

Neurology Consultation

Patient Name : Ashtam Pati Tiwari

Date : 22 June 2025

Time : 4:30 PM

Hospital : AIIMS, Delhi

Doctor : Dr. Sambhav Yadav

Report:

The patient reports a 10-year history of migraine headaches, increasing in frequency over the past 6 months. Current frequency: 3–4 times per week. Headaches typically unilateral, pulsating, associated with photophobia and nausea. No focal neurological deficits. Previous trial of triptans and beta-blockers yielded minimal relief.

Impression:

- Diagnosis: Chronic migraine without aura (ICHD-3 criteria met)
- No red flags or signs of secondary headache disorder
- Consideration of prophylactic therapy due to high frequency and poor response to acute medications

Conclusion:

- Findings consistent with Chronic Migraine without Aura as per ICHD-3 classification.
- No indication of neurological deficits or secondary headache etiology at this time.
- Current episode severity and frequency justify initiation of migraine prophylaxis and non-pharmacologic strategies.
- Patient advised to maintain a headache diary and follow up in 4 weeks. Further review of medication response and tolerability will determine ongoing management needs.