

# Métodos de Integração e Aplicações da Integral Definida

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## 1 Exercícios 7.4

32) Calcular a integral indefinida.

$$\int \frac{x}{\sqrt{x^2 - 1}} \tan^3 \sqrt{x^2 - 1} dx$$

$$u = x^2 - 1$$
$$du = 2x dx$$

$$= \int \frac{\tan^3(\sqrt{u})}{2\sqrt{u}} du$$
$$= \frac{1}{2} \cdot \int \frac{\tan^3(\sqrt{u})}{\sqrt{u}} du$$

$$v = \sqrt{u}$$
$$dv = \frac{1}{2\sqrt{u}} du$$

$$\begin{aligned}
&= \frac{1}{2} \cdot \int 2 \tan^3(v) dv \\
&= \frac{1}{2} \cdot 2 \cdot \int \tan^3(v) dv \\
&= \frac{1}{2} \cdot 2 \cdot \int \tan^2(v) \tan(v) dv
\end{aligned}$$

$$\tan^2(x) = -1 + \sec^2(x)$$

$$= \frac{1}{2} \cdot 2 \cdot \int (-1 + \sec^2(v)) \tan(v) dv$$

$$w = \sec(v)$$

$$dw = \sec(x) \tan(x) dv$$

$$\begin{aligned}
&= \frac{1}{2} \cdot 2 \cdot \int \frac{-1 + w^2}{w} dw \\
&= \frac{1}{2} \cdot 2 \cdot \int -\frac{1}{w} + w dw \\
&= \frac{1}{2} \cdot 2 \left( -\int \frac{1}{w} dw + \int w dw \right) \\
&= \frac{1}{2} \cdot 2 \left( -\ln|w| + \frac{w^2}{2} \right)
\end{aligned}$$

$$w = \sec(v)$$

$$= \frac{1}{2} \cdot 2 \left( -\ln|\sec(v)| + \frac{\sec(v)^2}{2} \right)$$

$$v = \sqrt{u}$$

$$= \frac{1}{2} \cdot 2 \left( -\ln|\sec(\sqrt{u})| + \frac{\sec(\sqrt{u})^2}{2} \right)$$

$$u = x^2 - 1$$

$$\begin{aligned}
 &= \frac{1}{2} \cdot 2 \left( -\ln \left| \sec \left( \sqrt{x^2 - 1} \right) \right| + \frac{\sec^2 \left( \sqrt{x^2 - 1} \right)}{2} \right) \\
 &= -\ln \left| \sec \left( \sqrt{x^2 - 1} \right) \right| + \frac{1}{2} \sec^2 \left( \sqrt{x^2 - 1} \right) \\
 &= -\ln \left| \sec \left( \sqrt{x^2 - 1} \right) \right| + \frac{1}{2} \sec^2 \left( \sqrt{x^2 - 1} \right) + C
 \end{aligned}$$

70) Calcular a integral definida.

$$\int_1^2 \frac{dt}{t^4 \sqrt{4+t^2}}$$

$$t = 2 \tan(u)$$

$$dt = 2 \sec^2(u)$$

$$\begin{aligned} &= \int_{\arctan(\frac{1}{2})}^{\frac{\pi}{4}} \frac{\sec(u)}{16 \tan^4(u)} du \\ &= \frac{1}{16} \cdot \int_{\arctan(\frac{1}{2})}^{\frac{\pi}{4}} \frac{\sec(u)}{\tan^4(u)} du \end{aligned}$$

$$v = \tan\left(\frac{u}{2}\right)$$

$$dv = \sec^2\left(\frac{u}{2}\right)$$

$$\begin{aligned} &= \frac{1}{16} \cdot \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} \frac{(1-v^2)^3}{8v^4} dv \\ &= \frac{1}{16} \cdot \frac{1}{8} \cdot \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} \frac{(1-v^2)^3}{v^4} dv \\ &= \frac{1}{16} \cdot \frac{1}{8} \cdot \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} \frac{1}{v^4} - \frac{3}{v^2} + 3 - v^2 dv \\ &= \frac{1}{16} \cdot \frac{1}{8} \left( \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} \frac{1}{v^4} dv - \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} \frac{3}{v^2} dv + \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} 3 dv - \int_{\tan\left(\frac{\arctan(\frac{1}{2})}{2}\right)}^{\sqrt{2}-1} v^2 dv \right) \end{aligned}$$

$$\begin{aligned}
\int_{\tan\left(\frac{\arctan\left(\frac{1}{2}\right)}{2}\right)}^{\sqrt{2}-1} \frac{1}{v^4} dv &= -\frac{1}{3\left(\sqrt{2}-1\right)^3} + \frac{1}{3\tan^3\left(\frac{1}{2}\arctan\left(\frac{1}{2}\right)\right)} \\
\int_{\tan\left(\frac{\arctan\left(\frac{1}{2}\right)}{2}\right)}^{\sqrt{2}-1} \frac{3}{v^2} dv &= 3\left(-\sqrt{2}-1 + \frac{1}{\tan\left(\frac{1}{2}\arctan\left(\frac{1}{2}\right)\right)}\right) \\
\int_{\tan\left(\frac{\arctan\left(\frac{1}{2}\right)}{2}\right)}^{\sqrt{2}-1} 3dv &= 3\left(\sqrt{2}-1\right) - 3\tan\left(\frac{\arctan\left(\frac{1}{2}\right)}{2}\right) \\
\int_{\tan\left(\frac{\arctan\left(\frac{1}{2}\right)}{2}\right)}^{\sqrt{2}-1} v^2 dv &= \frac{\left(\sqrt{2}-1\right)^3 - \tan^3\left(\frac{1}{2}\arctan\left(\frac{1}{2}\right)\right)}{3}
\end{aligned}$$

$$\begin{aligned}
&= \frac{1}{16} \cdot \frac{1}{8} \left( -\frac{1}{3(\sqrt{2}-1)^3} + \frac{1}{3 \tan^3(\frac{1}{2} \arctan(\frac{1}{2}))} - 3 \left( -\sqrt{2} - 1 + \frac{1}{\tan(\frac{1}{2} \arctan(\frac{1}{2}))} \right) + 3 \left( \sqrt{2} - 1 \right) - 3 \tan \left( \frac{\arctan(\frac{1}{2})}{2} \right) - \frac{(\sqrt{2}-1)^3 - \tan^3(\frac{1}{2} \arctan(\frac{1}{2}))}{3} \right)
\end{aligned}$$

## 2 Exercícios 7.9

3) Calcular a integral indefinida.

$$\int \frac{2dx}{\operatorname{sen}(x) + \tan(x)}$$

$$u = \tan\left(\frac{x}{2}\right)$$

$$du = \sec^2\left(\frac{x}{2}\right)$$

$$\begin{aligned} &= 2 \cdot \int -\frac{(u+1)(u-1)}{2u} du \\ &= 2 \left( -\frac{1}{2} \cdot \int \frac{(u+1)(u-1)}{u} du \right) \\ &= 2 \left( -\frac{1}{2} \cdot \int u - \frac{1}{u} du \right) \\ &= 2 \left( -\frac{1}{2} \left( \int u du - \int \frac{1}{u} du \right) \right) \end{aligned}$$

$$\int u du = \frac{u^2}{2}$$

$$\int \frac{1}{u} du = \ln|u|$$

$$= 2 \left( -\frac{1}{2} \left( \frac{u^2}{2} - \ln|u| \right) \right)$$

$$u = \tan\left(\frac{x}{2}\right)$$

$$\begin{aligned} &= 2 \left( -\frac{1}{2} \left( \frac{\tan^2\left(\frac{x}{2}\right)}{2} - \ln \left| \tan\left(\frac{x}{2}\right) \right| \right) \right) \\ &= -\frac{1}{2} \tan^2\left(\frac{x}{2}\right) + \ln \left| \tan\left(\frac{x}{2}\right) \right| \\ &= -\frac{1}{2} \tan^2\left(\frac{x}{2}\right) + \ln \left| \tan\left(\frac{x}{2}\right) \right| + C \end{aligned}$$

### 3 Exercícios 8.4

7) Encontrar o comprimento de arco da curva dada.

$$y = \frac{1}{2}(e^x + e^{-x}), \text{ de } (0, 1) \text{ a } \left(1, \frac{e + e^{-1}}{2}\right)$$

Primeiro montamos o sistema:

$$\begin{cases} x &= t \\ y &= \frac{1}{2}(e^t + e^{-t}) \end{cases}, t \in [0, 1]$$

Então calculamos as derivadas:

$$\begin{aligned} t' &= 1 \\ \left(\frac{1}{2}(e^t + e^{-t})\right)' &= \frac{1}{2}(e^t - e^{-t}) \end{aligned}$$

Por fim aplicamos a fórmula:

$$\begin{aligned} s &= \int_{t_0}^{t_1} \sqrt{[x'(t)]^2 + [y'(t)]^2} dt \\ s &= \int_0^1 \sqrt{[1]^2 + \left[\frac{1}{2}(e^t + e^{-t})\right]^2} dt \\ &= \int_0^1 \sqrt{1 + \left(\frac{1}{2}(e^t + e^{-t})\right)^2} dt \\ &= \int_0^1 \sqrt{1 + \frac{(e^t + e^{-t})^2}{4}} dt \\ &= \int_0^1 \sqrt{\frac{e^{-2t} + e^{2t} + 6}{4}} dt \\ &= \int_0^1 \frac{\sqrt{e^{-2t} + e^{2t} + 6}}{\sqrt{4}} dt \\ &= \int_0^1 \frac{\sqrt{e^{-2t} + e^{2t} + 6}}{2} dt \end{aligned}$$



## 4 Exercícios 8.7

8) Determinar o volume do sólido de revolução gerado pela rotação, em torno do eixo dos  $y$  da região  $R$  delimitada pelos gráficos da equação dada.

$$x = y^2 + 1, x = \frac{1}{2}, y = -2 \text{ e } y = 2$$

Primeiro definimos  $f(y)$ :

$$\begin{aligned} \begin{cases} x &= y^2 + 1 \\ x &= \frac{1}{2} \end{cases} \\ \frac{1}{2} &= y^2 + 1 \\ y^2 + \frac{1}{2} &= 0 \\ f(y) &= y^2 + \frac{1}{2} \end{aligned}$$

Então aplicamos a fórmula:

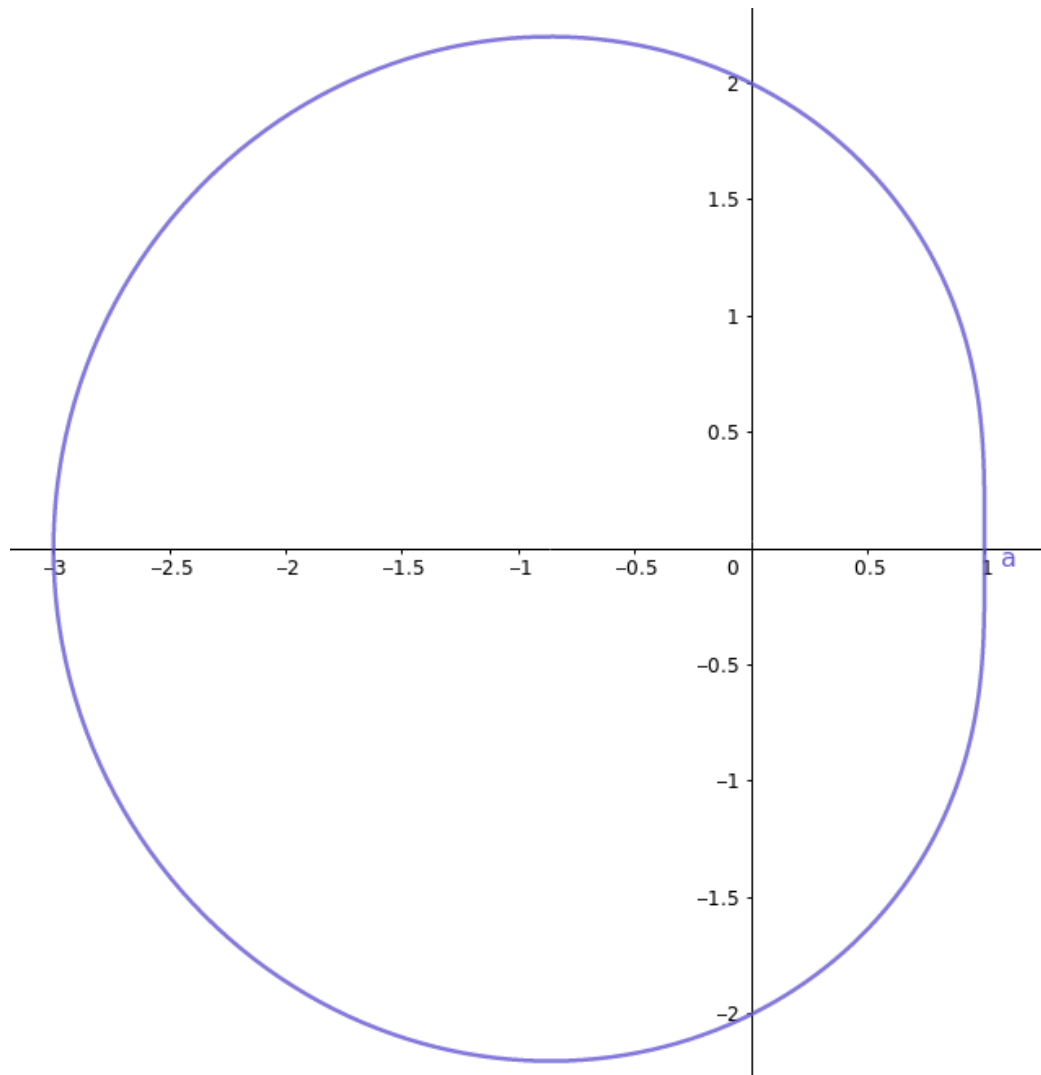
$$\begin{aligned} V &= \pi \int_a^b [f(y)]^2 dy \\ a &= -2 \\ b &= 2 \\ V &= \pi \int_{-2}^2 \left[y^2 + \frac{1}{2}\right]^2 dy \\ &= \pi \int_{-2}^2 y^4 + y^2 + \frac{1}{4} dy \\ &= \pi \int_{-2}^2 y^4 dy + \int_{-2}^2 y^2 dy + \int_{-2}^2 \frac{1}{4} dy \\ \int_{-2}^2 y^4 dy &= \frac{64}{5} \\ \int_{-2}^2 y^2 dy &= \frac{16}{3} \\ \int_{-2}^2 \frac{1}{4} dy &= 1 \end{aligned}$$

$$\begin{aligned}
&= \pi \frac{64}{5} + \frac{16}{3} + 1 \\
&= \pi \frac{287}{15} \\
&= \frac{287\pi}{15} \\
&\approx 60.10913 \dots
\end{aligned}$$

## 5 Exercícios 8.11

15) Esboçar o gráfico da curva dada em coordenada polar.

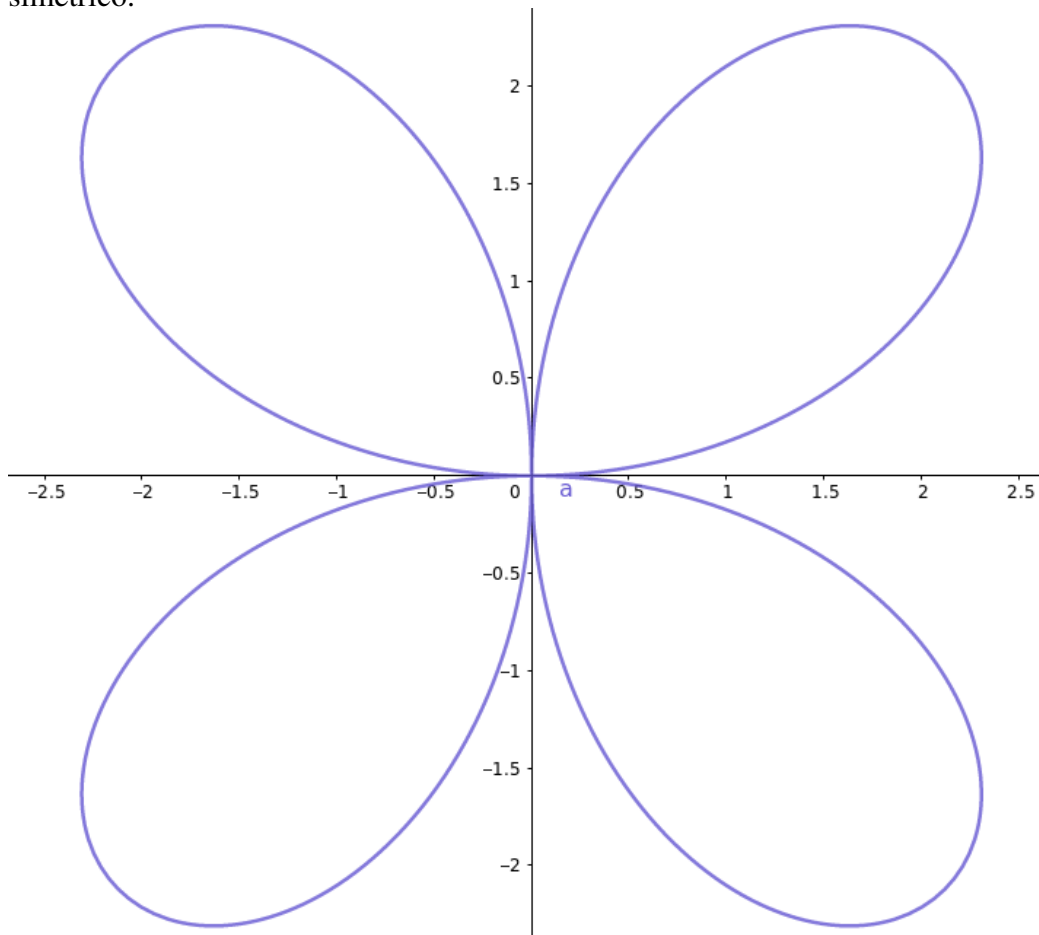
$$r = 2 - \cos \theta$$



51) Calcular a área limitada pela curva dada.

$$r = 3 \sin 2\theta$$

Analisando o gráfico abaixo podemos notar que o gráfico dessa função é simétrico.



Portanto, para descobrir a área, basta calcular no primeiro quadrante e multiplicar por quatro. Aplica-se, então, a seguinte fórmula.

$$A = \frac{1}{2} \int_{\alpha}^{\beta} [f(\theta)]^2 d\theta$$

$$\alpha = 0$$

$$\beta = \frac{\pi}{2}$$

$$\begin{aligned}
& \frac{1}{2} \cdot \int_0^{\frac{\pi}{2}} (3 \sin(2\theta))^2 d\theta \\
&= \frac{1}{2} \cdot \int_0^{\frac{\pi}{2}} 9 \sin^2(2\theta) d\theta \\
&= \frac{1}{2} \cdot 9 \cdot \int_0^{\frac{\pi}{2}} \sin^2(2\theta) d\theta
\end{aligned}$$

$$\sin^2(x) = \frac{1 - \cos(2x)}{2}$$

$$\begin{aligned}
&= \frac{1}{2} \cdot 9 \cdot \int_0^{\frac{\pi}{2}} \frac{1 - \cos(2 \cdot 2\theta)}{2} d\theta \\
&= \frac{1}{2} \cdot 9 \cdot \int_0^{\frac{\pi}{2}} \frac{1}{2} (1 - \cos(4\theta)) d\theta \\
&= \frac{1}{2} \cdot 9 \cdot \frac{1}{2} \cdot \int_0^{\frac{\pi}{2}} 1 - \cos(4\theta) d\theta \\
&= \frac{1}{2} \cdot 9 \cdot \frac{1}{2} \left( \int_0^{\frac{\pi}{2}} 1 d\theta - \int_0^{\frac{\pi}{2}} \cos(4\theta) d\theta \right)
\end{aligned}$$

$$\begin{aligned}
& \int_0^{\frac{\pi}{2}} 1 d\theta = \frac{\pi}{2} \\
& \int_0^{\frac{\pi}{2}} \cos(4\theta) d\theta = 0
\end{aligned}$$

$$\begin{aligned}
&= \frac{1}{2} \cdot 9 \cdot \frac{1}{2} \left( \frac{\pi}{2} - 0 \right) = \frac{1}{2} \cdot \frac{9\pi}{4} \\
&= \frac{9\pi}{8} \\
&\approx 3.53429 \dots
\end{aligned}$$

Por fim, multiplicamos o resultado por quatro.

$$\begin{aligned}
& 4 \cdot \frac{9\pi}{8} \\
&= \frac{9\pi}{2} \\
&\approx 14.13716 \dots
\end{aligned}$$