



SDG 3 – Good Health and Well-Being Report (2023–2024)

Institution: Menoufia National University (MNU)

Reporting Period: Academic Year 2023–2024

1. Policy and Campus Health Initiatives

Smoke-Free Campus Policy

- MNU strictly prohibits smoking, including e-cigarettes, across all indoor and outdoor campus areas.
- Health awareness campaigns and free cessation programs are provided through the university medical center.
- Clear signage is installed across all facilities, and enforcement is integrated into disciplinary procedures.

Rehabilitation and Health Facilities

- University Health Clinic and Rehabilitation Center offer free services for students, staff, and community members.
- Facilities provide dermatology, reproductive health, mental health, neurology, physiotherapy, and rehabilitation services.
- Total beneficiaries (2023–2024):
 - Dermatology & Reproductive Health: 124 students
 - Mental Health & Neurology: 72 cases

2. Community Health Outreach Programs

No.	Activity	College / Unit	No. of Students	Date	No. of Beneficiaries	Target Community	Health Objective
1	Celebration of Orphans' Day & hosting orphanages	All faculties	50	April 2024	35	Disadvantaged children	Promote health awareness and equity for orphaned children
2	Blood donation campaigns (Liver Institute support)	All faculties	40	March 2024	40	Local community/patients	Support health awareness and equity through voluntary donation
3	Training visit to Silo	Veterinary Medicine	50	May 2024	75	Local community	Support health



	Foods Industrial Complex						awareness & quality education
4	Visit to Hourin village orphanage	Applied Health Sciences	17	April 2024	30	Disadvantaged children	Enhance health awareness and equitable access to health education
5	Visit to Al-Hadanah Al-Eyweya Orphanage	Various faculties	15	June 2024	25	Disadvantaged children	Promote health awareness and equity
6	School visits to university	University-wide	—	2023–2024	100	Local students	Raise health awareness and equitable educational opportunities

3. Partnerships and Collaborations

Partner Institution	Level	Description of Collaboration	Outcome
Menoufia University Hospitals	Local	Clinical training & healthcare services	Enhanced medical training and services
General Administration of Medical Affairs – Menoufia Governorate	Local	Health check-ups & support for medical clinic	Strengthened community health initiatives
Egyptian Red Crescent Society – Menoufia Branch	National	Volunteerism, first aid, health awareness	Increased student engagement in emergency response
Tanta University Hospitals	National	Medical referrals and specialized treatment	Improved access to advanced healthcare
Menoufia Health Directorate	National	Public health programs & vaccination campaigns	Strengthened community health engagement



4. Educational & Training Initiatives

- **Scientific Conferences and Workshops:**
 - “Blood and Lymph Secrets” – Medicine & Surgery program scientific day (April 2024)
 - Pharm D Student Conference “Back to Nature” (July 2024) – medicinal plants and herbal medicine awareness
 - Physical Therapy Conference – innovative student-designed devices for joint & muscle evaluation
- **First Aid & Occupational Safety Training:**
 - First Aid Workshop for students (July 2024)
 - Occupational Safety and Health awareness seminar as part of the university’s Environmental Week
- **Sports & Recreational Activities:**
 - Recreational Sports Day (October 2023) and Sports Day (July 2024) – promoting physical activity and healthy lifestyle

5. Research and Publications

- Published research: **2 papers** (2023–2024)
- No graduates yet due to the university’s recent establishment in 2022–2023
- University provides incentives to encourage research and publication

6. Summary of Achievements

- Smoke-free campus fully implemented with support programs
- Over **320 direct beneficiaries** from community health outreach programs
- Strong partnerships with local and national health institutions
- Multiple student-led initiatives and scientific events promoting health, first aid, and physical well-being
- Health infrastructure includes rehabilitation, mental health, dermatology, and reproductive health services, free for students and staff
- Early-stage research activity with support mechanisms in place to grow scientific output

Future Plan Summary

1. **Strengthen Community Outreach** – Increase health programs for disadvantaged groups, schools, and rural areas; organize health fairs and vaccination campaigns.
2. **Enhance Collaboration** – Work closely with ministries, Supreme Council of Universities, and national health institutions to support public health initiatives and policy development.
3. **Promote Health Education & Research** – Launch new courses, encourage research on preventive medicine and public health, and provide grants for student researchers.



4. **Health Awareness & Capacity Building** – Conduct workshops on first aid, occupational safety, mental health, and healthy lifestyles for students, staff, and communities.
5. **Sustainable Health Infrastructure** – Upgrade rehabilitation and physiotherapy facilities; integrate digital systems to monitor clinic services and outcomes.