

Medical Clinic

Name	John Doe	Age	45 years	Gender	Male	Date	2025/12/28
Weight	75 kg	Height	175 cm				

Lab Exams

1. Complete Blood Count (CBC) with Differential
2. Comprehensive Metabolic Panel
3. Lipid Profile - (CMP) including Total Cholesterol, HDL, LDL, and Triglycerides
4. Thyroid Function Tests - TSH, T3, T4, and Free T4
5. Hemoglobin for Diabetes Monitoring
6. Liver Function Tests - ALT, AST, Bilirubin, Alkaline Phosphatase
7. Kidney Function Tests - BUN, Creatinine, eGFR for Gout
8. Vitamin D Assessment - 25-Hydroxy for Bone Health
9. Vitamin B12 and Folate Levels
10. C-Reactive Protein (CRP) for Inflammation
11. Erythrocyte Sedimentation Rate
12. Prostate Specific Antigen (PSA) for Men
13. Mammography (PSA) for Breast and Breast
14. Chest X-Ray for Pulmonary Function
15. Ultrasound for Women for Cardiac Assessment
16. Echocardiogram for Cardiac Function Evaluation

Allergies

1. Penicillin
2. Shellfish

Current Medications

1. Lisinopril 10mg
2. Metformin 500mg

Vital Signs

Pulse 72 bpm	BP 120/80	Heart 72 bpm	Temp 98.6 °C	Resp 16 /min	O2 Sat 98% %
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Physical Examination

Patient appears well, no acute distress

Prescribed Medications

No.	Medicine	Dosage	Frequency	Duration	Instructions
1.	Amoxicillin	500mg	Three times daily	7 days	Take with food
Form: Capsule Route: Oral Timing: After meals					

Chief Complaint

Annual check-up and lab work review

Care Instructions

Follow-up:

Return in 3 months for follow-up

Return in 3 months for follow-up

Restrictions:

Avoid heavy lifting for 48 hours

Avoid heavy lifting for 48 hours

General Instructions:

Continue current medications and healthy lifestyle

Continue current medications and healthy lifestyle

Dr. Jane Smith

Medical Practitioner