1.open Jenkins->project->freestyle

2.dashboard->manage Jenkins->plugins

3.available/installed plugins->email extension plugin

4.manage Jenkins->system->email notification

5.smtp:smtp.gmail.com, server->advanced->smtp authentication

6.username:<give email>,password

7.click use ssl

Apply and save

8.project->config->post build actions->email notifications

9.click email id check box and editable email id

10.add recipient email<same mail id>

11.config->build steps->execute shell->type echo ‘hello’

Save and build,console output