

Examples

Circle Waltz — Teaching Set

Dance: Circle Waltz

Meter: 3/4

Tempo: 90 bpm

Sequence: Teaching Set — Total: 12 beats (~4 bars @ 3/4)

| # | Figure | Name | Repeat | Beats each | Subtotal |
|---|---------|-----------------|--------|------------|----------|
| 1 | f-basic | Basic Step | 2 | 3 | 6 |
| 2 | f-turn | Quarter Turn CW | 2 | 3 | 6 |

Figure: Basic Step (circle) — Total: 3 beats (~1 bars @ 3/4)

| # | Who | Action | Beats | Count | Foot | Direction | Facing | Notes |
|---|------|---------|-------|-------|------|-----------|--------|-------|
| 1 | both | Step L | 1 | 1 | L | | | |
| 2 | both | Close R | 1 | 2 | R#B | | | |
| 3 | both | Step L | 1 | 3 | L | | | |

Figure: Quarter Turn CW (circle) — Total: 3 beats (~1 bars @ 3/4)

| # | Who | Action | Beats | Count | Foot | Direction | Facing | Notes |
|---|------|---------|-------|-------|------|-----------|--------|-------|
| 1 | both | Step R | 1 | 1 | R | CW | | |
| 2 | both | Close L | 1 | 2 | L#B | CW | | |
| 3 | both | Step R | 1 | 3 | R | CW | | |