

DETAILED MEDICAL CAPACITY ASSESSMENT REPORT

SECTION 1: PATIENT'S PARTICULARS

Full Name:	Stephen Meadows
Date of Birth:	24 November 1984
Age:	41
Occupation:	Warehouse Logistics Supervisor
Incident:	Workplace injury on 26 June 2021 resulting in a torn ACL (left knee).

SECTION 2: DOCTOR'S PARTICULARS

Doctor's Name:	Karen Davis
Specialization:	Orthopedic Surgery & Rehabilitation
Clinic Name:	OrthoMed Specialists Group
Contact:	2179013572

SECTION 3: CLINICAL HISTORY

History of Injury and Treatment:

Patient suffered an acute anterior cruciate ligament (ACL) tear while lifting heavy materials at work. Initial symptoms included intense knee pain, swelling, and instability. Diagnosis was confirmed by MRI on 01 July 2021. Surgery was performed on 26 July 2021 for ACL reconstruction. Rehabilitation included physiotherapy, mobility training, and hydrotherapy. Follow-ups were conducted bi-monthly. Patient showed gradual recovery but has developed chronic instability and pain. Psychological assessments over the past 6 months reveal mild depressive symptoms and anxiety related to mobility limitations and loss of independence. Patient remains unable to return to previous work duties due to physical and psychological limitations.

SECTION 4: PHYSICAL & MENTAL STATE EXAMINATION

Findings from Physical Examination:

Patient presented with limited flexion in left knee (max 85 degrees), joint laxity, and pain during weight-bearing. Gait remains antalgic. Displays frustration and mild distress when discussing recovery. Cognitively alert but emotionally vulnerable.

Mental State:

Patient expresses concerns over permanent disability, career loss, and reduced income. Symptoms of adjustment disorder observed. Mental status examination reveals no psychosis or delusions. Orientation intact to time, place, and person.

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SECTION 5: MENTAL CAPACITY OPINION

Understands personal welfare decisions:	Yes
Can retain relevant information:	Yes
Can weigh options logically:	Yes
Can communicate decisions:	Yes
Capacity for personal welfare:	Yes
Understands financial decisions:	No
Can retain financial info:	No
Can weigh financial info:	No
Can communicate financial decisions:	Yes
Capacity for property/affairs:	No

Basis of Opinion:

While the patient demonstrates intact reasoning and understanding for day-to-day and healthcare-related choices, his cognitive response to financial decision-making is impaired by emotional distress and anxiety. He has delegated financial tasks to his spouse and avoids making financial commitments independently.

SECTION 6: PROGNOSIS

Prognosis and Recommendations:

Physical improvement is expected to plateau, with persistent mild instability and chronic pain. Mental health support recommended to address depressive symptoms. Review in 6 months to reassess financial decision-making capacity.

SECTION 7: DECLARATION

Declaration:

I, Dr. Karen Davis, affirm the information provided herein is accurate to the best of my knowledge. This report is submitted for the purpose of medical and legal capacity determination. Signed on 21 April 2025.