



Work.
Sweat.
Achieve.



We offer:

Personal Training - Yoga -Meditation - Boot Camp -
Core Mania -Body Pump -Spin

1717 K ST NW, Washington, DC

Visit us at www.trainlikeaprodc.com to sign up
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One phone call gets you
more than 150 Sports Clubs locations.

EXCLUSIVE BENEFIT FOR

Smart in your world®
Arent Fox



- ✓ \$100 Enrollment fee **WAIVED**
- ✓ \$49.99 Month-to-month membership* (no contract, no cancellation fee) * Individual membership \$79.99
- ✓ \$59.99 Annual fee (only thing due at signup and on each anniversary)
- ✓ **FREE** one-on-one Fitness Orientation with a trainer
- ✓ **FREE** Group Classes (reserve up to 7 days in advance)
- ✓ **FREE** towel service
- ✓ **Spouse / family eligible**

Fitness that fits you !

"Physical fitness is the first requisite of happiness."

Caroline Bush

NYSC Corporate Accounts Manager
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**COMMIT
TO GET FIT**
TOGETHER..



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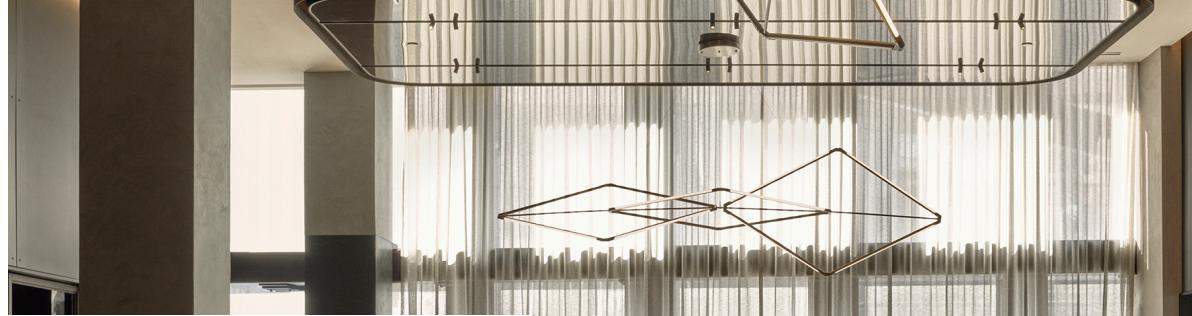
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IT'S TIME TO GET TO WORK

REDEFINING WELLNESS IN THE WORKPLACE



As an employee of Arent Fox LLP you're invited to experience Equinox, where the science of fitness meets the art of living. Discover unlimited, addictive Group Fitness classes and the very best Personal Training, all within state-of-the-art clubs characterized by inspired design and world-class amenities, designed to inspire our members every day.

With the High Performance Living Program, you will unlock access to the ultimate in luxury fitness, along with special benefits, you'll receive an Equifit, Equinox's proprietary fitness assessment. Work with an expert trainer to assess your body composition, movement, and of course—your potential. Then, enjoy a complimentary session to kick off your custom fitness program.

MEMBERSHIP INCLUDES:

- One complimentary Equifit assessment
- One complimentary Personal Training session
- One complimentary private Pilates session
- Two one-day guest passes
- 25% off your first treatment at The Spa
- 20% off your first purchase at The Shop
- Unlimited access to Group Fitness classes
- \$0 initiation

FOR MORE INFORMATION EMAIL- RYAN.LEVINSON@EQUINOX.COM

EQUINOX