

◆ How to Create a POST Request in Postman

1. **Open Postman**
2. Choose the **POST** method from dropdown (default is GET).
3. Enter the **URL** of the API where data has to be sent.
4. Go to the **Body** tab
 - Select **raw**
 - Select **JSON** format (from dropdown on right side of raw)
5. Paste your **JSON data** (request body).

Example JSON:

json

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```
{  
  "name": "Shree",  
  "email": "shree@example.com"  
}
```

◆ How to Execute a POST Request in Postman

- After filling everything, click on the **Send** button (top right).
- Postman will send your data to the server.

◆ How does the POST Response Look Like?

- The **response section** appears below after clicking “Send”.
 - You can see:
 - **Status code** like 201 Created or 200 OK
 - **Response body**: May contain the newly created data, confirmation message, or ID.
 - **Headers**: Server info, content type, etc.
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◆ How to Check POST Request Results

- Check if:
 - Status code is **200 or 201**
 - Response body contains your submitted data or confirmation.
 - No error message like 400/500.

✓ This shows your POST was successful.