

Medical History Report #2

Name: Jane Smith

Age: 60

History: Jane Smith, a 60-year-old female, has type 2 diabetes mellitus diagnosed at age 50. She also has osteoarthritis of the knees. She underwent left knee replacement in 2020. She monitors her blood glucose daily and is on oral hypoglycemics. She reports occasional joint pain but is otherwise active. Family history includes diabetes and hypertension.

Allergies: Penicillin

Medications: Metformin 1000mg, Glipizide 5mg, Paracetamol 500mg

Surgeries: Left knee replacement (2020)

Notes: Encouraged to maintain weight and exercise. Monitor HbA1c every 3 months.