

Module -2

Harmony in the Human Being

1. 'Knowing' means having the _____.
 - a) Self Exploration
 - b) Right understanding**
 - c) Evaluation
 - d) None of these

2. Each human being is co-existence of the _____ and the _____.
 - a) Cost, Value
 - b) Self, Body**
 - c) Evaluation, Material
 - d) None of these

3. The _____ does not 'assume' things.
 - a) Body**
 - b) Values
 - c) Self
 - d) None of above

4. _____ is the feeling of responsibility for nurturing, protecting and right utilizing the body.
 - a) Work
 - b) Understanding
 - c) Sanyam**
 - d) None of above

5. The self is _____ in nature while body is _____ in nature.
 - a) Behaviour, Work
 - b) Value, Understanding
 - c) Conscious, Physico-chemical**

d) Right Evaluation, Understanding

6. The system of the body works in a _____ way.

a) Understanding

b) Self organized

c) Self Investigated

d) Right Evaluation

7. The basic capacity of self is known as _____.

a) Understanding

b) Power

c) Value education

d) Right Evaluation

8. The power/capacity for selecting/tasting is _____.

a) Understanding

b) Expectation

c) Value education

d) Right Evaluation

9. 'Selecting and desiring are the activities of _____.

a) Body

b) self

c) Material

d) None of these

10. . _____ is the capacity of _____.

a) Cost, Value

b) Expectation, Selecting/tasting

c) Evaluation, Material

d) None of these

11. The activity of desires, thoughts and expecting, together is called as _____.

a) Imagination

- b) Interaction
- c) Conscious
- d) None of above

12. Where there is harmony among the parts of the body, it is known as _____.

- a) Work
- b) Handwork
- c) Swasthya**
- d) None of above

13. The _____ is an _____ of _____.

- a) Behaviour, Work, Body
- b) Value, Understanding, Power
- c) Body, Instrument, I(Self)**
- d) Right Evaluation, Understanding, Power

14. The activity of Selecting/tasting is _____.

- a) Understanding
- b) Continuous**
- c) Self Investigated
- d) Right Evaluation

15. With the help of the _____, self explores and interact with rest of the nature.

- a) Material
- b) Body**
- c) Work
- d) Self

16. Any entity that has the activity of recognizing and fulfillment only can be called as _____.

- a) Physical
- b) Material Entity**

- c) Physical Identity
- d) Self

17. Acceptance of excellence in others is called _____.

- a) Gratitude
- b) Reverence**
- c) Glory
- d) None of above

18. Employing the body physically for production and maintenance of physical facilities is called _____.

- a) Labour**
- b) Work
- c) Skill
- d) None of above

19. The problems in our relationship with various entities are due to our _____.

- a) Assumptions**
- b) Misunderstanding
- c) Differentiation
- d) None of above

20. Comprehensive human goal is right understanding, prosperity, fearlessness and _____.

- a) Mutual fulfilment
- b) Natural Acceptance
- c) Mutual prosperity
- d) Co-existence**

21. When we assume something about on the prevailing notion it is called _____.

- a) Natural Acceptance
- b) Value Education
- c) Preconditioning**
- d) None of Above

22. What we really want to be is our_____.

- a) Value Education
- b) Right Understanding
- c) Preconditioning
- d) Natural Acceptance**

23. Human being is co-existence of _____.

- a) Material and Unit
- b) Value and Skill
- c) Self and Body**
- d) None of above

24. The self or I is also called _____.

- a) Material
- b) Consciousness**
- c) Unit
- d) Any of above

25. Clothing, nourishment etc are the needs of _____.

- a) Material
- b) Self
- c) Body**
- d) Nature

26. Trust, respect, happiness etc are the needs of _____.

- a) Self**
- b) Value
- c) Material
- d) None of above

27. The needs of the self are _____ in time and needs of body are _____.

- a) Discontinuous, Permanent

b) Continuous, temporary

c) Happiness, Permanent

d) None of above

28. Needs of the body are temporary while the needs of the self are _____.

a) Continuous

b) Temporary

c) Discontinuous

d) Nature

29. Physical facilities are required in _____ quantity.

a) Unit

b) Limited

c) Material

d) None of above

30. If the needs are naturally acceptable I want them _____.

a) Continuously

b) Unhappiness

c) Material

d) Unit

31. The needs of _____ are _____ in nature and we want them continuously.

a) Material, quantitative

b) Unit, Temporary

c) Self, Qualitative

d) None of above

32. The needs of the body are ensured by _____ things.

a) Physico-Chemical

b) Right Understanding

c) Respect

d) Any of above

33. By _____ we become responsible to ourselves.

a) Material

b) Unit

c) Right Understanding

d) None of above

34. Choosing and imaging are the activities of _____.

a) Unit

b) Material

c) Self

d) Respect

35. In I (self), recognizing and fulfillment depends on _____.

a) Assuming

b) Right Understanding

c) Respect

d) None of Above

36. Sanyam is the lack of responsibility in 'I' towards the body for its nurture, protection and right utilization.

a) False

b) True

37. To be in harmony is happiness.

a) False

b) True

38. There is an inherent inter connectedness, self regulation and harmony at all levels of existence and this needs to be discovered by each individual. The whole existence is coexistence. Humans are only a constituent part.

a) True

b) False

39. The activity of desires, thoughts and expecting, together is called as _____.

a) Desire

b) Self

c) Imagination

d) None of above

40. The self and body interacts with each other via the activity of _____.

a) Fulfilling/ recognizing

b) Selecting/tasting

c) Imagine/recognizing

d) Any of above

41. To live according to our natural acceptance is _____.

a). Svatva

b) Swatantrata

c) Swarajya

d) None of the above

42. _____ is a process of Self-evolution through self-investigation.

a) Self-Exploration

b) Self-Verification

c) Experience

d) All of the above