3. We already know from P2

that
$$F(t) = e^{tA} Be^{tA}$$

$$\Rightarrow e^{-tA} Be^{-tA} = B + e^{tA} A, B = e^{tA} + 1 e^{tA} [A, [A, B]] e^{-tA}$$

 $+1 e^{tA} [A, [A, [A, B]]] e^{-tA} + \dots$

$$\Rightarrow$$
 ad $A(adA) = [A, [A, \pi]]$