



## SDG 3 – Good Health and Well-Being Report (2023–2024)

**Institution:** Menoufia National University (MNU)

**Reporting Period:** Academic Year 2023–2024

### 1. Policy and Campus Health Initiatives

#### Smoke-Free Campus Policy

- MNU strictly prohibits smoking, including e-cigarettes, across all indoor and outdoor campus areas.
- Health awareness campaigns and free cessation programs are provided through the university medical center.
- Clear signage is installed across all facilities, and enforcement is integrated into disciplinary procedures.

#### Rehabilitation and Health Facilities

- University Health Clinic and Rehabilitation Center offer free services for students, staff, and community members.
- Facilities provide dermatology, reproductive health, mental health, neurology, physiotherapy, and rehabilitation services.
- Total beneficiaries (2023–2024):
  - Dermatology & Reproductive Health: 124 students
  - Mental Health & Neurology: 72 cases

### 2. Community Health Outreach Programs

| No. | Activity   | College / Unit      | No. of Students | Date       | No. of Beneficiaries | Target Community         | Health Objective   |
|-----|--|---------------------|-----------------|------------|----------------------|--------------------------|--|
| 1   | Celebration of Orphans' Day & hosting orphanages   | All faculties       | 50              | April 2024 | 35                   | Disadvantaged children   | Promote health awareness and equity for orphaned children      |
| 2   | Blood donation campaigns (Liver Institute support) | All faculties       | 40              | March 2024 | 40                   | Local community/patients | Support health awareness and equity through voluntary donation |
| 3   | Training visit to Silo                             | Veterinary Medicine | 50              | May 2024   | 75                   | Local community          | Support health   |



|   |   |                         |    |            |     |                        |   |
|---|---|-------------------------|----|------------|-----|------------------------|---|
|   | Foods Industrial Complex                |                         |    |            |     |                        | awareness & quality education                                     |
| 4 | Visit to Hourin village orphanage       | Applied Health Sciences | 17 | April 2024 | 30  | Disadvantaged children | Enhance health awareness and equitable access to health education |
| 5 | Visit to Al-Hadanah Al-Eyweya Orphanage | Various faculties       | 15 | June 2024  | 25  | Disadvantaged children | Promote health awareness and equity                               |
| 6 | School visits to university             | University-wide         | —  | 2023–2024  | 100 | Local students         | Raise health awareness and equitable educational opportunities    |

### 3. Partnerships and Collaborations

| Partner Institution  | Level    | Description of Collaboration                   | Outcome  |
|--|----------|--|--|
| Menoufia University Hospitals                                    | Local    | Clinical training & healthcare services        | Enhanced medical training and services             |
| General Administration of Medical Affairs – Menoufia Governorate | Local    | Health check-ups & support for medical clinic  | Strengthened community health initiatives          |
| Egyptian Red Crescent Society – Menoufia Branch                  | National | Volunteerism, first aid, health awareness      | Increased student engagement in emergency response |
| Tanta University Hospitals                                       | National | Medical referrals and specialized treatment    | Improved access to advanced healthcare             |
| Menoufia Health Directorate                                      | National | Public health programs & vaccination campaigns | Strengthened community health engagement           |



#### 4. Educational & Training Initiatives

- **Scientific Conferences and Workshops:**
  - “Blood and Lymph Secrets” – Medicine & Surgery program scientific day (April 2024)
  - Pharm D Student Conference “Back to Nature” (July 2024) – medicinal plants and herbal medicine awareness
  - Physical Therapy Conference – innovative student-designed devices for joint & muscle evaluation
- **First Aid & Occupational Safety Training:**
  - First Aid Workshop for students (July 2024)
  - Occupational Safety and Health awareness seminar as part of the university’s Environmental Week
- **Sports & Recreational Activities:**
  - Recreational Sports Day (October 2023) and Sports Day (July 2024) – promoting physical activity and healthy lifestyle

#### 5. Research and Publications

- Published research: **2 papers** (2023–2024)
- No graduates yet due to the university’s recent establishment in 2022–2023
- University provides incentives to encourage research and publication

#### 6. Summary of Achievements

- Smoke-free campus fully implemented with support programs
- Over **320 direct beneficiaries** from community health outreach programs
- Strong partnerships with local and national health institutions
- Multiple student-led initiatives and scientific events promoting health, first aid, and physical well-being
- Health infrastructure includes rehabilitation, mental health, dermatology, and reproductive health services, free for students and staff
- Early-stage research activity with support mechanisms in place to grow scientific output

#### Future Plan Summary

1. **Strengthen Community Outreach** – Increase health programs for disadvantaged groups, schools, and rural areas; organize health fairs and vaccination campaigns.
2. **Enhance Collaboration** – Work closely with ministries, Supreme Council of Universities, and national health institutions to support public health initiatives and policy development.
3. **Promote Health Education & Research** – Launch new courses, encourage research on preventive medicine and public health, and provide grants for student researchers.



4. **Health Awareness & Capacity Building** – Conduct workshops on first aid, occupational safety, mental health, and healthy lifestyles for students, staff, and communities.
5. **Sustainable Health Infrastructure** – Upgrade rehabilitation and physiotherapy facilities; integrate digital systems to monitor clinic services and outcomes.