

Given that $\hat{H} = \frac{1}{2m}\hat{p}^2 + V(\hat{x})$ and $H|a\rangle = E_a|a\rangle$

$$a) [[\hat{x}, \hat{H}], \hat{x}] = 2\hat{x}\hat{H}\hat{x} - \hat{H}\hat{x}^2 - \hat{x}^2\hat{H}$$

\hat{H} contains $V(\hat{x})$ which will commute with \hat{x}

$$\Rightarrow [[\hat{x}, \hat{H}], \hat{x}] = 2\hat{x}\frac{\hat{p}^2}{2m}\hat{x} - \frac{\hat{p}^2}{2m}\hat{x}^2 - \hat{x}^2\frac{\hat{p}^2}{2m}$$

$$\Rightarrow [[\hat{x}, \hat{H}], \hat{x}] = \left[\hat{x}, \hat{p}^2 \right] \frac{\hat{x}}{2m} - \frac{\hat{x}}{2m} \left[\hat{x}, \hat{p}^2 \right]$$

$$\Rightarrow [[\hat{x}, \hat{H}], \hat{x}] = \frac{i\hbar}{m} [\hat{p}, \hat{x}] = \frac{\hbar^2}{m}$$

$$\langle a | 2\hat{x}\hat{H}\hat{x} - \hat{H}\hat{x}^2 - \hat{x}^2\hat{H} | a \rangle = \frac{\hbar^2}{m} \langle a | a \rangle \quad (\text{Assuming } |a\rangle \text{ is normalized}) \quad (1)$$

Since by completeness of eigenkets, $\sum_{a'} |a'\rangle \langle a'| = \mathbb{1}$, the first term is $\langle a | 2\hat{x}\hat{H}\hat{x} | a \rangle$ and is

recasted into $\sum_{a'} 2\langle a | \hat{x} | a' \rangle \langle a' | \hat{H} \hat{x} | a \rangle$, now since :

$$\boxed{\langle a' | H = E_a \langle a' |}$$

the term further simplifies to : $\sum_{a'} 2\langle a | \hat{x} | a' \rangle \langle a' | \hat{x} | a \rangle E_a$

since \hat{x} is Hermitian, $\langle a | \hat{x} | a' \rangle = \langle a' | \hat{x} | a \rangle^*$, so that the first term is $\sum_{a'} 2|\langle a | \hat{x} | a' \rangle|^2 E_a$

the second term is $-\langle a | \hat{H} \hat{x}^2 | a \rangle = -E_a \langle a | \hat{x}^2 | a \rangle$, by noting that $\sum_{a'} |a'\rangle \langle a'| = \mathbb{1}$:

this simplifies to : $-E_a \sum_{a'} \langle a | \hat{x} | a' \rangle \langle a' | \hat{x} | a \rangle = -E_a \sum_{a'} |\langle a | \hat{x} | a' \rangle|^2$

the third term is similar to second term, putting these three simplifications together in (2) :

$$\sum_{a'} |\langle a | \hat{x} | a' \rangle|^2 (E_{a'} - E_a) = \frac{\hbar^2}{2m}$$

This is the Thomas-Reiche-Kuhn Sum rule

b) To show: $\langle a | \hat{p} | a' \rangle = \frac{im}{\hbar} (E_a - E_{a'}) \langle a | \hat{x} | a' \rangle$ and

$$\langle a | \hat{p}^2 | a \rangle = \frac{m^2}{\hbar^2} \sum_{a'} (E_a - E_{a'})^2 |\langle a | \hat{x} | a' \rangle|^2$$

$$[\hat{H}, \hat{x}] = \frac{\hat{p}^2}{2m} \hat{x} - \hat{x} \frac{\hat{p}^2}{2m} = -\frac{i\hbar \hat{p}}{m}$$

$$\Rightarrow \langle a | [\hat{H}, \hat{x}] | a' \rangle = -\langle a | \frac{i\hbar \hat{p}}{m} | a' \rangle$$

$$\Rightarrow (E_a - E_{a'}) \langle a | \hat{x} | a' \rangle = -\langle a | \frac{i\hbar \hat{p}}{m} | a' \rangle$$

$$\Rightarrow \langle a | \hat{p} | a' \rangle = \frac{im}{\hbar} (E_a - E_{a'}) \langle a | \hat{x} | a' \rangle$$

$$\text{or } \langle a' | \hat{p} | a \rangle = \frac{-im}{\hbar} (E_a - E_{a'}) \langle a' | \hat{x} | a \rangle \quad (\hat{x} \text{ and } \hat{p} \text{ are Hermitian})$$

Multiplying both equations:

$$\Rightarrow \langle a | \hat{p} | a' \rangle \langle a' | \hat{p} | a \rangle = \frac{m^2}{\hbar^2} (E_a - E_{a'})^2 \langle a | \hat{x} | a' \rangle \langle a' | \hat{x} | a \rangle$$

Summing over all a' :

$$\Rightarrow \sum_{a'} \langle a | \hat{p} | a' \rangle \langle a' | \hat{p} | a \rangle = \frac{m^2}{\hbar^2} \sum_{a'} (E_a - E_{a'})^2 \langle a | \hat{x} | a' \rangle \langle a' | \hat{x} | a \rangle$$

By completeness of eigenkets, $\sum_{a'} |a'\rangle \langle a'| = \mathbb{1}$, thus

$$\langle a | \hat{p}^2 | a \rangle = \frac{m^2}{\hbar^2} \sum_{a'} (E_a - E_{a'})^2 |\langle a | \hat{x} | a' \rangle|^2$$

c) Virial's theorem:

$$[\hat{x}\hat{p}, \hat{H}] = \hat{x}\hat{p}\hat{H} - \hat{H}\hat{x}\hat{p}$$

$$\langle a | [\hat{x}\hat{p}, \hat{H}] | a \rangle = E \langle a | \hat{x}\hat{p} - \hat{x}\hat{p} | a \rangle = 0$$

$$\hat{x}\hat{p}\hat{H} - \hat{H}\hat{x}\hat{p} = \hat{x} \frac{\hat{p}^3}{2m} + \hat{x}\hat{p}V(\hat{x}) - V(\hat{x})\hat{x}\hat{p} - \frac{\hat{p}^2}{2m}\hat{x}\hat{p}$$

$$\Rightarrow \frac{i\hbar}{m} \hat{p}^2 + \hat{x} [\hat{p}, V(\hat{x})]$$

$$\text{since } [\hat{p}, V(\hat{x})] = -i\hbar \frac{\partial V(\hat{x})}{\partial x}$$

$$\Rightarrow \hat{x}\hat{p}\hat{H} - \hat{H}\hat{x}\hat{p} = \frac{i\hbar}{m} \hat{p}^2 - i\hbar \hat{x} \frac{\partial V(\hat{x})}{\partial x}$$

$$\Rightarrow \langle a | \hat{p}^2 | a \rangle - \langle a | \hat{x} \frac{\partial V(\hat{x})}{\partial x} | a \rangle = 0$$

$$\Rightarrow \langle a | \frac{\hat{p}^2}{2m} | a \rangle = \frac{1}{2} \langle a | \hat{x} \frac{\partial V(\hat{x})}{\partial x} | a \rangle$$

Since this relation holds for each eigenket, it will hold for any superposition of eigenkets, so this holds for any wavefunction:

$$\Rightarrow \langle \Psi | \frac{\hat{p}^2}{2m} | \Psi \rangle = \frac{1}{2} \langle \Psi | \hat{x} \frac{\partial V(\hat{x})}{\partial x} | \Psi \rangle$$

$$\Rightarrow \boxed{2\langle T \rangle = \langle x \frac{dV(x)}{dx} \rangle}$$

For $V = \alpha x^n$, $2\langle T \rangle = \alpha \langle V \rangle$