

**BOSHLANG'ICH MAKTAB YOSHIDAGI BOLALARNING IRODAVIY
XUSUSIYATLARINI ANIQLASH UCHUN DIAGNOSTIK USUL VA
KO'RSATKICHLARINING TAVSIFI**

Xasanov Shoxjaxon G'olibjon o'g'li

Farg'ona davlat Universiteti

<https://doi.org/10.5281/zenodo.7182168>

Annotatsiya: Ushbu maqolada Kichik maktab yoshi o'quvchilarining irodaviy xususiyatlarini rivojlantirish bo'yicha tavsiyaetiladigan tajriba aks ettirilgan. Ushbu tajriba Farg'ona viloyati Marg'ilon shahar 25-ummumta'lim maktabi respondent o'quvchilarida o'tkazilgan.

Kalit so'zlar: metodika, iroda, pozitsiya, shaxs, jamiyat, davlat, maktab.

Bir tadqiqot doirasida shaxsning butun irodaviy sohasini o'rganish mumkin emas. Biz o'z ishimizni iroda, sabr-toqat, matonat, matonat, qat'iyat kabi kuchli irodali fazilatlar bilan cheklandik. Bunday irodaviy sifatlarga ega bo'lgan o'quvchilar o'z faoliyatini doimo aniq maqsad sari yo'naltiradilar. Muayyan o'quv vazifasini hal qilish jarayonida o'quvchilar o'zlarining ta'lim faoliyatida nimaga erishishlari kerakligini aniq tushunadilar. Amaliy ishimizni ikki qismga ajratdik. Birinchi qismda usullardan foydalanib, biz kichik yoshdagi o'quvchilarda ushbu irodaviy fazilatlarining jiddiyligini aniqladik. Tadqiqot uchun biz sabr-toqatimizni baholash uchun anketa, qat'iyatimizni baholash uchun anketa, qat'iyatliligimizni baholash uchun anketa, Shkala: tortinchoqlik, uyatchanlik usuli va irodaning o'zini o'zi baholash testi kabi usullarni tanladik. Keling, har bir texnikaning tavsifiga o'tamiz.

Birinchi usul, ya'ni sabr-toqatni baholash uchun, anketa sabr-toqatning shakllanish darajasini aniqlash uchun mo'ljallangan. Ushbu texnikaning mualliflari E.P. Ilyin va E.K. Feshenko. Mayzudan test savollariga javob berish so'raladi. Ko'rsatma. Sizga taklif qilingan bayonotlarga rozi bo'lsangiz, javob bering. Agar rozi bo'lsa, uning yoniga "+" belgisini qo'yiladi, agar rozi bo'lmasangiz, "-" belgisini qo'yiladi.

Boshlang'ich maktab yoshidagi bolalarning irodaviy sifatlarini aniqlashning diagnostik usullari:

Sabr-toqatni o'z-o'zini baholash uchun so'rovnoma

1. Agar qiyin ishlarni bajarishda charchasam, darhol uni tashlab qo'yaman.
2. Zerikarli hikoyani o'qib chiqishga sabrim yetmaydi.
3. Men uzoq qatorlarda turishni yoqtirmayman va ko'pincha ularni oxirigacha qoldiradi.
4. Men uzoq vaqt og'riqqa chiday olaman, masalan, tish og'riganda.
5. Odatda tashnalikka uzoq chiday olaman.
6. Men, masalan, ozish, kasallikdan qutulish uchun uzoq vaqt ochlik e'lon qilgan bo'lardim.
7. Jismoniy tarbiya mashg'ulotlarida charchaganimda, mashq qilishni tezda to'xtataman.
8. Men kamdan-kam hollarda zerikarli ishni tugatmay qoldiraman.

9. Men odatda o'zimni ishlashga majburlashda qiynalib qolaman, chunki men qila olmayman.

10. Charchaganimga qaramay, ishimni yarim yo'lda tashlab ketmayman. 11. Menga topshiriqni bajarish uchun o'zimni engishim kerak bo'lgan bunday jismoniy ish yoqadi.

12. Men sabrliaman deb ishonch bilan ayta olaman.

13. Charchaganimga qaramay, yugurish paytida yuqori sur'atni saqlab qolish uchun bor kuchim bilan harakat qilaman.

14. Avtobus bekatida uzoq vaqt transport kutishimga to'g'ri kelsa, hatto shoshmagan paytlarim ham bezovta qiladi.

15. Men og'riqqa sabrsizman.

16. Men o'zimni irodasiz deb hisoblashni xohlamayman, shuning uchun har safar og'ir jismoniy mehnatni oxirigacha etkazishga harakat qilaman.

17. Men: "Men tirgakni ushladim, bu og'ir emas, demang" degan tamoyilga amal qilaman.

18. "Sabr va mehnat hamma narsani maydalaydi" deb o'ylamayman; Ortiqcha ishlamaslik kerak, aql bilan ishlash kerak.

Qat'iyatni baholash uchun so'rovnoma:

1. Agar kerak bo'lsa, hatto zerikarli, monoton ishlarni ham oxirigacha bajaraman.

2. Odatda istak bor ekan, ishlayman.

3. Men qiyin masalalarni, boshqotirmalarni, "qattiq yong'oq" deb ataladigan hamma narsani hal qilishni yaxshi ko'raman.

4. Ishda hammasi yaxshi chiqmasa ham, boshlagan ishimni davom ettirishga harakat qilaman.

5. Men kunimni rejalashtirishga ko'p marta urindim, lekin amalga oshira olmadim.

6. Imkon qadar og'ir ishlardan qochaman.

7. Agar biror narsa menga mos kelmasa, men buni qayta-qayta qilaman.

8. Kundalik tartibni o'rnatganimdan so'ng, o'zimni yoqtirmasa ham, uni diqqat bilan kuzatib boraman.

9. Qiyinchiliklarga duch kelganimda, men boshlagan ishimni davom ettirishga arziydimi yoki yo'qmi, ko'pincha shubhalana boshlayman.

10. Agar kimdir menga hohlagan ishimni qilishga ruxsat bermasa, men baribir rejamni bajarishga harakat qilaman.

Dasturning kaliti. 4, 5, 8, 10, 11, 12, 13, 16, 17-pozitsiyalardagi "ha" javoblari va 1, 2, 3, 6, 7, 9, 14-pozitsiyalardagi "yo'q" javoblari uchun bir ball beriladi. 15, 18. Umumiy ball hisoblanadi. Agar respondent 0 dan 6 ballgacha to'plagan bo'lsa, sabr-toqatni shakllantirish darajasi past, talaba 7 dan 12 ballgacha bo'lgan o'rtacha daraja va respondent 13 va undan yuqori ball to'plagan bo'lsa yuqori. Keyin, qat'iyatliligingizni baholash uchun anketaning ikkinchi usulini ko'rib chiqing. U qat'iyatlilikning shakllanish darajasini aniqlashga qaratilgan. Texnika E.P. Ilyin va E.K. Feshchenko.

Dastur bir qator vaziyatlar bilan taqdim etiladi. Uning vazifasi bu vaziyatlarda o'zini tasavvur qilish va ular uchun qanchalik xosligini baholashdir. Ko'rsatma. Agar siz bayonotga

rozi bo'lsangiz, "+" belgisini qo'ying, agar rozi bo'lmasangiz, "-" belgisini qo'ying . Anketa matni yuqorida belgilangan.

№	F.I.Sh.	Ballar	Rivojlanganlik darajasi
1.	Nazarov Otabek Mamadaliyevich	3	Past
2.	Imomova Mukammal Yormuxammadjonovna	8	O`rta
3.	Jalolov Iqboljon Jamolovich	2	Past
4.	Koraboyeva Ra'no Botirovna	6	Past
5.	Mamatqulova Surayyo Abdusamatovna	5	Past
6.	Nurmatova Moxira Madumarovna	17	Yuqori
7.	Amirova Toyirahon Sheraliyevna	7	O`rta
8.	Abdullayeva Mavsuma Qo'ldashova	4	Past
9.	O`rinova Ozoda o'ljayevna	3	Past
10.	Xatamova Dilfuza Muhammadjonovna	12	O`rta
11.	Jo`rayev Xusniddin Maxmamadaliyevich	5	Past
12.	Abbasova Dinara Zokirjonovna	10	O`rta
13.	Rasulova Mamuraxon Obidjon qizi	16	Yuqori
14.	Saminov Xusniddin No'monjon o'g'li	6	Past
15.	Abdullayeva Umidaxon g'ulomiddinovna	11	O`rta
16.	Yunusov Mirzoxid Mirzakarimovich	6	Past
17.	Usmonova Maftuna Davlatjon qizi	3	Past
18.	Do`saliyeva Safura Shavkatjon qizi	7	O`rta
19.	Nazarov Otabek Mamadaliyevich	4	Past
20.	Imomova Mukammal Yormuxammadjonovna	13	Yuqori
21.	Jalolov Iqboljon Jamolovich	3	Past
22.	Koraboyeva Ra'no Botirovna	5	Past
23.	Mamatqulova Surayyo Abdusamatovna	6	Past
24.	Nurmatova Moxira Madumarovna	3	Past

E.P. usuli bo'yicha diagnostik tadqiqot natijalari. Ilyin va E.K. Feshchenko "Sabr-toqatni o'z-o'zini baholash uchun so'rovnoma" 15 bolada sabr-toqat rivojlanishining past darajasi borligini ko'rsatdi, bu 62,5%, 6 bola - o'rtacha daraja - 25%, 3 bola (12,5%) - yuqori daraja. Shunday qilib, bolalarning aksariyati rivojlanish darajasini o'rta va past darajada ko'rsatdi.

Buning sababi shundaki, bu yoshdagi bolalarda o'zini nazorat qilish va vaziyatga mos ravishda o'z harakatlarini tashkil qilish qobiliyati endigina rivojlana boshlaydi. Sabr-toqatning shakllanish darajasi boshqa muhim irodaviy fazilatlarining rivojlanishiga ta'sir qiladi. Ko'pincha, sabr-toqatni rivojlantirish darajasi yuqori bo'lgan talabalar, umuman olganda irodalidir sohani rivojlantirishda yuqori natijalarni ko'rsatadilar.

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