Community Development Project

CDP instruction (Lovely Professional University)

COMMUNITY DEVELOPMENT PROJECT

ON

Working In Orphanage

Submitted by-

T.Saran

Registration no-

12106814

In partial fulfillment for the requirements of the award of the degree of

-"B-Tech CSE"

"School of Computer Science and Engineering"

Lovely Professional University

Phagwara, Punjab.

Certificate of Participation

Sivabakkiam Rehabilitation Centre for Disabled Person Trust

Registered under Indian Trust Act, (Register No-113/2003, Dated. 11-12-2003)
Registered u/s 12AA & u/s 80G of the Income-Tax Act, 1961
Registered under Foreign Contribution (Regulation) Act, 2010 (FCRA)
DARPAN Unique ID : TN/2018/0199850

Estd 2003

1/115 Tiruchengode Main Road, Elanagar Post,
Tiruchengode Taluk, Namakkal District — 637212,
Tamil Nadu, India,

Ph : 04286 - 268009, +91 94882 00300, +91 93631 05330.
Website : www.sivabakkiamorphanage.org
E-mail ID : sivabakkiamrcd@gmail.com

Mr.K. KASIRAJAN, M.Sc., M.Phil., M.Ed (Spl. Edn)., M.S (Edu Mgmt).
Chairman & Secretary

Date : 27.06.2022

Certifaction by the NGO regarding the student project

This is to certify that the Mr. *T.SARAN* carried out the project titled <u>NGO</u>

<u>(working in trust)</u> in the supervision of Mr. <u>K.Kasirajan</u> in our organization. It is

further certified he spent a minimum of <u>30</u> hours on the Project and his contribution

because of the Project undertaken has been <u>very good</u>.

(Authorized Signatory)
CHAIRMAN & SECRETARY
SIVABAKKIAM REHABILITATION CENTRE
FOR DISABLED PERSON TRUST
1/115, Elanagar & (Po), Tiruchengode Tk.,
Namakkal - 637 212.

Introduction

Since the ancient ages, India's people would live in joint families who had parents, husband or wife, grandparents, children, grandchildren, uncles, aunts and cousins. It has been a custom to find that the parents and grandparents would take care of the house's infants and kids.

Also, when they grow up, they become a support system for their parents and grandparents too. When they fall ill, they take care, give

them proper medical facilities, and spend quality time with them. It is unfortunate to express that, nowadays they are not given such care and attention and are dumped in the old age homes.

An old age home is a shelter house where the people of older age dwell together with other older people when they have been abandoned by their family members or voluntarily admitted to it to combat loneliness during this crucial stage of life.

The old-age house staff is in charge of feeding these senior citizens on time and taking care of their medical needs. They help them cope with the routine by cleaning their clothes and utensils and helping them live the last days of their life without isolation. Also, they conduct various recreational activities, to indulge them in and combat boring lifestyles.

They entertain them so that they become happy and jolly. Also, the house inmates stay together, share their experiences and make good bonds with their friends. People are also adopting these new lifestyles and in a way, adjusting or compromising with life. However, it is important not to forget that we have to take care of the parents during their old age because they have taken care of us and raised us with a lot of love and affection since childhood.

We should not be selfish and seek their blessings by providing them physical, social and emotional support. On the part of the parents, it is important to get prepared for the worst, in the case shortly and should not live with a lot of hopes, but make good savings to lead independent life during the old age, in case their children abandoned them, or any mishap occurs.

They offer the best medical treatments and take proper care of the elder persons which leads the elderly people to have a peaceful living. The people working in the NGOs take a good care of the elderly people and provide them comfort and happiness which is much needed by the eldersWe should make sure there should be no

old age home at all. People should get all love, care, attention and support from their own family. In this way, we can become good human beings and seek their blessings.

Problem Identification and the Cause of the Problem

1)Social

Older people suffer social losses greatly with age. Their social life is narrowed down by loss of work associated, death of relatives, friends and spouse and weak health which restricts their participation in social activities. The home becomes the centre of their social life which gets confined to the interpersonal relationship with the family members. Due to loss of most of the social roles they once performed, they are likely to be lonely and isolated severe chromic health problem enable them to become socially isolated which results in loneliness and depression.

2)Emotional

Decline in mental ability makes them dependent. They no longer have trust in their own ability or judgements but still they want to tighten their grip over the younger ones. They want to get involved in all family matters and business issues. Due to generation gap the youngsters do not pay attention to their suggestion and advice. Instead of developing a sympathetic attitude towards the old, they start asserting their rights and power. This may create a feeling of deprivation of their dignity and importance.

Objective to be achieved

*To provide medical facilities & health care to the needy. To provide nutritious food to the inmates of the center. To provide them periodically outing as picnic. To provide shelter & clothing for the residents of the old age home.

*To act as a centre where the knowledge and experiences of life of the senior citizens are utilized in a constructive manner so as to contribute more meaningfully to both, the residents and the society.

*To establish a social institution where society not only interacts and looks after senior citizens but also learns from them "the much needed values of a healthy and peaceful society".

*To provide companionship, emotional support, therapeutic occupation, recreation facilities and activities to overcome social isolation.

*To provide independence to senior citizens in daily life, and to

re-establish high values of life nurtured by them.

Various Steps taken to achieve the objectives

*To establish our home inmates strength up to maximum strength, so that we can help more senior citizens.

*To provide them their suitable part time work to earn and good time spend.

*To establish and run educational institutions, hostels, libraries and old age homes for senior citizens.

*To promote welfare programmers for women, children, orphans, aged, blind and handicapped persons.

*To provide medical facilities & health care to the needy.

*To provide nutritious food to the inmates of the center.

*To provide them periodically outing as picnic.

*To provide shelter & clothing for the residents of the old age home.

* To offer consistent, unconditional care, enabling each service user to live in an environment that encourages positive relationships, mutual respect, trust, and consideration for others. To accept and

understand each individual service user, at all times maintaining their dignity and self-respect.

Reverence for one's parents is deeply embedded in Indian families. Children deem it their moral duty to look after their aged parents and elders. In the last few decades, our society has undergone massive transformation in terms of family structure. As a consequence of the social transformation and evolving lifestyles, many of the older parents are landing in old age homes. The mushrooming of nuclear families especially in urban India, has led to steadily increasing number of old age homes.

The increase in old age homes in the metropolitan cities is not a good development. Over three decades ago, the thought of older parents being sent to the old age homes was not easily accepted in our country due to traditional mind-set and cultural ethos," says Bangalore-based Kishore Joseph, trustee, Omasharm Trust Old Age Care which presently serves a total of 65 resident elders.

The most obvious reason for this trend is the migration of children from their hometowns to metropolitan cities in search of better education, jobs, and improved lifestyles. While the younger generation has no difficulty in moving out of their parental homes and adapting to new lifestyles, the elderly population choose to remain back due to the attached sentiments of the place.

Also, many children cannot take care of their aged parents with chronic health issues. Some elders find it difficult to cope with their daughter-in-laws and grandchildren, due to difference in values and mindset. "Most of the aged parents who are brought in to the homes are over 65 years old and are bedridden. We take care of these elderly as our own parents. The children do visit them atleast once a month or for the birthdays and anniversaries,"

There is also a positive side to this heart-breaking story. Many working children are trying hard to look after their parents in their

own homes. They are hiring nurses to take care of their older parents in the cities while they are at work. Some others have made security arrangements for the elderly, like installing the CCTV cameras to watch over them while they are at work. In some cases, when the children themselves turn old and cannot take care of their own aged parents, only then they are put into old age homes. "It is touching to see some children and grandchildren making all possible efforts to take care of their own parents in their own homes. The elderly love care and attention which they deserve from their loved ones and in their own homes,"

Effectiveness of the Project

One of the factors that make old age homes attractive to elders is the companionship. They are in constant company of people their own age. If their children are away from home, they have to live alone and that can cause stress and depression. Living in an old age home may give rise to feelings of abandonment as well.

There have been many transformations in recent years that have had an impact on society in different sectors – societal, financial and personal. Lifestyles have changed, some for the better and a few with negative consequences. The population in general has been reaping the benefits, and mostly those from the younger generation have been able to realise many of their dreams and develop their careers in a better fashion than was possible earlier, and I am understand about the old age home peoples

Conclusion

The visit to the old-age home was a fulfilling experience for me as I came back home with not only memories but also some valuable lessons. When I reached home, I ran straight to my mother and hugged her tight saying that I would never abandon her or my father

when they grew old.The fading of joint family system in India and other innumerable factors have given rise to west-inspired phenomena of old age homes. Surprising cost of living and scanty return on savings have almost pushed these senior citizens on roads,So we take care our Parents and Give Happiness, And NGO offer the best medical treatments and take proper care of the elder persons which leads the elderly people to have a peaceful living. The people working in the NGOs take a good care of the elderly people and provide them comfort and happiness which is much needed by the elders.