

Deep Dive: NAT, Port Forwarding & Tunneling

Understanding Network Access Control and Security

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1. Network Address Translation (NAT) - Complete Deep Dive

What is NAT and Why Does It Exist?

NAT was created to solve the **IPv4 address exhaustion problem** and provide **network security**. With only ~4.3 billion IPv4 addresses available globally, NAT allows multiple devices to share a single public IP address.

The IPv4 Exhaustion Problem

Total IPv4 addresses: $2^{32} = 4,294,967,296$
Reserved addresses: ~588 million (private ranges, multicast, etc.)
Usable addresses: ~3.7 billion
Global internet users: 5+ billion devices

Solution: NAT allows 1 public IP → thousands of private devices

Types of NAT

1. Static NAT (One-to-One Mapping)

Public IP: 203.0.113.10 ↔ Private IP: 192.168.1.100
Public IP: 203.0.113.11 ↔ Private IP: 192.168.1.101

Use Cases:

- Servers requiring consistent external access
- DMZ (Demilitarized Zone) servers
- Legacy applications expecting specific IPs

2. Dynamic NAT (Pool-based Mapping)

Public IP Pool: 203.0.113.10-20 (11 IPs)
Private Network: 192.168.1.0/24 (254 devices)

First-come-first-served allocation:
Device 192.168.1.50 → Gets 203.0.113.10
Device 192.168.1.75 → Gets 203.0.113.11
...when pool exhausted → connection denied

3. PAT (Port Address Translation) / NAT Overload

This is what **home routers use** - the most common NAT type:

Single Public IP: 203.0.113.5
Multiple Private Devices sharing it via different ports

Internal Request	NAT Translation Table	External View
192.168.1.10:3000 ↔	203.0.113.5:50001 ↔	Server:80
192.168.1.15:4000 ↔	203.0.113.5:50002 ↔	Server:443
192.168.1.20:5000 ↔	203.0.113.5:50003 ↔	Server:8080

How NAT Works - Packet Level Analysis

Outbound Connection (Internal → Internet)

Step 1: Device sends packet
Source: 192.168.1.100:3000
Dest: 8.8.8.8:53 (Google DNS)

Step 2: Router receives packet

- Checks NAT table for existing mapping
- Creates new mapping if none exists
- Replaces source IP and port

Step 3: Router forwards modified packet
Source: 203.0.113.5:50001 (router's public IP:random port)
Dest: 8.8.8.8:53

Step 4: NAT table entry created
Internal: 192.168.1.100:3000 ↔ External: 203.0.113.5:50001
State: ESTABLISHED
Timeout: 300 seconds

Inbound Response (Internet → Internal)

Step 1: Server responds

Source: 8.8.8.8:53

Dest: 203.0.113.5:50001

Step 2: Router receives response

- Looks up NAT table for port 50001
- Finds mapping to 192.168.1.100:3000
- Replaces destination IP and port

Step 3: Router forwards to internal device

Source: 8.8.8.8:53

Dest: 192.168.1.100:3000 (restored original)

Detailed NAT Table Structure

NAT Translation Table:

+-----+-----+-----+-----+-----+				
Internal IP	Internal Port	External Port	Protocol	Timeout
+-----+-----+-----+-----+-----+				
192.168.1.100	3000	50001	TCP	7200s
192.168.1.100	3001	50002	TCP	300s
192.168.1.150	80	50003	TCP	7200s
192.168.1.200	53	50004	UDP	60s
+-----+-----+-----+-----+-----+				

State Tracking:

- NEW: Connection initiation
- ESTABLISHED: Active bidirectional communication
- RELATED: Related to existing connection (FTP data channel)
- INVALID: Packet doesn't match any known connection

NAT Behavior Analysis

Connection States and Timeouts

python

Different protocols have different timeout behaviors

```
TCP_TIMEOUTS = {  
    'SYN_SENT': 120,    # Initial connection attempt  
    'ESTABLISHED': 7200, # Active connection (2 hours)  
    'FIN_WAIT': 120,    # Connection closing  
    'CLOSE_WAIT': 60,   # Waiting for final close  
}  
  
UDP_TIMEOUTS = {  
    'NEW': 30,          # First UDP packet  
    'ESTABLISHED': 180, # Bidirectional UDP flow  
}  
  
ICMP_TIMEOUTS = {  
    'ECHO_REQUEST': 30, # Ping requests  
}
```

Why External Connections Fail by Default

The Fundamental Problem:

External Request Arrives:

Source: 203.0.113.100:12345

Dest: 203.0.113.5:3000 (your router's public IP)

Router NAT Table Lookup:

- Searches for entry with external port 3000
- No entry found (no internal device initiated connection to port 3000)
- Result: Packet DROPPED (no forwarding rule)

Error: "Connection refused" or timeout

2. Why Routers Block External Access by Default

Security by Design - The Firewall Principle

Home routers implement **default deny** security policy:

1. Stateful Connection Tracking

Allowed Traffic:

- ✓ Outbound connections (internal → external)
- ✓ Return traffic for established connections
- X Inbound connections (external → internal)
- X Unsolicited external traffic

2. No Listening Services by Default

bash

What a typical home router blocks:

`netstat -ln | grep LISTEN`

Nothing listening on public interface by default

Internal services only:

`192.168.1.1:80` *# Router admin interface*

`192.168.1.1:53` *# Internal DNS server*

`127.0.0.1:22` *# SSH (if enabled, localhost only)*

The Network Security Model

Defense in Depth Strategy

Internet

↓

[ISP Firewall] ← First line of defense

↓

[Router/NAT] ← Second line (your home router)

↓

[Host Firewall] ← Third line (your computer)

↓

[Application Security] ← Final line

Default Security Posture

python

Router's default ruleset (conceptual)

```
class RouterFirewall:
```

```
    def __init__(self):
```

```
        self.default_policy = "DROP"
```

```
        self.rules = [
```

```
            # Allow established connections
```

```
            {"state": "ESTABLISHED,RELATED", "action": "ACCEPT"},
```

```
            # Allow outbound from internal network
```

```
            {"src": "192.168.1.0/24", "direction": "OUT", "action": "ACCEPT"},
```

```
            # Allow internal network communication
```

```
            {"src": "192.168.1.0/24", "dst": "192.168.1.0/24", "action": "ACCEPT"},
```

```
            # Drop everything else
```

```
            {"action": "DROP"}]
```

```
    def process_packet(self, packet):
```

```
        if packet.direction == "INBOUND" and packet.state == "NEW":
```

```
            return "DROP" # This is why external access fails!
```

Technical Reasons for Access Denial

1. No NAT Mapping Exists

Problem: External request to 203.0.113.5:3000

Router Logic:

1. Check NAT table for port 3000 mapping
2. No entry found (internal device never connected outbound on port 3000)
3. No destination to forward to
4. Drop packet

2. Stateful Firewall Rules

Connection State Analysis:

External → Internal request = "NEW" connection

Router policy: Only allow "ESTABLISHED" and "RELATED"

Result: Connection blocked

3. Port Scanning Protection

bash

What attackers do:

```
nmap -p 1-65535 your-public-ip
```

What router protects against:

```
for port in 1..65535:
```

```
  if not port_forwarding_rule_exists(port):
```

```
    drop_packet() # Invisible to scanner
```

Real-World Example: API Access Attempt

Scenario Setup

Your Setup:

- Router Public IP: 203.0.113.5
- Your PC Private IP: 192.168.1.100
- API Server running on: localhost:3000

External User Attempts:

```
curl http://203.0.113.5:3000/api/data
```

What Actually Happens (Packet Trace)

1. External client sends SYN packet:

Source: 203.0.113.100:45678

Dest: 203.0.113.5:3000

Flags: SYN

2. Router receives packet on WAN interface:

- Checks NAT table for port 3000
- No existing mapping found
- Checks port forwarding rules
- No rule for port 3000
- Firewall rule: DROP

3. Router action:

- Silently drops packet (no response sent)
- Logs: "Blocked inbound connection to port 3000"

4. Client experience:

- Connection timeout (no response)
- Error: "Connection timed out" or "No route to host"

Network Capture Analysis

```
bash
```

```
# On router (if accessible):
```

```
tcpdump -i eth0 port 3000
```

```
# Shows: Incoming SYN packets, no outgoing responses
```

```
# On your PC:
```

```
netstat -an | grep 3000
```

```
# Shows: 127.0.0.1:3000 LISTEN (only localhost)
```

```
# Missing: 0.0.0.0:3000 LISTEN (would accept external)
```

3. Port Forwarding - Technical Deep Dive

What Port Forwarding Actually Does

Port forwarding creates **permanent NAT mappings** that allow external access:

Creating the NAT Exception

Normal NAT: Dynamic mapping created by outbound connection

Port Forward: Static mapping created by administrator

Configuration:

External Port: 8080

Internal IP: 192.168.1.100

Internal Port: 3000

Result:

NAT table gets permanent entry:

192.168.1.100:3000 ↔ 203.0.113.5:8080 (STATIC)

Types of Port Forwarding

1. Simple Port Forwarding (Port Translation)

Router Configuration:

External Port: 8080 → Internal: 192.168.1.100:3000

Traffic Flow:

Internet request to 203.0.113.5:8080

↓

Router translates to 192.168.1.100:3000

↓

Your API server receives request

2. Port Range Forwarding

External Ports: 8080-8090 → Internal: 192.168.1.100:3000-3010

Use Case: Multiple services or load balancing

Port 8080 → Service on port 3000

Port 8081 → Service on port 3001

...

Port 8090 → Service on port 3010

3. DMZ (Demilitarized Zone)

Configuration: DMZ Host = 192.168.1.100

Effect: ALL external traffic forwarded to one internal IP

- Essentially makes one device fully exposed
- Bypasses NAT for that device
- High security risk but maximum accessibility

Port Forwarding Implementation Details

Router Configuration Methods

1. Consumer Router Web Interface

html

```
<!-- Typical router interface -->
<form action="/port_forwarding" method="post">
  <input name="service_name" value="API Server" />
  <input name="external_port" value="8080" />
  <input name="internal_ip" value="192.168.1.100" />
  <input name="internal_port" value="3000" />
  <select name="protocol">
    <option value="TCP">TCP</option>
    <option value="UDP">UDP</option>
    <option value="BOTH">TCP+UDP</option>
  </select>
  <input type="submit" value="Add Rule" />
</form>
```

2. Advanced Router (CLI Configuration)

bash

```
# Cisco Router
configure terminal
ip nat inside source static tcp 192.168.1.100 3000 interface GigabitEthernet0/0 8080

# Mikrotik RouterOS
/ip firewall nat add chain=dstnat action=dst-nat protocol=tcp dst-port=8080 to-addresses=192.168.1.100 to-ports=3000

# pfSense
nat on $ext_if inet proto tcp from any to ($ext_if) port 8080 -> 192.168.1.100 port 3000
```

3. Linux Server as Router (iptables)

```
bash

# Enable IP forwarding
echo 1 > /proc/sys/net/ipv4/ip_forward

# Port forwarding rule
iptables -t nat -A PREROUTING -p tcp --dport 8080 -j DNAT --to-destination 192.168.1.100:3000

# Allow forwarded traffic
iptables -A FORWARD -p tcp -d 192.168.1.100 --dport 3000 -m state --state NEW,ESTABLISHED,RELATED -j ACCEPT

# Masquerade return traffic
iptables -t nat -A POSTROUTING -j MASQUERADE

# Save rules (Ubuntu/Debian)
iptables-save > /etc/iptables/rules.v4
```

Port Forwarding Traffic Analysis

Complete Packet Flow with Port Forwarding

Step 1: External Client Request

```
Client sends:
Source: 203.0.113.100:45678
Dest: 203.0.113.5:8080 (your router's public IP)
Data: GET /api/users HTTP/1.1
```

Step 2: Router Processing

```
python
```

```

# Router's packet processing logic
def process_inbound_packet(packet):
    # Check port forwarding rules first
    for rule in port_forward_rules:
        if packet.dest_port == rule.external_port:
            # Found matching rule
            packet.dest_ip = rule.internal_ip
            packet.dest_port = rule.internal_port

            # Create NAT table entry for return traffic
            nat_table[packet.src_ip;packet.src_port] = {
                'internal_ip': rule.internal_ip,
                'internal_port': rule.internal_port,
                'external_port': rule.external_port
            }

            return forward_to_internal(packet)

    # No port forwarding rule found
    return drop_packet(packet)

```

Step 3: Forwarded to Internal Server

Router forwards modified packet:

Source: 203.0.113.100:45678 (unchanged)

Dest: 192.168.1.100:3000 (translated)

Data: GET /api/users HTTP/1.1 (unchanged)

Step 4: Internal Server Response

Your API server responds:

Source: 192.168.1.100:3000

Dest: 203.0.113.100:45678

Data: HTTP/1.1 200 OK\n{"users": [...]}

Step 5: Router Return Processing

Router modifies response:

Source: 203.0.113.5:8080 (translated back)

Dest: 203.0.113.100:45678 (unchanged)

Data: HTTP/1.1 200 OK\n{"users": [...]} (unchanged)

Advanced Port Forwarding Scenarios

1. Multiple Services on One Server

```
bash

# Web server
iptables -t nat -A PREROUTING -p tcp --dport 80 -j DNAT --to-destination 192.168.1.100:80

# API server
iptables -t nat -A PREROUTING -p tcp --dport 8080 -j DNAT --to-destination 192.168.1.100:3000

# Database (careful!)
iptables -t nat -A PREROUTING -p tcp --dport 5432 -j DNAT --to-destination 192.168.1.100:5432

# SSH access
iptables -t nat -A PREROUTING -p tcp --dport 2222 -j DNAT --to-destination 192.168.1.100:22
```

2. Load Balancing with Port Forwarding

```
bash

# Round-robin load balancing
iptables -t nat -A PREROUTING -p tcp --dport 8080 -m statistic --mode random --probability 0.33 -j DNAT --to-destination 192.168.1.101:3000
iptables -t nat -A PREROUTING -p tcp --dport 8080 -m statistic --mode random --probability 0.50 -j DNAT --to-destination 192.168.1.102:3000
iptables -t nat -A PREROUTING -p tcp --dport 8080 -j DNAT --to-destination 192.168.1.102:3000
```

3. Protocol-Specific Forwarding

```
bash

# HTTP traffic to web server
iptables -t nat -A PREROUTING -p tcp --dport 80 -j DNAT --to-destination 192.168.1.100:80

# HTTPS traffic to different server
iptables -t nat -A PREROUTING -p tcp --dport 443 -j DNAT --to-destination 192.168.1.101:443

# DNS queries to internal DNS server
iptables -t nat -A PREROUTING -p udp --dport 53 -j DNAT --to-destination 192.168.1.10:53
iptables -t nat -A PREROUTING -p tcp --dport 53 -j DNAT --to-destination 192.168.1.10:53
```

Security Implications of Port Forwarding

1. Attack Surface Expansion

Without Port Forwarding:

Internet → [Router Firewall] → Internal Network

Attack surface: Router's management interface only

With Port Forwarding:

Internet → [Router] → Internal Service

Attack surface: Internal service directly exposed

2. Common Security Mistakes

```
bash
```

BAD: Forwarding sensitive services

Port 22 (SSH) → Internal server

Port 3389 (RDP) → Internal server

Port 5432 (PostgreSQL) → Database server

BETTER: Use non-standard ports + additional security

Port 2222 (SSH) → Internal server + key-based auth

Port 8443 (HTTPS) → API server + authentication

Port 5433 (PostgreSQL) → Database + SSL + restricted users

3. Monitoring Port Forwarded Services

```
bash
```

Monitor connections

```
netstat -an | grep :8080
```

```
ss -tlnp | grep :8080
```

Log analysis

```
tail -f /var/log/nginx/access.log | grep "203.0.113"
```

```
journalctl -f -u myapi.service
```

Intrusion detection

```
fail2ban-client status
```

```
fail2ban-client status myapi-jail
```

4. Tunneling - Complete Analysis

What is Tunneling?

Tunneling **encapsulates** one network protocol inside another, creating a secure "tunnel" through potentially insecure networks.

Basic Tunneling Concept

Original Communication:

[App Data] → [Direct Network] → [App Data]

Tunneled Communication:

[App Data] → [Tunnel Protocol] → [Carrier Network] → [Tunnel Protocol] → [App Data]



Why Tunneling Exists

1. Security in Untrusted Networks

Problem: Sending sensitive data over public internet

Solution: Encrypt data inside secure tunnel

Example:

Original: HTTP → Internet → HTTP (visible to anyone)

Tunneled: HTTP → HTTPS tunnel → Internet → HTTPS tunnel → HTTP (encrypted)

2. Network Topology Bypass

Problem: Firewall blocks direct access

Solution: Tunnel through allowed protocol

Example:

Blocked: Client → Firewall (blocks port 3000) → Server

Tunneled: Client → SSH tunnel (port 22 allowed) → Server

3. Protocol Translation

Problem: Legacy protocol not supported by modern network

Solution: Wrap old protocol in new one

Example:

IPv4 application → IPv6 tunnel → IPv6 network → IPv6 tunnel → IPv4 application

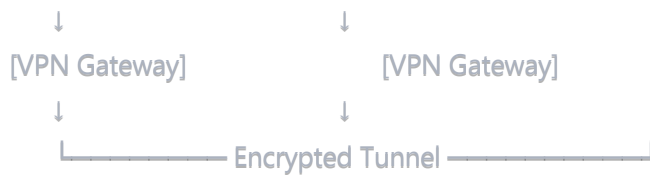
Types of Tunneling

1. Network Layer Tunneling

VPN (Virtual Private Network)

Site-to-Site VPN:

Office A [192.168.1.0/24] ↔ Internet ↔ Office B [192.168.2.0/24]



Traffic Flow:

192.168.1.100 → VPN Gateway → Internet (encrypted) → VPN Gateway → 192.168.2.100

IPSec Tunnel

python

IPSec packet structure

class IPSecPacket:

def __init__(self, original_packet):

 self.esp_header = ESPHeader()

 self.encrypted_payload = encrypt(original_packet)

 self.esp_trailer = ESPTrailer()

 self.authentication_data = calculate_hmac(self.encrypted_payload)

Traffic flow

original_ip_packet = IPacket(src="192.168.1.100", dst="192.168.2.100", data="Hello")

ipsec_packet = IPSecPacket(original_ip_packet)

Result: Encrypted packet that appears to go from VPN gateway to VPN gateway

2. Transport Layer Tunneling

SSH Tunneling (Most Common for Development)

bash

Local port forwarding

ssh -L 8080:target-server:80 user@jump-server

Flow:

localhost:8080 → SSH tunnel → jump-server → target-server:80

Technical Deep Dive:

python

SSH tunnel packet flow

class SSHTunnel:

def __init__(self, local_port, remote_host, remote_port, ssh_server):

self.local_port = local_port

self.remote_host = remote_host

self.remote_port = remote_port

self.ssh_connection = establish_ssh_connection(ssh_server)

def handle_local_connection(self, local_socket):

Client connects to local port 8080

ssh_channel = self.ssh_connection.open_channel()

SSH server connects to target

ssh_channel.request_port_forward(self.remote_host, self.remote_port)

Relay data bidirectionally

while True:

data_from_client = local_socket.recv(1024)

ssh_channel.send(data_from_client) *# Encrypted over SSH*

data_from_server = ssh_channel.recv(1024) *# Decrypted from SSH*

local_socket.send(data_from_server)

SOCKS Proxy Tunneling

bash

Create SOCKS proxy

ssh -D 1080 user@proxy-server

Application configuration

export http_proxy=socks5://localhost:1080

export https_proxy=socks5://localhost:1080

3. Application Layer Tunneling

HTTP Tunneling

http


```
# CONNECT method for tunneling
CONNECT target-server:443 HTTP/1.1
Host: target-server:443
```

```
# Proxy establishes TCP connection to target
# Then relays raw TCP data bidirectionally
```

WebSocket Tunneling

```
javascript

// Client-side WebSocket tunnel
const ws = new WebSocket('wss://tunnel-server.com/tunnel');

ws.onopen = function() {
  // Tunnel established
  sendHttpRequest('/api/data');
};

ws.onmessage = function(event) {
  // Receive tunneled HTTP response
  handleHTTPResponse(event.data);
};
```

Modern Tunneling Solutions Deep Dive

1. ngrok - Technical Analysis

How ngrok Works

```

Your Machine      ngrok Cloud      Internet User
[API :3000] ↔ [ngrok client] ↔ [ngrok server] ↔ [User Browser]
      ↓           ↓
    Persistent WebSocket   Public HTTPS endpoint
    Connection (encrypted) (abc123.ngrok.io)
```

ngrok Protocol Flow

```
python
```

Simplified ngrok protocol

class NgrokTunnel:

def __init__(self, local_port):

 self.local_port = local_port

 self.control_connection = establish_websocket("tunnel.ngrok.com")

 self.tunnel_url = self.register_tunnel()

def register_tunnel(self):

 registration = {

 "type": "http",

 "local_port": self.local_port,

 "subdomain": "random" *# or custom*

 }

 response = self.control_connection.send(registration)

return response["public_url"] *# https://abc123.ngrok.io*

def handle_request(self, request_id, http_request):

ngrok server receives external HTTP request

Forwards to your machine via WebSocket

 response = forward_to_local(self.local_port, http_request)

 self.control_connection.send({

 "request_id": request_id,

 "response": response

 })

ngrok Traffic Analysis

1. External user visits `https://abc123.ngrok.io/api/data`

2. ngrok server receives request:

- Identifies tunnel: `abc123.ngrok.io` → your machine
- Generates request ID: `req_123456`
- Forwards via WebSocket control connection

3. ngrok client receives via WebSocket:

```
{
  "request_id": "req_123456",
  "method": "GET",
  "path": "/api/data",
  "headers": {...}
}
```

4. ngrok client makes local HTTP request:

GET `http://localhost:3000/api/data`

5. Your API responds:

HTTP/1.1 200 OK

```
{"users": [...]}
```

6. ngrok client sends response back:

```
{
  "request_id": "req_123456",
  "status": 200,
  "headers": {...},
  "body": "{\"users\": [...]}"
}
```

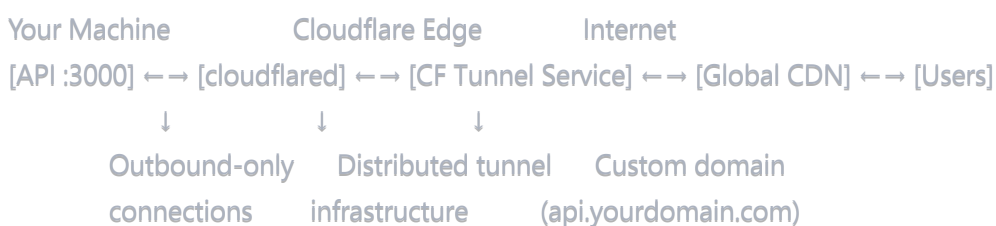
7. ngrok server forwards to external user:

HTTP/1.1 200 OK

```
{"users": [...]}
```

2. Cloudflare Tunnel (cloudflared)

Architecture Overview



Technical Implementation

yaml

```
# ~/.cloudflared/config.yml
tunnel: a1b2c3d4-e5f6-7g8h-9i0j-k1l2m3n4o5p6
credentials-file: ~/.cloudflared/tunnel-credentials.json

ingress:
  - hostname: api.yourdomain.com
    service: http://localhost:3000
    originRequest:
      httpHostHeader: api.yourdomain.com

  - hostname: admin.yourdomain.com
    service: http://localhost:3001
    originRequest:
      httpHostHeader: admin.yourdomain.com

# Catch-all rule (required)
- service: http_status:404
```

Cloudflare Tunnel Protocol

python

Simplified cloudflared operation

```
class CloudflareTunnel:
```

```
    def __init__(self, tunnel_id, credentials):
```

```
        self.tunnel_id = tunnel_id
```

```
        self.credentials = credentials
```

```
        self.edge_connections = []
```

```
    def start(self):
```

```
        # Connect to multiple Cloudflare edge servers
```

```
        for i in range(4): # Typically 4 connections for redundancy
```

```
            edge_conn = self.connect_to_edge()
```

```
            self.edge_connections.append(edge_conn)
```

```
    def connect_to_edge(self):
```

```
        edge_server = select_closest_edge()
```

```
        connection = establish_quic_connection(edge_server, self.credentials)
```

```
        # Register tunnel and ingress rules
```

```
        connection.send({
```

```
            "tunnel_id": self.tunnel_id,
```

```
            "ingress": self.load_ingress_rules()
```

```
        })
```

```
        return connection
```

```
    def handle_request(self, edge_request):
```

```
        # Cloudflare edge forwards request via QUIC
```

```
        local_response = forward_to_local_service(edge_request)
```

```
        return local_response
```

3. SSH Reverse Tunneling for Self-Hosted Solutions

Setting Up Reverse Tunnel

```
bash
```

```
# On your local machine with API
```

```
ssh -R 8080:localhost:3000 user@your-vps.com
```

```
# Creates tunnel:
```

```
# VPS:8080 → (SSH tunnel) → Your machine:3000
```

Persistent Reverse Tunnel Setup

```
bash
```

```
# ~/.ssh/config
Host tunnel-server
  HostName your-vps.com
  User tunnel
  Port 22
  ServerAliveInterval 30
  ServerAliveCountMax 3
  ExitOnForwardFailure yes
  RemoteForward 8080 localhost:3000

# Systemd service for persistence
# /etc/systemd/system/api-tunnel.service
[Unit]
Description=SSH Tunnel for API
After=network-online.target
Wants=network-online.target

[Service]
Type=simple
User=your-user
ExecStart=/usr/bin/ssh -N tunnel-server
Restart=always
RestartSec=5

[Install]
WantedBy=multi-user.target
```

VPS Nginx Configuration

```
nginx

# /etc/nginx/sites-available/api-tunnel
server {
    listen 80;
    server_name api.yourdomain.com;

    # Redirect HTTP to HTTPS
    return 301 https://$server_name$request_uri;
}

server {
    listen 443 ssl http2;
```