

$$\begin{aligned} \therefore \int f(x) dx &= F(x) + C = \Phi[\psi^{-1}(x)] + C \\ &= \int f[\psi(t)]\psi'(t) dt \Big|_{t=\psi^{-1}(x)} \end{aligned}$$

例1. 求 $\int \sqrt{a^2 - x^2} \, dx \quad (a > 0).$

解: 令 $x = a \sin t, \quad t \in (-\frac{\pi}{2}, \frac{\pi}{2}),$ 则

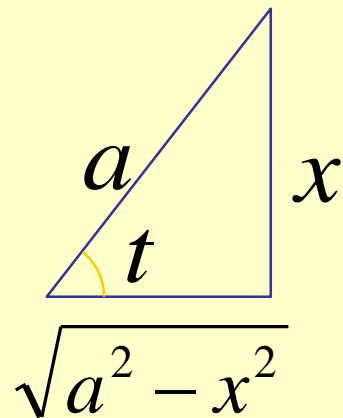
$$\sqrt{a^2 - x^2} = \sqrt{a^2 - a^2 \sin^2 t} = a \cos t$$

$$dx = a \cos t \, dt$$

$$\therefore \text{原式} = \int a \cos t \cdot a \cos t \, dt = a^2 \int \cos^2 t \, dt$$

$$= a^2 \left(\frac{t}{2} + \frac{\sin 2t}{4} \right) + C$$

$$\begin{aligned} & \sin 2t = 2 \sin t \cos t = 2 \cdot \frac{x}{a} \cdot \frac{\sqrt{a^2 - x^2}}{a} \\ & \downarrow \\ & = \frac{a^2}{2} \arcsin \frac{x}{a} + \frac{1}{2} x \sqrt{a^2 - x^2} + C \end{aligned}$$



例2. 求 $\int \frac{dx}{\sqrt{x^2 + a^2}} \quad (a > 0).$

解: 令 $x = a \tan t, t \in (-\frac{\pi}{2}, \frac{\pi}{2})$, 则

$$\sqrt{x^2 + a^2} = \sqrt{a^2 \tan^2 t + a^2} = a \sec t$$

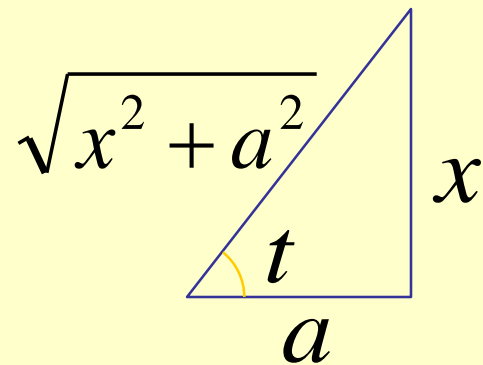
$$dx = a \sec^2 t dt$$

$$\therefore \text{原式} = \int \frac{a \sec^2 t}{a \sec t} dt = \int \sec t dt$$

$$= \ln |\sec t + \tan t| + C_1$$

$$= \ln \left[\frac{\sqrt{x^2 + a^2}}{a} + \frac{x}{a} \right] + C_1$$

$$= \ln [x + \sqrt{x^2 + a^2}] + C \quad (C = C_1 - \ln a)$$



例3. 求 $\int \frac{dx}{\sqrt{x^2 - a^2}} \quad (a > 0)$.

解: 当 $x > a$ 时, 令 $x = a \sec t, t \in (0, \frac{\pi}{2})$, 则

$$\sqrt{x^2 - a^2} = \sqrt{a^2 \sec^2 t - a^2} = a \tan t$$

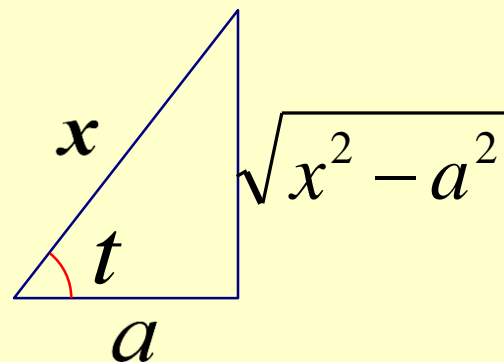
$$dx = a \sec t \tan t dt$$

$$\therefore \text{原式} = \int \frac{a \sec t \tan t}{a \tan t} dt = \int \sec t dt$$

$$= \ln |\sec t + \tan t| + C_1$$

$$= \ln \left| \frac{x}{a} + \frac{\sqrt{x^2 - a^2}}{a} \right| + C_1$$

$$= \ln |x + \sqrt{x^2 - a^2}| + C \quad (C = C_1 - \ln a)$$



当 $x < -a$ 时, 令 $x = -u$, 则 $u > a$, 于是

$$\begin{aligned}\int \frac{dx}{\sqrt{x^2 - a^2}} &= -\int \frac{du}{\sqrt{u^2 - a^2}} = -\ln \left| u + \sqrt{u^2 - a^2} \right| + C_1 \\&= -\ln \left| -x + \sqrt{x^2 - a^2} \right| + C_1 \\&= -\ln \left| \frac{a^2}{-x - \sqrt{x^2 - a^2}} \right| + C_1 \\&= \ln \left| x + \sqrt{x^2 - a^2} \right| + C \quad (C = C_1 - 2\ln a)\end{aligned}$$

$$x > a \text{ 时, } \int \frac{dx}{\sqrt{x^2 - a^2}} = \ln \left| x + \sqrt{x^2 - a^2} \right| + C$$

说明:

被积函数含有 $\sqrt{x^2 + a^2}$ 或 $\sqrt{x^2 - a^2}$ 时,除采用

三角代换外,还可利用公式

$$\operatorname{ch}^2 t - \operatorname{sh}^2 t = 1$$

采用双曲代换

$$x = a \operatorname{sh} t \quad \text{或} \quad x = a \operatorname{ch} t$$

消去根式, 所得结果一致.

例4. 求 $\int \frac{\sqrt{a^2 - x^2}}{x^4} dx$.

解: 令 $x = \frac{1}{t}$, 则 $dx = \frac{-1}{t^2} dt$

$$\text{原式} = \int \frac{\sqrt{a^2 - \frac{1}{t^2}}}{\frac{1}{t^4}} \cdot \frac{-1}{t^2} dt = -\int (a^2 t^2 - 1)^{\frac{1}{2}} |t| dt$$

当 $x > 0$ 时,

$$\begin{aligned} \text{原式} &= -\frac{1}{2a^2} \int (a^2 t^2 - 1)^{\frac{1}{2}} d(a^2 t^2 - 1) \\ &= -\frac{(a^2 t^2 - 1)^{\frac{3}{2}}}{3a^2} + C = -\frac{(a^2 - x^2)^{\frac{3}{2}}}{3a^2 x^3} + C \end{aligned}$$

当 $x < 0$ 时, 类似可得同样结果.

小结

1. 第二类换元法常见类型:

$$\left. \begin{array}{l} (1) \int f(x, \sqrt[n]{ax+b}) dx, \quad \text{令 } t = \sqrt[n]{ax+b} \\ (2) \int f(x, \sqrt[n]{\frac{ax+b}{cx+d}}) dx, \quad \text{令 } t = \sqrt[n]{\frac{ax+b}{cx+d}} \end{array} \right\}$$

$$(3) \int f(x, \sqrt{a^2 - x^2}) dx, \text{ 令 } x = a \sin t \text{ 或 } x = a \cos t$$

$$(4) \int f(x, \sqrt{a^2 + x^2}) dx, \text{ 令 } x = a \tan t \text{ 或 } x = a \operatorname{sh} t$$

$$(5) \int f(x, \sqrt{x^2 - a^2}) dx, \text{ 令 } x = a \sec t \text{ 或 } x = a \operatorname{ch} t$$

(6) $\int f(a^x) dx$, 令 $t = a^x$

(7) 分母中因子次数较高时, 可试用倒代换

2. 常用基本积分公式的补充

(16) $\int \tan x dx = -\ln|\cos x| + C$

(17) $\int \cot x dx = \ln|\sin x| + C$

(18) $\int \sec x dx = \ln|\sec x + \tan x| + C$

(19) $\int \csc x dx = \ln|\csc x - \cot x| + C$

$$(20) \quad \int \frac{1}{a^2 + x^2} dx = \frac{1}{a} \arctan \frac{x}{a} + C$$

$$(21) \quad \int \frac{1}{x^2 - a^2} dx = \frac{1}{2a} \ln \left| \frac{x - a}{x + a} \right| + C$$

$$(22) \quad \int \frac{1}{\sqrt{a^2 - x^2}} dx = \arcsin \frac{x}{a} + C$$

$$(23) \quad \int \frac{1}{\sqrt{x^2 + a^2}} dx = \ln(x + \sqrt{x^2 + a^2}) + C$$

$$(24) \quad \int \frac{1}{\sqrt{x^2 - a^2}} dx = \ln \left| x + \sqrt{x^2 - a^2} \right| + C$$

例5. 求 $\int \frac{dx}{x^2 + 2x + 3}$.

解: 原式 $= \int \frac{1}{(x+1)^2 + (\sqrt{2})^2} d(x+1)$

$$= \frac{1}{\sqrt{2}} \arctan \frac{x+1}{\sqrt{2}} + C \quad (\text{公式 (20)})$$

$$\int \frac{1}{a^2 + x^2} dx = \frac{1}{a} \arctan \frac{x}{a} + C$$

例21. 求 $I = \int \frac{dx}{\sqrt{4x^2 + 9}}$.

解: $I = \frac{1}{2} \int \frac{d(2x)}{\sqrt{(2x)^2 + 3^2}} = \frac{1}{2} \ln \left| 2x + \sqrt{4x^2 + 9} \right| + C$

$$(\text{公式 (23)}) \quad \int \frac{1}{\sqrt{x^2 + a^2}} dx = \ln(x + \sqrt{x^2 + a^2}) + C$$

例6. 求 $\int \frac{dx}{\sqrt{1+x-x^2}}.$

解: 原式 $= \int \frac{d(x - \frac{1}{2})}{\sqrt{(\frac{\sqrt{5}}{2})^2 - (x - \frac{1}{2})^2}} = \arcsin \frac{2x-1}{\sqrt{5}} + C$

(公式 (22))

例23. 求 $\int \frac{dx}{\sqrt{e^{2x}-1}}.$

$$\int \frac{1}{\sqrt{a^2-x^2}} dx = \arcsin \frac{x}{a} + C$$

解: 原式 $= -\int \frac{de^{-x}}{\sqrt{1-e^{-2x}}} = -\arcsin e^{-x} + C$

(公式 (22))

例7. 求 $\int \frac{dx}{x^2 \sqrt{x^2 + a^2}}.$

解: 令 $x = \frac{1}{t}$, 得

$$\begin{aligned}\text{原式} &= -\int \frac{t}{\sqrt{a^2 t^2 + 1}} dt \\ &= -\frac{1}{2a^2} \int \frac{d(a^2 t^2 + 1)}{\sqrt{a^2 t^2 + 1}} = -\frac{1}{a^2} \sqrt{a^2 t^2 + 1} + C \\ &= -\frac{\sqrt{x^2 + a^2}}{a^2 x} + C\end{aligned}$$

例8. 求 $\int \frac{dx}{(x+1)^3 \sqrt{x^2+2x}}.$

解: 原式 $= \int \frac{dx}{(x+1)^3 \sqrt{(x+1)^2-1}}$ 令 $x+1 = \frac{1}{t}$

$$= \int \frac{t^3}{\sqrt{\frac{1}{t^2}-1}} \left(-\frac{1}{t^2}\right) dt = - \int \frac{t^2}{\sqrt{1-t^2}} dt$$

$$= \int \frac{(1-t^2)-1}{\sqrt{1-t^2}} dt = \boxed{\int \sqrt{1-t^2} dt} - \int \frac{1}{\sqrt{1-t^2}} dt$$

$$= \frac{1}{2} t \sqrt{1-t^2} + \frac{1}{2} \arcsin t - \arcsin t + C$$

例1

$$= \frac{1}{2} \frac{\sqrt{x^2+2x}}{(x+1)^2} - \frac{1}{2} \arcsin \frac{1}{x+1} + C$$

思考与练习

1. 下列积分应如何换元才使积分简便？

$$(1) \int \frac{x^5}{\sqrt{1+x^2}} dx$$

$$\text{令 } t = \sqrt{1+x^2}$$

$$(2) \int \frac{dx}{\sqrt{1+e^x}}$$

$$\text{令 } t = \sqrt{1+e^x}$$

$$(3) \int \frac{dx}{x(x^7+2)}$$

$$\text{令 } t = \frac{1}{x}$$

2. 已知 $\int x^5 f(x) dx = \sqrt{x^2 - 1} + C$, 求 $\int f(x) dx$.

解: 两边求导, 得 $x^5 f(x) = \frac{x}{\sqrt{x^2 - 1}}$, 则

$$\begin{aligned}\int f(x) dx &= \int \frac{dx}{x^4 \sqrt{x^2 - 1}} \quad (\text{令 } t = \frac{1}{x}) \\&= \int \frac{-t^3 dt}{\sqrt{1 - t^2}} = \frac{1}{2} \int \frac{(1 - t^2) - 1}{\sqrt{1 - t^2}} dt \\&= \frac{-1}{2} \int (1 - t^2)^{\frac{1}{2}} d(1 - t^2) + \frac{1}{2} \int (1 - t^2)^{-\frac{1}{2}} d(1 - t^2) \\&= \frac{-1}{3} (1 - t^2)^{\frac{3}{2}} + (1 - t^2)^{\frac{1}{2}} + C = \dots\end{aligned}$$

(代回原变量)

例题1. 求下列积分:

$$\begin{aligned} 1) \int x^2 \frac{1}{\sqrt{x^3+1}} dx &= \frac{1}{3} \int \frac{1}{\sqrt{x^3+1}} d(x^3+1) \\ &= \frac{2}{3} \sqrt{x^3+1} + C \end{aligned}$$

$$\begin{aligned} 2) \int \frac{2x+3}{\sqrt{1+2x-x^2}} dx &= \int \frac{-(2-2x)+5}{\sqrt{1+2x-x^2}} dx \\ &= -\int \frac{d(1+2x-x^2)}{\sqrt{1+2x-x^2}} + 5 \int \frac{d(x-1)}{\sqrt{2-(x-1)^2}} \\ &= -2\sqrt{1+2x-x^2} + 5 \arcsin \frac{x-1}{\sqrt{2}} + C \end{aligned}$$

2. 求不定积分 $\int \frac{2 \sin x \cos x \sqrt{1 + \sin^2 x}}{2 + \sin^2 x} dx$.

解：利用凑微分法，得

$$\text{原式} = \int \frac{\sqrt{1 + \sin^2 x}}{2 + \sin^2 x} d(1 + \sin^2 x)$$

$$\downarrow \quad \text{令 } t = \sqrt{1 + \sin^2 x}$$

$$= \int \frac{2t^2}{1 + t^2} dt = 2 \int \left(1 - \frac{1}{1 + t^2}\right) dt$$

$$= 2t - 2 \arctan t + C$$

$$= 2 \left[\sqrt{1 + \sin^2 x} - \arctan \sqrt{1 + \sin^2 x} \right] + C$$

3. 求不定积分 $\int \frac{1}{(1+x^2)\sqrt{1-x^2}} dx$.

解: 令 $x = \sin t$, $1+x^2 = 1+\sin^2 t$, $dx = \cos t dt$

$$\text{原式} = \int \frac{\cos t}{(1+\sin^2 t)\cos t} dt = \int \frac{1}{1+\sin^2 t} dt$$

分子分母同除以 $\cos^2 t$

$$= \int \frac{\sec^2 t}{\sec^2 t + \tan^2 t} dt = \int \frac{1}{1+2\tan^2 t} d\tan t$$

$$= \frac{1}{\sqrt{2}} \int \frac{1}{1+(\sqrt{2}\tan t)^2} d\sqrt{2}\tan t$$

$$= \frac{1}{\sqrt{2}} \arctan(\sqrt{2}\tan t) + C = \frac{1}{\sqrt{2}} \arctan \frac{\sqrt{2}x}{\sqrt{1-x^2}} + C$$

三、分部积分法

由导数公式 $(uv)' = u'v + uv'$

积分得: $uv = \int u'v dx + \int uv' dx$

$$\begin{aligned} \implies \int uv' dx &= uv - \int u'v dx \\ \text{或 } \int u dv &= uv - \int v du \end{aligned} \left. \vphantom{\int uv' dx} \right\} \text{分部积分公式}$$

选取 u 及 v' (或 dv) 的原则:

1) v 容易求得;

2) $\int u'v dx$ 比 $\int uv' dx$ 容易计算.

例1. 求 $\int x \cos x \, dx$.

解: 令 $u = x$, $v' = \cos x$,

则 $u' = 1$, $v = \sin x$

$$\begin{aligned}\therefore \text{原式} &= \int x \, d(\sin x) = x \sin x - \int \sin x \, dx \\ &= x \sin x + \cos x + C\end{aligned}$$

思考: 如何求 $\int x^2 \sin x \, dx$?

提示: 令 $u = x^2$, $v' = \sin x$, 则

$$\begin{aligned}\text{原式} &= -\int x^2 \, d(\cos x) \\ &= -x^2 \cos x + 2 \int x \cos x \, dx = \dots\end{aligned}$$

例2. 求 $\int x \ln x \, dx$.

解: 令 $u = \ln x$, $v' = x$

则 $u' = \frac{1}{x}$, $v = \frac{1}{2}x^2$

$$\begin{aligned}\therefore \quad \text{原式} &= \int \ln x \, d\left(\frac{1}{2}x^2\right). \\ &= \frac{1}{2}x^2 \ln x - \frac{1}{2} \int x \, dx \\ &= \frac{1}{2}x^2 \ln x - \frac{1}{4}x^2 + C\end{aligned}$$

例3. 求 $\int x \arctan x \, dx$.

解: 令 $u = \arctan x$, $v' = x$ 则

$$\begin{aligned}\text{原式} &= \int \arctan x \, d\left(\frac{1}{2}x^2\right) \\&= \frac{1}{2}x^2 \arctan x - \frac{1}{2} \int \frac{x^2}{1+x^2} \, dx \\&= \frac{1}{2}x^2 \arctan x - \frac{1}{2} \int \left(1 - \frac{1}{1+x^2}\right) \, dx \\&= \frac{1}{2}x^2 \arctan x - \frac{1}{2}(x - \arctan x) + C\end{aligned}$$

例4. 求 $\int e^x \sin x \, dx$.

解: 令 $u = \sin x$, $v' = e^x$, 则

$$\begin{aligned}\int e^x \sin x \, dx &= \int \sin x \, de^x \\&= e^x \sin x - \int e^x \cos x \, dx \\&= e^x \sin x - \int \cos x \, de^x \\&= e^x \sin x - e^x \cos x - \int e^x \sin x \, dx\end{aligned}$$

$$\text{故 } \int e^x \sin x \, dx = \frac{1}{2} e^x (\sin x - \cos x) + C$$

说明: 也可设 $u = e^x$, v' 为三角函数, 但两次所设类型必须一致.

用分部积分法求不定积分的常见类型:

(1) 形如 $\int P(x)\sin axdx$; $\int P(x)\cos axdx$,

(其中 $P(x)$ 为多项式函数) 的不定积分.

(2) 反三角函数的不定积分:

(1) $\int \arctan xdx$;

(2) $\int \arccos xdx$;

(3) $\int \arcsin xdx$;

(4) $\int \operatorname{arccot} xdx$.

(3) 形如 $\int P(x)\ln(ax)dx$; $\int P(x)a^{bx}dx$,

(其中 $P(x)$ 为多项式函数) 的不定积分.

(4) 形如 $I_1 = \int e^{ax} \cos bxdx$; $I_2 = \int e^{ax} \sin bxdx$
的不定积分.

技巧: 选取 u 及 v' 的一般方法:

把被积函数视为两个函数之积, 按 “**反对幂指三**” 的顺序, 前者为 u 后者为 v' .

反: 反三角函数

对: 对数函数

幂: 幂函数

指: 指数函数

三: 三角函数

例5. 求 $\int \arccos x \, dx$.

解: 令 $u = \arccos x$, $v' = 1$, 则

$$\begin{aligned} \text{原式} &= x \arccos x + \int \frac{x}{\sqrt{1-x^2}} \, dx \\ &= x \arccos x - \frac{1}{2} \int (1-x^2)^{-1/2} d(1-x^2) \\ &= x \arccos x - \sqrt{1-x^2} + C \end{aligned}$$

例6. 求 $\int \frac{\ln \cos x}{\cos^2 x} dx$.

解: 令 $u = \ln \cos x$, $v' = \frac{1}{\cos^2 x}$, 则

$$u' = -\tan x, \quad v = \tan x$$

$$\begin{aligned} \text{原式} &= \tan x \cdot \ln \cos x + \int \tan^2 x dx \\ &= \tan x \cdot \ln \cos x + \int (\sec^2 x - 1) dx \\ &= \tan x \cdot \ln \cos x + \tan x - x + C \end{aligned}$$

例7. 求 $\int e^{\sqrt{x}} dx$.

解: 令 $\sqrt{x} = t$, 则 $x = t^2$, $dx = 2t dt$

$$\text{原式} = 2 \int t e^t dt = 2 \int t de^t$$

$$= 2te^t - 2 \int e^t dt$$

$$= 2(te^t - e^t) + C$$

$$= 2e^{\sqrt{x}}(\sqrt{x} - 1) + C$$

例8. 求 $\int \sqrt{x^2 + a^2} \, dx \quad (a > 0)$.

解: 令 $u = \sqrt{x^2 + a^2}$, $v' = 1$, 则 $u' = \frac{x}{\sqrt{x^2 + a^2}}$, $v = x$

$$\int \sqrt{x^2 + a^2} \, dx = x\sqrt{x^2 + a^2} - \int \frac{x^2}{\sqrt{x^2 + a^2}} \, dx$$

$$= x\sqrt{x^2 + a^2} - \int \frac{(x^2 + a^2) - a^2}{\sqrt{x^2 + a^2}} \, dx$$

$$= x\sqrt{x^2 + a^2} - \int \sqrt{x^2 + a^2} \, dx + a^2 \int \frac{dx}{\sqrt{x^2 + a^2}}$$

$$\therefore \text{原式} = \frac{1}{2}x\sqrt{x^2 + a^2} + \frac{a^2}{2}\ln(x + \sqrt{x^2 + a^2}) + C$$

例9. 求 $I_n = \int \frac{dx}{(x^2 + a^2)^n}$.

解: 令 $u = \frac{1}{(x^2 + a^2)^n}$, $v' = 1$, 则 $u' = \frac{-2nx}{(x^2 + a^2)^{n+1}}$, $v = x$

$$\begin{aligned}\therefore I_n &= \frac{x}{(x^2 + a^2)^n} + 2n \int \frac{x^2}{(x^2 + a^2)^{n+1}} dx \\ &= \frac{x}{(x^2 + a^2)^n} + 2n \int \frac{(x^2 + a^2) - a^2}{(x^2 + a^2)^{n+1}} dx \\ &= \frac{x}{(x^2 + a^2)^n} + 2n I_n - 2na^2 I_{n+1}\end{aligned}$$

得递推公式 $I_{n+1} = \frac{1}{2na^2} \frac{x}{(x^2 + a^2)^n} + \frac{2n-1}{2na^2} I_n$

$$I_n = \int \frac{dx}{(x^2 + a^2)^n}$$

递推公式
$$I_{n+1} = \frac{1}{2na^2} \frac{x}{(x^2 + a^2)^n} + \frac{2n-1}{2na^2} I_n$$

说明: 已知 $I_1 = \frac{1}{a} \arctan \frac{x}{a} + C$ 利用递推公式可求得 I_n .

例如,

$$\begin{aligned} I_3 &= \frac{1}{4a^2} \frac{x}{(x^2 + a^2)^2} + \frac{3}{4a^2} I_2 \\ &= \frac{1}{4a^2} \frac{x}{(x^2 + a^2)^2} + \frac{3}{4a^2} \left(\frac{1}{2a^2} \frac{x}{x^2 + a^2} + \frac{1}{2a^2} I_1 \right) \\ &= \frac{1}{4a^2} \frac{x}{(x^2 + a^2)^2} + \frac{3}{8a^4} \frac{x}{x^2 + a^2} + \frac{3}{8a^5} \arctan \frac{x}{a} + C \end{aligned}$$

例10. 证明递推公式

$$I_n = \int \tan^n x \, dx = \frac{\tan^{n-1} x}{n-1} - I_{n-2} \quad (n \geq 2)$$

证:
$$\begin{aligned} I_n &= \int \tan^{n-2} x (\sec^2 x - 1) \, dx \\ &= \int \tan^{n-2} x \, d(\tan x) - I_{n-2} \\ &= \frac{\tan^{n-1} x}{n-1} - I_{n-2} \end{aligned}$$

注: $I_n \rightarrow \cdots \rightarrow I_0$ 或 I_1

$$I_0 = x + C, \quad I_1 = -\ln|\cos x| + C$$

说明:

分部积分题目的类型:

1) 直接分部化简积分 ;

2) 分部产生循环式 , 由此解出积分式 ;

(注意: 两次分部选择的 u, v 函数类型不变 ,
解出积分后加 C)

3) 对含自然数 n 的积分, 通过分部积分建立递推公式 .

例11. 已知 $f(x)$ 的一个原函数是 $\frac{\cos x}{x}$, 求 $\int x f'(x) dx$.

$$\begin{aligned}\text{解: } \int x f'(x) dx &= \int x df(x) \\ &= x f(x) - \int f(x) dx \\ &= x \left(\frac{\cos x}{x} \right)' - \frac{\cos x}{x} + C \\ &= -\sin x - 2 \frac{\cos x}{x} + C\end{aligned}$$

说明: 此题若先求出 $f'(x)$ 再求积分反而复杂.

$$\int x f'(x) dx = \int \left(-\cos x + \frac{2 \sin x}{x} + \frac{2 \cos x}{x^2} \right) dx$$

例12. 求 $I = \int \frac{e^{\arctan x}}{(1+x^2)^{3/2}} dx$.

解法1 先换元后分部

令 $t = \arctan x$, 即 $x = \tan t$, 则

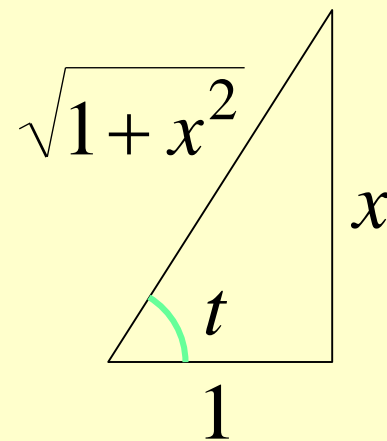
$$I = \int \frac{e^t}{\sec^3 t} \cdot \sec^2 t dt = \int e^t \cos t dt$$

$$= e^t \sin t - \int e^t \sin t dt$$

$$= e^t \sin t + e^t \cos t - \int e^t \cos t dt$$

故 $I = \frac{1}{2}(\sin t + \cos t)e^t + C$

$$= \frac{1}{2} \left[\frac{x}{\sqrt{1+x^2}} + \frac{1}{\sqrt{1+x^2}} \right] e^{\arctan x} + C$$



解法2 用分部积分法

$$I = \int \frac{e^{\arctan x}}{(1+x^2)^{3/2}} dx$$

$$I = \int \frac{1}{\sqrt{1+x^2}} d e^{\arctan x}$$

$$= \frac{1}{\sqrt{1+x^2}} e^{\arctan x} + \int \frac{x e^{\arctan x}}{(1+x^2)^{3/2}} dx$$

$$= \frac{1}{\sqrt{1+x^2}} e^{\arctan x} + \int \frac{x}{\sqrt{1+x^2}} d e^{\arctan x}$$

$$= \frac{1}{\sqrt{1+x^2}} e^{\arctan x} (1+x) - I$$

$$\therefore I = \frac{1+x}{2\sqrt{1+x^2}} e^{\arctan x} + C$$

内容小结

分部积分公式 $\int u v' dx = u v - \int u' v dx$

1. 使用原则： v 易求出, $\int u' v dx$ 易积分
2. 使用经验：“反对幂指三”，前 u 后 v'
3. 题目类型：

分部化简； 循环解出； 递推公式

例13. 求 $I = \int \sin(\ln x) dx$

解: 令 $t = \ln x$, 则 $x = e^t$, $dx = e^t dt$

$$\therefore I = \int e^t \sin t dt = e^t \sin t - \int e^t \cos t dt$$

$$= e^t (\sin t - \cos t) - \int e^t \sin t dt$$

$$= e^t (\sin t - \cos t) - I$$

$$\therefore I = \frac{1}{2} e^t (\sin t - \cos t) + C$$

$$= \frac{1}{2} x [\sin(\ln x) - \cos(\ln x)] + C$$

例14. 求 $\int x^3 (\ln x)^4 dx$.

解: 令 $u = \ln x$, 则 $x = e^u$, $dx = e^u du$

$$\text{原式} = \int e^{3u} u^4 \cdot e^u du = \int u^4 e^{4u} du$$

$$= \frac{1}{4} \int u^4 de^{4u} = \frac{1}{4} u^4 e^{4u} - \int u^3 e^{4u} du$$

$$= \dots$$

$$= \frac{1}{4} e^{4u} \left(u^4 - u^3 + \frac{3}{4} u^2 - \frac{3}{8} u + \frac{3}{32} \right) + C$$

$$= \frac{1}{4} x^4 \left(\ln^4 x - \ln^3 x + \frac{3}{4} \ln^2 x - \frac{3}{8} \ln x + \frac{3}{32} \right) + C$$

思考与练习

1. 下述运算错在哪里？应如何改正？

$$\begin{aligned}\int \frac{\cos x}{\sin x} dx &= \int \frac{d \sin x}{\sin x} = \frac{\sin x}{\sin x} - \int \left(\frac{1}{\sin x}\right)' \sin x dx \\ &= 1 - \int \frac{-\cos x}{\sin^2 x} \sin x dx = 1 + \int \frac{\cos x}{\sin x} dx \\ \therefore \int \frac{\cos x}{\sin x} dx - \int \frac{\cos x}{\sin x} dx &= 1, \quad \text{得 } 0 = 1 \\ &= \ln |\sin x| + C\end{aligned}$$

答：不定积分是原函数族，相减不应为 0。
求此积分的正确作法是用换元法。

2. 求不定积分 $\int \frac{xe^x}{\sqrt{e^x-1}} dx$.

解: 方法1 (先分部, 再换元)

$$\begin{aligned} \int \frac{xe^x}{\sqrt{e^x-1}} dx &= \int \frac{x}{\sqrt{e^x-1}} d(e^x-1) \\ &= 2 \int x d\sqrt{e^x-1} = 2x\sqrt{e^x-1} - 2 \int \sqrt{e^x-1} dx \\ &\quad \downarrow \text{令 } u = \sqrt{e^x-1}, \text{ 则 } dx = \frac{2u}{1+u^2} du \\ &= 2x\sqrt{e^x-1} - 4 \int \frac{u^2+1-1}{1+u^2} du - 4(u - \arctan u) + C \\ &= 2x\sqrt{e^x-1} - 4\sqrt{e^x-1} + 4\arctan \sqrt{e^x-1} + C \end{aligned}$$

方法2 (先换元,再分部)

令 $u = \sqrt{e^x - 1}$, 则 $x = \ln(1 + u^2)$, $dx = \frac{2u}{1 + u^2} du$

故 $\int \frac{xe^x}{\sqrt{e^x - 1}} dx = \int \frac{(1 + u^2) \ln(1 + u^2)}{u} \cdot \frac{2u}{1 + u^2} du$

$$= 2 \int \ln(1 + u^2) du$$

$$= 2u \ln(1 + u^2) - 4 \int \frac{1 + u^2 - 1}{1 + u^2} du$$

$$= 2u \ln(1 + u^2) - 4u + 4 \arctan u + C$$

$$= 2x\sqrt{e^x - 1} - 4\sqrt{e^x - 1} + 4 \arctan \sqrt{e^x - 1} + C$$