

TITLE: Vaccination in Slum Areas.

THEME: Full and Timely Immunization of Children and Pregnant Women.

TEAM

1. Arisha Faizyab [Team Lead]
2. Devender Kumar
3. Alsa Islam
4. Maheen Abubaker
5. Al Ameen
6. Sayed Talha Fayyaz
7. Anoop Kumar Yadav



OUR PLAN

We aim to increase awareness and vaccination rates in slum areas, addressing fear and misconceptions about vaccines, especially concerning pregnant women and children, with the assistance of a doctor from a government health centre.

WHY SLUMS?

Slums are seen to be challenging regions for any type of public service, resulting in these communities being denied any and most fundamental rights and information.

#SLUMLIVESMATTER

LOCATION

The assignment considered two regions: a slum in Indrapuri Colony and a slum near Bithauli Tiraha.

After an intensive survey of 35 women, the former was chosen due to -

- 1-Resistance towards vaccination.
- 2-A lack of knowledge regarding nearby vaccination and UPHC facilities.[Primary Care in Cities]
- 3-Many children, even those as young as 12 years old, were not vaccinated!

A place with 15-20 families and a complete lack of information about sanitation and vaccines, the locals were even unaware of the vaccination camps held every second Saturday of the month in Indrapuri colony [near Sai Dham at 'Narayan ji ka ghar', which was walking distance away] and the nearby government health centre, UPHC [Urban Primary Health Care], which is only 1.9 kilometres away.

As a consequence, this site was chosen.

TARGET AUDIENCE

Women were our primary demographic. We believed-

- 1-By focusing on mothers and educating them, they would also get their children vaccinated.
- 2-They will raise awareness among pregnant women in their neighborhood and among their family.
- 3-Because the status of women contributes to the position of society. Hence it is critical to educate women.

PURPOSE

The purpose was to inform people of the slums, who are mostly left out and discarded of basic information.

We wanted the women to know about:

- 1- The importance of vaccines and it's positive impact on them and their children.
- 2- Government health schemes for pregnant women. [E.g. Pradhan Mantri Matru Vandana Yojna]
- 3- Information about the nearby government vaccinations and health centers.

Every human has the right to basic health care and must be aware of it.

CONNECTION WITH CHILD RIGHTS AND SDGs

16 children got vaccinated.

29 children received Vitamin A syrup doses.

5 pregnant women got vaccinated in our camp.

We organized an eco-friendly camp using slum people's 'charpai' and chairs, discarded the use of plastic water bottles, and carried our homemade food.

KEY ACTIONS

- 1-Survey-We conducted a survey of 35 women consisting of 15 questions aimed at understanding the awareness level, their concerns and misconception regarding vaccination. We identified the problems and convinced the slum women for 3 days [22, 24 ,and 25 October] to join our awareness session,after which we organized a vaccination camp.
- 2-Permission of Sabhasad and help of UPHC [Urban Primary Health Centre] to conduct the vaccination awareness and vaccination camp.[31 October,1 November]
- 3-We set up the camp ourselves (putting up posters, organising chairs, etc.) [2 November]

KEY INTERVENTIONS

1. Rashmi Singh- The Sabhasad

Rashmi Singh, the Sabhasad [Faizullaganj first ward 48] , assured us of her full support in helping us with the matters of the vaccination camp.

She connected us to Dr. Guarav Panday from UPHC, who helped set up a vaccination camp in the slum areas of Indrapuri Colony.

2. Mr. Satyadev Singh-Corporater Representative of Lucknow Nagar Nigam

Mr. Satyadev , also the son of Sabhasad Rashmi Singh, provided us with speakers and a mic and himself attended the vaccination camp as a chief guest.

3. Dr. Guarav Pandey

Dr. Gaurav provided us with Ms. Mahibun Nisha (ANM) and Ms. Urmila (Asha Bahu) along with vaccines for children.

4. Ms. Mahibun Nisha (ANM)

Ms. Mahibun educated women about pregnant women and children's vaccines and motivated them for vaccination.

5. Ms. Urmila (Asha Bahu)

Ms. Urmila provided information about the nearest government vaccination centre.

TIMELINE

All efforts were carried out in stages to assure the fulfilment of the desired aim of establishing an awareness and vaccination camp.

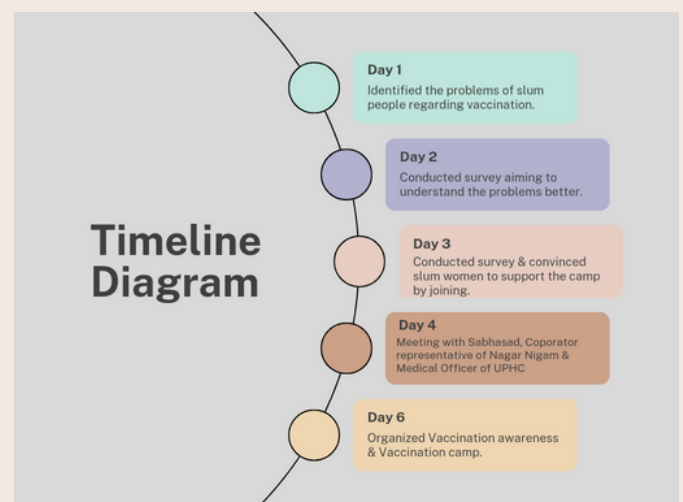
We first surveyed the locality, and convinced women to join, support and allow us to set up a camp in their locality for three days.

On day 4, we went to the Sabhasad to seek help for setting up a camp.

We contacted Dr. Guarav to discuss the ideas and plans concerning the camp.

On day 5, we finalised our talks with the Sabhasad and Dr. Guarav.

On the 6 day, we set up the camp by ourselves involving the help of slum women who kindly cleaned the area and provided the seating arrangement.



TARGET POPULATION

Pregnant women and kids up to 12 years of age were vaccinated.

IMPACT OF OUR WORK

Due to our efforts-

21 vaccinations occurred. [**5** pregnant women and **16** children.]

29 children received Vitamin A syrup doses.

CHANGE

Though the people of this place were quite rigid in their beliefs we were successful in-

1. Positively changing the mindset and breaking the dangerous misconceptions like fear of death in the area.

A new born soon died[during lockdown 2020] that led the residents of the slums to think that it was due to vaccination.

Ms. Mahibun, helped break the misconceptions that come with the topic of vaccines, especially to the woman who lost her child. She was pregnant this time too and was vaccinated during this camp.

2.A woman trusted the vaccination at her village and not in the locality which led to 0 doses of vaccination of her kids. After 2-3 hours of constant convincing by Ms. Mahibun , that woman finally convinced to get her children vaccinated.

3.The most essential improvement we could make was to put this uncovered region under the supervision of the Medical Officer and the Sabhasad, who were both surprised to discover such low immunisation rates in the area.

FUTURE SUSTAINEMENT PLANS

Dr. Guarav and Ms. Urmila have assured to revisit the area after a month for second dose of vaccination [video clip 1:33-1:37] and take it under their supervision. The slum women have also agreed to cooperate and get their children vaccinated.

CHALLENGES WE FACED ALONG THE WAY

1-Patriarchy-During our surveys and camp as the men restricted the women in their households from participating. But our respected Sabhasad's son, Mr. Satyadev, personally went and talked to them which helped us greatly to overcome this particular challenge.

2-Rigidity towards vaccination which was solved by awareness session and constant convincing by Ms. Mahibun Nisha.



BENEFITS PROVIDED TO THE PEOPLE

- 1-All the pregnant women participating and the children got vaccinated .
- 2-Ms. Mahibun (ANM) not only vaccinated but also counselled and motivated the women, studied the reports of all 5 pregnant women, guided them and informed them about Pradhan Mantri Matru Vandana Yojna.
- 3- Ms. Urmila provided information about their nearest government vaccination centre.

THANKS TO OUR ALLIES

1. Rashmi Singh (Sabhasad of Faizullaganj Ward 1)
2. Mr. Satyadev Singh (Corporater of Nagar Nigam)
3. Dr. Guarav Pandey (Medical Officer,UPHC)
4. Ms.Mahibun Nisha (ANM)
5. Ms. Urmila (Asha Bahu)



OUR EXPERIENCE

As we finished the camp, we all felt proud of ourselves as we realised the gravity of our work. We felt empowered and content. It was a great learning and humbling experience as we realised how fortunate we are to be educated.

This initiative will always be a fond memory in our hearts since we trust we made a difference in the lives of the less fortunate.

OUR JOURNEY THROUGH THE VIDEO

<https://youtube.com/watch?v=Uv0kL3Z7kSw&feature=shared>

OUR JOURNEY THROUGH THE PHOTOS

