

Patient Report for admin987

Age:	12
Sex:	Male
Chest Pain:	Typical
Trestbps:	198 mm Hg
Chol:	250 mg/dl
FBS:	True
RestECG:	Having ST-T wave abnormality
Thalach:	1
ExANG:	Yes
Old Peak:	1
Slope:	Fixed
Ca:	1
Thal:	Fixed

Conclusions:

Your cholesterol level is higher than the normal range (200 mg/dl). To reduce cholesterol, consider a low-cholesterol diet, regular exercise, and medication if prescribed by your doctor.

Your fasting blood sugar level is higher than normal. Control sugar intake, exercise regularly, and consult your doctor for further evaluation.

As per input data No Heart Disease Detected

Relax and Follow below mentioned Lifestyle Changes:

1. Eat a healthy diet
2. Regular exercise
3. Maintain a healthy weight
4. Quit smoking
5. Limit alcohol consumption
6. Manage stress

7. Get enough sleep

8. Regular health check-ups