Examples

Demo Init

Dance: Demo Meter: 3/4

Tempo: 96 bpm

Figure: Demo Figure (circle) — Total: 3 beats (~1 bars @ 3/4)

#	Who	Action	Beats	Count	Foot	Direction	Facing	Notes
1	both	Step L	1	1	L			Weight to L
2	both	Close R	1	2	R#B			Close R to L
3	both	Step L	1	3	L			Weight to L