## Life is complicated. Caring for a loved one shouldn't be.

Dari takes the work and worry out of caring for a loved one who is aging or has special needs, so you can focus on what really matters.



## What is Dari?

Dari is a whole new way to navigate the challenges of caring for a loved one, powered by our team of expert Care Guides who have years of experience in aging and caregiving. Dari gives you access to:



**On-Demand Resources:** Articles, podcasts, and videos on topics like Medicare enrollment, dementia, and long-term care options.



**Personalized Assistance:** Connect with our expert team to chat live about a specific question or get personalized recommendations for helpful products or services.



**One-On-One Support:** Work with your very own Care Guide expert who can help you navigate more complex situations and provide emotional support.





Scan the QR code or visit dari.homethrive.com to learn more and access your benefit!

## How We Help

If you help care for a loved one who is aging or has special needs, Dari is for you! No matter how big or small your need, we can help your family get answers and find a better balance.

## **FAQs**

**Who can access Dari?** If your employer offers Dari by Homethrive, you and any of your family members can access Dari. Whether you're a long-distance caregiver, your mom takes care of your grandparents, or an aging loved one wants to plan for their own future, Dari is available for the whole family.

**How much does Dari cost?** Dari is available to you and your family members at no cost!

**How do I sign up?** Visit **dari.homethrive.com/join** and use your work email or registration code.