

Diabetes Follow-Up Review

Patient Name : Ashtam Pati Tiwari

Date : 2 November 2024

Time : 3:30 PM

Hospital : MAX Hospital, Delhi

Doctor : Dr. Tejas Jindal

Report:

Patient has been managing Type 2 Diabetes Mellitus for 6 years. Last review was 3 months ago. No recent episodes of hypoglycemia. Reports occasional fatigue and tingling in toes. Physical exam: normal heart sounds, no edema, BMI 28.1.

Impression:

- Suboptimal glycemic control (target HbA1c <7%)
- Likely early signs of diabetic peripheral neuropathy
- No significant renal or cardiovascular compromise at present

Conclusion:

- Glycemic control is moderately elevated, requiring intensification of therapy.
- Mild diabetic neuropathy is suspected based on reported symptoms, though no overt signs of complications observed.
- No significant renal, cardiovascular, or retinal abnormalities at this time.
- Continued monitoring, lifestyle modifications, and medication adjustment are recommended.
- Patient will be reassessed in 8 weeks with updated lab results and specialist screening as needed.