Before and After Intervention

Your Microbiome Analysis

- Your Summary
- Brain Health
- GI Health
- Metabolic Health
- Skin Health
- Physical Performance

Brain Health — Attention

You have high associations that may require your attention. These have been added to your action plan so you can adapt your microbiome profile to reduce your association.
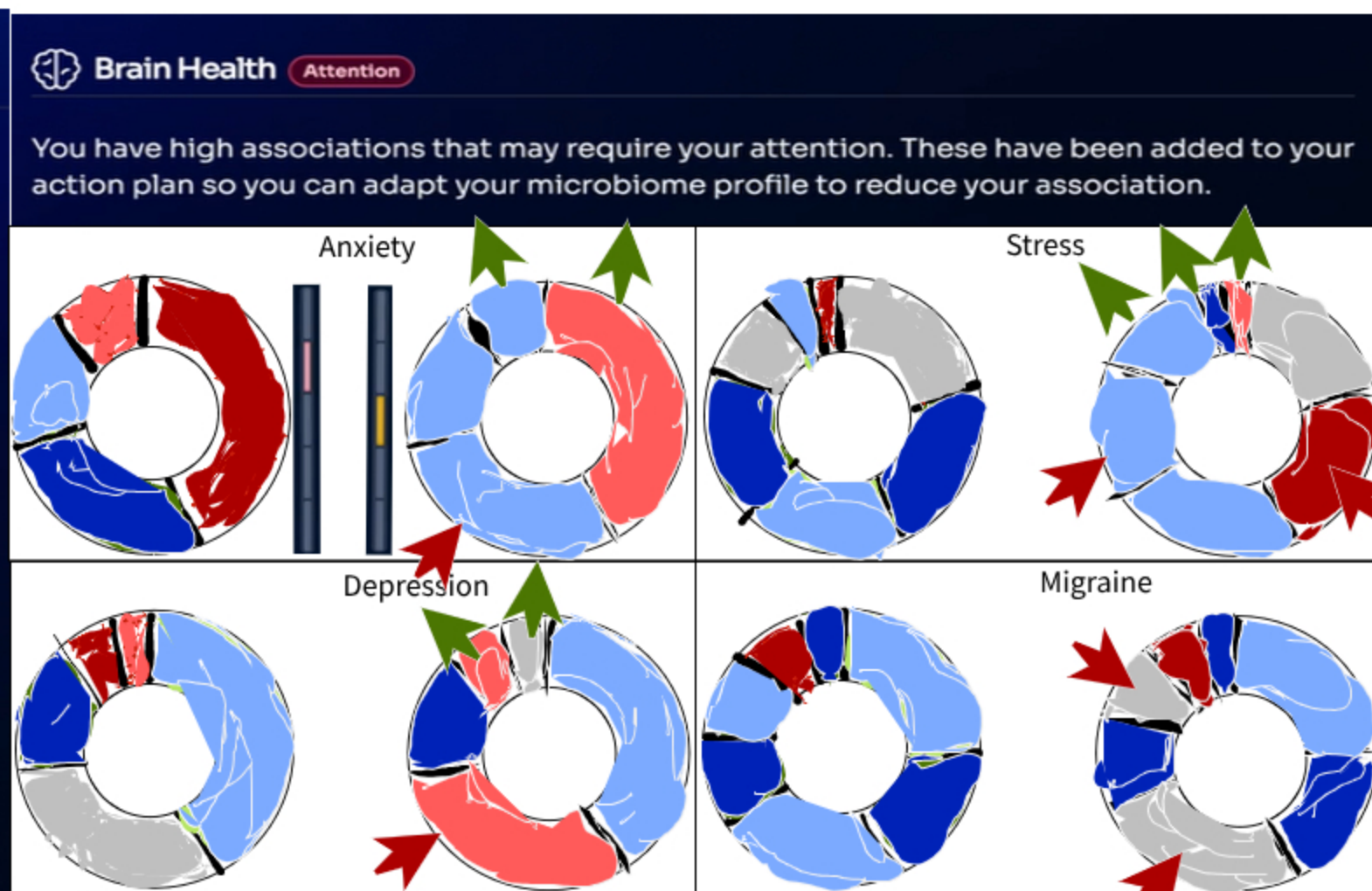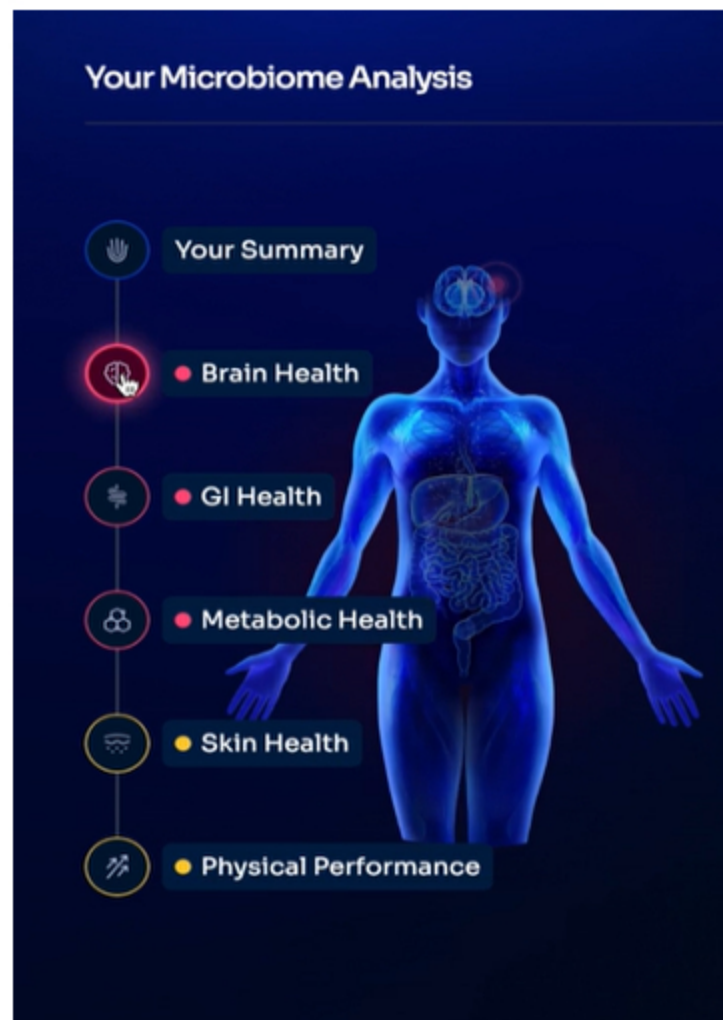
Anxiety

Stress

Depression

Migraine

Intervention

- Intervention 1
- Intervention 2
- Intervention 3
- Intervention 4
- Intervention 5
- Intervention 6
- Intervention 7

Legend:
- Condition CDF >> Person CDF
- Condition CDF > Person CDF
- Condition CDF == Person CDF
- Person CDF > Condition CDF
- Person CDF >> Condition CDF

If any donut is mostly blue, person does not match disease signature.

If any donut is mostly grey, person matches disease signature.

If any donut is mostly red, person matches and is worse than disease signature.