



# श्री शारदा आयुर्वेद चिकित्सालय ಶ್ರೀ ಶಾರದಾ ಆಯುರ್ವೇದ ಚಿಕಿತ್ಸಾಲಯ Shree Sharada Ayurvedic Clinic

(A Unit of Sri Sharada Peetham, Sringeri & Managed by Shree Sachchidananda Prathistanam)

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## SAC FAITH :

Fundamental Alignment  
in Tracking Health

## SAC CASCADE POLICY :

Creative & Serving  
Curative & Devoting Elixir

## SAC Team of Doctors :

Disease Ousting  
Chaste Treasury of Reliability  
(Vaidyo Narayano Hari)

**SAC "ATN" MOTTO: We WORK ON "AID THE NEED" principle, serving needy**

## Amrutha Sanjeevini - a Synergistic Nectar

Comprises of Guduchi as the main ingredient, a best rasayana drug hence it is also called "**Amrutha**" - the elixir which is the drug of choice for its multifaceted levels of action as tridosha shamaka (that which balances all the three doshas to their normalcy)



- \* Followed by a list of other best herbs such as amalaki, tulasi, yesthi, Haridra and maricha which are very rich source of anti-Oxidants. These support the tissues to regain back their normal Functions effectively.
- \* Bhunimba is proved to be very effective in liver disorders.
- \* Bhumyamalaki is known for its hepato protective Action and said to possess antiviral properties.
- \* Ashwagandha is a herb well known for its medicinal properties that it can increase immunity, which strengthens the body, helps in improving haemoglobin, there by considered as one among the best rasayana drugs with no side-effects.

Note : Ashwagandha has also been proposed as a possible coronavirus preventive in a study submitted.



## Amrutha Sanjeevini - a Synergistic Nectar

Immunity Booster composed of major six rasayana drugs –

## AMRUTHA SANJEEVINI KASHAAYA FORMULATION



- \* These herbs have immuno-modulation properties and are adaptogens i.e., they increase the non specific resistance in the body.
- \* A bio-enhancers in nature- the anti oxident property in these herbs help the body cells to protect themselves from oxidative damage
- \* Pippali among these is anti-allergic and hepato protective in nature.
- \* Amalaki, a very rich source of vitamin C has antimicrobial, rasayana activity which promotes good health and well being of an individual.
- \* The bio-availability enhancing property of shunti helps in better absorption and increased drug effectiveness in the body.

**WHY TO WAIT??? RIDE THE SAC BOAT - Bouquet of Auspiciousness Tagged**