

5. a)  $|\psi(t)\rangle = \exp\left(\frac{i\omega t \hat{S}_z}{\hbar}\right) \exp\left(\frac{i r B_R \hat{S}_t}{\hbar}\right) |+\rangle$

$$\omega = r B_0 = B_R = B_1 \hat{x}$$

now  $\exp\left(\frac{i r B_R \hat{S}_t}{\hbar}\right) = \exp\left(\frac{i r B_R \sigma_x}{2}\right)$

$$= \cos\left(\frac{B_1 r t}{2}\right) \mathbb{1} + i \sin\left(\frac{B_1 r t}{2}\right) \sigma_x$$

$$\Rightarrow \exp\left(\frac{i r B_R \hat{S}_t}{\hbar}\right) |+\rangle$$

$$= \cos\left(\frac{B_1 r t}{2}\right) |+\rangle + i \sin\left(\frac{B_1 r t}{2}\right) |-\rangle$$

$$\exp\left(\frac{i\omega t \hat{S}_z}{\hbar}\right) \left[ \cos\left(\frac{B_1 r t}{2}\right) |+\rangle + i \sin\left(\frac{B_1 r t}{2}\right) |-\rangle \right]$$

$$= e^{i\omega t/2} \cos\left(\frac{B_1 r t}{2}\right) |+\rangle + i e^{-i\omega t/2} \sin\left(\frac{B_1 r t}{2}\right) |-\rangle$$

$$\Rightarrow |+\rangle(t) = \cos\frac{\Theta(t)}{2} |+\rangle + \sin\frac{\Theta(t)}{2} e^{i\phi(t)} |-\rangle$$

$$\Theta(t) = B_1 r t$$

$$\phi(t) = -\omega t$$

b)  $\phi = -\Theta(\omega/B_1 r)$

when spin lies for first time in x-y plane,

$$\Theta = \pi/2 \Rightarrow \boxed{\phi = -\frac{\pi}{2} \frac{\omega}{B_1 r}}$$