

Medical History Report #1

Name: John Doe

Age: 45

History: John Doe, a 45-year-old male, has a history of hypertension diagnosed at age 38. He has been on antihypertensive medication since then. In 2018, he suffered a mild myocardial infarction and underwent angioplasty. He is a non-smoker, exercises regularly, and follows a low-sodium diet. Family history is significant for cardiovascular disease. Recent labs show controlled blood pressure and normal cholesterol levels. He is compliant with medications and attends regular follow-ups.

Allergies: None

Medications: Amlodipine 5mg, Atorvastatin 20mg

Surgeries: Angioplasty (2018)

Notes: Patient is stable. Continue current management.