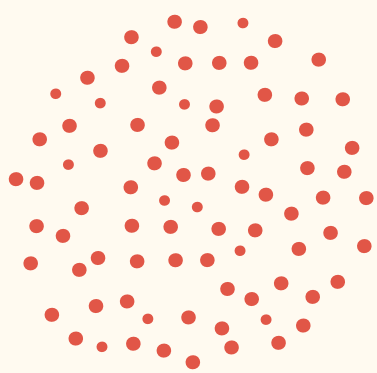# Create and Share I2P Reseed Files

If you are running an I2P router,
you can create and share a reseed file!
Reseeding is how an I2P router joins
the I2P network.

Sharing reseed files helps people
resist reseed blocking and it makes the
network stronger.

Go to the
Configuration
page in your
I2P Router

Select
"Reseeding"
and choose
"Reseed from file"

Generate,
download, and
share your file!

I2P