

## CURRICULUM VITAE

### **Shirley B. Wang, B.A.**

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#### **EDUCATION**

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- 2019 – Present    **Harvard University**, Cambridge, MA  
Ph.D. Candidate, Clinical Science | Computational Science and Engineering  
Advisor: Matthew Nock, Ph.D.
- 2017 – 2019      **Harvard University**, Cambridge, MA  
A.M., Clinical Science  
Thesis: Similar functions, different behaviors: New insights into the co-occurrence of eating disorders and nonsuicidal self-injury  
Advisor: Matthew Nock, Ph.D.
- 2013 – 2017      **The College of New Jersey**, Ewing, NJ  
B.A. Psychology (Statistics minor), *Summa Cum Laude*, Phi Beta Kappa  
Thesis: Longitudinal associations among anger rumination, depressive rumination, and eating-disorder psychopathology  
Advisors: Ashley Borders, Ph.D., John Ruscio, Ph.D.

#### **GRANTS & FELLOWSHIPS**

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- 2019              **Association for Behavioral and Cognitive Therapies Student Research Grant**  
Title: Computational modeling of decision-making biases associated with restrictive eating  
Status: Honorable Mention
- 2017 – 2022      **National Science Foundation Graduate Research Fellowship**  
Amount: \$138,000
- 2017 – 2020      **Karen Stone Fellowship, Harvard University**  
Fellowship awarded based on high potential for an independent research career.  
Amount: \$35,502
- 2017              **Stimson Fund Research Grant, Harvard University**  
Title: Shared functions and mechanisms underlying eating disorder behaviors, nonsuicidal self-injury, and suicidal thoughts and behaviors  
Amount: \$1,000
- 2016              **Psi Chi Summer Research Grant**  
Title: Examining associations among rumination, metabolic syndrome, and cardiovascular disease in patients with binge eating disorder and obesity  
Amount: \$5,000 | Faculty Sponsor: Carlos M. Grilo, Ph.D.

## AWARDS & HONORS

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2019	Selected as Student Flash Talk Speaker, <i>Society for Research in Psychopathology</i>
2019	President's Award, <i>Society for Research in Psychopathology</i> (\$1,000)
2019	Science Directorate's Student Travel Award, <i>American Psychological Association</i> (\$500)
2019	Article of the Year Finalist, <i>Eating Disorders: The Journal of Treatment and Prevention</i>
2018	Early Graduate Student Researcher Award, American Psychological Association (\$1,000)
2018	Graduate Student Poster Award, <i>Association for Behavioral and Cognitive Therapies Obesity &amp; Eating Disorders Special Interest Group</i>
2017 – 2018	Restricted Funds Research Travel Award (x2), Harvard University (\$1,000)
2017	Research Travel Award, Psi Chi International Honor Society (\$1,500)
2016 – 2017	Student-Faculty Research Award (x2), Phi Kappa Phi (\$500) <i>Received with John Ruscio, Ph.D. (2017) and Ashley Borders, Ph.D. (2016).</i>
2016	American Psychological Association Convention Society Research Award (\$300)
2016	Outstanding Student Scholar Award, The College of New Jersey
2016	Marshall P. Smith Award, The College of New Jersey (\$5,118.24) <i>Award given annually to one psychology major for academic excellence.</i>
2016	Phi Beta Kappa, early induction
2014 – 2017	Research Travel Award (x5), The College of New Jersey (\$3,950)
2013 – 2017	Honors Program, The College of New Jersey
2013	National Merit Scholarship Competition Finalist

## PEER-REVIEWED PUBLICATIONS \*underlined names indicate trainee authors

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1. **Wang, S.B.**, Haynos, A.F., Wall, M.M., Chen, C., Eisenberg, M.E., Neumark-Sztainer, D. (In Press). 15-year prevalence, trajectories, and predictors of body dissatisfaction from adolescence to middle adulthood. *Clinical Psychological Science*.
2. Fox, K.R., Huang, X.I., Linthicum, K., **Wang, S.B.**, Franklin, J.C., Ribeiro, J.D. (In Press). Model complexity improves the prediction of nonsuicidal self-injury. *Journal of Consulting and Clinical Psychology*.
3. **Wang, S.B.\***, Gray, E.K.\*, Coniglio, K.A., Murray, H.B., Stone, M., Becker, K.R., Thomas, J.J., Eddy, K.T. (In Press). Cognitive rigidity and heightened attention to detail occur transdiagnostically in adolescents with eating disorders. *Eating Disorders: The Journal of Treatment and Prevention*  
\*co-first authors
4. Fox, K.R., **Wang, S.B.**, Boccagno, C., Haynos, A.F., Kleiman, E.M., Hooley, J.M. (In Press). Comparing self-harming intentions underlying eating disordered behaviors and nonsuicidal self-

injury: Evidence that distinctions are less clear than assumed. *International Journal of Eating Disorders*.

5. Skutch, J.M., **Wang, S.B.**, Buqo, T., Haynos, A.F., Papa, A. (In Press). Which brief is best? Clarifying the use of three brief versions of the Difficulties in Emotion Regulation Scale (DERS). *Journal of Psychopathology and Behavioral Assessment*.
6. Russon, J., Mensinger, J., Herres, J., Shearer, A., Vaughan, K., **Wang, S.B.**, & Diamond, G. (In Press). Identifying risk factors for disordered eating among female youth in primary care. *Child Psychiatry and Human Development*.
7. **Wang, S.B.**, Jones, P., Dreier, M., Elliott, H., Grilo, C.M. (In Press). Core psychopathology of treatment-seeking patients with binge-eating disorder: A network analysis investigation. *Psychological Medicine*.
8. Fresnics, A.A., **Wang, S.B.**, Borders, A. (2019). The unique associations between self-compassion and eating disorder T psychopathology and the mediating role of rumination. *Psychiatry Research*, 274, 91-97.
9. Weigel, T.J., **Wang, S.B.**, Thomas, J.J., Eddy, K.T., Pierce, C., Zanarini, M.C, Fitzmaurice, G., Busch, A. (2019). Residential eating disorder outcomes associated with screening positive for substance use disorder and borderline personality disorder. *International Journal of Eating Disorders*, 52(3), 309-313.
10. Becker, K.R., Keshishian, A.C., Liebman, R.E., Coniglio, K.A., **Wang, S.B.**, Franko, D.L., Eddy, K.T., Thomas, J.J. (2019). Impact of expanded diagnostic criteria for avoidant/restrictive food intake disorder on clinical comparisons with anorexia nervosa. *International Journal of Eating Disorders*, 52(3), 230-238.
11. Zayas, L.V.\*, **Wang, S.B.\***, Coniglio, K.A, Murray, H., Becker, K., Klosterman, E., Kay, B., Bean, P., Weltzin, T., Eddy, K.T., Franko, D.L., Thomas, J.J. (2018). Gender differences in eating pathology of anorexia nervosa and bulimia nervosa across new *DSM-5* severity categories. *International Journal of Eating Disorders*, 51(9), 1098-1102.  
\* co-first authors
12. Haynos, A.F., Wall, M.M., Chen, C., **Wang, S.B.**, Loth, K., Neumark-Sztainer, D. (2018). Patterns of weight control behavior persisting beyond young adulthood: Results from a fifteen-year longitudinal study. *International Journal of Eating Disorders*, 51(9), 1090 – 1097.
13. Herres, J., Shearer, A., Kodish, T., Kim, B., **Wang, S.B.**, Diamond, G. (2018). Differences in suicide risk severity among suicidal youth with anxiety disorders. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*.
14. Hooley, J.M., Fox, K.R., **Wang, S.B.**, Kwashie, A. (2018). Novel online daily diary interventions for nonsuicidal self-injury: A randomized controlled trial. *BMC Psychiatry*, 18(1), 264.
15. Fox, K.R., O’Sullivan, I.M., **Wang, S.B.**, Hooley, J.M. (2018). Self-criticism impacts emotional responses to pain. *Behavior Therapy*.

16. **Wang, S.B.**, Borders, A. (2018). The unique effects of anger and depressive rumination on eating-disorder psychopathology and the mediating role of impulsivity. *Eating Behaviors*, 29, 41-47.
17. Schaumberg, K., Reilly, E., Anderson, L., Gorrell, S., **Wang, S.B.**, Sala, M. (2018). Improving prediction of eating-related outcomes with zero-sensitive regression models. *Appetite*, 129, 252-261.
18. Herres, J, **Wang, S.B.**, Bobchin, K., Draper, J. (2018). A socioecological model of risk associated with campus sexual assault and posttraumatic stress disorder symptoms in a representative sample of liberal arts college students. *Journal of Interpersonal Violence*.
19. **Wang, S.B.**, Pisetsky, E.M., Skutch, J.M., Fruzzetti, A.E., Haynos, A.F. (2018). Restrictive eating and self-harm in a non-clinical sample: Co-occurrence and associations with emotion dysregulation and interpersonal problems. *Comprehensive Psychiatry*, 82, 128-132.
20. Haynos, A.F., **Wang, S.B.**, & Fruzzetti, A.E. (2018). Restrictive eating is associated with emotion regulation difficulties in a non-clinical sample. *Eating Disorders: The Journal of Treatment and Prevention*, 26(1), 5-12.  
 \*This paper was selected as a finalist for the journal's "Article of the Year" award
21. **Wang, S.B.**, Herres, J., Diamond, G. (2017). Unique interactions of interpersonal trauma and positive peer and family experiences on traumatic distress among adolescent and young adult primary care patients. *Journal of Interpersonal Violence*.
22. Ruscio, J., Carney, L.M., Dever, L., Pliskin, M., **Wang, S.B.** (2017). Using the Comparison Curve Fit Index (CCFI) in taxometric analyses: Averaging curves, standard errors, and CCFI profiles. *Psychological Assessment*, 30(6), 744-754.
23. **Wang, S.B.**, Lydecker, J. A., & Grilo, C. M. (2017). Rumination in Patients with Binge-Eating Disorder and Obesity: Associations with Eating-Disorder Psychopathology and Weight-bias Internalization. *European Eating Disorders Review*, 25(2), 98-103.
24. **Wang, S. B.**, & Borders, A. (2016). Rumination mediates the associations between sexual minority stressors and disordered eating, particularly for men. *Eating and Weight Disorders*, 22(4), 699-706.

#### **MANUSCRIPTS UNDER REVIEW**

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1. Smith, D.M.Y., **Wang, S.B.**, Ingram, M.L., Fox, K.R., Hooley, J.M. (Revise & Resubmit). Longitudinal predictors of self-injurious thoughts and behaviors in sexual and gender minority adolescents.
2. **Wang, S.B.**, Ruscio, J. (Under Review). Reducing subjectivity in taxometric analysis: Empirical guidelines and the RTaxometrics package.
3. Fox, K.R., Harris, J., **Wang, S.B.**, Deming, C., Millner, A.J., Nock, M.K. (Under Review). Self-Injurious Thoughts and Behaviors Interview-Revised: Development, reliability, and validity.
4. Jacobson, N.C., Bentley, K.H., Walton, A., **Wang, S.B.**, Fortgang, R.G., Millner, A.J., Coombs, G., Rodman, A.M., Coppersmith, D.D.L. (Under Review). Ethical dilemmas created by mobile health and machine learning within research in psychiatry.

## INVITED CHAPTERS

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1. Nock, M.K., Boccagno, C., Kleiman, E.M., Ramirez, F., **Wang, S.B.** (2019). Suicidal and nonsuicidal self-injury. In M. J. Prinstein, E. A. Youngstrom, E. J. Mash, & R. A. Barkley (Eds.), *Treatment of Childhood Disorders, Fourth Edition*. New York, NY: Guilford Publications.

## MANUSCRIPTS IN PREPARATION \*underlined names indicate trainee authors

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1. **Wang, S.B.**, Fox, K.R., Mair, P., Haynos, A.F., Nock, M.K. (In Preparation). Similar functions, different behaviors: New insights into the co-occurrence of eating disorders and nonsuicidal self-injury.
2. **Wang, S.B.**, Fox, K.R., Boccagno, C., Mair, P., Hooley, J.M., Nock, M.K., Haynos, A.F. (In Preparation). Why do people restrict their eating? A functional assessment approach.
3. **Wang, S.B.**, Dzombak, J., Fox, K.R., Fortgang, R., Haynos, A.F. (In Preparation). Restrictive eating and nonsuicidal self-injury: Evidence for an association and multiple pathways.
4. **Wang, S.B.**, Mancuso, C., Jo, J., Keshishian, A., Becker, K.R., Plessow, F., Izquierdo, A., Slattery, M., Franko, D., Misra, M., Lawson, E.A., Thomas, J.J., Eddy, K.T. (In Preparation). Restrictive eating, but not binge/purge behaviors, predicts suicidal ideation in adolescents and young adults with low-weight eating disorders.
5. Dreier, M., **Wang, S.B.**, Nock, M.K., Hooley, J.M. (In Preparation). Attentional biases towards food and body stimuli among individuals with disordered eating versus food allergies.
6. Haynos, A.F., **Wang, S.B.**, Lipson, S.M., Crow, S.J., Peterson, C.B., Crosby, R.D, Agras, W.S., Halmi, K.A., Mitchell, J.E. (In Preparation). Machine learning to predict longitudinal illness course of eating disorders.

## SOFTWARE PACKAGES

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1. Ruscio, J., & **Wang, S.B.** (2017). RTaxometrics: Taxometric Analysis. R package version 2.0. Available from <https://cran.r-project.org/web/packages/RTaxometrics/index.html>.  
\* The program code for this package, along with a reference manual, is available via the central R repository. More information is available at <https://ruscio.pages.tcnj.edu/taxometrics/>.

## SYMPOSIA CHAIRED

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1. **Wang, S.B.**, Fox, K.R. (co-chairs), Zelkowitz, R., Ortiz, S.N., Smith, A.R. (2019, November). *Eating disorders, self-injury, and suicide: Common pathways, mechanisms, and functions*. Symposium to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, G.A.  
\* Received sponsorship from the Obesity & Eating Disorders SIG
2. **Wang, S.B.**, Jones, P.J. (co-chairs), Brosos, L., Forrest, L., Levinson, C. (2018, November). *Novel insights on eating disorder treatment and etiology from network and complexity science*. Symposium at the Association for Behavioral and Cognitive Therapies, Washington, D.C.  
\* Received sponsorship from the Obesity & Eating Disorders SIG

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**CONFERENCE PRESENTATIONS** \*underlined names indicate trainee authors
 

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1. **Wang, S.B.**, Fox, K.R., Haynos, A.F., Nock, M.K. (2019, November; 2019, September). Similar functions, different behaviors: New insights into the co-occurrence of eating disorders and nonsuicidal self-injury. (1) In S.B. Wang & K.R. Fox (co-chairs), *Eating disorders, self-injury, and suicide: Common pathways, mechanisms, and functions*. Symposium to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, G.A. (2) Poster to be presented at the Society for Research on Psychopathology, Buffalo, NY.
2. Fox, K.R., **Wang, S.B.**, Nock, M.K. (2019, November). Exploring self-punishment and pain intentions across eating disordered behaviors and nonsuicidal self-injury to better understand their comorbidity. In S.B. Wang & K.R. Fox (co-chairs), *Eating disorders, self-injury, and suicide: Common pathways, mechanisms, and functions*. Symposium to be presented to the Association for Behavioral and Cognitive Therapies, Atlanta, G.A.
3. Kilbury, E., Lee, H.I., **Wang, S.B.**, Coppersmith, D.D.L., Kleiman, E.M., Bentley, K.H, Millner, A.J., Fortgang, R., Huffman, J., Nock, M.K. (2019, November). *Sleep and fatigue in suicidal inpatients: A real-time monitoring study*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, G.A.
4. Lee, H.I., Kilbury, E., Coppersmith, D.D.L., **Wang, S.B.**, Kleiman, E.M., Bentley, K.H, Millner, A.J., Fortgang, R., Huffman, J., Nock, M.K. (2019, November). *Clarifying the role of social support in short term prediction of suicidal thoughts*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, G.A.
5. Dreier, M.J., **Wang, S.B.**, Nock, M.K., Hooley, J.M. (2019, November; 2019, September). *Attentional biases towards food and body stimuli among individuals with disordered eating versus food allergies*. Poster to be presented at (1) the Association for Behavioral and Cognitive Therapies, Atlanta, G.A., and (2) the Society for Research on Psychopathology, Buffalo, NY.
6. **Wang, S.B.**, Crow, S.J., Peterson, C.B., Crosby, R.D, Agras, W.S., Halmi, K, Mitchell, J.E., Haynos, A.F. (2019, September; 2018, November). Machine learning to predict longitudinal illness course of eating disorders. In: (1) A. Haynos (Chair), *Machine learning to advance eating disorders research*. Symposium to be presented at the Eating Disorders Research Society Annual Meeting, Chicago, IL., and (2) M. Hughes-Feltenberger & M. R. Marks (co-chairs), *Hello World: Applying Machine Learning Data Analytic Approaches to Clinical Psychology Research*. Symposium at the Association for Behavioral and Cognitive Therapies, Washington, D.C.
7. Lipson, S.M., **Wang, S.B.**, Jahn, J.L., Nock, M.K. (2019, August). *Adolescents' body ideal internalization and its relationship to the intersection of sexual orientation and gender identity*. Oral presentation accepted for the Australia & New Zealand Academy for Eating Disorders, Adelaide, Australia.
8. **Wang, S.B.**, Fischer, S., Breithaupt, L. (2019, June). Application of personalized, longitudinal networks of affect and suicide ideation in Dialectical Behavioral Therapy: A proof-of-concept study. In E.M. Kleiman & D.D.L Coppersmith (co-chairs), *Same theories, new methods: Using real-time monitoring to test theories of suicide*. Symposium presented at the Society for Ambulatory Assessment Conference, Syracuse, NY.

9. Boccagno, C., Fox, K.R., **Wang, S.B.**, & Hooley, J.M. (2019, June). Linguistic mechanisms underlying the efficacy of daily diary interventions for non-suicidal self-injury: The nuanced roles of psychological distancing and positive and negative emotion. Oral presentation at the annual conference of the International Society for the Study of Self-Injury (ISSS), Orlando, FL.
10. **Wang, S.B.**, Fox, K.R., Boccagno, C., Hooley, J.M., Haynos, A.F. (2019, March). *Why do people restrict their eating? A functional assessment approach*. Poster presented at the International Conference on Eating Disorders, New York, NY.
11. Coniglio, K.A., Haynos, A.F., Becker, C.B., Reilly, E., Steinglass, J.E, **Wang, S.B.** (2019, March) *All hands on deck: Fostering successful collaborations to advance the field of eating disorders*. Panel discussion presented at the International Conference on Eating Disorders, Chicago, IL.
12. Keshishian, A., **Wang, S.B.**, Becker, K.R., Jo, J., Eddy, K.T., Thomas, J.J. (2019, March). *Emotion dysregulation exists across the eating pathology spectrum*. Oral presentation at the International Conference on Eating Disorders, New York, NY.
13. Fox, K.R., Huang, X.I., Linthicum, K., **Wang, S.B.**, Franklin, J.C., Ribeiro, J.D. (2019, March). *Model complexity improves the prediction of nonsuicidal self-injury*. Poster presented at the International Convention of Psychological Science, Paris, France.
14. **Wang, S.B.**, Jones, P.J., Dreier, M.J., Elliott, H., Grilo, C.M. (2018, November). Core psychopathology of treatment-seeking patients with binge-eating disorder and obesity: A network investigation. In S.B. Wang & P.J. Jones (co-chairs), *Novel insights on eating disorder treatment and etiology from network and complexity science*. Symposium at the Association for Behavioral and Cognitive Therapies, Washington, D.C.
15. Boccagno, C., Fox, K.R., **Wang, S.B.**, Hooley, J.M. (2018, September). *Beliefs that negative emotions are unacceptable dampen the benefits of psychological distancing: evidence from an emotional challenge study in direct and indirect self-injury*. Poster presentation at the Society for Research on Psychopathology, Indianapolis, IN.
16. **Wang, S.B.**, Fox, K.R., Kwashie, A., Hooley, J.M. (2018, June; 2018, September). Nonsuicidal self-injury functions are differentially associated with borderline personality disorder and depression. (1) Oral presentation at the International Society of the Study of Self-Injury, Brussels, Belgium. (2) Poster presentation at the Society for Research on Psychopathology, Indianapolis, IN.
17. Fox, K.R., **Wang, S.B.**, Hooley, J.M. (2018, June). Self-criticism influences benefits and barriers of nonsuicidal self-injury. Oral presentation at the International Society of the Study of Self-Injury, Brussels, Belgium.
18. Hooley, J.M., Fox, K.R., **Wang, S.B.** (2018, June). Self-criticism and self-injury: Testing a novel treatment approach. Oral presentation at the International Society of the Study of Self-Injury, Brussels, Belgium.
19. **Wang, S.B.**, Keshishian, A., Becker, K.R., Plessow, F., Mancuso, C.J., Izquierdo, A.M., Slattery, M., Baskaran, C., Misra, M., Lawson, E.A, Thomas, J.J., Eddy, K.T. (2018, April). Restrictive eating, but not binge/purge behaviors, predicts suicidal ideation in adolescents with low-weight eating disorders. Oral presentation at the International Conference on Eating Disorders, Chicago, IL.

20. **Wang, S.B.**, Haynos, A.F., Pisetsky, E.M., Skutch, J.M., Fruzzetti, A.E. (2018, April). Restrictive eating and self-harm in a non-clinical sample: Co-occurrence and associations with emotion dysregulation and interpersonal problems. Oral presentation at the International Conference on Eating Disorders, Chicago, IL.
21. **Wang, S.B.**, Fox, K.R., Kleiman, E., Nock, M.K. (2018, April; 2017, November). Real-time occurrence of binge eating, purging, and nonsuicidal self-injury: Results from two ecological momentary assessment studies. Oral presentation at the International Conference on Eating Disorders, Chicago, IL and poster presentation at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
22. Haynos, A.F., **Wang, S.B.**, Russell, S.L, Lavender, J.M., Pearson, C.M., Jennings, K.M., Peterson, C.B., Crow, S.J. (2017, November). *An empirical taxonomy of reward responding in a mixed eating disorder sample*. In M. Jones (chair), Alternative Classification Systems Within Eating Disorders: Insights from Innovative Methodological Investigations. Symposium presented at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
23. **Wang, S.B.**, Borders, A. (2017, November). *Unique associations among facets of impulsivity and rumination*. Poster presented at Association for Behavioral and Cognitive Therapies, San Diego, CA.
24. **Wang, S.B.**, Herres, J. (2017, November). *Perceived burdensomeness explains worse treatment outcome for suicidal adolescents with major depressive disorder*. Poster presented at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
25. Fresnics, A.A., **Wang, S.B.**, Borders, A. (2017, November). *Depressive rumination mediates unique associations between self-compassion and eating-disorder psychopathology*. Poster presented at the Association for Behavioral and Cognitive Therapies, San Diego, CA.
26. Bobchin, K., **Wang, S.B.**, Draper, J., Herres, J. (2017, November). *A socioecological model of risk associated with campus sexual assault and posttraumatic stress disorder symptoms in college students*. Poster presented at the International Society for Traumatic Stress Studies, Chicago, IL.
27. **Wang, S.B.**, Ruscio, J. (2017, September). *Differentiating categories and dimensions with the RTaxometrics package*. Poster presented at the Society for Research on Psychopathology, Denver, CO.
28. **Wang, S.B.**, Lydecker, J., Grilo, C.M. (2017, June). *Rumination in patients with binge eating disorder and obesity: Influence on eating disorder psychopathology and weight bias internalization*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
29. **Wang, S.B.**, Borders, A., Frenkel, E., Parisi, M. (2017, June). *Anger rumination in patients with anorexia nervosa and bulimia nervosa: Associations with eating-disorder psychopathology and impulsivity*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
30. **Wang, S.B.**, Herres, J., Diamond, G. (2017, May). *Influence of interpersonal trauma and positive peer and family events on mental health symptoms among adolescents*. Poster presented at the Annual Convention of the Association for Psychological Science, Boston, MA.
31. **Wang, S.B.**, Borders, A. (2016, October). *Rumination mediates the association between mindfulness and binge-eating, but not restricting, behaviors*. Poster presented at the Association for Behavioral and Cognitive Therapies, New York, NY.



32. **Wang, S.B.**, Borders, A. (2016, August). *Investigating associations among rumination, impulsivity, and eating disorder behaviors*. Poster presented at the APA Annual Convention, Denver, CO.  
\*This poster was awarded the APA Convention Society Research Award by Psi Chi
33. **Wang, S.B.**, Borders, A. (2016, May). *Impulsivity mediates the association between angry rumination and binge-eating, but not restricting, behavior*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
34. **Wang, S.B.**, Borders, A. (2015, November). *Rumination mediates the relationship between sexual minority stressors and eating disorder behaviors, particularly for men*. Poster presented at the Association for Behavioral and Cognitive Therapies, Chicago, IL.
35. **Wang, S.B.** (2015, April). *Do people differ in discrete groups or along a continuum? Differentiating categories and dimensions with taxometric analysis*. Paper presented at the Northeast Regional Honors Conference, Gettysburg, PA.

### INVITED TALKS & PROFESSIONAL PRESENTATIONS

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1. **Wang, S.B.** (2019, May). *Do different maladaptive behaviors serve the same function?* Second-year project presented at Harvard University, Cambridge, MA.
2. **Wang, S.B.** (2018, December). *Machine learning to predict longitudinal illness course of eating disorders*. Talk presented at the Annual Harvard-MIT Data Blitz, Cambridge, MA.
3. **Wang, S.B.** (2018, May). *Using machine learning to disentangle discrepant restrictive eating outcomes: A large-scale prospective study among adolescents*. Talk presented at the Annual Harvard-MIT Data Blitz, Cambridge, MA.
4. **Wang, S.B.** (2018, January). *Machine learning and its applications in eating disorders*. Invited talk presented at the Minnesota Center for Eating Disorders Research, University of Minnesota, Minneapolis, Minnesota.
5. **Wang, S.B.** (2017, April). *Writing a successful National Science Foundation Graduate Research Fellowship Program proposal*. Invited talk presented at the School of Science, The College of New Jersey, Ewing, NJ.
6. **Wang, S.B.** (2016, September). *Anger and depressive rumination in eating disorder patients*. Invited talk presented at the Princeton HealthCare System Annual Research Day, Plainsboro, NJ.
7. **Wang, S.B.** (2016, April). *Longitudinal associations among anger rumination, depressive rumination, and disordered eating*. Senior Honors Thesis presented at The College of New Jersey, Ewing, NJ.

### CLINICAL EXPERIENCE

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2019 – Present    **Massachusetts General Hospital**, Eating Disorders Clinical and Research Program  
*Practicum Student / Supervisor: Jennifer Thomas, Ph.D.*  
 Providing weekly cognitive-behavioral therapy for adults with eating disorders, including anorexia nervosa, bulimia nervosa, and binge eating disorder, in an outpatient setting. Conducting diagnostic assessments (Eating Disorder Examination, Structured Clinical Interview for DSM-5, Mini International Neuropsychiatric Interview). Closely

monitoring patients' weekly progress to tailor in-session interventions and optimize treatment outcomes. Receiving supervision on diagnostic assessment, case formation, and taped individual therapy sessions.

- 2018 – Present **McLean Hospital**, Obsessive Compulsive Disorders Institute  
*Practicum Student / Supervisor: Nathaniel Van Kirk, Ph.D.*  
 Conducted diagnostic assessments (Structured Clinical Interview for DSM-5, Montreal Cognitive Assessment, Yale-Brown Obsessive Compulsive Scale), scored and interpreted tests, and wrote comprehensive assessment reports. Provided individual exposure and response prevention treatment for adult patients with obsessive-compulsive disorder in residential and partial hospital settings. Received supervision on diagnostic assessment, report writing, case conceptualization, and exposure and response prevention therapy.
- 2018 **Cambridge Health Alliance**, Department of Psychiatry  
*Practicum Student / Supervisors: Adam Conklin, Ph.D., Robert Graceffo, Ph.D.*  
 Observed clinical interviews and treatments in an inpatient hospital setting. Received supervision on case conceptualization, assessment, diagnostic interviewing, treatment planning, and medication management for adult patients with psychosis, trauma, and affective disorders.
- 2014 – 2016 **University Medical Center of Princeton**, Center for Eating Disorders Care  
*Clinical Intern / Supervisors: Beth Frenkel, Ph.D., Melinda Parisi, Ph.D.*  
 Supervised patients' meals and snacks, led community meetings, and assisted with admissions and discharges in an inpatient and partial hospital setting for children, adolescents, and adults with eating disorders. Attended rounds and treatment team meetings to provide updates on patients' treatment plans and progress on the unit.

## RESEARCH ASSISTANTS MENTORED

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\*Supervised student in senior thesis

†Received competitive research grant from Harvard College Research Program

	<u>Name and University/Institution</u>	<u>Subsequent Position</u>
Summer 2019	Zelal Kilic, Connecticut College	<i>Presently in lab</i>
Summer 2019	Jordyn Ricard, Northwestern University	<i>Presently in lab</i>
2018 – Present	Sarah Lipson, Harvard University*†	<i>Presently in lab</i>
2019 – Present	Sabrina Bell, Harvard University*†	<i>Presently in lab</i>
2019 – Present	Yuri-Grace Ohashi, Harvard University	<i>Presently in lab</i>
2019 – Present	Lauren Harnedy, UMass Amherst	<i>Presently in lab</i>
2017 – 2019	Melissa Dreier, Harvard University*†	<i>Research Coordinator, Massachusetts General Hospital</i>
2018	Anne Lheem, Harvard University	<i>Continued undergraduate studies</i>
Summer 2018	Cristina Nardini, The College of New Jersey	<i>Research Coordinator, Yale University</i>
2017 – 2018	Claire Pinson, Harvard University	<i>Research Assistant, University of Tokyo</i>
2017 – 2018	Chase Venables, Harvard University	<i>Continued undergraduate studies</i>

## EDITORIAL & REVIEWING EXPERIENCE

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### Editorial Board Membership:

Eating and Weight Disorders (2019 – present)

Eating Disorders: The Journal of Treatment and Prevention (2019 – present)

### Ad hoc reviewer:

Behavior Therapy

Eating Behaviors

Eating Disorders: The Journal of Treatment and Prevention

Eating and Weight Disorders

International Journal of Eating Disorders

Journal of Abnormal Psychology

Psychological Medicine

## LEADERSHIP

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2018 – Present    Event Coordinator, *Harvard Women in Psychology*

2018 – 2019      Vice President of Communications, *Harvard Big Data Club*

2016 – 2017      Chapter Executive Board Student Representative, *Phi Beta Kappa*

2016 – 2017      Chapter President, *Psi Chi International Honors Society in Psychology*

2015 – 2016      Chapter Vice President, *Psi Chi International Honors Society in Psychology*

## SERVICE RECORD

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2019              Conference Co-Organizer, *Trends in Psychology Summit, Harvard University*

2019              Met with external visiting committee of the Harvard Psychology Department

2019              Reviewer, *Association for Behavioral and Cognitive Therapies Annual Convention*

2019 – Present    Student Representative, *Psychological Clinical Science Accreditation System (PCSAS)*

2019 – Present    Graduate Student Representative, *Harvard Psychology Department Climate Committee*

2019              National Collegiate Research Conference Poster Judge, *Harvard University*

2018              Poster Reviewer, *Association for Psychological Science Annual Convention*

2018 – Present    Psychology Department Representative, *Harvard Graduate Student Council*

2017, 2018        Publication Committee Contributor, *Society for Research in Psychopathology*

2018              Panelist, Grad School Applications, *Massachusetts General Hospital Eating Disorders Clinical & Research Program*

2018              Psychology Department Ph.D. Orientation Organizer, *Harvard University*

2018 – Present    Social Media Committee, *International Society for the Study of Self-Injury*

2018              National Collegiate Research Conference Panelist, *Harvard University*

2017 – Present    Women in Science and Engineering (WiSTEM) Mentor, *Harvard University*

2017              Student Selection Committee, *TCNJ Phi Beta Kappa*

2017              Panelist, Navigating Graduate School Admissions, *The College of New Jersey*

2015 – 2017	Workshop Organizer (x4), Research Lab Information Session, <i>The College of New Jersey</i>
2015 – 2017	Student Representative (x4), <i>Open House for Prospective Students, The College of New Jersey</i>
2015 – 2017	Research & Internships Talk (x3), <i>Freshman Orientation, The College of New Jersey</i>
2015 – 2017	Student Advisory board, <i>Psychology Department, The College of New Jersey</i>
2016	Alumni & Honorary Member Selection Committee, <i>Phi Beta Kappa, The College of New Jersey</i>
2016	Panel Organizer & Discussant, Summer Research Opportunities, <i>The College of New Jersey</i>
2015 – 2016	Panel Organizer (x2), Navigating Grad School Admissions, <i>The College of New Jersey</i>
2016	Academic Advising & Course Registration Video, <i>Psychology Department, The College of New Jersey</i>
2015	Met with External Review Board of The College of New Jersey Psychology Department

### **SELECTED SKILLS**

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Statistical Programs: R, SAS, SPSS, Mplus, Minitab

Languages: Fluent in Mandarin Chinese, limited proficiency in Spanish (3<sup>rd</sup> year college level)

Other: Trained in classical piano (14 years), classical violin (6 years), and figure skating (8 years)

### **PROFESSIONAL AFFILIATIONS**

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Academy for Eating Disorders

Association for Behavioral and Cognitive Therapies

International Society for the Study of Self-Injury

Society for Research in Psychopathology