

## Glucose Monitoring Report

Date: 2025-04-09 23:35:40

Temperature: 37.2 °C

Systolic BP: 145.0 mmHg

Diastolic BP: 92.0 mmHg

Heart Rate: 96.0 bpm

HRV: 28.0 ms

Predicted Glucose: 109.32 mg/dL

Diagnosis: Prediabetic

Suggested Insulin Dose: 0.19 units