Weekly Study and Workout Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 - 6:30 AM	Run	Run	Run	Run	Run	N/A	N/A
6:30 - 7:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Meal Prep	Meal Prep
7:00 - 7:30 AM	Light Study	Light Study	Light Study	Light Study	Light Study	N/A	N/A
7:30 - 7:45 AM	Prepare	Prepare	Prepare	Prepare	Prepare	N/A	N/A
7:45 - 8:00 AM	Commute	Commute	Commute	Commute	Commute	N/A	N/A
8:00 - 5:00 PM	Work	Work	Work	Work	Work	Study	Study
5:00 - 5:15 PM	Commute	Commute	Commute	Commute	Commute	N/A	N/A
5:15 - 5:45 PM	Unwind	Unwind	Unwind	Unwind	Unwind	N/A	N/A
5:45 - 8:15 PM	Study (2.5 hrs)	Study (2.5 hrs)	Study (2.5 hrs)	Study (2.5 hrs)	Study (2 hrs)	Study (8 hrs)	Study (8 hrs)
8:15 - 9:00 PM	Gym	Gym	Gym	Gym	Free Time	Free Time	Free Time
9:00 - 9:30 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
9:30 - 10:00 PM	Light Study	Light Study	Light Study	Light Study	Free Time	Free Time	Free Time
10:00 PM	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep