



## University Activities and Initiatives for Promoting Good Health and Well-Being (2023-2024)

The Department of Medicine and Surgery at Menoufia National University (MNU) organizes the first scientific day. 13 April 2024

Under the patronage of **Dr. Ahmed Al-Qassed**, President of Menoufia University and Acting President of Menoufia National University (MNU), and **Dr. Nancy Asaad**, Vice President for Academic Affairs, and under the supervision of **Dr. Ashraf Balbaa**, Dean of the Medical Sector, and **Dr. Ahmed Hamdan**, Coordinator of the Medicine and Surgery Program, the program organized its **first scientific day** titled "**Blood and Lymph Secrets.**" The event was held in collaboration with the **Department of Microbiology and Medical Immunology** at the Faculty of Medicine, Menoufia University, which contributed to the organization and supervision of activities.

Dr. Nancy Asaad inaugurated the event, commending the students for their academic excellence, ethics, and creativity in organizing the day's activities. She emphasized the significance of holding scientific events in medical colleges to strengthen students' understanding of modern medical sciences, encourage intellectual exchange, and promote interactive learning with faculty experts.

The scientific day featured a rich variety of activities, including a **scientific exhibition** displaying student-prepared posters, **handicrafts**, and **workshops** focused on **blood typing** and **infection control**, all of which received wide appreciation from attendees. Students also presented **scientific talks and videos** under departmental supervision, showcasing their research and practical understanding. A highlight of the event was a student-written and directed play titled "**Atef and the Vaccines,**" performed by the **Mediator team**, illustrating creative approaches to medical education. The program also included a **poetry performance** and a **guitar recital**, reflecting the university's commitment to nurturing students' artistic talents alongside academic skills.





## Sports Day at Menoufia National University – July 15, 2024

Under the patronage of **Dr. Ahmed Al-Qassed**, President of Menoufia University and Acting President of **Menoufia National University (MNU)**, and the supervision of **Dr. Nancy Asaad**, Academic Supervisor of the University, MNU organized a **Sports Day** that brought together students, faculty members, and administrative staff.

The event was supervised by **Mr. Mohamed Saeed**, Secretary-General of MNU, and organized by the **Student Care Department**. The day featured a variety of sports activities, including **football matches** held at the university field, as well as **handball, volleyball, and basketball games** hosted at the university's modern training facilities equipped with the latest sports systems.

The Sports Day aimed to **promote physical activity**, teamwork, and a healthy lifestyle among students while strengthening the spirit of community within the university. The event witnessed enthusiastic participation and great interaction from students and staff.





## Pharm D Program – Clinical Pharmacy at Menoufia National University Organizes the First Student Conference “Back to Nature” – July 17, 2024

The **Pharm D – Clinical Pharmacy Program** at **Menoufia National University (MNU)** organized its first student conference titled **“Back to Nature”**, under the patronage of **Dr. Ahmed Al-Qassed**, President of Menoufia University and Acting President of MNU, and **Dr. Nancy Asaad**, Academic Supervisor of the University. The event was held under the supervision of **Dr. Ashraf Belba**, Dean of the Medical and Life Sciences Sector, and **Dr. Amr Kamal Bas**, Program Coordinator and Conference Chair. The conference was organized by **Dr. Dalia Hamdan**, **Dr. Eman Khalaf**, **Dr. Mohamed El-Refaey**, and **Dr. Hossam El-Saadawy**.

Dr. Nancy Asaad inaugurated the **scientific exhibition**, which included models and posters introducing various **medicinal plants**, their **active compounds**, identification methods, and **therapeutic uses**. Students also delivered **scientific presentations**, which were highly praised for their quality, creativity, and research depth, reflecting the strong academic development and collaborative spirit among students.

The conference featured **poetry, artistic performances, and open discussions** about pharmaceutical career opportunities and training in herbal monographs. It concluded with recommendations to conduct **herbal studies** on local medicinal and aromatic plants to support **pharmaceutical production and sustainable agriculture**, aligning with **Egypt’s Vision 2030**.

During the closing ceremony, shields of appreciation were presented to university leaders and organizers in recognition of their outstanding support and efforts.





## First Aid Workshop for Students at Menoufia National University – July 14, 2024

Under the patronage of Dr. Ahmed Al-Qassed, President of Menoufia University and Acting President of Menoufia National University (MNU), and Dr. Nancy Asaad, Academic Supervisor of the University, MNU organized an important student seminar on first aid. The session was delivered by Dr. Naglaa Abdel-Mawgoud, Professor of Family and Community Health Nursing and Deputy Director of the Quality Assurance Center at Menoufia University.

The seminar highlighted the importance of first aid knowledge, emphasizing that everyone should be familiar with its basic principles, as it can help save lives in emergencies. Dr. Abdel-Mawgoud explained that in many crisis situations, people may panic or freeze, but having someone trained in basic first aid can prevent serious outcomes. First aid provides immediate care to the injured or ill, either as temporary support until professional help arrives or as the only needed intervention.

Students were trained on fundamental first aid techniques and encouraged to pursue certified training for better preparedness. The event was attended by Dr. Manal Farid, Nursing Program Coordinator, Dr. Omayma Okby, Deputy Coordinator, and many faculty members and students. The seminar was organized by the Student Care Department under the supervision of Mr. Mohamed Saeed, University Secretary-General.





**Students of the Faculty of Physical Therapy at Menoufia National University Present an Innovative Device to Measure Joint Range of Motion and Muscle Contraction Strength at Their First Scientific Conference – July 14, 2024**

Under the patronage of **Dr. Ahmed Al-Qassed**, President of Menoufia University and Acting President of **Menoufia National University (MNU)**, and the supervision of **Dr. Nancy Asaad**, Academic Supervisor of the University, the Faculty of Physical Therapy organized its **first student scientific conference** titled "*Kinesiology is the Keystone of Physical Therapy.*"

The event was attended by **Dr. Ashraf Belba**, Dean of the Medical Sector, **Dr. Youssef Al-Ba'lawi**, Program Coordinator and Conference President, and **Dr. Aliaa Al-Abd**, Conference Rapporteur. The conference featured a scientific exhibition showcasing research projects, including an **innovative student-designed device** that measures **joint range of motion and muscle contraction strength** using sensory cells placed on the external surface of joints.

In her opening speech, Dr. Nancy Asaad conveyed greetings and appreciation from Dr. Al-Qassed, affirming the university's full support for student-led scientific activities. She praised the high level of competence, creativity, and practical skills demonstrated by physical therapy students, emphasizing the university's focus on **applied learning over rote memorization**.

Dr. Belba commended the students for their excellent performance, thoughtful research, and teamwork, noting that such conferences enhance collaboration, communication, and innovation among students.





## **Menoufia National University Organizes an Awareness Seminar on Occupational Safety and Health as Part of Its First Environmental Week – 2024**

Under the patronage of Dr. Ahmed Al-Qassed, President of Menoufia University and Acting President of Menoufia National University (MNU), and the supervision of Dr. Nancy Asaad, Academic Supervisor of the University, MNU organized an awareness seminar for students on occupational safety and health. The event was part of the activities of the university's First Environmental Week, which included a series of educational and environmental events.

The seminar was delivered by Dr. Farid Wagdy, Vice Dean of the Faculty of Applied Health Sciences Technology, Professor of Ophthalmology at the Faculty of Medicine, and Director of the Crisis and Disaster Unit at Menoufia University. He discussed the concept and importance of occupational safety and health, describing it as a system of rules and procedures designed to protect individuals from injury and safeguard property from damage or loss.

Dr. Wagdy highlighted the significance of building a safety culture in academic institutions, understanding the causes of workplace accidents, and applying preventive strategies to reduce risks. The session emphasized the need to integrate safety principles within university settings to promote a healthy and safe learning environment.

The event was organized under the supervision of Dr. Amr Kamal, Coordinator of the Faculty of Pharmacy, with administrative support from Mr. Mohamed Saeed El-Gazair, Secretary-General of MNU, Dr. Hayam Ayad, Coordinator of the Faculty of Applied Health Sciences Technology, and Dr. Hala Saeed, Deputy Coordinator.

